



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theesmas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

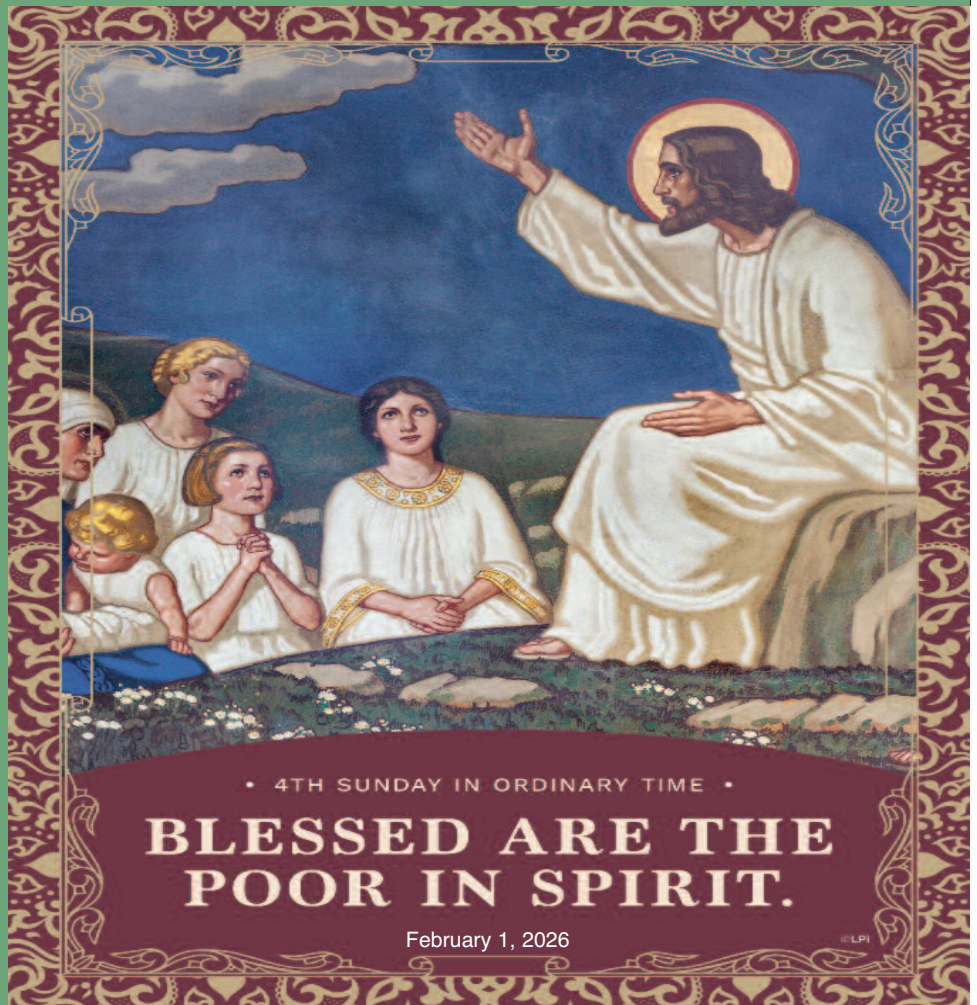
Jazmin Mello
Parish Catechetical Leader
201-935-3094
religioused@sacredheartlynd.org

SACRED HEART SCHOOL

Rita Naviello
Principal
201-939-4277
rnaviello@sacredheartlynd.org

SMALL BLESSINGS DAY CARE
201-935-0506

ARCHDIOCESE OF NEWARK
973-497-4000



SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Feb. 8, Apr. 4, May 17, Jun. 14, Jul. 12

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

Fourth Sunday In Ordinary Time

Christian living requires work, lots of sacrifice, discipline and love. It's not really easy to be poor, to be merciful, to be meek, to be peacemakers, to hunger and thirst for justice. It takes courage to be persecuted and ridiculed and mocked for being authentic Christians, for being Christ-like. It takes faith and trust in God to admit our own weaknesses and dependence upon one another rather than looking at each other's faults.

Probably the most difficult thing about being an authentic Christian is that our love is to be all-inclusive. Almost instinctively our love tends to be exclusive. We cannot exclude anyone - not the beggar, the borrower, the adulteress, the leper, the widow, the poor, the orphan, the enemy. This is a challenge that makes us reexamine our mental attitudes, our actions, our speech, and many of the prejudices we grew up with by which we can become more sensitive to the ways that we exclude certain people from the embrace of our love. It can lead us to strip away the deep-rooted suspicions we nurture against persons who, in some way, are "different" from us.

But realistically, how many people - even those who call themselves Christian - would see their first responsibility is to care for the poor, the lowly, hungry, and the persecuted, rather than catering to those who have influence to help them and promote their own success?

