



# Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

[www.sacredheartlynd.org](http://www.sacredheartlynd.org)

## SERVED BY:

Rev. Theesmas Pankiraj  
Pastor

Rev. Cesar Chen  
Parochial Vicar

## PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio  
Parish Manager  
[sacredheartchurch@comcast.net](mailto:sacredheartchurch@comcast.net)

## RELIGIOUS EDUCATION

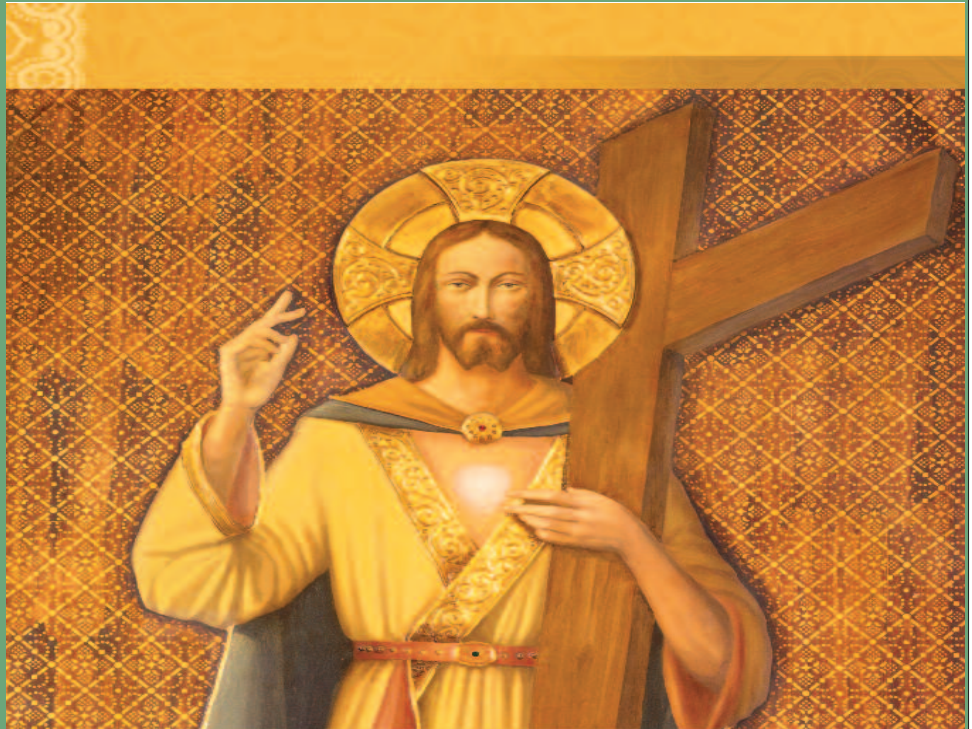
Jazmin Mello  
Parish Catechetical Leader  
201-935-3094  
[religioused@sacredheartlynd.org](mailto:religioused@sacredheartlynd.org)

## SACRED HEART SCHOOL

Rita Naviello  
Principal  
201-939-4277  
[rnaviello@sacredheartlynd.org](mailto:rnaviello@sacredheartlynd.org)

## SMALL BLESSINGS DAY CARE 201-935-0506

## ARCHDIOCESE OF NEWARK



## 22<sup>nd</sup> Sunday

I N O R D I N A R Y T I M E

"For whoever wishes to save his life will lose it, but whoever loses his life for my sake will find it. What profit would there be for one to gain the whole world and forfeit his life?" Matthew 16:25-26

August 30, 2026

## SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)  
Monday - Friday: 12:00pm in the church  
Saturday: 9:00am in the church,  
5:00pm in church (Anticipated Mass of Sunday)  
Holy Days & Holidays: As announced in Bulletin

## SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm  
Daily: Upon request following the 12:00pm Mass

## SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

**Preparation:** in the church at 7:00pm

**Sacrament:** in the church at 3:00pm  
Sep. 13, Oct. 18, Nov. 8, Dec. 13

## SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

## SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

## O.C.I.A.

The Order of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

## PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

## TWENTY-SECOND SUNDAY IN ORDINARY TIME

As today's Gospel story unfolds, there is a sudden turnaround in the relationship between Jesus and Peter. In the verses immediately preceding today's (last Sunday's gospel) Jesus sings Peter's praises ("Blessed are you Simon son of John....") and is ready to give him the keys to the kingdom of heaven. Peter will have authority over Jesus' mission. Yet, today Jesus turns on Peter, calls him "Satan" and turns away from him.

Surely Peter was feeling pretty good about himself after being called "Blessed," and he must have been quite shocked with Jesus' sudden change of mood. He had simply taken Jesus aside and told him not to think about his suffering and death. Yet Jesus rebuked him publicly, embarrassing him in front of all of his friends.

"You're thinking not as God does," the Lord tells Peter, "but as human beings do." A Jesus without the Passion is simply incomprehensible from the Gospel's perspective. His selfless giving of life and the validation of that gift in resurrection are the clearest statements of his mission. That is why Peter's resistance to the idea of Jesus' suffering should be taken seriously. Jesus not only calls Peter "Satan," but he tells Peter that he is an "obstacle" - literally a "stumbling block" in Jesus' way.

The image of "disciple" now takes on an interesting mix. Peter, the "founding rock" upon which the community is built, is also capable of being a "stumbling block" who stands in the way by making judgments from the wrong perspective. The right perspective is Jesus' own. Following Jesus has its cost, but such faithfulness also has its reward.

The same holds true today. The problem is that we attempt to pre-define God - who He is and how He enters our lives. We try to impose limits on God that we would never dream to impose on anyone else with whom we have entered a relationship. We have decided in advance what kind of God shall enter our lives and under what conditions. And when we do that, the God we find - and the God we proclaim - is the God of our own limited expectations.

Which takes us back to today's gospel. Peter just doesn't understand that while he professes him to be the Messiah, Jesus must still continue to walk the path that will cause him suffering and death. Peter wants to remain in the moment, and he doesn't want to hear that if he really believes in Jesus and follows the way Jesus is indicating, he too may have to suffer and die for his faith.

The grace of our Gospel today is to awaken our hearts from their distractions and to stir us to examine our spiritual lives more fully. Like Peter, we cannot let ourselves get in the way of Christ.

Jesus invites us not to accept the values and thinking of the crowd. To understand the whole picture of our life in Christ we must think as he does and not as we would like him to. Our individual responses will, of course, bind us more profoundly to Jesus. They, in turn, will bind us more closely to one another so that we will not only give an individual, but also a communal witness to Christ -- for only then can we be the "ecclesia," "the community built upon the rock," called to effectively impact our world.

## Labor Day Holiday Observance

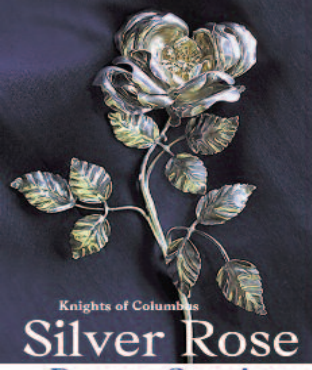
Monday, September 7th is the Labor Day Holiday. In observance of the holiday the **Mass will be celebrated at 9:00 AM on Labor Day** as we give thanks to God for the fruits of our labor. This will be only Mass celebrated on Labor Day. The **parish office will close at 2:00 PM on Friday, September 4th and reopen on Tuesday, September 8th at 9:00 AM.**

### FRAUD ALERT - DON'T BE FOOLED

The priests of our parish will **NEVER** send you an email or text asking you to send money or gift cards or your personal information to them. If you receive such a request purporting to be from our priest or staff members, please contact the parish office as soon as possible and **DO NOT SEND MONEY** or respond to the request.



