

FUN
MUSIC
GAMES
PRIZES

11.7.26 SACRED HEART CHURCH

5K RUN WALK

SPONSORED BY
 **BCB Bank**
Lyndhurst Recreation Center
862 Valley Brook Avenue
Lyndhurst, NJ US 07071

Registration at 9:00am
Run starts at 10:00am
(comes with a shirt)
Rain or Shine
Open to All Ages!

FOR INFO AND
TO REGISTER ONLINE:
<http://bit.ly/shc5k2026>



Questions?
Email Charlie Sofio at:
sacredheartchurch@comcast.net

OR REGISTER BY MAIL/BASKET

Fill out the attached ticket request form and return
with your **check made payable to Sacred Heart Church**

Place in the **basket** or **mail** to:
Sacred Heart Church
324 Ridge Road • Lyndhurst, NJ 07071
Attention: 2026 5K



**I am interested in
volunteering at this event.**

of Children (up to 16) \$15ea*: _____ # of Adults (17 and older) \$40ea*: _____ Total amount of money enclosed*: \$ _____

Indicate a shirt size for each entrant (ADULT: S / M / L / XL)*: _____

Full Name*: _____

Address*: _____

Zip Code*: _____

Phone*: _____

Email address*: _____

Name on Credit Card*: _____ Exp Date*: _____

Credit Card #: _____ Security (CVV) Code*: _____

*Fields MUST be filled out