



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theesmas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

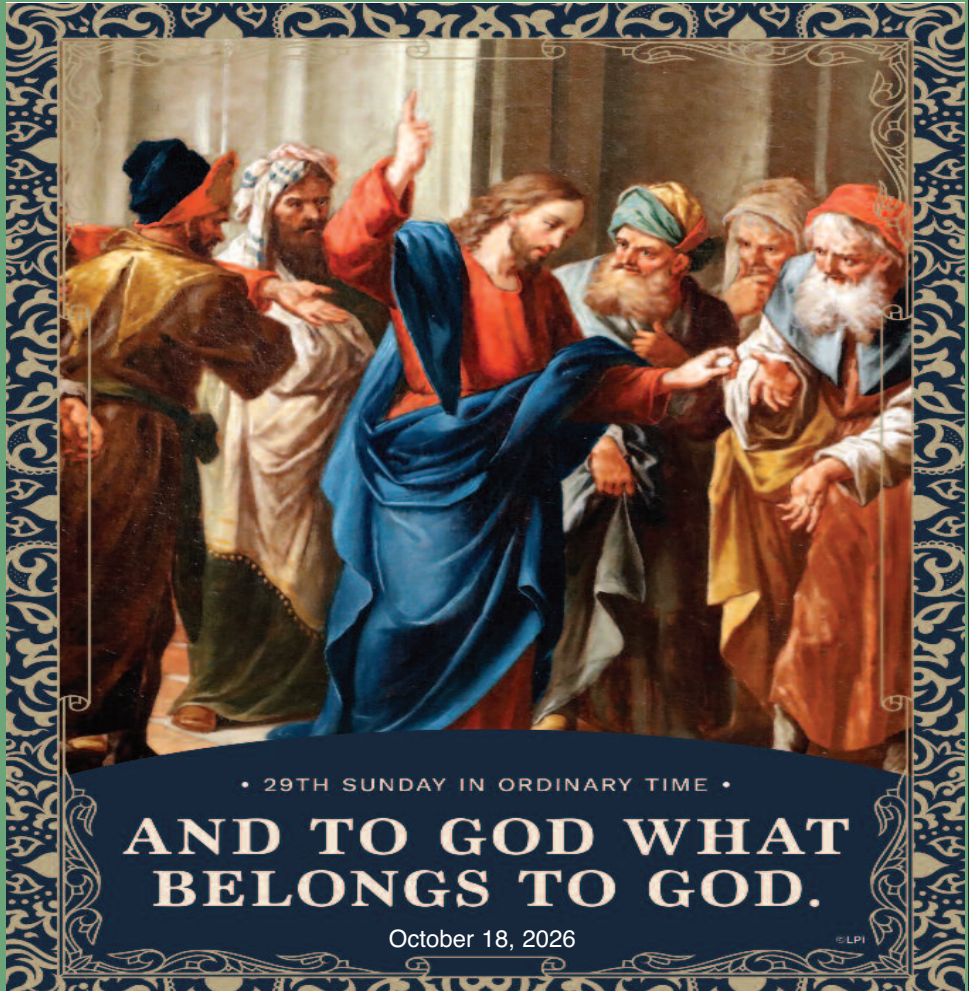
Jazmin Mello
Parish Catechetical Leader
201-935-3094
religioused@sacredheartlynd.org

SACRED HEART SCHOOL

Rita Naviello
Principal
201-939-4277
rnaviello@sacredheartlynd.org

SMALL BLESSINGS DAY CARE
201-935-0506

ARCHDIOCESE OF NEWARK



• 29TH SUNDAY IN ORDINARY TIME •

AND TO GOD WHAT BELONGS TO GOD.

October 18, 2026

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at at 3:00pm
Oct. 18, Nov. 8, Dec. 13

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

O.C.I.A.

The Order of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

TWENTY-NINTH SUNDAY IN ORDINARY TIME

As Christians we are called to engage the world and bring our beliefs with us into Caesar's domain. Vatican II reminded us to take our faith into the marketplace and interpret our times in the light of the gospel. If we have any doubts, all we have to do is to read papal and episcopal documents that address the most pressing issues of our day: poverty, globalization, war, the death penalty, health care, environment, the economy, etc. But the church of Jesus' followers doesn't exist apart from the world and we are called to be agents of change for peace and justice.

Today's gospel makes the point. This is one of the few passages in the New Testament that directly addresses the issues of money, taxes, and government involvement in the financial dealings of ordinary people. What could be more relevant?