*Knights of Columbus, Lyndhurst Council #2396*



Knights of Columbus  
**Silver Rose**  
Prayer Service

*The Silver Rose Prayer Service in honor of our Blessed Mother, Our Lady of Guadalupe will be held at Sacred Heart Church at 7:00PM on September 23, 2026 in both English & Spanish. All from our Catholic community are invited to attend.*



### SACRED HEART SCHOOL MEGA 50/50

September 17, 2025 at Back to School Night  
**ONLY 200 TICKETS WILL SOLD**

**\$50 a ticket for a chance to win up \$5,000**

Final prize will be 50% of tickets sold

Checks payable to Sacred Heart HSA and mail to Michelle Hering, 166 Central Lane, Secaucus, NJ 07094. Playing by credit card visit

<https://bit.ly/SHS2026MEGA>

Questions-Email Michelle at [firedup151@gmail.com](mailto:firedup151@gmail.com) or call 201-615-2374

## ERIC GENUIS CONCERT SATURDAY, SEPTEMBER 12

You're invited to an inspiring concert featuring the amazing talents of Eric Genuis. Eric is internationally acclaimed composer, pianist and inspirational speaker. He will be accompanied by a world class violinist, cellist and vocalist

Our Lady of Mount Carmel Parish Center  
197 Kingsland Ave, Lyndhurst

5:30 PM Hors d'oeuvres 6:30 PM Concert

Free-Will offerings are welcome

For more info - [Fr.rush@olmclyndhurst.com](mailto:Fr.rush@olmclyndhurst.com)

### SATURDAY NIGHT AT THE MOVIES

Our Lady of Mt. Carmel Church is proud to announce the continuation of its successful, monthly, faith-based, family movie night series entitled "Saturday Night at the Movies" at **OLMC's Parish Hall, 146 Copeland Ave., Lyndhurst on Sat. Sept. 19, 5:30pm.** This month's film will be the much-acclaimed, uplifting, fact-based film, "Heaven is For Real" (2014). This true story of a four-year-old boy who claims to visit heaven during emergency surgery. Fr. Ernie Rush will moderate a lively Q&A discussion after the film. Pizza, delicious homemade Meatball Sandwiches and beverages will be available for purchase.

### ST. MICHAEL'S ANNUAL BEEFSTEAK DINNER

**Celebrate the Feast of St. Michael the Archangel**

**Sat., Sep. 26 6:00 PM St. Michael's Parish Hall**

BYOB, Mini Tricky Tray, 50/50 Raffle

**\$65 per person** includes: Salad, Pasta, French Fries, Beefsteak, Soda, Water, Coffee, Tea, Dessert

For tickets call St. Michael's 201-939-1161

## Food Pantry Update

**"Whatever you did for these least brothers and sisters of mine, you did for me."**

If you can donate any of these items, it would be greatly appreciated:

Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans. *Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.*

Food items can be left near the shrine of the Sacred Heart in the back of the church. Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help our brothers and sisters struggling with food insecurity without you!**



## PLEASE PRAY FOR OUR PARISH FAMILY

**SICK:** Sal Russo, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Franceso Giacchi, Mario Alongi, Sr., John Scivetti, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Rudy Rivas, Jaime Diaz, Romile Diaz, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski, Josephine Burns, Arnulfo Orozco, Assunta Santangelo, Clementine Vocaturo, Tin Maung Khin, Ymilce Badia, Rita Blanco, Linda Kost, Jimmy Delano, Antoinette Wartel, Mike Foglio, Doreen Tetreault, Edward Watts, Anthony Di Sciascio, Bonnie Blairk, Charles O'Brien, Theresa Klim, Jayden Buló, Jacob Buló, Josephine Andrade

