



# Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

[www.sacredheartlynd.org](http://www.sacredheartlynd.org)

## SERVED BY:

Rev. Theemas Pankiraj  
Pastor

Rev. Cesar Chen  
Parochial Vicar

**PARISH OFFICE**  
**615 NEW JERSEY AVE**

Charles Sofio  
Parish Manager  
[sacredheartchurch@comcast.net](mailto:sacredheartchurch@comcast.net)

## RELIGIOUS EDUCATION

Jazmin Mello  
Parish Catechetical Leader  
201-935-3094  
[religioused@sacredheartlynd.org](mailto:religioused@sacredheartlynd.org)

## SACRED HEART SCHOOL

Rita Naviello  
Principal  
201-939-4277  
[rnaviello@sacredheartlynd.org](mailto:rnaviello@sacredheartlynd.org)

## SMALL BLESSINGS DAY CARE

201-935-0506

## ARCHDIOCESE OF NEWARK

973-497-4000



## 6<sup>TH</sup> SUNDAY IN ORDINARY TIME

“Again you have heard that it was said to your ancestors,  
Do not take a false oath, but make good to the Lord all  
that you vow.” - Mt 5:33

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

February 15, 2026 ©LPI

### SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)  
Monday - Friday: 12:00pm in the church  
Saturday: 9:00am in the church,  
5:00pm in church (Anticipated Mass of Sunday)  
Holy Days & Holidays: As announced in Bulletin

### SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm  
Daily: Upon request following the 12:00pm Mass

### SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

**Preparation:** in the church at 7:00pm

**Sacrament:** in the church at 3:00pm  
Apr. 4, May 17, Jun. 14, Jul. 12

### SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

### SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

### R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

### PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

## Sixth Sunday In Ordinary Time

Does this sound a bit familiar. You interview for a new job and decide to take it. You're looking forward to it, not only for the better pay, but also because you think the work is a good fit for you. For the first few months, everything goes as planned. You're happy and your boss is happy. But then something happens. Your boss starts asking you to do things that were not part of the deal, things that were not part of the expectations that were laid out in the interview process. At first you go along not wanting to rock the boat, and certainly not wanting to jeopardize your job. But soon frustration and bitterness set in. And maybe even a certain amount of anger. Eventually, you decide to tell your boss what you've been thinking for some time . . . "None of these things you are having me do were in the job description!"

Most of us like to know exactly what is expected when we sign on to work somewhere. Or when we begin taking a particular course in high school or college. Many of us simply don't want any surprises, we don't like changing of the rules as we go along. Did the disciples feel that way as they heard their friend and teacher Jesus elaborate on God's commandments in the Gospel reading, we just heard from Matthew. What was Jesus up to? Was Jesus really changing the rules?

It is against the law to kill, but Jesus commands that we also repent of anger and verbal attacks. The law forbids adultery, but Jesus calls his disciples to repent of the sin of lust. Even when Jesus says that the whole law can be summed up with the great commandments of loving God and loving our neighbor, he calls us to deeper commitments and sacrifices. Jesus is not giving us a pass on the commandments of Moses, but rather calling us to the virtues that make holiness possible.

The Law of Moses made the people of Israel different from the nations around them. Jesus extols and honors the law of Moses, but he also draws people into a deeper appreciation of what the commandments mean, and why they exist. In other words, Jesus taught that fulfilling God's law is not only by obeying the letter of the law, but more importantly, by living the true spirit of the law, which is love. After all, God's commands are given to us, not to burden us, but to help us learn the way of love, and become members of the family of God. Everything boils down to the heart, for God looks into the heart. Love, indeed, should be the sole motivation and driving force in our life. Jesus extends the meaning of the law to include an interior disposition, and not just exterior actions.

So often in many areas of our lives we can just get by, maybe through luck or maybe through cleverness and shrewdness. But we are called to do much more than merely not getting into trouble of one kind or another. There is a difference between being faithful to a spouse and simply staying married to the same person. There is a difference between being a good driver and never having an accident. There is a similar difference between upholding laws and fulfilling the law. The state law is there to be upheld. God's Law is given to be fulfilled.

God's grace and mercy are not simply aids to help us keep up appearances but calls us to that depth of character and authenticity, which makes us "the salt of the earth" and "the light of the world". It is not good enough to avoid lying; we must be truthful. It is not good enough to avoid being frugal; we must be generous. It is not good enough to avoid injuring others; we must heal others. We should try not to simply 'get by' in life. We should strive for more! Jesus cautions us; "Unless your righteousness surpasses that of the scribes and Pharisees, you will not enter into the kingdom of heaven." (Mt 5/20)

**ARCHDIOCESE OF NEWARK  
2026 LENTEN REGULATIONS**

1. The **days of both Fast and Abstinence** during Lent are **Ash Wednesday and Good Friday**. *If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection.*

**The other Fridays of Lent are days of Abstinence.**

**On a day of Fast**, only one (1) full meal is permitted and two (2) smaller meals, which added together, would not exceed the main meal in quantity.

Those between the ages of 18 and 59 are obliged to fast.

