



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theesmas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE
615 NEW JERSEY AVE

Charles Sofio
Parish Manager
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RELIGIOUS EDUCATION

Jazmin Mello
Parish Catechetical Leader
201-935-3094
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SACRED HEART SCHOOL

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SMALL BLESSINGS DAY CARE
201-935-0506

ARCHDIOCESE OF NEWARK
973-497-4000



PALM SUNDAY OF THE PASSION OF THE LORD



"Blessed is he who comes in the name of the Lord." - Mt 21:9

March 29, 2026

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Apr. 4, May 17, Jun. 14, Jul. 12

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

O.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

PALM SUNDAY OF THE PASSION OF THE LORD

Christian communities across the world will soon be gathering to proclaim their faith in the saving mystery of Christ's passion, death and resurrection. Each of the Gospel narratives that we will hear has its own unique perspective and one would expect the opening scenes of this holiest of weeks to be found in the garden of Gethsemane or in Pilate's courtroom where Jesus receives his sentence, is then tortured and taken off to Calvary for his execution.

Matthew's Passion account begins with a long narrative about Jesus and his disciples at the Last Supper and judging from the goings-on around that table we can imagine that Jesus' passion begins here. Christ's passion was much more than the brutal, physical suffering he was made to endure. His was also a passion of discouragement, frustration and failure.

After being with him for three years his disciples seem to have no clue about who Jesus was and still didn't understand what he had been teaching them about service and sacrifice for the sake of the kingdom of God. They would rather stay imprisoned in their own notions of God and holiness and of what's right and wrong. As they entered Jerusalem to the cheers and songs of the crowds, they still totally missed the point.

Jesus is the "suffering servant" of Isaiah who speaks to a people enslaved and in exile. He assumes their weakness and failure and willingly takes on their pain and suffering. But despite the agony and death that will mark the end of this week, he remains faithful to his mission. The passion of Christ concretely speaks the words of Isaiah: "I gave my back to those who beat me, my cheeks to those who plucked my beard, my face I did not shield from buffets and spitting."



There are lessons to be learned here. The Passion of Christ reminds us that we're not just recalling the past. Our experience of the Passion must affect our present and our future. Daily we are witnesses to the inhumanity of war in the Ukraine and the constant stories of death and destruction in the Middle East. We have become almost immune to stories of innocent people suffering and dying because they stand up against oppression and bigotry. And we all suffer from the pressures of political, economic and social systems which drain our energy and suffocate our faith. Good people are crucified every day.

But what we need to remember most of all is that our faith in the Resurrection doesn't quickly rush to "solve" the pain we experience in our lives. It is true that we need to identify with the loss and bewilderment of the disciples because very often we are also left with unanswered questions. Still, we must always identify with Jesus, receiving strength from his endurance under his own passion.

Jesus comes to us when our hope is shattered and we want to walk away. He comes to us in the poor and the sick and the frightened and the lonely. He comes to us when we grow weak and stumble and he lifts us up with the assurance that he will stay with us through the valley of death until we, too, will rise with him to the fullness of life.

EASTER FLOWER MEMORIAL

Your Name _____

Address _____

City/State/Zip _____

Phone _____

In Memory of: _____



\$50
\$35
\$25
\$20
\$15
\$10

Checks payable to: Sacred Heart Church

AARP FUNDRAISER BEEFSTEAK DINNER, TRICKY TRAY AND DJ - SAT., APR. 25TH LYNDHURST SENIOR BUILDING 250 CLEVELAND AVE, LYNDHURST DOORS OPEN AT 5:00 PM

\$60 includes dinner and one sheet of tickets for tricky tray. 50/50 Raffle, door prizes, tricky tray and \$500 cash prize. **No Tickets will be sold at the door. No one under 18 is permitted.**

For admission tickets and more information call Marge 201-935-5167.