All too often this gospel is misunderstood. Some people would interpret Jesus' words as dividing life into two distinct spheres: a political sphere and a spiritual sphere. When Jesus says, "Render to Caesar the things that are Caesar's and to God the things that are God's," some people imagine that he believes that some things, like material goods and finances, belong to Caesar and other things, such as spiritual goods and moral decisions, belong to God. But this interpretation is false.



We believe that everything belongs to God, both the spiritual and the material, both the holy and the secular. God's authority extends to all things. Therefore all that we are and all that we have must be understood in relation to God's power and to God's love. With this perspective we can see Jesus' words as asserting God's ultimate authority over all things.

We cannot be people with divided hearts who spend our time separating our lives into neat, safe little boxes. It is clear from Scripture that we are called to engage the world and bring our beliefs with us into "Caesar's" domain. We are to take our faith into the marketplace and interpret our times in the light of the Gospel, because God colors the entire mix.

It is a sign of spiritual poverty to conceive everything in terms of black and white. It is a sign of spiritual destitution when everything is reduced to right or wrong, true or false, proper or improper. It is a sign that we do not understand and appreciate God's world when we look at a person and declare, without qualification, that he is either good or bad, a sinner or a saint.

Jesus is telling us about the Kingdom of Heaven. He is asking us to speak out and to do something real and concrete about injustice and human dignity. He challenges us to sacrifice our complacency and comfort for the sake of our fellow pilgrims, to see God in places that he has never been seen before, and to recognize that God is no longer where he once was.

If it seems too daunting a task, let us always remember the words of Isaiah: "I have called you by your name. It is I who arm you, so that toward the rising and the setting of the sun people may know that there is none besides me."

PAY IT FORWARD PROGRAM

Sacred Heart Parish has partnered with BCB Bank to raise some need funds for our parish.

The Pay It Forward Program gives us the opportunity to earn donations based on the number of supporters who signed up for the program. If we have 20-50 members, BCB will contribute 0.20% of the cumulative account balance, 51-75 members 0.30%, 76+ members 0.40%. **A minimum of 20 members is required.** NO DONATIONS ARE WITHDRAWN FROM CUSTOMER'S ACCOUNTS, ALL DONATIONS COME DIRECTLY FROM BCB. ALL PERSONAL AND FINANCIAL INFORMATION IS KEPT STRICTLY CONFIDENTIAL BY THE BANK. **Thus far BCB has donated \$1,377 to our parish through this program.** Contact BCB directly if you have questions about the program or want to open an account. Please remember to tell them you want to support Sacred Heart Church in Lyndhurst.

Lyndhurst - 201-728-6810,

Rutherford - 201-728-6960

RESPECT LIFE MONTH

radical
solidarity

Spiritual Adoption

To help stop the anti-life push around the world, Blessed Archbishop Fulton J. Sheen encouraged the spiritual adoption of an unborn child. This is done by praying for nine months that the one particular but unknown child's life be spared abortion and be allowed to continue to live.

Patty from the Respect Life Group at Our Lady of Mount Carmel in Lyndhurst will speak about Spiritual Adoption at all the Masses next weekend.

"Jesus, Mary, and Joseph, I love you very much. I beg you to spare the life of [baby's name] the unborn baby that I have spiritually adopted who is in danger of abortion."

-Prayer of Blessed Archbishop Fulton J. Sheen

COME AND LISTEN



"COME TO ME
ALL WHO ARE
TIRED AND
BURDENED
AND I WILL GIVE
YOUR REST"
Matthew 11:28

ARE
CARES &
WORRIES
WEIGHING
YOU DOWN?

**COME & LISTEN
ONE WORD COULD
CHANGE YOUR LIFE.
Mondays & Thursdays
8:00pm in Parish Center
Chapel (former Convent)
Enter through the
parking lot entrance
CATECHESIS FOR ADULTS
AND YOUTH (ages 13 & older)
Free babysitting will be available**

Food Pantry Update

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans. Note that great vegetable and fruit prices can be found at Lidl's and Aldi's. Food items can be left near the shrine of the Sacred Heart in the back of the church.



Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help our brothers and sisters struggling with food insecurity without you!**

As a reminder, we are unable to package out-of-date food products for distribution to our families.