**On a day of Abstinence**, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.

2. The obligation to observe the laws of Fast and Abstinence "substantially", or as a whole, is a serious obligation.
3. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.
4. The time for fulfilling the Paschal Precept (Easter Duty\*) extends from the **First Sunday of Lent, February 22, 2026 to the Solemnity of the Holy Trinity, May 31, 2026.**

\*Canon 920, §1. *All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*

**YOUR HELP TO MAKE THE FUN IS NEEDED**

Our parish's annual St. Patrick's celebration is a significant fundraiser but more importantly it's a fun packed evening with great food, music, and Irish dancers along with raffles and a 50/50. **We're looking for folks to help sell raffle tickets and tickets to the celebration after the Masses on the weekends as well as help in building the gift baskets and setting up the school cafeteria on the March 6th, serving and knocking table and chairs down after the celebration on March 7th. We're also soliciting gift certificates from local vendors, e.g. Restaurants, florists, hair and nail salons, etc.** Letters acknowledging the gifts will be available at the Parish Center. Consider joining us in this endeavor and take advantage of meeting your fellow parishioners. If you are interested in helping please call the parish office at 201-438-1147.

**2026 ANNUAL APPEAL**

The 2026 Annual Appeal has officially begin and many of us have received or will be receiving a letter in the mail from Cardinal Tobin inviting us to consider making a financial sacrifice in support of this year's Appeal. The 2025 Annual Appeal raised over \$11 million, which is the most successful Appeal since 2007!

To build off that momentum, and to begin this year's Appeal, you can view a kick-off video featuring our Regional Bishops. You can access this video by visiting [www.rcan.org/sharing](http://www.rcan.org/sharing). At the same time, our Archdiocese is moving forward with We Are His Witnesses, a pastoral initiative that invites us to walk together on path of pastoral conversion that calls all of us to reimagine parish life, mission and ministry in response to a changing world.

Our parish goal this year is \$45,269 and reaching this goal in paid pledges by June 30th will allow us to receive a rebate.

**ASH WEDNESDAY  
FEBRUARY 18, 2026**

Begin your Lenten Journey towards Easter with your parish family. **Blessed Ashes will be imposed at Mass only.**

**MASS SCHEDULE**

**7:00 AM** in English

**9:00 AM** in English (School Mass)

**12:00 PM** in English, **5:30 PM** in Spanish

**7:00 PM** in English

**STATIONS OF  
THE CROSS**

Join us as we reflect on the passion and death of the Lord as a community during the Fridays of Lent. The Stations of the Cross will follow the 12:00 Mass on Friday: Feb. 20, 27 Mar. 6, 13, 20, 27

**\*\*PLEASE NOTE THAT THE STATIONS OF THE CROSS REPLACES EUCHARISTIC ADORATION DURING THE FRIDAYS OF LENT\*\***

**SACRED HEART HOME SCHOOL  
SPRING AUCTION - FRIDAY, MARCH 20TH**

Sacred Heart Home-School Association presents their Annual Spring Auction on Friday, March 20, 2026 at Sacred Heart School, 620 Valley Brook Ave. Tickets are \$20 per person - no one under 18 will be admitted. Doors open at 6:00 PM. Tickets includes one sheet for 1st level prizes, Coffee/Tea and dessert. If you are interested, please call the school office at 201-939-4277 or Patty at 201-803-9580. **Ticket deadline is March 11th.** No tickets available at the door.

## PLEASE PRAY FOR OUR PARISH FAMILY

**SICK:** Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski, Josephine Burns, Arnulfo Orozco, Assunta Santangelo, Clementine Vocaturo, Tin Maung Khin, Monroe Madsen, Ymilce Badia, Rita Blanco, Jeanette Tucci, Linda Kost, Jimmy Delano, Antoinette Wartel

**DECEASED:** Linda Capone

## MEMORIAL DONATIONS

During the week of February 15th, the following items used for worship in our sanctuary were donated in the memory of a relative or friend or a special intention.

### BREAD & WINE:



In Honor of: Arceli Vargas

Donated by: Church Cleaning Crew

## SCOUT PANCAKE BREAKFAST

The Cub Scouts and Scouts BSA (formerly Boy Scouts) are hosting a Pancake Breakfast!

When? Sunday, March 1, from 8:00 to 1:00.

Where? Lyndhurst Senior Center on Cleveland Avenue.

Cost? \$10.00



## MONDAY, FEB 16TH

The Mass will be celebrated at the regular time 12:00PM on the 16th. The Parish Office will close on Fri., Feb. 13th at 2:00 PM and will reopen Tue., Feb. 17th 9:00AM.

