



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Jazmin Mello
Parish Catechetical Leader
201-935-3094
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SACRED HEART SCHOOL

Rita Naviello
Principal
201-939-4277
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SMALL BLESSINGS DAY CARE 201-935-0506

ARCHDIOCESE OF NEWARK



THE MOST HOLY TRINITY

God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. - Jn 3:16

May 31, 2026

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm

Jun. 14, Jul. 12, Aug. 9, Sep. 13, Oct. 18, Nov. 8, Dec. 13

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

THE MOST HOLY TRINITY

It is impossible for us to come up with an adequate image of who God is. Every attempt to do so will be incomplete. Everything we say is but a glimpse of God's real being. Today we have the opportunity not to clarify a truth but to proclaim what we believe. Our God is personal, involved in our lives and is calling us to come home together.

God is the perfect love that engenders hope and courage and it is this Love that helps us to maintain a sense of purpose, peace and unity in our lives. It is this love that enables us to go out and preach to all nations, knowing that God is with us until the end of the age.

We believe that our God continues to reveal Himself to us out of love - as Father, Son and Holy Spirit. He fills out our understanding of His greatness by speaking to us through the power and majesty of creation, through the life, death and resurrection of His Word-Made-Flesh, Jesus Christ, and He continues to reveal Himself to us by the indwelling of the Spirit, which enables us to live our faith with courage, wisdom, reverence, and abiding trust.

The community of persons in the Triune God is the result of a divine love so intense and so profound that it cannot be contained or defined in one dimension. It is a love that not only creates, but a love that redeems and sanctifies. It is a love that brings light and warmth to the dark side of our journey. It is a love that constantly offers to heal our brokenness, to lift us above our selfishness and pettiness, and to reach out to save us when we edge toward the abyss of despair.

But leaving aside theological explanations of the nature of God, we come finally to the realization that God cannot be defined. God can only be experienced.


God surrounds us in every time and place. God speaks to us in the gentle rustle of autumn leaves or in the crashing of the waves upon the shore. But we need to open our ears to listen if we are going to hear what God is saying. God is present to us as the softness of a baby's fingers wrap around ours or in the comforting embrace of a caring friend. But we must be open to sense God's touch. God's love is present in the aroma of nonna's homemade pasta sauce or in the favorite cologne of our spouse. But we must be willing to recognize what is right under our nose. God is present to us in the brilliance of an ocean sunrise and in the twinkling of a starry night. But first we must open our eyes.

Yes, our God is a mystery, invisible, and transcendent. But our God is personal, and intimately bound up in who we are, what we do and how we relate to everything around us. It is in this God that we live and move and have our being.




Ancient Symbol of The Most Holy Trinity

The hand of God (Manus Dei) implies the Father, the Lamb on the book of seven seals typifies the Son, the dove signifies the Holy Spirit. The circle suggesting eternity, identifies all Three Divine Persons as the One God.



ARCHDIOCESE
of NEWARK

Save the Date!




Cardinal Joseph W. Tobin, C.Ss.R.
Archbishop of Newark
California

**Thanksgiving Mass for the
Consecration of the United States
to the Sacred Heart of Jesus**

All Are Invited to this Archdiocesan Celebration

Cathedral Basilica of the Sacred Heart
Newark, New Jersey


Solemnity of the Sacred Heart
Friday, June 12, 2026 • 7:30 p.m.



ARCHDIOCESE
of NEWARK


**35th Annual Mass of
Hope & Remembrance**

for bereaved parents & families




**Thursday, June 4, 2026
7:00 pm**

St. Thomas the Apostle Church
60 Byrd Avenue, Bloomfield, NJ



Family Life Ministry

Scan the QR code or [click here](#)
to register and to add your
child(ren)'s name to be read and
remembered during the Mass.



SCAN HERE

Friday Eucharistic Adoration
Fridays, 12:30 - 3:00 pm

"Woman, why are you weeping? Whom are you looking for?" She thought it was the gardener and said to him, "Sir, if you carried him away, tell me where you laid him, and I will take him." Jn 20:15

Like Mary Magdalene, we many times are searching for intimate communion with Jesus but fail to discern His presence in our lives, even when He is very close to us. Don't miss this opportunity to spend some intimate time in adoration *and be in the real presence of our risen Lord!*

ARCHDIOCESE OF NEWARK ANNUAL APPEAL 2025

The Archdiocese's 2026 Annual Appeal is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese.