In our first reading today, the prophet Zephaniah speaks of a people that God will leave as a remnant who will take refuge in the Lord and who will do no wrong. Perhaps God is not so concerned about numbers, as long as there is a handful of people who understand and follow God's will. This small group of faithful people - this anawim - will guarantee the future survival of God's people and will see God's promises fulfilled. It may be that it is God's plan to have a remnant whose purpose it is to witness to the majority, even if their witness is not accepted.

This is why the Beatitudes are so important. The Beatitudes are for living in the present tense, not just words to be memorized. We don't just keep them handy in a notebook that we can refer to occasionally. We don't just preach them to our children and to our neighbors. Jesus expects much more than that.

The Beatitudes certainly give us an upside down way to look at our lives and the world in which we live. They really don't tell us how we ought to behave or live our lives. They are not Jesus' own Ten Commandments. They are not commandments at all, not a code of ethics for the Christian community, not directives that will better help us follow the model behavior of Christ.

Rather, Jesus is saying that we who live the Beatitudes are already blessed. We are enabled to live as he did in a world that does not always accept him.

Jesus saw what Zephaniah saw, those "humble of the earth" who seek the Lord. These are God's remnant who have been faithful, those who have suffered but yet have persevered in the vision of true happiness that can only come from God. Lest they forget where the gift of their witness and good works come from, Jesus makes it clear, "You are blessed."

And with that blessing we are able to live in true happiness, the kind of happiness only God can give.

Food Pantry Update

We are stocking up our parish family food pantry to help our brothers and sisters in need during the cold winter months. Can you help us make winter a little warmer for those struggling with food insecurity?

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans. *Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.* Food items can be left near the shrine of the Sacred Heart in the back of the church. Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help our brothers and sisters struggling with food insecurity without you!**

As a reminder, we are unable to package out-of-date food products for distribution to our families.

YOUR HELP TO MAKE THE FUN IS NEEDED

Our parish's annual St. Patrick's celebration is a significant fundraiser but more importantly it's a fun packed evening with great food, music, and Irish dancers along with raffles and a 50/50. **We're looking for folks to help sell raffle tickets and tickets to the celebration after the Masses on the weekends as well as help in building the gift baskets and setting up the school cafeteria on the March 6th, serving and knocking table and chairs down after the celebration on March 7th.** We're also soliciting gift certificates from local vendors, e.g. Restaurants, florists, hair and nail salons, etc. Letters acknowledging the gifts will be available at the Parish Center. Consider joining us in this endeavor and take advantage of meeting your fellow parishioners. If you are interested in helping please call the parish office at 201-438-1147.

ONLINE GIVING AT SACRED HEART

Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

2026 ANNUAL APPEAL

The 2026 Annual Appeal has officially begin and many of us have received or will be receiving a letter in the mail from Cardinal Tobin inviting us to consider making a financial sacrifice in support of this year's Appeal. The 2025 Annual Appeal raised over \$11 million, which is the most successful Appeal since 2007!

To build off that momentum, and to begin this year's Appeal, you can view a kick-off video featuring our Regional Bishops. You can access this video by visiting www.rcan.org/sharing. In the video the bishops reflect on the importance of the Annual Appeal and how together, our generosity supports vital ministries across our four counties.

At the same time, our Archdiocese is moving forward with We Are His Witnesses, a pastoral initiative that invites us to walk together on path of pastoral conversion that calls all of us to reimagine parish life, mission and ministry in response to a changing world.

Our parish goal this year is \$45,269 and reaching this goal in paid pledges by June 30th will allow us to receive a rebate.

**FOURTH ANNUAL
VALENTINE CELEBRATION
DOO-WOP, DINNER AND MORE!
SATURDAY, FEBRUARY 14, 2026
7:00PM - 10:00 PM (DOORS OPEN 6:30PM)
LYNDHURST SENIOR CENTER
250 CLEVELAND AVE., LYNDHURST
TICKETS \$40 NO TICKETS SOLD AT THE DOOR
WITH
FOREVER YOUNG
ONE OF NJ/NY'S PREMIERE GOLDEN OLDIES
DOP WOP SIX-PIECE BAND
PRESENTED BY
LYNDHURST GIRLS' ASSOCIATION &
A FUNDRAISER FOR THE LIBBIE LINDSAY LITTLE
HOUSE FOR LYNDHURST GIRL SCOUTS AND FOR
THE LYNDHURST CUB SCOUTS, BOY SCOUTS AND
VENTURE CREW
Admission includes a delicious pasta dinner, dessert
and beverages (BYOB)
For tickets mail your check payable to the "Lyndhurst
Girls' Association" to Donna Shinnick,
617 Lake Ave, Lyndhurst, NJ 07071
Questions? Call Donna 201-906-3010**

