



SHS GIRLS SPRING VOLLEYBALL

REGISTRATION IS OPEN!

What you need to know about Girls Spring Volleyball:

- CYO Girls Spring Season consists of real games with referees but scores are not reported and there will be no playoffs or championship game since the girls competitive season is in the fall.
- Season starts late March and ends right before MDW.
- Teams will be formed for 4/5th grades, 6/7th grades and 8th grade.
- Practices should be 2-3 times a week, at your coach's convenience and when the gym is available.
- Games are scheduled during the weeknights starting at 7pm or 8pm, and on the weekends at various times in the morning, afternoon or evening.
- Games can be scheduled either home or away against Catholic Schools within Bergen, Hudson or Essex County.
- Girls Spring Registration fee is \$75 and is used towards Team Registration fees, Referee fees and SHS Program expenses.
- Uniforms/Jerseys will be an additional cost of \$30 (only if needed). 6/7th and 8th grade teams will have long sleeve jerseys this season.
- Line judges, scoreboard keepers and concession stand help will be needed throughout the season and will be assigned if necessary.
- All teams can use parent volunteers to learn how to put up and take down the net safely, learn how to keep the score book and assist the coaches as needed. Please volunteer!!

Please complete the registration form here:

<https://forms.gle/pa9kpfPpdT4yfYdg8>.

Deadline to register is January 31, 2024.

If you have any other questions, please contact Coach Tammy @ tammylemanowicz@gmail.com or Coach John @ jkhin002@gmail.com.