



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Jazmin Mello
Parish Catechetical Leader
201-935-3094
religioused@sacredheartlynd.org

SACRED HEART SCHOOL

Rita Naviello
Principal
201-939-4277
rnaviello@sacredheartlynd.org

SMALL BLESSINGS DAY CARE
201-935-0506

ARCHDIOCESE OF NEWARK



THE MOST HOLY BODY AND BLOOD OF CHRIST

“Whoever eats my flesh and drinks my blood remains in me and I in him.” - Jn 6:56

June 7, 2026

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Jun. 14, Jul. 12, Aug. 9, Sep. 13, Oct. 18, Nov. 8, Dec. 13

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

THE MOST HOLY BODY AND BLOOD OF CHRIST CORPUS CHRISTI

God is always new, always challenging. Each new circumstance of our life should lead us to a new understanding of His goodness and love. As we grow older, God should become younger for us. What does God see when he looks into our minds and hearts, and lives? Does He see evidence of our oneness with one another? Or does He see a complacent routine of old habits repeating themselves mechanically? Does he see signs of change and growth?

Jesus calls his followers to a radical conversion from the natural but disastrous tendency to be self-centered to a new kind of life where the concerns and needs of others become a major factor in all one's decisions. Jesus Himself modeled this ideal by giving His life for us. Small wonder then that the central sacrament of the Eucharist, representing His Body broken and His Blood poured out for others, should be the very heart and soul of Christian teaching and ritual.

The Eucharist is a gift, not just to be adored and revered but also to be consumed, digested and lived by every Christian. What were once the simple gifts of bread and wine truly become the Body and Blood of our Savior - the new covenant between God and mankind. It is not a private gift, but a communal one. When Jesus says, " This is My Body... this is My Blood ", He is also saying, "You Are My Body... You Are My Blood!" Jesus gives us His Body and Blood so that He might live in us and so that we, then, might become life for the world.


We are called to be a community that gathers around the table in a meal of solidarity and service.

There is much to reflect upon today as we celebrate the Body and Blood of Christ. We remember the unselfish love of Jesus, poured out and transformed in the simple gifts of bread and wine. And we acknowledge that our oneness in faith and love – our becoming Eucharist for one another - is the strongest evidence of Jesus and his Spirit working within us to bring all people together into the peace and justice of God's kingdom.

And this is the challenge of the Eucharist. For unless we are willing to gather with all who make up this "holy people" - saints and sinners, rich and poor, traditional or progressive, seekers, doubters, dissenters and all seeking to discover God's will for each of them - then what we eat and drink becomes a judgment against our very selves.


The feast of Corpus Christi is a witness to this. Our oneness in faith and love is the strongest evidence that Jesus and His spirit are in fact working among us to bring all people together in the peace and justice of God's kingdom. It is the testament of a shared "communion" in which we are all aware of our commitment to "be" the body and blood of Christ in all we do.





ARCHDIOCESE
of NEWARK

Save the Date!



Cardinal Joseph W. Tobin, C.S.B.
Archbishop of Newark
California

**Thanksgiving Mass for the
Consecration of the United States
to the Sacred Heart of Jesus**

All Are Invited to this Archdiocesan Celebration

Cathedral Basilica of the Sacred Heart
Newark, New Jersey

Solemnity of the Sacred Heart
Friday, June 12, 2026 • 7:30 p.m.



Knights of Columbus
Lyndhurst Council 2396

CIGAR NIGHT FUNDRAISER



**JUNE 24, 2026
6:00 PM**

TICKETS: \$35
INCLUDES A
COMPLIMENTARY
CIGAR & BARBEQUE

Door Prizes • 50/50 • BYOB

All proceeds will be distributed amongst the general charities of our council to serve the parishes of Lyndhurst.

HELD AT:
Cigar Emporium
607 Ridge Rd,
Lyndhurst, NJ

HOW TO GET TICKETS:
Order Tickets:
linktr.ee/council2396
For more information
call Pete at
(973) 336-0467
Scan the QR code

LAWN SIGNS

The Lyndhurst Knights of Columbus Council #2396 is still selling their very popular patriotic "America's 250th Anniversary" lawn signs. The cost is only \$10 per sign! Cash or checks payable to "Lyndhurst Council 2396". To purchase your lawn sign before they sell out entirely, call or text the Council at 551-587-8402.

**HONOR AMERICA'S 250TH
WITH A PATRIOTIC LAWN SIGN!**

Knights of Columbus, Lyndhurst Council 2396
Proudly Commemorate the 250th Birthday of the
United States of America!

