



# Sacred Heart Church

## A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071  
 Phone: 201-438-1147 Fax: 201-507-5861  
[www.sacredheartlynd.org](http://www.sacredheartlynd.org)

### SERVED BY:

Rev. Theesmas Pankiraj  
 Pastor

Rev. Cesar Chen  
 Parochial Vicar

### PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio  
 Parish Manager  
[sacredheartchurch@comcast.net](mailto:sacredheartchurch@comcast.net)

### RELIGIOUS EDUCATION

Jazmin Mello  
 Parish Catechetical Leader  
 201-935-3094  
[religiousued@sacredheartlynd.org](mailto:religiousued@sacredheartlynd.org)

### SACRED HEART SCHOOL

Rita Naviello  
 Principal  
 201-939-4277  
[rnaviello@sacredheartlynd.org](mailto:rnaviello@sacredheartlynd.org)

### SMALL BLESSINGS DAY CARE 201-935-0506

### ARCHDIOCESE OF NEWARK 973-497-4000



## THE HOLY FAMILY

"Joseph rose and took the child and his mother by night and departed for Egypt." - Mt 2:14

December 28, 2025

### SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)  
 Monday - Friday: 12:00pm in the church  
 Saturday: 9:00am in the church,  
 5:00pm in church (Anticipated Mass of Sunday)  
 Holy Days & Holidays: As announced in Bulletin

### SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm  
 Daily: Upon request following the 12:00pm Mass

### SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

**Preparation:** in the church at 7:00pm

**Sacrament:** in the church at 3:00pm  
 Jan. 11, Feb. 8, Apr. 4, May 17, Jun. 14, Jul. 12

### SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

### SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

### R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

### PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

## THE HOLY FAMILY OF JESUS, MARY AND JOSEPH

The calendar year comes to an end and we gather to celebrate two special feasts in our Church: The Holy Family and that of Mary, the Mother of God. We celebrate the end of another year of pilgrimage in faith, and the beginning of a new year of our lives.

The feast of the Holy Family is a celebration of all families: not perfect families, not constantly serene families - but families just like ours. If we picture the family of Joseph of Nazareth as we have seen them depicted in works of art or statuary, it becomes very difficult to model our family lives around theirs.

They were, in fact, ordinary working people, called to an extraordinary mission. And they were subject to the ordinary failures of miscommunication, disappointments, worries, and disagreements of every family. However, they put their entire future, their entire trust, in the Spirit of God, who not only led them through their lives, but traveled alongside with them on their journey. Theirs was a family of love, respect and honesty, and not without turmoil.

Mary, as the Mother of our God, becomes our mother. It is she in whose arms the Babe nestled at birth, and in whose arms the crucified Son lay at the foot of the Cross. "Mary, the Mother of God" is perhaps the most significant of her titles - an ordinary girl called to bring forth the Word of Salvation - to care for Him, to nurture Him, to feed Him with the fruits of this life, so that He could feed others with the gift of Eternal Life.

This is traditionally the time of year for reflection - a time to look back at another year of life-experience and how we dealt with it; a time to measure our progress; and a time of resolve. In the life of the Church it is also a time of "new beginnings." The Season of Advent ushered in the new liturgical year; Christmastide reflects our affirmation of God made flesh, and we now begin the cycle anew.

It is very fitting that, as we move from the old year into the new, we recognize how intimately our lives are bound up with family. We are born into a family and reared in its environment; we move out and usually begin our own families. So many of the significant and Sacramental events of our lives are related to family members... baptisms, First Eucharist, Confirmation, Marriage, anniversaries, and deaths.

It is in the family that we first come to understand and experience community. In the loving, supportive environment of parents, brothers and sisters, grandparents, aunts and uncles, we come to appreciate our heritage and traditions. We are schooled in fundamental values. And usually, our initiation into the Christian faith is a very basic part of that early experience. It is our faith which will shape our outlook of the coming new year.

As the new year begins, we are setting out once again on a difficult and seemingly unmapped journey. We have no way of knowing where it will lead. There may be all sorts of surprises ahead, unsuspected discoveries and unwanted setbacks. We cannot know what events of this coming year will shape our lives. We wonder about our health, our wealth, our children, our parents, our schools, our jobs - and we cannot escape concern about the global family, about poverty, famine, war, oppression and disease.

We have a choice: we can be either optimistic or pessimistic. We can be hope-filled or despairing. We can trust in the abiding presence of our God or feel helplessly lost and alone. Our choice will, of course, fashion the spirit in which we spend each day of the coming year. It will also have an impact on those around us, and, ultimately, on the quality of life in our world.

