



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theesmas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE
615 NEW JERSEY AVE

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Parish Manager
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RELIGIOUS EDUCATION

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Parish Catechetical Leader
201-935-3094
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SACRED HEART SCHOOL

Rita Naviello
Principal
201-939-4277
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SMALL BLESSINGS DAY CARE
201-935-0506

ARCHDIOCESE OF NEWARK
973-497-4000



3RD SUNDAY OF EASTER

"And it happened that, while he was with them at table, he took bread, said the blessing, broke it, and gave it to them. With that their eyes were opened and they recognized him, but he vanished from their sight." Luke 24:30-31

April 19, 2026

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at at 3:00pm
May 17, Jun. 14, Jul. 12

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

O.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

THIRD SUNDAY OF EASTER

All of the Gospel stories are about real issues. They speak to what's on our minds and what troubles our hearts. They strengthen us when we doubt. They offer hope amid despair, light when we face darkness and comfort when life feels threatening. God speaks to us through these stories. They accompany us on our journey, and they are our compass keeping us on track when we are lost.

Today's Gospel is a good example of this. Like the other Resurrection accounts, the Gospel of Luke focuses on the first day of the week and he too features the empty tomb. But Luke's account is much more low-key. He was writing for a Christian community about 50 years after the Easter event. His audience is a long way from Jesus' time and they might ask, as we might: "How is the risen Christ in our midst now? Where shall we look for and find him?"

Luke's response to such faith questions is his description of Christ's appearance in a setting that he structures like a Eucharistic liturgy as it might have been celebrated by the early Christian communities.

The story opens with two of Jesus' followers, confused and disappointed about the events of His life and death. "We were hoping that..." they tell the stranger who has joined them on the road. Things had not turned out the way they had hoped. Things seldom do.

But then the story begins to move quickly. They become fascinated with this stranger. They follow him and listen. Their hearts begin "to burn with desire" when he breaks open the Scriptures, enabling them to understand God's plan in what had just happened. And their eyes are opened when, at table with him, they begin to witness the risen Lord in the breaking of the bread.

What about us? Where do we find the Risen Christ? We don't get to have the extraordinary appearances of Christ that the disciples in the upper room experienced. His presence in our lives is not preceded by beings dressed in robes of dazzling white. Nor does He appear to us as he did to Thomas, inviting us to touch his wounds.

But he does accompany us along the road. We live in a shattered world, facing senseless violence, political treachery and revenge, hate crimes, and terrorist attacks. Evil is on display. And it touches our lives every day. Things can never be the same. Normal will never be normal again. At dawn, on that "first day of the week," the Risen Lord shocked his followers and challenged their faith. Normal was never normal for them ever again.

For us, this is our "first day of the week," and we are reminded that whether we run away from the Lord at the low points in our lives (like those who hid in the upper room) or fail to recognize his ever-abiding presence among us (as did the disciples on the way to Emmaus), there is always the chance for a new beginning.

As we sing the joyful songs and Alleluias, let's pray that our eyes might always be opened to recognize his presence in our lives and in the lives of those around us. It is never too late to start over again because we too, like the first disciples, have been guilty of missing the mark. We are guilty of being way off track. Yet the final words of today's Gospel are aimed at no one other than ourselves. Our eyes have been opened, and our hearts are burning because we are truly "the witnesses of these things."

EASTER FLOWER MEMORIAL

Your Name _____

Address _____

City/State/Zip _____

Phone _____

In Memory of: _____



\$50
\$35
\$25
\$20
\$15
\$10

Checks payable to: Sacred Heart Church

ONLINE GIVING AT SACRED HEART

Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

Friday Eucharistic Adoration Fridays, 12:30 - 3:00 pm

"Woman, why are you weeping? Whom are you looking for?" She thought it was the gardener and said to him, "Sir, if you carried him away, tell me where you laid him, and I will take him." Jn 20:15

Like Mary Magdalene, we many times are searching for intimate communion with Jesus but fail to discern His presence in our lives, even when He is very close to us. Don't miss this opportunity to spend some intimate time in adoration *and be in the real presence of our risen Lord!*

