



# ***DO YOU LIKE TO RUN??***

## **Come join Sacred Heart's Cross Country Team!!**

**WHO: Boys & Girls in grades 2 through 8**

**COST: \$60+uniform**

*Practices will be held at County Park in Lyndhurst  
More details to follow upon registration.*

**If interested, please use the link below to register:**

**[2023-24 SHS XC Team Registration](#)**

**Deadline to register is Friday, 9/15/23**

*\*\*no payment is due at time of registration\*\*  
(Race distance will be determined based on age/grade)*

For any questions, please email Coach Kat at [katsammartino@gmail.com](mailto:katsammartino@gmail.com)

