



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE
615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Jazmin Mello
Parish Catechetical Leader
201-935-3094
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SACRED HEART SCHOOL

Rita Naviello
Principal
201-939-4277
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SMALL BLESSINGS DAY CARE
201-935-0506

ARCHDIOCESE OF NEWARK



PENTECOST SUNDAY

"And suddenly there came from the sky a noise like a strong driving wind, and it filled the entire house in which they were. Then there appeared to them tongues as of fire, which parted and came to rest on each one of them." Acts 2:2-3

May 24, 2026

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm

Jun. 14, Jul. 12, Aug. 9, Sep. 13, Oct. 18, Nov. 8, Dec. 13

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

PENTECOST SUNDAY

The impact of the entrance of Jesus into human history is an unending source of mystery and challenge in every age. It continues to touch our minds, hearts and lives to challenge us and invite us to change. The Son of God in our flesh leads us in life through death to resurrection. This is the mystery of our faith and Jesus clearly promises that this mystery will continue to evolve down the centuries by the constant outpouring of the Spirit.

Believing in Christ is more than accepting a list of propositions that are outlined in the Creed. It is more than believing that a certain number of events once happened to Jesus thousands of years ago. To proclaim Christ Jesus means that we believe the power of God's Spirit is active and moving in our world and in our lives. We believe that this Spirit moves us towards reconciliation, towards life, towards salvation.

In today's Gospel, Jesus greets his disciples with peace, shows them his hands and his side, and then sends them out to continue his work. But what is often overlooked in this passage is the work itself that Jesus sends the disciples to do. He does not immediately send them out to preach or heal or to teach. He sends them out to forgive.

Jesus breathes on the disciples and says, "Receive the Holy Spirit." It is the Spirit of God who is the breath of the world, working invisibly to carry creation towards the Kingdom. They are commissioned to take this reconciling peace and to proclaim it to the world. But that's not the end of the story.

By his breath Jesus has given us a new Spirit. We are also re-created with the breath of life. Breathing new life into us, Jesus sends us out to take his breath into the world. In this Spirit we are called to bring forgiveness and reconciliation to a broken world. In the Holy Spirit we believe that there is no time or circumstance in which God is not somehow powerfully active. He forces us to see life in the Spirit as a new creation. That is who we are.

That is what we celebrate on the Feast of Pentecost.

The message of Jesus is intended for all people, in all times and in all places. The language of Jesus is the language of the Spirit, one that transcends nationalities and all other divisive elements. Peace is an integral element in the vocabulary of the Spirit and we need to learn this language of the Spirit so that we can proclaim the message of peace.

But what is this Peace of God given in the Spirit by Christ?

"Peace is the very integrity of God.

Peace is that unfolding in Creation.

Peace is the harmony of the universe.

Peace is the tranquility of order.

Peace is the Love that is God accepted, shared and lived as given.


Peace is allowing God so close as to be One.

Peace is letting God be our center and shine forth through us.

Peace is welcoming the blending of God shining forth from others."


- from the Blog, Frankly Speaking

Pope St. John XXIII once said that "we are not here to guard a museum, but to cultivate a flourishing garden of life." The Holy Spirit is the gardener who has planted the seeds. It is up to us to bring the harvest of that garden to fruition.



ARCHDIOCESE
of NEWARK

Save the Date!




Cardinal Joseph W. Tobin, C.S.C.R.
Archbishop of Newark
Cathedral

**Thanksgiving Mass for the
Consecration of the United States
to the Sacred Heart of Jesus**

All Are Invited to this Archdiocesan Celebration

Cathedral Basilica of the Sacred Heart
Newark, New Jersey


Solemnity of the Sacred Heart
Friday, June 12, 2026 • 7:30 p.m.



ARCHDIOCESE
of NEWARK


**35th Annual Mass of
Hope & Remembrance**

for bereaved parents & families




**Thursday, June 4, 2026
7:00 pm**

St. Thomas the Apostle Church
60 Byrd Avenue, Bloomfield, NJ



Family Life Ministry

Scan the QR code or [click here](#)
to register and to add your
child(ren)'s name to be read and
remembered during the Mass.