Our journey through a new year, then, is not really unmapped. We know "The Way". So we move calmly and deliberately through each day. We are ready for whatever the turn in the road may bring. We are sure of the Lord's help to meet the unexpected failure or loss with courage. We know that there will be reasons for joy and gratefulness every day, if we just look with the eyes of faith.

May our families know his Love and Peace, today and always.

## Christmas Memorial Flowers

Your Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_

### In Memory of:

Other:\$ \_\_\_\_\_

_____	\$50
_____	\$35
_____	\$25
_____	\$20
_____	\$15
_____	\$10



## Christmas

News So Good. . .

It Takes A Whole Season  
To Celebrate It!

December 24th - January 11th

Christmas is one of the most important days of the Church year, second only to Easter itself. It is the feast of the incarnation, the feast of God becoming flesh (the Latin "in carne" means "enfleshment"). It is a uniquely Christian teaching, the Divine choosing to become one of us. Because of this belief, God is not only Transcendent, but also wholly Immanent, Emmanuel (God-with-us). While remaining Transcendent (meaning we must rise above our present condition to reach Him), He is at the same time Immanent (meaning He is with us as we rise toward Him). Every Eucharist is like Christmas where the bread and wine are transformed into His flesh, His Body and Blood, and, in a sense, He is born anew on the altar. *The liturgical season of Christmas begins with the vigil Masses on Christmas Eve and concludes on the Feast of the Baptism of the Lord (in 2025, January 11th).* During this season, we celebrate the birth of Christ into our world and into our hearts, and reflect on the gift of salvation that is born with him...including the fact that he was born to die for us. The Christmas tree and the Nativity scene are popular symbols of the season and a tradition in many Christian homes. It is also traditional to exchange Christmas gifts with family and friends as a way to honor God the Father's gift of his only son to the world. Having received the gift of Christ, we naturally want to pass that gift along to our loved ones.

-<http://www.usccb.org/prayer-and-worship/liturgical-resources/christmas/>

### A PRAYER FOR THE NEW YEAR

O God of new beginnings and wonderful surprises,  
thank you for the gift of a new year.

May it be a time of grace for me, a time to grow in faith  
and love, a time to renew my commitment to following  
Your Son, Jesus.

May it be a year of blessing for me, a time to cherish my  
family and friends, a time to renew my efforts at work,  
a time to embrace my faith more fully.

Walk with me, please, in every day and every hour of this  
new year, that the light of Christ might shine through me,  
in spite of my weaknesses and failings.

Above all, may I remember this year that I am a pilgrim on  
the sacred path to You.  
Amen.

### SACRED HEART

### HOME-SCHOOL

### ANNUAL TRICKY TRAY

**FRIDAY, JANUARY 16, 2026**

Tickets are \$20 per person - no one under 18 will be admitted. **Tickets are non-refundable.** Doors open at 5:30 pm. Tickets includes ticket for 1st level prizes, coffee/tea and dessert. If you are interested, please call the school office at 201-939-4277 or Patty at 201-803-9580. **Ticket deadline is January 4.**

### St. Patrick's Celebration - March 7th Your Help Makes A Difference Your Unwanted Christmas Gifts Needed

Before you put those unwanted Christmas gifts that you received in the back of your closet, consider donating them to our parish. All **NEW ITEMS** will be used to make baskets for raffle that we will have at our St. Patrick's Day Celebration. All items can be left near the shrine of the Sacred Heart in the back of the church.

If you would be interested in helping set-up, serve or clean-up at the event, please call the parish office.

### ONLINE GIVING AT SACRED HEART

Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: [sacredheartchurch@comcast.net](mailto:sacredheartchurch@comcast.net).

**Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.**

2. You can visit [www.sacredheartlynd.org](http://www.sacredheartlynd.org), our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

## PLEASE PRAY FOR OUR PARISH FAMILY

**SICK:** Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski, Josephine Burns, Arnulfo Orozco, Assunta Santangello, Clementine Vocaturo, Tin Maung Khin, Monroe Madsen, Ymilce Badia, Rita Blanco, Jeanette Tucci, Linda Kost

**DECEASED:** Antonia Coiro

### CHURCH BELLS CELEBRATE & COMMEMORATE



The Sacred Heart Church bell rings:

**TUESDAY, DECEMBER 30TH**

**In Honor of:** Arceli Vargas

**Donated by:** Charles Sofio

**WEDNESDAY, DECEMBER 31ST**

**In Honor of:** Fred J. Sabato

**Donated by:** Andrew & Rosemary Paleologos

### MEMORIAL DONATIONS

During the week of December 28th, the following items used for worship in our sanctuary were donated in the memory of a relative or friend or a special intention.