BI-ANNUAL ROSARY SUNDAY PILGRIMAGE

The Dominican Nuns of Summit NJ will be holding their bi-annual Rosary Sunday Pilgrimage on **Sunday, May 3rd at 3:00 PM. Their yearly 'May Crowning' of the Blessed Virgin Mary**, a brief homily, and Benediction will follow the recitation of the Rosary. This is an excellent opportunity to get to know the nuns! Currently the community is comprised of about 20 nuns from the ages of 26-91 with a median age of 36. It is the only cloistered community in the Archdiocese of Newark. **The Rosary Shrine is located at 543 Springfield Ave, Summit NJ. Parking will be available next door at 535 Springfield Ave. For questions: info@summitdominicans.org or 908-273-1228.**

PURGATORIAL SOCIETY

The following deceased have been enrolled in the Sacred Heart Purgatorial Society:

PATRICIA D'ELIA-req.by-Oswaldo & Gloria Sanchez & Family

ESTHER HIDALGO GATO-req.by-John Khin & Family

HERNANDO & FIDIA GUZMAN-req.by-M.P.

GUSTAVO LARREA-req.by-Oswaldo & Gloria Sanchez & Family

PHYLLIS MAZZILLI-req.by-The Trasso Family

ALLEN RAMSEY-req.by-Nancy, Janice, Maryann, Pam, Barbara, Al

JO-ANN VON RAPACKI-req.by-Daniel Cappiello 7 Family

HERMAN IVAN RODRIGUEZ-req.by-Ofelia Rodriguez

MAURICE RODRIGUEZ-req.by-Ofelia Rodriguez

ELVA JOSEFINA SANCHEZ-req.by-Oswaldo & Gloria Sanchez, Elsa Immenso & Family, Carmen Rodriguez

WELCOME TO OUR NEW PARISH FAMILY MEMBERS

Our Parish Family Welcomes & Rejoices With Our Newest Family Members Who Received Their Sacraments of Initiation at the Easter Vigil:

Abel Nicolas Chauca Guaman

Michael Liebman

Valentino Polanco

Valeria Polanco

Evelyn Whritenour

May God Bless You!

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski, Josephine Burns, Arnulfo Orozco, Assunta Santangelo, Clementine Vocaturo, Tin Maung Khin, Monroe Madsen, Ymilce Badia, Rita Blanco, Jeanette Tucci, Linda Kost, Jimmy Delano, Antoinette Wartel

DECEASED: All from our Parish Family the Lord has called home.

KNIGHTS OF COLUMBUS BABY BOTTLE COLLECTION

The Lyndhurst Knights of Columbus' Annual Baby Bottle Drive will take place the weekend of May 16-17, to assist the Good Counsel Homes' support for unwed mothers and their babies. Please take home an empty baby bottle and return it, filled with your donation, to a designated basket in the back of the church, or in the collection basket during mass, on or before June 15th. Thank you!

PAY IT FORWARD PROGRAM

Sacred Heart Parish has partnered with BCB Bank to raise some need funds for our parish. The Pay It Forward Program gives us the opportunity to earn donations based on the number of supporters who signed up for the program. If we have 20-50 members, BCB will contribute 0.20% of the cumulative account balance, 51-75 members 0.30%, 76+ members 0.40%. **To date BCB has donated \$569 to our parish family through this program.**

****NO DONATIONS ARE WITHDRAWN FROM CUSTOMER'S ACCOUNTS, ALL DONATIONS COME DIRECTLY FROM BCB.** Contact BCB directly if you have questions about the program or want to open an account. Please remember to tell them you want to support Sacred Heart Church in Lyndhurst. Lyndhurst - 201-728-6810, Rutherford - 201-728-6960

ANNUAL APPEAL SPECIAL COLLECTION

Your generous support in this collection will help our parish achieve our Annual Appeal goal. The Appeal is a great way supports many ministries for our brothers and sisters in need across the Archdiocese. Envelopes are available in the pews. You can make your gift online at www.rcan.org/sharing. Be sure to select Sacred Heart Church, Lyndhurst as the parish.

SACRED HEART SCHOOL ENROLLMENT

Do you have a child or grandchild starting or changing school in September? Why not consider Sacred Heart School? We offer a safe and nurturing environment for children Pre-K3 through 8th Grade. Along with their ABCs your child will build character and learn compassion and values. New families considering enrolling in our school can arrange to make a visit. Call the school at 201-939-4277 for more details.