To Date, 116 families from our parish family have generously supported the Appeal:

Our Parish's Goal - \$45,269

Paid To Date - \$34,017 (75.15% of Goal)

****Reminder, we must collect our Parish's Goal in paid gifts by December 30th. We received a credit of \$4,644 from the Archdiocese for exceeding our goal last year.**

Envelopes for the Appeal are available in the pews. You can put your gift in them and drop them in the basket at collection time. You can also make your gift online at www.rcan.org/sharing. Please be sure to select Sacred Heart Church, Lyndhurst so the parish receives credit.

We will have a **special collection the weekend of June 20 & 21** to help us close the gap on our goal.

SACRED HEART SCHOOL ENROLLMENT FOR THE 2026-2027 SCHOOL YEAR

Do you have a child or grandchild starting or changing school in September? Why not consider Sacred Heart School? We offer a safe and nurturing environment for children Pre-K3 through 8th Grade. Along with their ABCs your child will build character and learn compassion and values. New families considering enrolling in our school can call the school at 201-939-4277 for more details or to schedule a visit.

Food Pantry Update

"Whatever you did for these least brothers and sisters of mine, you did for me."

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans. *Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.*



Food items can be left near the shrine of the Sacred Heart in the back of the church. Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help our brothers and sisters struggling with food insecurity without you!**

As a reminder, we are unable to package out-of-date food products for distribution to our families.

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Sal Russo, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Franceso Giacchi, Mario Alongi, Sr., John Scivetti, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspille, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Rudy Rivas, Jaime Diaz, Romile Diaz, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski, Josephine Burns, Arnulfo Orozco, Assunta Santangelo, Clementine Vocaturo, Tin Maung Khin, Ymilce Badia, Rita Blanco, Jeanette Tucci, Linda Kost, Jimmy Delano, Antoinette Wartel, Mike Foglio, Doreen Tetreault, Armani James Roman

DECEASED: All those from our parish family the Lord has called home

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:

SUNDAY, MAY 31ST

In Honor of: The Intentions Jim & Isabel Cavalcante

Donated by: Jim & Isabel Cavalcante



PAY IT FORWARD PROGRAM

Sacred Heart Parish has partnered with BCB Bank to raise some need funds for our parish. The Pay It Forward Program gives us the opportunity to earn donations based on the number of supporters who signed up for the program. If we have 20-50 members, BCB will contribute 0.20% of the cumulative account balance, 51-75 members 0.30%, 76+ members 0.40%. **A minimum of 20 members is required.** NO DONATIONS ARE WITHDRAWN FROM CUSTOMER'S ACCOUNTS, ALL DONATIONS COME DIRECTLY FROM BCB. ALL PERSONAL AND FINANCIAL INFORMATION IS KEPT STRICTLY CONFIDENTIAL BY THE BANK. **Thus far BCB has donated \$826 to our parish through this program.** Contact BCB directly if you have questions about the program or want to open an account. Please remember to tell them you want to support Sacred Heart Church in Lyndhurst.

ONLINE GIVING AT SACRED HEART

Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

MAY 31, 2026



THE MOST HOLY TRINITY

Anticipated Sunday Mass

5:00pm Leody Burke

SUNDAY - THE MOST HOLY TRINITY

7:30am People Of Sacred Heart

9:00am Richard Michael Myrlak

10:30 am Michele Ferreri

12:00pm Robert De Serio

1:30 pm Fernando & Celia Torres

MONDAY - St. Justin, Martyr

(Ninth Week in Ordinary Time)

12:00pm Leonardo Di Pinto

TUESDAY - Weekday/ Sts. Marcellinus and Peter, Martyrs

12:00pm Gregoria Pena & Germania Tejada

WEDNESDAY - St. Charles Lwanga and Companions, Martyrs

12:00pm Arceli Vargas

THURSDAY - Weekday

12:00pm Stella Torres

FRIDAY - St. Boniface, Bishop and Martyr

12:00pm Luis Morel

SATURDAY - Weekday/ St. Norbert, Bishop/ Blessed Virgin Mary

9:00am Purgatorial Society

Anticipated Sunday Mass

5:00pm Demostenes Alegrado

SUNDAY - THE MOST HOLY BODY AND BLOOD OF CHRIST

7:30am People Of Sacred Heart

9:00am Francis O'Rourke

10:30 am Russ Prokop

12:00pm Leon E. Lejda

1:30 pm Lillyam Mesa (Living)

STEWARDSHIP

May 17th

Sunday Collection - \$6,812

Annual Appeal - \$1,835

Reminder: We need \$7,900 in the Sunday Collection to cover our budgeted expenses. Thank you.

