



LETS RUN TOGETHER!!

Come Join Sacred Heart's Track & Field Team

COST: \$65+uniform

WHO: Boys and Girls grades 2nd through 8th

Practices will be held at Lyndhurst High School Track and County Park in Lyndhurst. More details to follow after registration.

If interested, please use the link below to register:

[SHS Spring Track Registration Link](#)

Deadline to register is Friday 3/28/24

First Practice 3/26/24

Lyndhurst County Park

(Across from Lee's Hawaiian)

No payment is due at time of registration

Race distance will be determined based on age/grade

Practices will be held twice per week

There will be one meet per week, which involves travel. Meets are on Saturday mornings, duration 2-5 hours depending on type of the meet

Parent/Guardian needs to present during entire practice/meet

Any questions, please email:

Kat Sammartino KatSammartino@gmail.com or John Khin @ JKhin002@gmail.com