## PAY IT FOWARD PROGRAM

**Sacred Heart Parish has partnered with BCB Bank to raise some need funds for our parish.** The Pay It Forward Program gives us the opportunity to earn donations based on the number of supporters who signed up for the program. If we have 20-50 members, BCB will contribute 0.20% of the cumulative account balance, 51-75 members 0.30%, 76+ members 0.40%. **A minimum of 20 members is required**

**\*\*NO DONATIONS ARE WITHDRAWN FROM CUSTOMER'S ACCOUNTS, ALL DONATIONS COME DIRECTLY FROM BCB.** Contact BCB directly if you have questions about the program or want to open an account. Please remember to tell them you want to support Sacred Heart Church in Lyndhurst. Lyndhurst - 201-728-6810, Rutherford - 201-728-6960

FEBRUARY 15, 2026



## Sixth Sunday In Ordinary Time

### Anticipated Sunday Mass

5:00pm Rozalia & Piotr Stefan

### SUNDAY - Sixth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Lorenza Duran

10:30 am Monroe Madsen (Living)

12:00pm Frank DeSerio

1:30 pm Matthew Flores

### MONDAY - Weekday

12:00pm Carol Petrillo-Lintz

### TUESDAY - Weekday/The Seven Holy Founders of the Servite Order

12:00pm Joanna & Adam Kwapniewski

### WEDNESDAY - Ash Wednesday

7:00am Sylvia Allen & Christine Phelan

9:00am Demostenes Alegrado

12:00pm Zofia & Josef Turek (Living)

5:30pm Fernando & Celia Torres

7:00pm Joseph & Phyllis Salerno

### THURSDAY - Thursday After Ash Wednesday

12:00pm Arceli Vargas

### FRIDAY - Friday After Ash Wednesday

12:00pm Arthur Giammetta

### SATURDAY - Saturday After Ash Wednesday/St. Peter Damian, Bishop & Doctor of the Church

9:00am David Vaccari, Sr. & David Vaccari, III

### Anticipated Sunday Mass

5:00pm Moises Lopez

### SUNDAY - FIRST SUNDAY OF LENT

7:30am People Of Sacred Heart

9:00am Robert Wiseman

10:30 am Alice & Anthony Aquino

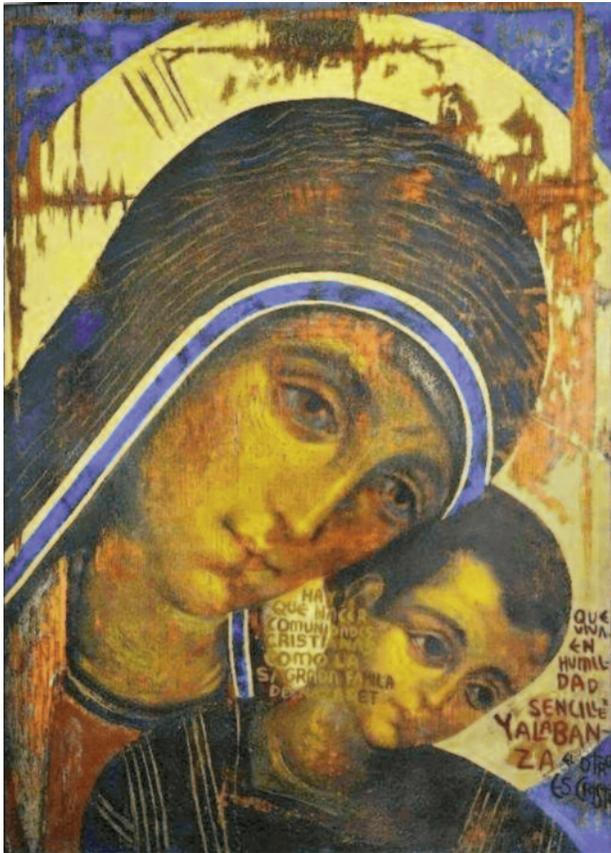
12:00pm Angelina Margotta

1:30 pm Angel Consoro

## STEWARDSHIP

Feb 1st Sunday Collection - \$5,955  
Assessment- \$2,188

Feb 8th Sunday Collection - \$5,209  
Fuel Collection - \$1,881



## COME AND LISTEN

ARE YOU SUFFERING WITH NO ANSWER?  
DO YOU WORRY ABOUT YOUR FAMILY?  
ARE YOU SEEKING HAPPINESS?

## JESUS CHRIST IS LOOKING FOR YOU

CATECHESIS FOR ADULTS  
AND YOUTH (ages 12 & older)

ONE WORD COULD  
CHANGE YOUR LIFE.

**Continues**

**Mondays & Thursdays  
8:00pm in Parish Center Chapel  
(former Convent)**

**Enter through the  
parking lot entrance**

## ST. PATRICK'S DAY FUNDRAISER

Saturday, March 7, 2026, 6:00 PM

Sacred Heart School Cafeteria

Corned Beef Dinner - Irish Music - BYOB

50/50 Raffle - Drawing at 8:00 p.m.

Gift Baskets Auction

Tickets for the dinner \$30 for Adults \$10 for  
kids 12 and under and will go on sale shortly.

In conjunction with this major fund raising event, the parish is requesting donations for gift baskets that will be auctioned off that night. If you're interested in donating a \$25, \$50, or \$75 basket, please drop it off at the Parish Center. If you'd like to contribute new items to make up a gift basket, you can also drop them off at the Parish Center. If you have any questions, feel free to call Sabina at 862-249-1186. Thank you for your generosity which will contribute to the success of this fund raising which will benefit Sacred Heart Parish.

