



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Jazmin Mello
Parish Catechetical Leader
201-935-3094
religioused@sacredheartlynd.org

SACRED HEART SCHOOL

Rita Naviello
Principal
201-939-4277
rnaviello@sacredheartlynd.org

SMALL BLESSINGS DAY CARE

201-935-0506

ARCHDIOCESE OF NEWARK



12TH SUNDAY IN ORDINARY TIME

“Do not be afraid; you are worth more than many sparrows.” - Mt 10:31

June 21, 2026

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm

Jul. 12, Aug. 9, Sep. 13, Oct. 18, Nov. 8, Dec. 13

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

O.C.I.A.

The Order of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

TWELFTH SUNDAY IN ORDINARY TIME

Christianity is more than words or symbolic actions. It begins within our hearts, but it cannot remain there. We cannot claim discipleship by whispering in the darkness but by taking the Gospel message and making it concrete in our world. It is only by acting with trust and courage that we can renew and change the face of the earth.

True discipleship implies that one has to make hard choices. We will not always get what we want, and we may find ourselves at odds with others who do not share our values. It's not easy to do what needs to be done, to say what needs to be said and to work things out when it bothers us to compromise.

But we are told: "Do not be afraid. Fear no one." God knows when even a tiny sparrow "falls to the ground." There is a bit of an ominous tone to this, a hint that the disciples themselves might have to face even death as Jesus' followers. Death may not be what is asked of us but living the faith does have its costs and may even cause pain or at the very least daily sacrifice and inconvenience.

Our response must be one of trust. We must speak in the light when we find ourselves in darkness. We must proclaim on the housetops what we hear whispered in darkness. We are not to fear because God cares about each of us and every part of us, right down to the hairs on our heads. If even the birds fall under God's care, how much more do we? There's no guarantee that we will have an easy ride, but Jesus reassures us that in the face of trials and perhaps even death, God will care for us.

Our world is full of hype and "fake news," but the only truth that matters and will prevail is the truth taught by Jesus. And this truth will enable each one of us to see the goodness in life, both that which is visible to everyone and that which is subtle but very real. How can this be? Because God is Truth and God is not only all-powerful but also fiercely attentive.

God is involved in our lives from the very beginning and continuously pours out his love into our lives. His presence is a light that outshines any darkness, and it is a love that calls us to him in eternal life.

Today's Gospel reminds us of how intimately the Father knows every one of us. Scripture tells us that the Father can identify each and every one of us down to the last detail, the last cell of our bodies.

Our journey of faith is a never-ending one. It is one where we constantly come to know the Father through Jesus. God is always the one who speaks first, who acts first, who loves first. And discipleship always involves a call - an invitation requiring a response. We are challenged to put our faith in Christ even amid the turmoil and brokenness of the world in which we live. But we cannot respond to this challenge without faith and without trust. We believe that Christ is the light that shines through the darkness, allowing us to see things in their fullness. And we trust that the result of such Light is to see Christ everywhere else.

FATHER'S DAY BLESSINGS

Heavenly Father, you entrusted your Son Jesus,
the child of Mary,
to the care of Joseph, an earthly father.
Bless all fathers as they care for their families.
Give them strength and wisdom,
tenderness and patience;
support them in the work they have to do,
protecting those who look to them,
as we look to You for love and salvation,
through Jesus Christ our rock and defender,
in union with the Holy Spirit, one God
forever and ever, Amen.

**A blessed and happy Father's Day to
all the fathers of our parish family!**

LAWN SIGNS

The Lyndhurst Knights of Columbus Council #2396 is still selling their very popular patriotic "America's 250th Anniversary" lawn signs. The cost is only \$10 per sign! Cash or checks payable to "Lyndhurst Council 2396". To purchase your lawn sign before they sell out entirely, call or text the Council at 551-587-8402.

ARCHDIOCESE OF NEWARK ANNUAL APPEAL 2025

The Archdiocese's 2026 Annual Appeal is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese.

To Date, 116 families from our parish family have generously supported the Appeal:

Our Parish's Goal - \$45,269

Paid To Date - \$42,651 (94.22% of Goal)

****Reminder, we must collect our Parish's Goal in paid gifts by December 30th. We received a credit of \$4,644 from the Archdiocese for exceeding our goal last year.**

Envelopes for the Appeal are available in the pews. You can put your gift in them and drop them in the basket at collection time. You can also make your gift online at www.rcan.org/sharing. Please be sure to select Sacred Heart Church, Lyndhurst so the parish receives credit.