ONE NATION UNDER GOD...
FOR 250 YEARS

**Happy Birthday
America!**

Knights of Columbus
Lyndhurst Council 2396

**Taking
Orders
Now**

\$10 per sign

Make checks payable to Lyndhurst Council 2396.
Any questions, please contact Council 2396 at
551-587-8402

ARCHDIOCESE OF NEWARK ANNUAL APPEAL 2025

The Archdiocese's 2026 Annual Appeal is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese.

To Date, 116 families from our parish family have generously supported the Appeal:

Our Parish's Goal - \$45,269

Paid To Date - \$40,922 (90.40% of Goal)

****Reminder, we must collect our Parish's Goal in paid gifts by December 30th. We received a credit of \$4,644 from the Archdiocese for exceeding our goal last year.**

Envelopes for the Appeal are available in the pews. You can put your gift in them and drop them in the basket at collection time. You can also make your gift online at www.rcan.org/sharing. Please be sure to select Sacred Heart Church, Lyndhurst so the parish receives credit.

We will have a **special collection the weekend of June 20 & 21** to help us close the gap on our goal.

SACRED HEART SCHOOL ENROLLMENT FOR THE 2026-2027 SCHOOL YEAR

Do you have a child or grandchild starting or changing school in September? Why not consider Sacred Heart School? We offer a safe and nurturing environment for children Pre-K3 through 8th Grade. Along with their ABCs your child will build character and learn compassion and values. New families considering enrolling in our school can call the school at 201-939-4277 for more details or to schedule a visit.

Food Pantry Update

"Whatever you did for these least brothers and sisters of mine, you did for me."

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans. *Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.*



Food items can be left near the shrine of the Sacred Heart in the back of the church. Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help our brothers and sisters struggling with food insecurity without you!**

As a reminder, we are unable to package out-of-date food products for distribution to our families.

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Sal Russo, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Franceso Giacchi, Mario Alongi, Sr., John Scivetti, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspille, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Rudy Rivas, Jaime Diaz, Romile Diaz, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski, Josephine Burns, Arnulfo Orozco, Assunta Santangelo, Clementine Vocaturo, Tin Maung Khin, Ymilce Badia, Rita Blanco, Jeanette Tucci, Linda Kost, Jimmy Delano, Antoinette Wartel, Mike Foglio, Doreen Tetreault, Armani James Roman

DECEASED: Herbert Guglielmi, Annette Spano

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:

SUNDAY, JUNE 7TH

In Honor of: The Intentions Jim & Isabel Cavalcante

Donated by: Jim & Isabel Cavalcante



PAY IT FORWARD PROGRAM

Sacred Heart Parish has partnered with BCB Bank to raise some need funds for our parish. The Pay It Forward Program gives us the opportunity to earn donations based on the number of supporters who signed up for the program. If we have 20-50 members, BCB will contribute 0.20% of the cumulative account balance, 51-75 members 0.30%, 76+ members 0.40%. **A minimum of 20 members is required.** NO DONATIONS ARE WITHDRAWN FROM CUSTOMER'S ACCOUNTS, ALL DONATIONS COME DIRECTLY FROM BCB. ALL PERSONAL AND FINANCIAL INFORMATION IS KEPT STRICTLY CONFIDENTIAL BY THE BANK. **Thus far BCB has donated \$826 to our parish through this program.** Contact BCB directly if you have questions about the program or want to open an account. Please remember to tell them you want to support Sacred Heart Church in Lyndhurst.

ONLINE GIVING AT SACRED HEART

Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

JUNE 7, 2026



THE MOST HOLY
BODY AND BLOOD OF CHRIST

Anticipated Sunday Mass

5:00pm Demostenes Alegrado

SUNDAY - THE MOST HOLY BODY AND BLOOD OF CHRIST

7:30am People Of Sacred Heart

9:00am Francis O'Rourke

10:30 am Russ Prokop

12:00pm Leon E. Lejda

1:30 pm Lillyam Mesa (Living)

MONDAY - Weekday

(Tenth Week in Ordinary Time)

12:00pm Tiana Jasmine Vega &
Asani Xavier Stubbs

TUESDAY - Weekday/ St. Ephrem, Deacon & Doctor of the Church

12:00pm Lorenza & Julian Duran

WEDNESDAY - Weekday

12:00pm Christina & Reuben

THURSDAY - St. Barnabas, Apostle

12:00pm Rose Aromando

FRIDAY - THE MOST SACRED HEART OF JESUS

12:00pm People of Sacred Heart

SATURDAY - Weekday/ The Immaculate Heart of The Blessed Virgin Mary

9:00am Meister & Pagan Family

Anticipated Sunday Mass

5:00pm Celia & Luke Kearney

SUNDAY - Eleventh Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Lorraine & Erwin Breitkopf

10:30 am Fr. Ed Ilg (Living)