PRESENTATION OF THE LORD - FEB 2ND

The Feast of the Presentation of the Lord which occurs forty days after the birth of Jesus and is also known as Candlemas Day, since the blessing and procession of candles is included in today's liturgy. The World Day of Prayer for Consecrated Life was attached it to "Candlemas Day" because the consecrated men and women are to be the light in the world, imitating Jesus, the Light of the World. The World Day of Prayer is moved to the following Sunday

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski, Josephine Burns, Arnulfo Orozco, Assunta Santangelo, Clementine Vocaturo, Tin Maung Khin, Monroe Madsen, Ymilce Badia, Rita Blanco, Jeanette Tucci, Linda Kost, Jimmy Delano

DECEASED: All those from our parish family the Lord has called home

St. Patrick's Celebration - March 7th Your Help Makes A Difference Your Unwanted Christmas Gifts Needed

Before you put those unwanted Christmas gifts that you received in the back of your closet, consider donating them to our parish. All **NEW ITEMS** will be used to make baskets for raffle that we will have at our St. Patrick's Day Celebration. All items can be left near the shrine of the Sacred Heart in the back of the church.

If you would be interested in helping set-up, serve or clean-up at the event, please call the parish office.

SECOND COLLECTION

Your generosity in the second collection this weekend will defray our monthly assessment expense.

SACRED HEART HOME SCHOOL SPRING AUCTION - FRIDAY, MARCH 20TH

Sacred Heart Home-School Association presents their Annual Spring Auction on Friday, March 20, 2026 at Sacred Heart School, 620 Valley Brook Ave. Tickets are \$20 per person - no one under 18 will be admitted. Doors open at 6:00 PM. Tickets includes one sheet for 1st level prizes, Coffee/Tea and dessert. If you are interested, please call the school office at 201-939-4277 or Patty at 201-803-9580. **Ticket deadline is March 11th.** No tickets available at the door.



FEBRUARY 1, 2026



Third Sunday In Ordinary Time

Anticipated Sunday Mass

5:00pm Special Intention

SUNDAY - Fourth Sunday In Ordinary Time

7:30am People Of Sacred Heart
9:00am Irene & Joseph Pravetz
10:30 am Louise Hamilton
12:00pm Anna Cappiello
1:30 pm Carlos Christian Ruiz

MONDAY - The Presentation of the Lord

12:00pm Louise & Richard Hamilton

TUESDAY - Weekday/St. Blaise, Bishop and Martyr/St. Angar, Bishop

12:00pm Newton Victor Gahunia

WEDNESDAY - Weekday

12:00pm Angeles U. Pacheco

THURSDAY - St. Agatha, Virgin & Martyr

12:00pm Eleanor Rita Descalzi

FIRST FRIDAY - St. Paul Miki and Companions, Martyrs

12:00pm Edward Granito, Sr.

FIRST SATURDAY - Weekday/Blessed Virgin Mary

9:00am Purgatorial Society

Anticipated Sunday Mass

5:00pm Louise Paolazzi

SUNDAY - Fifth Sunday In Ordinary Time

7:30am People Of Sacred Heart
9:00am Juan Cantos, Sr. & Demetrio Cantos
10:30 am Jessie De Francesco
12:00pm Jeffrey Alan Costello
1:30 pm Karen Habluzel

STEWARDSHIP

January 18th

Sunday Collection - \$4,927

Reminder: We need \$7,900 in the Sunday Collection to cover our budgeted expenses. Thank you for your continued generosity!!



COME AND LISTEN

ARE YOU SUFFERING WITH NO ANSWER?
DO YOU WORRY ABOUT YOUR FAMILY?
ARE YOU SEEKING HAPPINESS?

JESUS CHRIST IS LOOKING FOR YOU

CATECHESIS FOR ADULTS
AND YOUTH (ages 12 & older)

ONE WORD COULD
CHANGE YOUR LIFE.

Continues

**Mondays & Thursdays
8:00pm in Parish Center Chapel
(former Convent)**

**Enter through the
parking lot entrance**

ST. PATRICK'S DAY FUNDRAISER

Saturday, March 7, 2026, 6:00 PM

Sacred Heart School Cafeteria

Corned Beef Dinner - Irish Music - BYOB

50/50 Raffle - Drawing at 8:00 p.m.

Gift Baskets Auction

Tickets for the dinner \$30 for Adults \$10 for
kids 12 and under and will go on sale shortly.

In conjunction with this major fund raising event, the parish is requesting donations for gift baskets that will be auctioned off that night. If you're interested in donating a \$25, \$50, or \$75 basket, please drop it off at the Parish Center. If you'd like to contribute new items to make up a gift basket, you can also drop them off at the Parish Center. If you have any questions, feel free to call Sabina at 862-249-1186. Thank you for your generosity which will contribute to the success of this fund raising which will benefit Sacred Heart Parish.

