



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theesmas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Jazmin Mello
Parish Catechetical Leader
201-935-3094
religioused@sacredheartlynd.org

SACRED HEART SCHOOL

Rita Naviello
Principal
201-939-4277
rnaviello@sacredheartlynd.org

SMALL BLESSINGS DAY CARE 201-935-0506

ARCHDIOCESE OF NEWARK



21ST SUNDAY IN ORDINARY TIME

"I will give you the keys to the kingdom of heaven. Whatever you bind on earth shall be bound in heaven; and whatever you loose on earth shall be loosed in heaven." - Mt 16:19

August 23, 2026

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Sep. 13, Oct. 18, Nov. 8, Dec. 13

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

O.C.I.A.

The Order of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

TWENTY-FIRST SUNDAY IN ORDINARY TIME

Jesus was convinced that the presence of God's Spirit is evident in the very basic human interactions of mercy, compassion, forgiveness, working for peace and justice, generosity and respect for human dignity. His whole life reflected these convictions: His words would be "good news" for the poor, they would bring freedom to those held captive, bring sight to the blind and would set the downtrodden free.

His message brought excitement to all those who listened. He told them that the reign of God was "at hand." And he told them how to recognize this kingdom - by living in God and living in love, by clothing the poor, by caring for the needy, by being ready to forgive, by feeding those who hunger and by overcoming cultural prejudices. This is how the world was to recognize the name and presence of God's Spirit in their midst.

But still people were confused. During Jesus' ministry, there was an ongoing debate over his true identity – even among his immediate followers. So just to make sure that they clearly understood what He was saying, Jesus asked his disciples two very pointed questions: "Who do people say that I am?" "Who do you say that I am?"

The answers to these questions go beyond mere excitement or enthusiasm and touch the very makeup of the call to discipleship. As the first disciples came to understand who Christ really was and what He was about, they also came to realize what challenges were in store for them as they preached the "Good News."

The Gospel of Matthew makes Simon the spokesperson for this unlikely band of Jesus' followers. "You are the Christ, the Son of the living God," he professes. Simon professes his faith in clear terms. Jesus blesses him, gives him a new name and a different vision of power – a unique kind of authority. In Jesus' vision, true authority is not the authority of importance. It is the ability to ground and enhance the lives of others. So, Peter becomes the solid bedrock upon which the lives and faith of others can be built.

"On this rock I will build my church." Here again, Matthew is the only evangelist to use this technical term, which derives from the Hebrew word qahal, or "community" of the people of Israel. The Gospel is testimony to the continuity of this community and its life in Jesus. This community is distinctive because it truly understands who Jesus is.

At the heart of today's Gospel message is the challenge to become "community," to lose ourselves in concern for others. "Who do you say that I am?" Do you know who I am? Do you really know me? The Lord asks the same questions and offers the same challenge to us. In choosing Christ we do more than make an individual profession of faith. We also commit ourselves to one another.

Once we name Jesus, then he names us and if Jesus could change Simon into the rock upon which the Church is built, then he can change us to be the disciples we need to be.



ATTENTION EIGHTH GRADE STUDENTS WHO ARE INTERESTED IN ATTENDING A CATHOLIC HIGH SCHOOL IN SEP. 2027

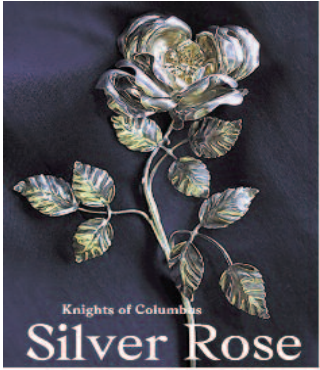
The COOPERATIVE ADMISSIONS EXAMINATION **will be given on Friday, November 6, 2026**. Online Registration for the exam begins **September 1, 2026** at www.njcoopexam.org. Application forms and Handbooks for this test and a listing of all Catholic High Schools and their admission requirements are available from MCS/CTB.