**DECEASED:** Carl V. Carbone, Jr.

### CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:

#### SUNDAY, AUGUST 30TH

**In Honor of:** The Intentions of Jim & Isabel Cavalcante

**Donated by:** Jim & Isabel Cavalcante



## RELIGIOUS EDUCATION REGISTRATION

Registration for the 2026–2027 Religious Education Program is now open! **Early Registration Special: Register by August 31st and receive the discounted rate of \$95 per child.**

**Beginning September 1st, the registration fee will be \$120 per child.**

Multiple-child family rates are also available! Don't miss out on the early registration savings. Register your child(ren) today and help them grow in their faith and deepen their relationship with Christ. For registration information, please contact Jazmin Mello at [religioused@sacredheartlynd.org](mailto:religioused@sacredheartlynd.org)

## PAY IT FORWARD PROGRAM

**Sacred Heart Parish has partnered with BCB Bank to raise some need funds for our parish.** The Pay It Forward Program gives us the opportunity to earn donations based on the number of supporters who signed up for the program. If we have 20-50 members, BCB will contribute 0.20% of the cumulative account balance, 51-75 members 0.30%, 76+ members 0.40%. **A minimum of 20 members is required.** NO DONATIONS ARE WITHDRAWN FROM CUSTOMER'S ACCOUNTS, ALL DONATIONS COME DIRECTLY FROM BCB. ALL PERSONAL AND FINANCIAL INFORMATION IS KEPT STRICTLY CONFIDENTIAL BY THE BANK. **Thus far BCB has donated \$826 to our parish through this program.** Contact BCB directly if you have questions about the program or want to open an account. Please remember to tell them you want to support Sacred Heart Church in Lyndhurst.

Lyndhurst - 201-728-6810,

Rutherford - 201-728-6960

**AUGUST 30, 2026**



Twenty-Second Sunday  
In Ordinary Time

#### Anticipated Sunday Mass

5:00pm Leyda Hernandez

#### SUNDAY - Twenty-Second Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Russ Prokop

10:30 am Gloria Wierzalis

12:00pm Rose Astrella

1:30 pm Almas del Purgatorio

#### MONDAY - Weekday

12:00pm Tricia Madden O'Toole

#### TUESDAY - Weekday

12:00pm Carini & Vaccari Families

#### WEDNESDAY - Weekday

12:00pm Francis Don Wynne

#### THURSDAY - St. Gregory the Great, Pope and Doctor of the Church

12:00pm Maria & Peter Amato

#### FIRST FRIDAY - Weekday

12:00pm Ruben Santos

#### FIRST SATURDAY - Weekday/ St. Teresa of Calcutta/ Blessed Virgin Mary

9:00am Purgatorial Society

#### Anticipated Sunday Mass

5:00pm Leyda Hernandez

#### SUNDAY - Twenty-Third Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Rose Astrella

10:30 am Michael Mooney

12:00pm Demostenes Alegrado

1:30 pm Rosa Maggioncalda

## STEWARDSHIP

Sunday - \$4,645

Add'l Church In Africa - \$23

Reminder: We need \$7,900 in the Sunday Collection to cover our budgeted expenses. Thank you for your continued generosity!!

# PILGRIMAGE TO PORTUGAL, FRANCE & SPAIN

*Featuring Fatima, Lourdes & Barcelona*

**11 DAYS:  
MAY 18 – 28, 2027**

Lisbon \* Fatima \* Salamanca  
Avila \* Madrid  
Lourdes \* Montserrat  
Barcelona



*Hosted By*

**FR. THEESMAS PANKIRAJ**



**\$4579 FROM  
NEWARK**

(Air/land tour price is \$3979  
plus \$600 gov't taxes/airline  
surcharges)



*Featuring: Roundtrip airfare from Newark; first class/select hotels;  
most meals; comprehensive sightseeing with a professional tour guide;  
entrance fees & hotel service charges*

**FOR A BROCHURE WITH COMPLETE DETAILS, PLEASE DETACH & MAIL TO CONTACT:**

Fr. Theemas Pankiraj  
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