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Sal Russo, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Franceso Giacchi, Mario Alongi, Sr., John Scivetti, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Rudy Rivas, Jaime Diaz, Romile Diaz, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski, Josephine Burns, Assunta Santangelo, Clementine Vocaturo, Tin Maung Khin, Ymilce Badia, Rita Blanco, Linda Kost, Jimmy Delano, Antoinette Wartel, Mike Foglio, Doreen Tetreault, Edward Watts, Anthony Di Sciascio, Bonnie Blairk, Charles O'Brien, Theresa Klim, Jayden Buló, Jacob Buló, Janey Alonso, David Naphegyi, Eric Dietz

DECEASED: Dorothy Calamito, Eileen Fazio

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:

SUNDAY, OCTOBER 18TH

In Honor of: The Intentions of Jim & Isabel Cavalcante

Donated by: Jim & Isabel Cavalcante

MONDAY, OCTOBER 19TH

In Honor of: The Intentions of Denise Vecchio

Donated by: Jim & Isabel Cavalcante



COMMUNITY BLOOD DRIVE - YOU CAN SAVE A LIFE

The Lyndhurst Health Department and American Red Cross invites all to participate in a community Blood Drive on Tue., Oct. 20 from 9:00 a.m. to 2:00 p.m. at the Lyndhurst Community Center, 255 Riverside Ave, Lyndhurst. For an appointment call 1-800-733-2767 or visit the website at RedCrossBlood.org and enter sponsor code Lyndhurst

SACRED HEART 5K FUNDRAISER

Last year our Annual 5K raised more than \$9,000 dollars for our parish. With your help, we can raise even more this year. Here's 3 ways you can help

1. Consider registering for the walk/run. You will be helping the parish and helping yourself too by getting out, having some fun with other members of our parish family and getting some exercise. Whether you walk or run just come out and have some fun. Healthy Heart -- Healthy Soul. See the registration form for more details in the bulletin.
2. Consider inviting other to register with you for the walk/run. The more the merrier!!
3. Consider asking the local businesses you patronize if they will support our event. Sponsor forms are available at the entrances to church. You can also consider adding a family name to the back of the event shirt for \$150.



OCTOBER 18, 2026



Twenty-Ninth Sunday
In Ordinary Time

Anticipated Sunday Mass

5:00pm Mr. & Mrs. William Liskiewicz, Sr.

SUNDAY - Twenty-Ninth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Rose Astrella

10:30 am Madeline & Gennaro Ferrara

12:00pm Aromando O. Pereira

1:30 pm Maria Candelaria &
Ruiz & Rosa Sanchez

MONDAY - Sts. John de Brebeuf and Isaac Jogues, Priests and Companions, Martyrs

12:00pm Gerarda & Michael D'Amato

TUESDAY - Weekday/ St. Paul of the Cross, Priest

12:00pm Beatriz D. Mangaliman

WEDNESDAY - Weekday

12:00pm Jeanette Tucci

THURSDAY - Weekday/ St. John Paul, II, Pope

12:00pm Thomas James Albinski

FRIDAY - Weekday/ St. John of Capistrano, Priest

12:00pm Italia Gabbarelli

SATURDAY - Weekday/ St. Anthony Mary Claret, Bishop/ Blessed Virgin Mary

9:00am Sean Smyth

Anticipated Sunday Mass

5:00pm William Liskiewicz, Jr.

SUNDAY - Thirtieth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Laura Manning

10:30 am Vincent Doherty

12:00pm Sal Albanese Family

1:30 pm In Gratitude to St. Jude

STEWARDSHIP

Sunday - \$6,693

Assessment Collection - \$3,697



FUN
MUSIC
GAMES
PRIZES

SACRED HEART CHURCH

11.7.26

5K
RUN
WALK

SPONSORED BY
BCB Bank
Lyndhurst Recreation Center
862 Valley Brook Avenue
Lyndhurst, NJ US 07071

Registration at 9:00am
Run starts at 10:00am
(comes with a shirt)
Rain or Shine
Open to All Ages!



FOR INFO AND
TO REGISTER ONLINE:
<http://bit.ly/shc5k2026>



Questions?
Email Charlie Sofio at:
sacredheartchurch@comcast.net

OR REGISTER BY MAIL/BASKET

Fill out the attached ticket request form and return
with your **check made payable to Sacred Heart Church**

Place in the **basket** or **mail** to:
Sacred Heart Church
324 Ridge Road • Lyndhurst, NJ 07071
Attention: 2026 5K

☐ **I am interested in
volunteering at this event.**

of Children (up to 16) \$15ea*: _____ # of Adults (17 and older) \$40ea*: _____ Total amount of money enclosed*: \$ _____

Indicate a shirt size for each entrant (ADULT: S / M / L / XL)*: _____

Full Name*: _____

Address*: _____

Zip Code*: _____

Phone*: _____

Email address*: _____

Name on Credit Card*: _____ Exp Date*: _____

Credit Card #: _____ Security (CVV) Code*: _____

*Fields **MUST** be filled out