Visit their website www.njcoopexam.org or email support@coopexam.org. The **make-up test will be administered on Saturday, November 14, 2026** at selected locations.

For questions or to obtain a registration form please visit www.njcoopexam.org. or call 1-888-921-2667 (Mon. - Fri. 8:30AM - 8:30PM)



Knights of Columbus, Lyndhurst Council #2396



Knights of Columbus
Silver Rose
Prayer Service

The Silver Rose Prayer Service in honor of our Blessed Mother, Our Lady of Guadalupe will be held at Sacred Heart Church at 7:00PM on September 23, 2026 in both English & Spanish. All from our Catholic community are invited to attend.



LYNDHURST'S PROJECT BACKPACK

It's that time of year again, school will be starting soon. For Lyndhurst residents that need school supplies please visit the Lyndhurst Health Department
253 Stuyvesant Ave
Monday - Friday
9:00 a.m. - 4:30p.m

****With your school supplies list****

Donations are also accepted!



FULL TIME TEACHING POSITIONS AVAILABLE

Our school is seeking an **Upper Elementary** and **Middle School Language Arts (6-8 grades)** full time teachers. Valid New Jersey Teaching Certification or the path to certification is required. If you are a passionate teacher who is committed to student growth, instructional excellence, and fostering a positive, engaging classroom environment Sacred Heart School may be the perfect fit for you. Compensation commensurate with experience and qualifications.

Send resume and supporting documents to our Principal, Mrs. Rita Naviello at rnaviello@sacredheartlynd.org

SATURDAY NIGHT AT THE MOVIES

Our Lady of Mt. Carmel Church is proud to announce the continuation of its successful, monthly, faith-based, family movie night series entitled "Saturday Night at the Movies" at **OLMC's Parish Hall, 146 Copeland Ave., Lyndhurst on Sat. Sept. 12, 5:30pm**. This month's film will be the much-acclaimed, uplifting, fact-based film, "Heaven is For Real" (2014). This true story of a four-year-old boy who claims to visit heaven during emergency surgery. Fr. Ernie Rush will moderate a lively Q&A discussion after the film. Pizza, delicious homemade Meatball Sandwiches and beverages will be available for purchase.

ST. MICHAEL'S ANNUAL BEEFSTEAK DINNER

Celebrate the Feast of St. Michael the Archangel
Sat., Sep. 26 6:00 PM St. Michael's Parish Hall
BYOB, Mini Tricky Tray, 50/50 Raffle
\$65 per person includes: Salad, Pasta, French Fries, Beefsteak, Soda, Water, Coffee, Tea, Dessert
For tickets call St. Michael's 201-939-1161

Food Pantry Update

"Whatever you did for these least brothers and sisters of mine, you did for me."

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans. *Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.*

Food items can be left near the shrine of the Sacred Heart in the back of the church. Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help our brothers and sisters struggling with food insecurity without you!**



PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Sal Russo, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Franceso Giacchi, Mario Alongi, Sr., John Scivetti, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Rudy Rivas, Jaime Diaz, Romile Diaz, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski, Josephine Burns, Arnulfo Orozco, Assunta Santangelo, Clementine Vocaturo, Tin Maung Khin, Ymilce Badia, Rita Blanco, Linda Kost, Jimmy Delano, Antoinette Wartel, Mike Foglio, Doreen Tetreault, Edward Watts, Anthony Di Sciascio, Bonnie Blairk, Charles O'Brien, Theresa Klim, Jayden Buló, Jacob Buló

DECEASED: All those from our parish family the Lord has called home.

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:

SUNDAY, AUGUST 23RD

In Honor of: The Intentions of Jim & Isabel Cavalcante

Donated by: Jim & Isabel Cavalcante



RELIGIOUS EDUCATION REGISTRATION

Registration for the 2026–2027 Religious Education Program is now open!

Early Registration Special: Register by August 31st and receive the discounted rate of \$95 per child.

Beginning September 1st, the registration fee will be \$120 per child.