SCAN HERE

Friday Eucharistic Adoration
Fridays, 12:30 - 3:00 pm

"Woman, why are you weeping? Whom are you looking for?" She thought it was the gardener and said to him, "Sir, if you carried him away, tell me where you laid him, and I will take him." Jn 20:15

Like Mary Magdalene, we many times are searching for intimate communion with Jesus but fail to discern His presence in our lives, even when He is very close to us. Don't miss this opportunity to spend some intimate time in adoration *and be in the real presence of our risen Lord!*

MEMORIAL DAY OBSERVANCES

We Don't Know Them All . . . But We Owe Them All

Join us as we honor those who made the ultimate sacrifice for the freedom we take so easily for granted with the Mass on Memorial Day, Monday, May 25th at 9:00 AM. This will be the only Mass celebrated on Memorial Day. In obser-



ance of the holiday the parish office is closed and will reopen on Tuesday, May 26th at 9:00 AM.

The Lyndhurst Veterans Alliance, under the auspices of the Township of Lyndhurst, will be sponsoring their annual Memorial Day Parade on the 25th. Festivities will begin with a pre-parade solemn ceremony in Town Hall Park at 10:30 AM. The parade will begin immediately following the ceremony. The parade route will be Delafield Ave, right turn on Second Ave, right turn on Ridge Road, right turn on Valley Brook Ave concluding at Town Hall.

SACRED HEART SCHOOL ENROLLMENT FOR THE 2026-2027 SCHOOL YEAR

Do you have a child or grandchild starting or changing school in September? Why not consider Sacred Heart School? We offer a safe and nurturing environment for children Pre-K3 through 8th Grade. Along with their ABCs your child will build character and learn compassion and values. New families considering enrolling in our school can call the school at 201-939-4277 for more details or to schedule a visit.

Food Pantry Update

"Whatever you did for these least brothers and sisters of mine, you did for me."

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans. *Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.*



Food items can be left near the shrine of the Sacred Heart in the back of the church. Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help our brothers and sisters struggling with food insecurity without you!**

As a reminder, we are unable to package out-of-date food products for distribution to our families.

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Sal Russo, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Franceso Giacchi, Mario Alongi, Sr., John Scivetti, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Rudy Rivas, Jaime Diaz, Romile Diaz, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski, Josephine Burns, Arnulfo Orozco, Assunta Santangelo, Clementine Vocaturo, Tin Maung Khin, Monroe Madsen, Ymilce Badia, Rita Blanco, Jeanette Tucci, Linda Kost, Jimmy Delano, Antoinette Wartel, Mike Foglio, Doreen Tetreault

DECEASED: Anne R. Isoldi

ARCHDIOCESE OF NEWARK ANNUAL APPEAL 2025

The Archdiocese's 2026 Annual Appeal is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese.

To Date, 116 families from our parish family have generously supported the Appeal:

Our Parish's Goal - \$45,269

Paid To Date - \$33,817 (74.70% of Goal)

****Reminder, we must collect our Parish's Goal in paid gifts by December 30th. We received a credit of \$4,644 from the Archdiocese for exceeding our goal last year.** Envelopes for the Appeal are available in the pews. You can put your gift in them and drop them in the basket at collection time. You can also make your gift online at www.rcan.org/sharing. Please be sure to select Sacred Heart Church, Lyndhurst so the parish receives credit.

We will have a **special collection the weekend of June 20 & 21** to help us close the gap on our goal.

ONLINE GIVING AT SACRED HEART

Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address:

sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

MAY 24, 2026



PENTECOST SUNDAY

Anticipated Sunday Mass

5:00pm Victor Adriano Castillo

SUNDAY - PENTECOST SUNDAY

7:30am People Of Sacred Heart

9:00am Pino Morin

10:30 am Carol Waples

12:00pm Salvatore Puccio

1:30 pm Jose Cangua

MONDAY - The Blessed Virgin Mary, Mother of the Church Memorial Day (Eighth Week in Ordinary Time)

9:00am Honor Deceased of All Wars

TUESDAY - St. Philip Neri, Priest

12:00pm Ralph Di Pietro

WEDNESDAY - Weekday/ St. Augustine of Canterbury, Bishop

12:00pm Lorenza & Julian Duran

THURSDAY - Weekday

12:00pm Loretta La Pollo

FRIDAY - Weekday

12:00pm Olga Sumika Sannomiya Ikuno

SATURDAY - Weekday/ Blessed Virgin Mary

9:00am Jean Schultz

Anticipated Sunday Mass

5:00pm Leody Burke

SUNDAY - THE MOST HOLY TRINITY

7:30am People Of Sacred Heart

9:00am Richard Michael Myrlak

10:30 am Michele Ferreri

12:00pm Robert De Serio

1:30 pm Fernando & Celia Torres

STEWARDSHIP

Collection Totals Not Available
At Time of Publication

Reminder: We need \$7,900 in the Sunday Collection to cover our budgeted expenses. Thank you for your continued generosity!!

