



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theesmas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Jazmin Mello
Parish Catechetical Leader
201-935-3094
religioused@sacredheartlynd.org

SACRED HEART SCHOOL

Rita Naviello
Principal
201-939-4277
rnaviello@sacredheartlynd.org

SMALL BLESSINGS DAY CARE 201-935-0506

ARCHDIOCESE OF NEWARK



15th Sunday

I N O R D I N A R Y T I M E

"But the seed sown on rich soil is the one who hears the word and understands it, who indeed bears fruit and yields a hundred or sixty or thirtyfold." Matthew 13:23

July 12, 2026

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm

Jul. 12, Aug. 9, Sep. 13, Oct. 18, Nov. 8, Dec. 13

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

O.C.I.A.

The Order of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

FIFTEENTH SUNDAY IN ORDINARY TIME

Jesus was certainly the master storyteller. He knew exactly how to speak about profound matters in simple, earthy terms. He spent the brief period of His public life describing the kingdom of God but always in images that the average person could understand. We hear Him speak of seeds and harvest, of good and bad fruit, of faithful and worthless servants, of prodigal sons and good Samaritans, of fish in the sea and birds in the air. He used all of these images to plant the truth of God's love into the minds and hearts of people. Not just those who lived during His lifetime but for those who would read or hear His words in future ages. And especially for us today.

We often think about this as we read through the Scriptures or listen to a homily. We sometimes look around the church and see many faces. Most of them seem to be attentive and receptive. But we also know that behind the mask of attention there can be countless distractions, anxieties and fears. People come together to celebrate the Eucharist from lives that can be filled with all sorts of challenges and troubles, with great sorrow or profound doubt. What breaks through the barrier of their distraction? What touches their inmost feelings? What do they bring home with them, to family and to work?

(And in looking about the church like this, we also realize how easily we have distracted ourselves from listening and digesting the Word.)

We need to prepare "good ground." It's not just a matter of hearing sounds or reading words. We must allow the Spirit of the Lord to hear and read with us. It's not just a matter of human wisdom and understanding. We want to perceive what the living God is saying to us.

So having "good ground" really means being open to and aware of the presence of God. It means being able to tune out the distractions. It means letting go of so many of the thoughts and cares that seem so important, and making room for the power and love of God.

We do this at other times in our daily routines. If we're going to read a book, or prepare a meal, or see a movie, or make an important business decision, we must be disposed, attentive, focused and present. If we are going to share the heartache of our child or of our marriage partner, or offer comfort to someone who is seriously ill, or console someone at the loss of a spouse, we must be totally present, attentive, listening with heart, mind and spirit, as well as body. So, too, we must prepare ourselves to receive the Word of God by a quiet and prayerful attitude of both mind and heart, allowing the Spirit to till the soil of our inner selves, to prepare good ground for precious seed that He so generously scatters.

But once we have received this seed, we must protect it, nourish it and cultivate it. What Jesus warns against can so easily happen, especially in the pace and turmoil of today! The seed may never take root, because we become arid with worry. It may be choked to death by our worldly and selfish concerns. It may be scattered to the winds by the relentless whirlwind of activity that we engage in. Only in the good ground of a person who lives each day in faith and love will the seed of God's Word bring forth the harvest of holiness and happiness that He intends.

When you really come down to it, the seed is being sown everywhere. For Matthew, faith is a gift; but there is no genuine faith unless it is translated into decisive action. We have to ask, then, what happens to this gift. Does it come to maturity and bear fruit? Does it enrich and change our lives and the world we live in? Where are the signs of a rich harvest? It all depends on what do we do with the gift.

PURGATORIAL SOCIETY

The following deceased have been enrolled in the Sacred Heart Purgatorial Society:

DOLORES BODNAR-req.by-Tracy Coyle
LEONIDAS ARACELIS CAMILO-req.by-Chris & Ana Carmeci
JOSEPH-req.by-Khin Family
PATRICIA CAPUTO-req.by-Mr. & Mrs. Daniel Cappiello
ANTHONY CEFALO, JR.-req.by-Uncle Vinny & Aunt Sue, Uncle Ray & Aunt Angela
MARIA DE ALMEIDA-req.by-Martins Family
FRANK FIGURA-req.by-Joe Kollar
DAVID M. JANSSON-req.by-Martha Piccirillo
JAMES PATRICK KENNELLY-req.by-Jack & Maria Meister
KATHLEEN KOHNE-req.by-Tracy Coyle
RICHARD KOHNE-req.by-Mr. & Mrs. John Coyle
AUREA NEIRA-req.by-The Cleaning Group
MARY (MARION) ROUGHNEEN-req.by-Celeste Cappadona
JEAN SCHULTZ-req.by-Joann D'Auria, Janie & Charlie Davin
JOSEPHINE SCOPELLITI-req.by-Janet Rullo

SACRED HEART SCHOOL ENROLLMENT FOR THE 2026-2027 SCHOOL YEAR

Do you have a child or grandchild starting or changing school in September? Why not consider Sacred Heart School? We offer a safe and nurturing environment for children Pre-K3 through 8th Grade. Along with their ABCs your child will build character and learn compassion and values. New families considering enrolling in our school should call the school at 201-939-4277 for more details and arrange to make a visit.