We will have a **special collection the weekend of June 20 & 21** to help us close the gap on our goal.

SACRED HEART SCHOOL ENROLLMENT FOR THE 2026-2027 SCHOOL YEAR

Do you have a child or grandchild starting or changing school in September? Why not consider Sacred Heart School? We offer a safe and nurturing environment for children Pre-K3 through 8th Grade. Along with their ABCs your child will build character and learn compassion and values. New families considering enrolling in our school can call the school at 201-939-4277 for more details or to schedule a visit.

Food Pantry Update

"Whatever you did for these least brothers and sisters of mine, you did for me."

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans. *Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.*



Food items can be left near the shrine of the Sacred Heart in the back of the church. Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help our brothers and sisters struggling with food insecurity without you!**

As a reminder, we are unable to package out-of-date food products for distribution to our families.

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Sal Russo, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Franceso Giacchi, Mario Alongi, Sr., John Scivetti, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Rudy Rivas, Jaime Diaz, Romile Diaz, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski, Josephine Burns, Arnulfo Orozco, Assunta Santangelo, Clementine Vocaturo, Tin Maung Khin, Ymilce Badia, Rita Blanco, Jeanette Tucci, Linda Kost, Jimmy Delano, Antoinette Wartel, Mike Foglio, Doreen Tetreault,

DECEASED: All those from our parish family the Lord has called home

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:

SUNDAY, JUNE 21ST

In Honor of: The Intentions of Jim & Isabel Cavakcante

Donated by: Jim & Isabel Cavalcante

FRIDAY, JUNE 26TH

In Honor of: Beatriz R. Arcos

Donated by: John & Beatriz Aquino

SATURDAY, JUNE 27TH

In Honor of: Myeong Sun Kim

Donated by: Janet Rullo

MEMORIAL DONATIONS

During the week of June 21st, the following items used for worship in our sanctuary were donated in the memory of a relative or friend or a special intention.



SANCTUARY LAMP:

In Honor of: Philip Coiro

Donated by: His Children & Grandchildren

ONLINE GIVING AT SACRED HEART

Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the

JUNE 21, 2026



Twelfth Sunday In Ordinary Time

Anticipated Sunday Mass

:00pm Howard Wartel & Julian Duran

SUNDAY - Twelfth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Francis Lee Prestridge

10:30 am Joseph J. Pavlica, Jr.

12:00pm Jerry Agresti, Sr.

1:30 pm Lillyam Mesa (Living)

MONDAY - Weekday/ St. Paulinus of Nola, Bishop/Sts. John Fisher, Bishop and Thomas More, Martyrs

12:00pm Camille Bernardo

TUESDAY - Weekday

12:00pm Rachel Kearns & Radeglia Family

WEDNESDAY - THE NATIVITY OF ST. JOHN THE BAPTIST

12:00pm Camille Bernardo

THURSDAY - Weekday

12:00pm Camille Bernardo

FRIDAY - Weekday

12:00pm Alfonso Demilio

SATURDAY - Weekday/ St. Cyril of Alexandria, Bishop and Doctor of the Church/ Blessed Virgin Mary

9:00am Violet Pagan (Living)

Anticipated Sunday Mass

5:00pm Lorenza & Julian Duran

SUNDAY - Thirteenth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Jason Ayala

10:30 am Carol Waples

12:00pm Pino Morin

1:30 pm Lilia Blanco-Marella Garcia

STEWARDSHIP

Sunday Collection June 14 - \$6,258

Add'l Air Conditioning Collection -

PILGRIMAGE TO PORTUGAL, FRANCE & SPAIN

Featuring Fatima, Lourdes & Barcelona

**11 DAYS:
MAY 18 - 28, 2027**

Lisbon * Fatima * Salamanca
Avila * Madrid
Lourdes * Montserrat
Barcelona



Hosted By

FR. THEESMAS PANKIRAJ



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most meals; comprehensive sightseeing with a professional tour guide;
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FOR A BROCHURE WITH COMPLETE DETAILS, PLEASE DETACH & MAIL TO CONTACT:

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NAME: _____
ADDRESS: _____
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STATE: _____ ZIP CODE: _____
PHONE: _____
EMAIL: _____

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