DAILY MASSES DURING THE PASCHAL TRIDUUM

Here at Sacred Heart there will be **NO 12:00PM Mass this coming Thursday and Friday**, Holy Thursday and Good Friday. There will be **NO 9:00AM or 5:00PM Mass this coming Saturday**, Holy Saturday. The Paschal (Easter) Triduum is a single liturgical action that occurs over a period of three days (Holy Thursday, Good Friday, Holy Saturday). The Triduum is not part of Lent, but in its entirety celebrates the Easter event. The entire focus of the Triduum is on the Triumph of the Cross and the Resurrection. For this reason, Mother Church invites all Her children to join together and to participate in the Lord's Supper on Holy Thursday, the Lord's Passion & Death on Good Friday, and the vigil, the time of waiting, for the Lord's Resurrection on Holy Saturday. No other Masses are offered on these days because all the faithful's attention and energy needs to be focused so that these events, which are the cornerstone of our faith, can be made present again in the time we live.

2026 ANNUAL APPEAL

The 2026 Annual Appeal has officially begin and many of us have received or will be receiving a letter in the mail from Cardinal Tobin inviting us to consider making a financial sacrifice in support of this year's Appeal. The 2025 Annual Appeal raised over \$11 million, which is the most successful Appeal since 2007!

To build off that momentum, and to begin this year's Appeal, you can view a kick-off video featuring our Regional Bishops. You can access this video by visiting www.rcan.org/sharing. At the same time, our Archdiocese is moving forward with We Are His Witnesses, a pastoral initiative that invites us to walk together on path of pastoral conversion that calls all of us to reimagine parish life, mission and ministry in response to a changing world.

Our parish goal this year is \$45,269 and reaching this goal in paid pledges by June 30th will allow us to receive a rebate.

Our Goal \$45,269

Amount Paid \$13,058 (28.85% of Goal)

Family Participating: 69

GOOD FRIDAY COLLECTION

The continued existence of programs that support Christians in the Holy Land depends on the faithful financial support received from our brothers and sisters in Christ from the Good Friday collection. This year, more than ever, we ask that you pledge your assistance to the work in the land that Jesus made holy. The Holy Land Franciscans are counting on your financial help to assist them in providing presence, care and service. The Franciscans have been in the Holy Land since 1209, walking in Jesus' footsteps, caring for the poor, educating young people, providing scholarships, protecting the Holy shrines, conducting pastoral ministries and keeping Christianity alive.



CHRISM MASS

All are invited to the Chrism Mass at the Cathedral Basilica of the Sacred Heart, 89 Ridge Street, Newark on the **Monday of Holy Week, April 14 at 8:00 PM**. At this Mass Cardinal Tobin, joined by the priests of the Archdiocese, gather at the Cathedral Basilica. This

Mass manifests the unity of the priests with their bishop. Here Cardinal Tobin blesses three oils which will be used in the administration of the sacraments throughout the Archdiocese for the year and the priests present renew their priestly promises.

PARISH OFFICE EASTER HOURS

In observance of the Easter Holy Days, the parish office will be **close on Wed., Apr. 1st at 2:00 PM and will reopen on Easter Tue., Apr. 7th at 9:00am**. The priests and staff of Sacred Heart wish all our parish a holy and happy Easter Season!

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski, Josephine Burns, Arnulfo Orozco, Assunta Santangelo, Clementine Vocaturo, Tin Maung Khin, Monroe Madsen, Ymilce Badia, Rita Blanco, Jeanette Tucci, Linda Kost, Jimmy Delano, Antoinette Wartel

DECEASED: Vincent Brennan

ANNUAL CALENDAR PARTY SACRED HEART HOME SCHOOL ASSOCIATION SACRED HEART SCHOOL, 620 VALLEY BROOK AVE MAY 1ST DOORS OPEN AT 6:00 PM

Tickets are Non-refundable, NO ALCOHOLIC Beverages Will Be Allowed

Raffles are scheduled to begin approximately 8:00 PM

Ticket Includes: Sandwich, Potato Salad, Beverage, Coffee, Tea, Dessert

Donation: \$25 per person No One Under 18 Will Be Admitted

Call Patty at 201-803-9580 for tickets

DEADLINE IS APRIL 17th

Food Pantry Update

“Whatever you did for one of these least brothers and sisters of mine, you did for me.”

We are stocking up our parish family food pantry to help our brothers and sisters in need during the Spring months. It's a impactful opportunity to practice a Corporal Work of Mercy.