SAINT ANN'S 116TH ITALIAN FESTIVAL SAVE THE DATE

Wednesday, July 22nd - Sunday, July 26th

Wed. - Fri. 6:00 PM - 11:00 PM

Sat. & Sun. - 1:00 PM - 11:00 PM

704 Jefferson St., Hoboken

Great Food *Beer Garden *Games

Live Entertainment

Visit stannhoboken.com for all the details.

REMEMBER OUR PARISH

Whenever we contribute to the parish we are mindful and respectful of our Catholic teaching to support the Church. Our parish is blessed by so many who support us. A meaningful way to continue this support is by considering a gift to the parish in your will or trust. Even a small percentage of your residual estate would go a long way in the maintenance of our church. Please remember Sacred Heart in your will or trust. This will help future generations to experience the love of Jesus Christ in our community. If you have any questions about this planning please contact the parish office.

ONLINE GIVING AT SACRED HEART

Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net. **Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.**

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.



Food Pantry Update

"Whatever you did for these least brothers and sisters of mine, you did for me."

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans. *Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.*



Food items can be left near the shrine of the Sacred Heart in the back of the church. Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help our brothers and sisters struggling with food insecurity without you!**

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Sal Russo, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Franceso Giacchi, Mario Alongi, Sr., John Scivetti, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Rudy Rivas, Jaime Diaz, Romile Diaz, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski, Josephine Burns, Arnulfo Orozco, Assunta Santangelo, Clementine Vocaturo, Tin Maung Khin, Ymilce Badia, Rita Blanco, Jeanette Tucci, Linda Kost, Jimmy Delano, Antoinette Wartel, Mike Foglio, Doreen Tetreault, Edward Watts, Anthony Di Sciascio, Bonnie Blairk, Charles O'Brien

DECEASED: Carmen "Lucy" Romero

CHURCH BELLS CELEBRATE & COMMEMORATE



The Sacred Heart Church bell rings:

SUNDAY, JULY 12TH

In Honor of: The Intentions of Jim & Isabel Cavalcante

Donated by: Jim & Isabel Cavalcante

THURSDAY, JULY 16TH

In Honor of: The Intentions of Julie Kimball

Donated by: Jim & Isabel Cavalcante

MEMORIAL DONATIONS

During the week of July 12th, the following items used for worship in our sanctuary were donated in the memory of a relative or friend or a special intention.

SANCTUARY LAMP:



In Honor of: James J. Cavalcante

Donated by: His Loving Parents

BREAD & WINE:



In Honor of: James J. Cavalcante

Donated by: His Loving Parents

MASS CANDLES:



In Honor of: James J. Cavalcante

Donated by: His Loving Parents

relevant
1430AM **radio**
www.relevantradio.com

Relevant Radio joyfully brings you the richness of our Catholic faith, deepening your love for Christ through inspiring podcasts, powerful prayers and live programming.

JULY 12, 2026



Fifteenth Sunday In Ordinary Time

Anticipated Sunday Mass

5:00pm Ms Lori Liskiewicz

SUNDAY - Fifteenth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Rosemary Marranzino

10:30 am Arthur Klein

12:00pm Carol Ann Waples

1:30 pm Carlos Luis Arbito

MONDAY - Weekday/ St. Henry

12:00pm Alba & Ed Salerno

TUESDAY - St. Kateri Tekakwitha

12:00pm Adela Tinapey

WEDNESDAY - St. Bonaventure, Bishop and Doctor of the Church

12:00pm Thomas James Albinski

THURSDAY - Weekday/ Our lady of Mount Carmel

12:00pm Arsenio Aromando

FRIDAY - Weekday

12:00pm Joanna & Adam Kwapniewski

SATURDAY - Weekday/ St. Camilius de Lellis, Priest/ Blessed Virgin Mary

9:00am Antonio Fernando Pereira Barbosa Dantas

Anticipated Sunday Mass

5:00pm James J. Cavalcante

SUNDAY - Sixteenth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Patricia Howe

10:30 am Pino Morin

12:00pm Zofia & Jozee Turek (Living)

1:30 pm Lucia Urgiles

STEWARDSHIP

Sunday Jun 28 - \$5,222

Peter's Pence - \$1,388

Sunday Jul 5 - \$5,534

Assessment - \$2,345

PILGRIMAGE TO PORTUGAL, FRANCE & SPAIN

Featuring Fatima, Lourdes & Barcelona

**11 DAYS:
MAY 18 – 28, 2027**

Lisbon * Fatima * Salamanca
Avila * Madrid
Lourdes * Montserrat
Barcelona



Hosted By

FR. THEESMAS PANKIRAJ



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plus \$600 gov't taxes/airline
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most meals; comprehensive sightseeing with a professional tour guide;
entrance fees & hotel service charges*

FOR A BROCHURE WITH COMPLETE DETAILS, PLEASE DETACH & MAIL TO CONTACT:

Fr. Theesmas Pankiraj
Sacred Heart Catholic Church
324 Ridge Road
Lyndhurst, NJ 07071
Tel: (201) 438-1147
Email: sacredheartchurch@comcast.net

NAME: _____
ADDRESS: _____
CITY: _____
STATE: _____ ZIP CODE: _____
PHONE: _____
EMAIL: _____

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