Sacred Heart Church
SPRING
 MEGA 50/50

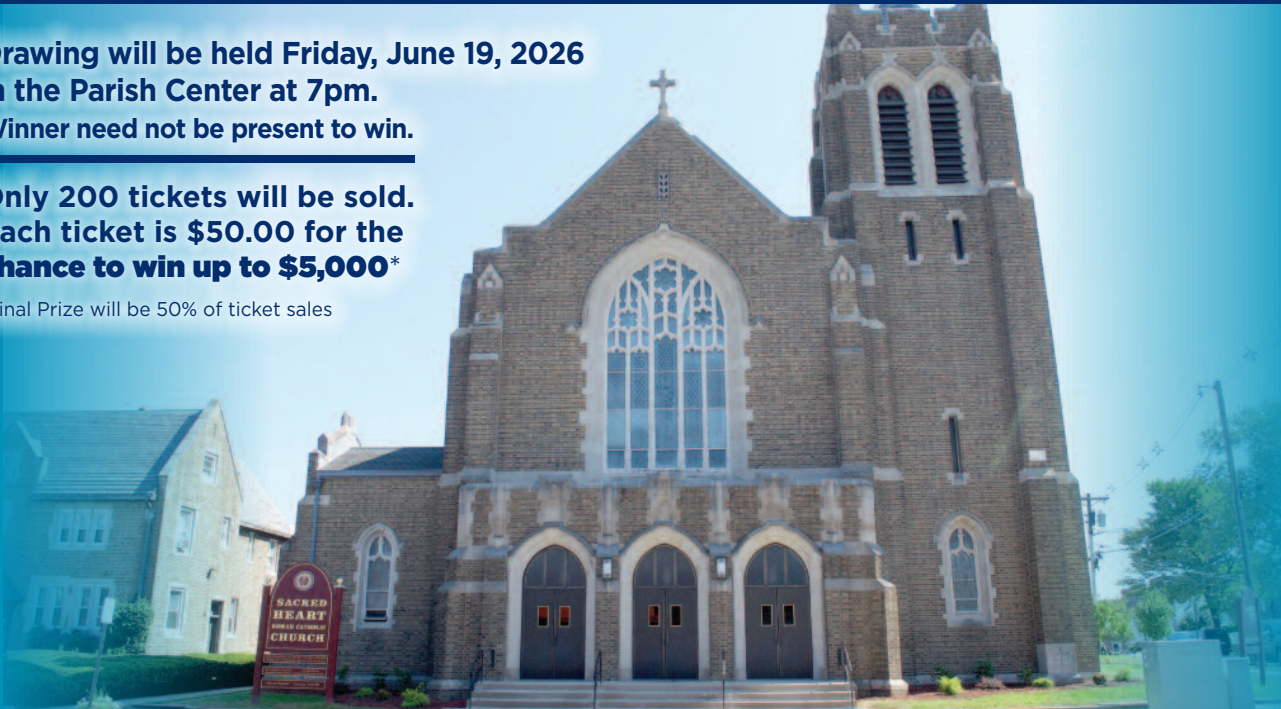
WIN
 UP TO
\$5,000!*

All Proceeds Benefit Sacred Heart Church

Drawing will be held Friday, June 19, 2026
 in the Parish Center at 7pm.
 Winner need not be present to win.

Only 200 tickets will be sold.
 Each ticket is \$50.00 for the
 chance to win up to \$5,000*

*Final Prize will be 50% of ticket sales



ID #273-1-1033 • RL #-2668

2 WAYS TO PLAY!



1. BY MAIL/BASKET

Fill out the attached ticket request form and return
 with your check made payable to Sacred Heart Church

Place in the **basket** or **mail** to:

Sacred Heart Church
 324 Ridge Road • Lyndhurst, NJ 07071
 Attention: MEGA 50/50 Raffle

2. ONLINE (Credit Card Only)

Visit https://bit.ly/SHC_2026_S-MEGA



or Scan this code on your
 smart phone to order online!

Your tickets will be mailed to you.

Any questions please email Charlie Sofio at: sacredheartchurch@comcast.net

Full Name*: _____

Address*: _____

Zip Code*: _____

Phone*: _____

Email address*: _____

- Name and Phone Number to be put on each ticket if different than above. (please print clearly)
1. _____
 2. _____
 3. _____

of Tickets Requested: _____ Total amount of money enclosed: _____

Name on Credit Card*: _____ Exp Date*: _____

Credit Card #: _____ Security (CVV) Code*: _____

*Fields MUST be filled out