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Soup, Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans. *Note that great canned vegetable and canned fruit prices can be found at Lidl's and Aldi's.* Food items can be left near the shrine of the Sacred Heart in the back of the church. **PLEASE DO NOT LEAVE PERISHABLE ITEMS IN THE BACK OF THE CHURCH.**

Thanks to all for the donations which help keep our food pantry stocked all year round! **We would not be able to help our neighbors in need without you!**

As a reminder, we are unable to package out-of-date food products for distribution to our families.



MARCH 29, 2026

MASS INTENTIONS

PALM SUNDAY OF THE PASSION OF THE LORD

Anticipated Sunday Mass

5:00pm James & Eleanor Scotti

SUNDAY - PALM SUNDAY OF THE PASSION OF THE LORD

7:30am People Of Sacred Heart

9:00am Patrick Ferrie, Sr.

10:30 am Evelyn & William Earl & Anthony & Anna Silver

12:00pm Carol Waples

1:30 pm Horacia Jimenez

MONDAY - Monday of Holy Week

12:00pm Eileen Goris

TUESDAY - Tuesday of Holy Week

12:00pm Elias Pagan (Living) & Charlie Sofio (Living)

WEDNESDAY - Wednesday of Holy Week

12:00pm Patricia Smith Barrett

Paschal Triduum

THURSDAY - HOLY THURSDAY MASS OF THE LORD'S SUPPER

7:30pm Peter & Carmela Sofio

FRIDAY - GOOD FRIDAY THE PASSION OF THE LORD

3:00pm Commemoration of the Lord's Passion & Death

SATURDAY - HOLY SATURDAY THE EASTER VIGIL

8:30pm Tiana Vega (Living)

SUNDAY - EASTER SUNDAY THE RESURRECTION OF THE LORD

7:30am People Of Sacred Heart

9:00am Pavlica & Ferrara Families

10:30 am Catherine & Jerimiah Hallahan

12:00pm Scardino, Pereira & Alongi Families

1:30 pm Estefania Dilone Zevallos

STEWARDSHIP

Sunday - \$5,603

Add Cath. Camp. Hum. Dev. - \$102

Add'l Assessment - \$57

ARCHDIOCESE OF NEWARK
2026 LENTEN REGULATIONS

1. The **days of both Fast and Abstinence** during Lent are **Ash Wednesday and Good Friday**. *If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection.*
The other Fridays of Lent are days of Abstinence.
On a day of Fast, only one (1) full meal is permitted and two (2) smaller meals, which added together, would not exceed the main meal in quantity.
Those between the ages of 18 and 59 are obliged to fast.
On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.
2. The obligation to observe the laws of Fast and Abstinence "substantially", or as a whole, is a serious obligation.
3. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.
4. The time for fulfilling the Paschal Precept (Easter Duty*) extends from the **First Sunday of Lent, February 22, 2026 to the Solemnity of the Holy Trinity, May 31, 2026.**

*Canon 920, §1. *All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*



**Knights of
Columbus**

JOIN US!

**WHAT IT MEANS
TO BE A KNIGHT**

We are Catholic men who
**LEAD, SERVE
PROTECT AND DEFEND**

We share a desire to be better
**HUSBANDS, FATHERS, SONS
NEIGHBORS AND ROLE MODELS**
*And to put charity and community **first***

**Knights of Columbus
Lyndhurst Council #2396**

Link Below For More Info

[Linktr.ee/council2396](https://linktr.ee/council2396)

SCAN ME



Supporting

**Sacred Heart Church
Mount Carmel Church
Saint Michael Church**

*You Are Invited To Celebrate With Us
The Week That Changed The World*

Palm Sunday of the Lord's Passion
Mass Schedule
March 28th - 5:00pm
March 29th
7:30am, 9:00am, 10:30am, 12:00pm
1:30pm Misa en Español (Spanish Mass)

Paschal Triduum

Holy Thursday - April 2nd
7:30pm - Mass of the Lord's Supper

Good Friday - April 3rd
3:00pm - Commemoration of the
Lord's Passion & Death

Holy Saturday - April 4th
8:30pm - Easter Vigil

Easter Sunday - April 5th
The Resurrection of the Lord
Mass Schedule
7:30am, 9:00am, 10:30am, 12:00pm
1:30pm Misa en Español (Spanish Mass)