Multiple-child family rates are also available! Don't miss out on the early registration savings. Register your child(ren) today and help them grow in their faith and deepen their relationship with Christ. For registration information, please contact Jazmin Mello at religioused@sacredheartlynd.org

PAY IT FORWARD PROGRAM

Sacred Heart Parish has partnered with BCB Bank to raise some need funds for our parish. The Pay It Forward Program gives us the opportunity to earn donations based on the number of supporters who signed up for the program. If we have 20-50 members, BCB will contribute 0.20% of the cumulative account balance, 51-75 members 0.30%, 76+ members 0.40%. **A minimum of 20 members is required.** NO DONATIONS ARE WITHDRAWN FROM CUSTOMER'S ACCOUNTS, ALL DONATIONS COME DIRECTLY FROM BCB. ALL PERSONAL AND FINANCIAL INFORMATION IS KEPT STRICTLY CONFIDENTIAL BY THE BANK. **Thus far BCB has donated \$826 to our parish through this program.** Contact BCB directly if you have questions about the program or want to open an account. Please remember to tell them you want to support Sacred Heart Church in Lyndhurst.

Lyndhurst - 201-728-6810,

Rutherford - 201-728-6960

AUGUST 23, 2026



Twenty-First Sunday In Ordinary Time

Anticipated Sunday Mass

5:00pm Sinfiorano Sanchez

SUNDAY - Twenty-First Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Patricia Howe

10:30 am Rose Astrella

12:00pm Gloria Wierzalis

1:30 pm Maria Luiza Del Risco

MONDAY - St. Bartholomew, Apostle

12:00pm Joyce Bernaducci

TUESDAY - Weekday/ St. Louis/ St. Joseph Calasanz, Priest

12:00pm Christopher Berry

WEDNESDAY - Weekday

12:00pm Frank De Serio

THURSDAY - St. Monica

12:00pm Lorenza & Julian Duran

FRIDAY - St. Augustine, Bishop and Doctor of the Church

12:00pm Gabriel Vivas

SATURDAY - The Passion of St. John the Baptist

9:00am Eleanor Derby

Anticipated Sunday Mass

5:00pm Leyda Hernandez

SUNDAY - Twenty-Second Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Russ Prokop

10:30 am Gloria Wierzalis

12:00pm Rose Astrella

1:30 pm Almas del Purgatorio

STEWARDSHIP

Sunday - \$5,785

Church In Africa - \$1,303

Assumption - \$1,210

Reminder: We need \$7,900 in the Sunday Collection to cover our budgeted expenses. Thank you

AMERICAN MARTYR

THE STANLEY ROTHER STORY

NARRATED BY MARTIN SHEEN

Learn more



IN THEATRES AUGUST 25 & 26
EL 27 DE AGOSTO EN ESPAÑOL

"American Martyr: The Stanley Rother Story," a feature-length documentary narrated by acclaimed actor Martin Sheen, tells the true story of an American priest who was murdered for refusing to abandon his people. Born on an Oklahoma farm, Father Stanley Rother left to serve the Indigenous Tz'utujil people of Santiago Atitlán, Guatemala, during the country's brutal civil war. Immersing himself in the life of the community, he learned their language, shared their suffering, helped translate the New Testament into Tz'utujil and became a beloved spiritual father to the people he served. As violence and persecution closed in, Father Stan became convinced that "the shepherd cannot run," and he returned to Guatemala from the U.S. knowing it could cost him his life. Only months later, masked gunmen broke into his rectory and murdered him. "American Martyr" reveals the witness of Blessed Stanley, whose courage, sacrificial love and unwavering faith continue to inspire audiences around the world. **In our area the film will be screened at AMC Clifton Commons 16, 405 Route 3 East, Clifton and Regal Secaucus ShowPlace 14, 650 Plaza Drive, Secaucus**

In English on Tue., Aug. 25th and Wed., Aug. 26th at 7:00 PM

**Dubbed In Spanish on Thu., Aug. 27th at 7:00 PM at
AMC Clifton Commons 16, 405 Route 3 East, Clifton**