APRIL 19, 2026



THIRD SUNDAY OF EASTER

Anticipated Sunday Mass

5:00pm Elma Di Perna

SUNDAY - THIRD SUNDAY OF EASTER

7:30am People Of Sacred Heart

9:00am Erich G. Linker

10:30 am Mary M. Roughneen

12:00pm Krizan Peros

1:30 pm Rosa Maggion Calda

MONDAY - Easter Weekday

12:00pm Nicholas & Ann Chiaro

TUESDAY - Easter Weekday/St. Anselm, Bishop and Doctor of the Church

12:00pm Irineo P. Diaz, Jr.

WEDNESDAY - Easter Weekday

12:00pm Jean Prestridge

THURSDAY - Easter Weekday/St. George, Martyr/St. Adalbert, Bishop and Martyr

12:00pm Nick Aramando

FRIDAY - Easter Weekday/St. Fidelis of Sigmaringen, Priest and Martyr

12:00pm Angela Amabile

SATURDAY - St. Mark, Evangelist

9:00am Ignacio "Boy" Espiritu &
Roberto Lumbang

Anticipated Sunday Mass

5:00pm Frances Krysiak

SUNDAY - FOURTH SUNDAY OF EASTER

7:30am People Of Sacred Heart

9:00am Geraldine Cupo

10:30 am Arceli Vargas

12:00pm Elma Di Perna

1:30 pm Maria Ubaldina Elias

STEWARDSHIP

Sunday - \$5,657

Easter To Date - \$17,142

Reminder: We need \$7,900 in the Sunday Collection to cover our budgeted expenses. Thank you for your continued generosity!!

2026 ANNUAL APPEAL

The 2026 Annual Appeal has officially begin and many of us have received or will be receiving a letter in the mail from Cardinal Tobin inviting us to consider making a financial sacrifice in support of this year's Appeal. The 2025 Annual Appeal raised over \$11 million, which is the most successful Appeal since 2007!

To build off that momentum, and to begin this year's Appeal, you can view a kick-off video featuring our Regional Bishops. You can access this video by visiting www.rcan.org/sharing. At the same time, our Archdiocese is moving forward with We Are His Witnesses, a pastoral initiative that invites us to walk together on path of pastoral conversion that calls all of us to reimagine parish life, mission and ministry in response to a changing world.

Our parish goal this year is \$45,269 and reaching this goal in paid pledges by June 30th will allow us to receive a rebate. **We will have a special collection on April 18th and 19th to help us close the gap on our goal. You can make your gift online at www.rcan.org/sharing. Be sure to select Sacred Heart Church, Lyndhurst so our parish can receive credit for your gift. To date we have:**

Our Goal \$45,269
Amount Paid \$24,552 (54.24% of Goal)
Families Participating: 93



**Knights of
Columbus**

JOIN US!

**WHAT IT MEANS
TO BE A KNIGHT**

We are Catholic men who
**LEAD, SERVE
PROTECT AND DEFEND**

We share a desire to be better
**HUSBANDS, FATHERS, SONS
NEIGHBORS AND ROLE MODELS**
And to put charity and community first

**Knights of Columbus
Lyndhurst Council #2396**

Link Below For More Info
Linktr.ee/council2396

SCAN ME



Supporting

**Sacred Heart Church
Mount Carmel Church
Saint Michael Church**

Food Pantry Update

*"Whatever you did for one of these
least brothers and sisters of mine,
you did for me."*

We are stocking up our parish family food pantry to help our brothers and sisters struggling with food insecurity during the Spring months. It's a impactful opportunity to practice a Corporal Work of Mercy.

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Soup, Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans. *Note that great canned vegetable and canned fruit prices can be found at Lidl's and Aldi's.* Food items can be left near the shrine of the Sacred Heart in the back of the church. **PLEASE DO NOT LEAVE PERISHABLE ITEMS IN THE BACK OF THE CHURCH.**



Thanks to all for the donations which help keep our food pantry stocked all year round! **We would not be able to help our neighbors in need without you!**

As a reminder, we are unable to package out-of-date food products for distribution to our families.