Sacred Heart Church
SPRING
 MEGA 50/50

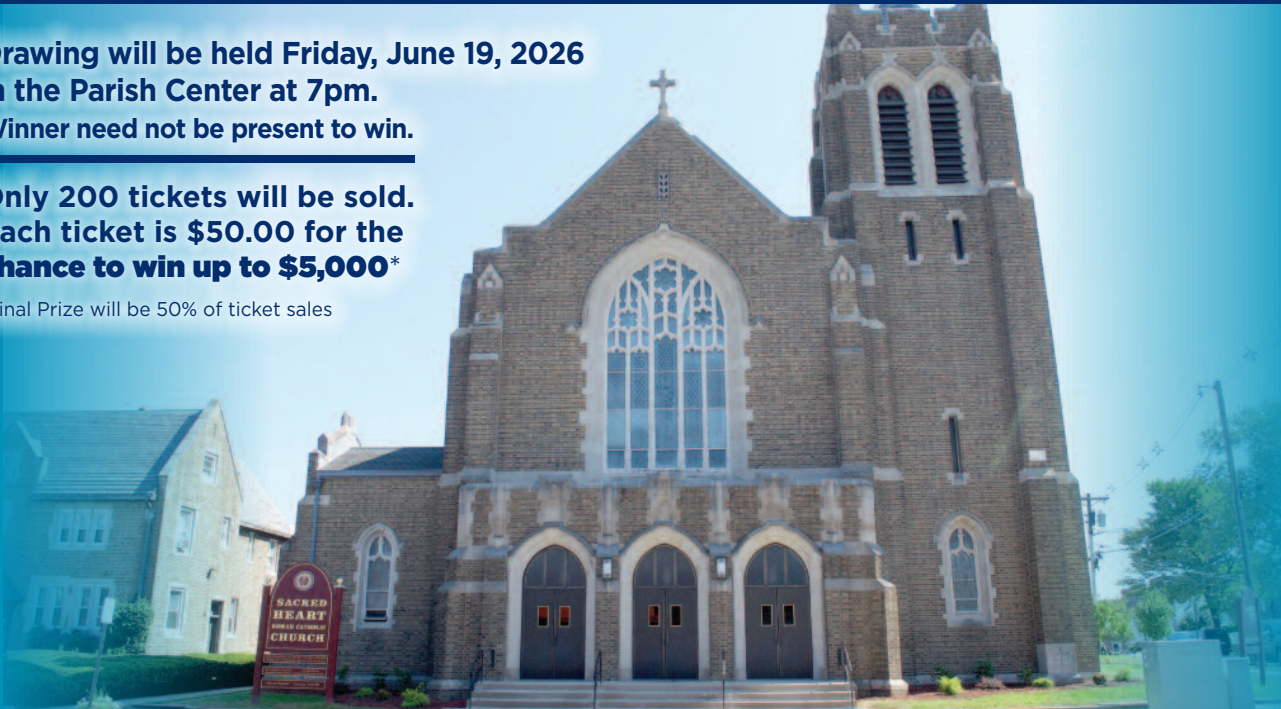
WIN
 UP TO
\$5,000!*

All Proceeds Benefit Sacred Heart Church

Drawing will be held Friday, June 19, 2026
 in the Parish Center at 7pm.
 Winner need not be present to win.

Only 200 tickets will be sold.
 Each ticket is \$50.00 for the
 chance to win up to \$5,000*

*Final Prize will be 50% of ticket sales



ID #273-1-1033 • RL #-2668

2 WAYS TO PLAY!



1. BY MAIL/BASKET

Fill out the attached ticket request form and return
 with your check made payable to Sacred Heart Church

Place in the **basket** or **mail** to:

Sacred Heart Church
 324 Ridge Road • Lyndhurst, NJ 07071
 Attention: MEGA 50/50 Raffle

2. ONLINE (Credit Card Only)

Visit https://bit.ly/SHC_2026_S-MEGA



or Scan this code on your
 smart phone to order online!

Your tickets will be mailed to you.

Any questions please email Charlie Sofio at: sacredheartchurch@comcast.net

Full Name*: _____

Address*: _____

Zip Code*: _____

Phone*: _____

Email address*: _____

- Name and Phone Number to be put on each ticket if different than above. (please print clearly)
1. _____
 2. _____
 3. _____

of Tickets Requested: _____ Total amount of money enclosed: _____

Name on Credit Card*: _____ Exp Date*: _____

Credit Card #: _____ Security (CVV) Code*: _____

*Fields MUST be filled out