12:00pm Carol Ann Waples

1:30 pm Cleira Sanchez

STEWARDSHIP

Sunday Collection May 24 - \$5,122

Sunday Collection May 31 - \$5,328

Sacred Heart Church
SPRING
 MEGA 50/50

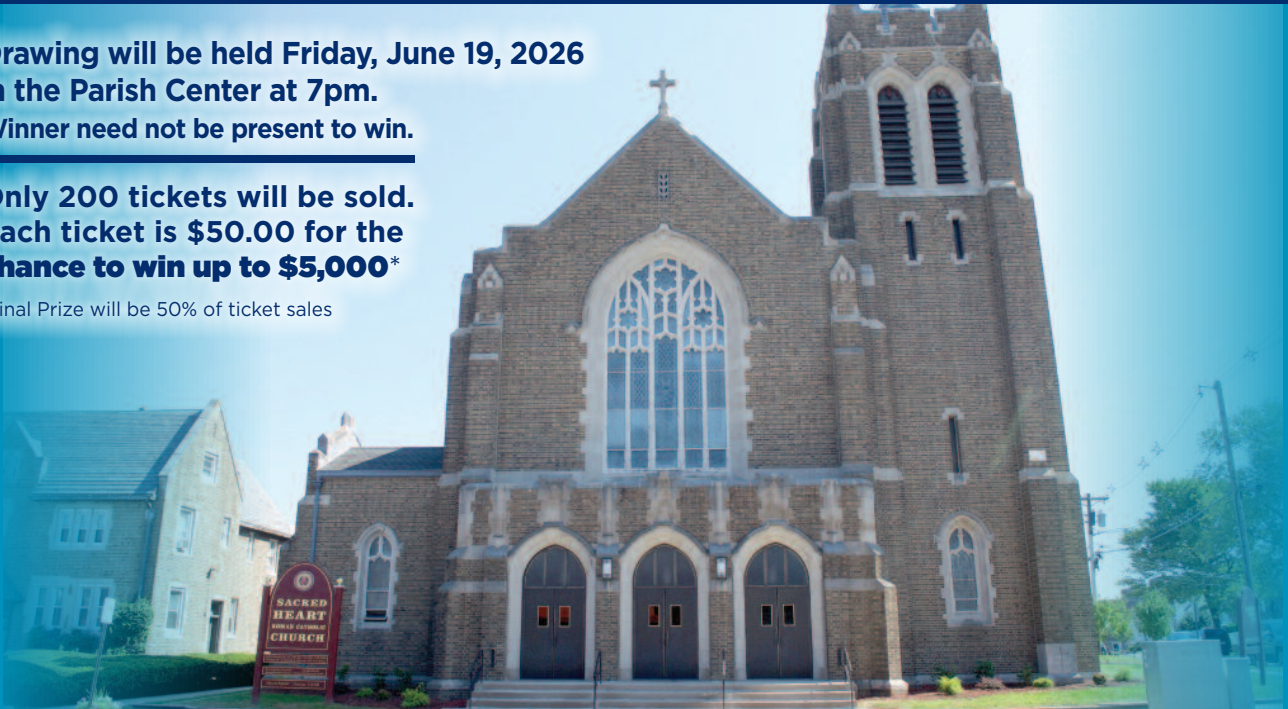
WIN
 UP TO
\$5,000!*

All Proceeds Benefit Sacred Heart Church

Drawing will be held Friday, June 19, 2026
 in the Parish Center at 7pm.
 Winner need not be present to win.

Only 200 tickets will be sold.
 Each ticket is \$50.00 for the
 chance to win up to \$5,000*

*Final Prize will be 50% of ticket sales



ID #273-1-1033 • RL #-2668

2 WAYS TO PLAY!



1. BY MAIL/BASKET

Fill out the attached ticket request form and return
 with your check made payable to Sacred Heart Church

Place in the **basket** or **mail** to:

Sacred Heart Church
 324 Ridge Road • Lyndhurst, NJ 07071
 Attention: MEGA 50/50 Raffle

2. ONLINE (Credit Card Only)

Visit https://bit.ly/SHC_2026_S-MEGA



or Scan this code on your
 smart phone to order online!

Your tickets will be mailed to you.

Any questions please email Charlie Sofio at: sacredheartchurch@comcast.net

Full Name*: _____

Address*: _____

Zip Code*: _____

Phone*: _____

Email address*: _____

- Name and Phone Number to be put on each ticket if different than above. (please print clearly)
1. _____
 2. _____
 3. _____

of Tickets Requested: _____ Total amount of money enclosed: _____

Name on Credit Card*: _____ Exp Date*: _____

Credit Card #: _____ Security (CVV) Code*: _____

*Fields MUST be filled out