#### BREAD & WINE:

**In Honor of:** Arceli Vargas

**Donated by:** Celeste Cappadona & Charles Sofio

#### BREAD & WINE:

**In Honor of:** Arceli Vargas

**Donated by:** Celeste Cappadona & Charles Sofio

#### MASS CANDLES:

**In Honor of:** Arceli Vargas

**Donated by:** Celeste Cappadona & Charles Sofio

### PARISH OFFICE HOLIDAY HOURS

In observance of the Solemnity of the Blessed Virgin Mary, Mother of God, and the New Years holiday, the parish office will close at 2:00pm Tuesday, Dec. 30th. The office will reopen at 9:00am on Monday, January 5th.

**DECEMBER 28, 2025**



### THE HOLY FAMILY OF JESUS, MARY AND JOSEPH

#### Anticipated Sunday Mass

5:00pm Julian & Lorenza Duran

### SUNDAY - THE HOLY FAMILY OF JESUS, MARY AND JOSEPH

7:30am People Of Sacred Heart

9:00am Phyllis Hanratty

10:30 am Anne Montillo

12:00pm Rosemary Marranzino

1:30 pm Jesus Benitez (Living)

### MONDAY - Fifth Day with the Octave of the Nativity of the Lord

12:00pm Nenita A. Jacildone (Living)

### TUESDAY - Sixth Day with the Octave of the Nativity of the Lord

12:00pm Frank Di Preta

### WEDNESDAY - Seventh Day with the Octave of the Nativity of the Lord

12:00 pm Loretta & Michael La Pollo

#### Anticipated Holy Day Mass

5:00pm Meister & Vivas Families

### THURSDAY - THE OCTAVE DAY OF THE NATIVITY OF THE LORD, SOLEMNITY OF MARY, MOTHER OF GOD

9:00 am Arceli Vargas

10:30 am Kenneth Kanya

12:00pm Scardino, Pereira &  
Alongi Families

### FIRST FRIDAY - St. Basil the Great and Gregory Nazianzen, Bishops and Doctors of the Church

12:00pm Thomas Walsh

### FIRST SATURDAY - Christmas Weekday/ The Most Holy Name of Jesus

9:00am Purgatorial Society

#### Anticipated Sunday Mass

5:00pm Mr. & Mrs. Fred Giordano (Living)

### SUNDAY - THE EPIPHANY OF THE LORD

7:30am People Of Sacred Heart

9:00am Thomas Nelson

10:30 am Catherine Rullo

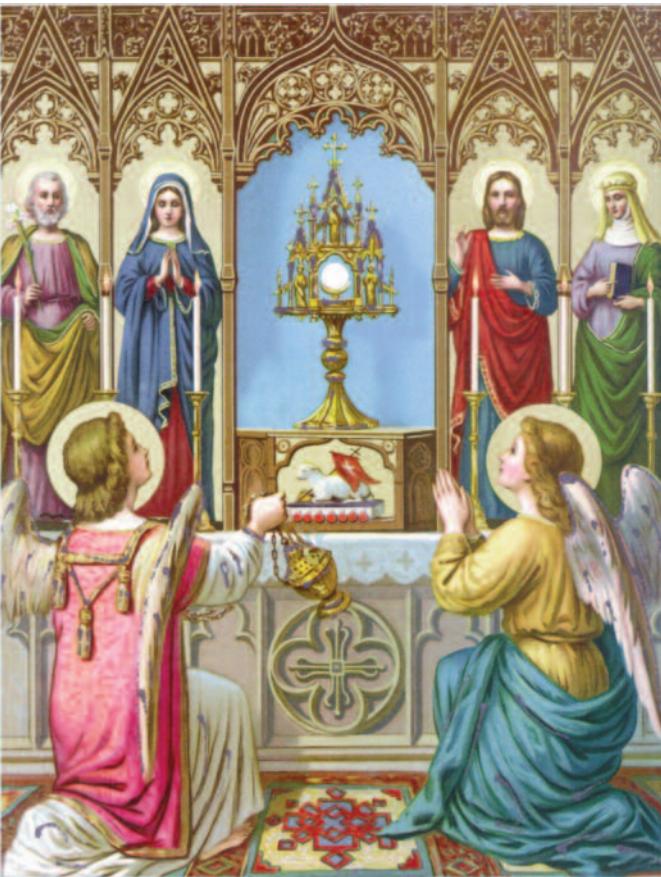
12:00pm Phyllis & Ed Hanratty

1:30 pm Maria Da Silva



## SOLEMNITY OF MARY THE HOLY MOTHER OF GOD HOLY DAY OF OBLIGATION

Begin the New Year reflecting on our Blessed Mother and thanking God for the gift of a new year in our Father's house. **Masses for the Holy Day Obligation** will be on **Wednesday, Dec. 31st at 5:00PM** and on **Thursday, Jan. 1st at 9:00AM, 10:30AM, and 12:00 Noon.**

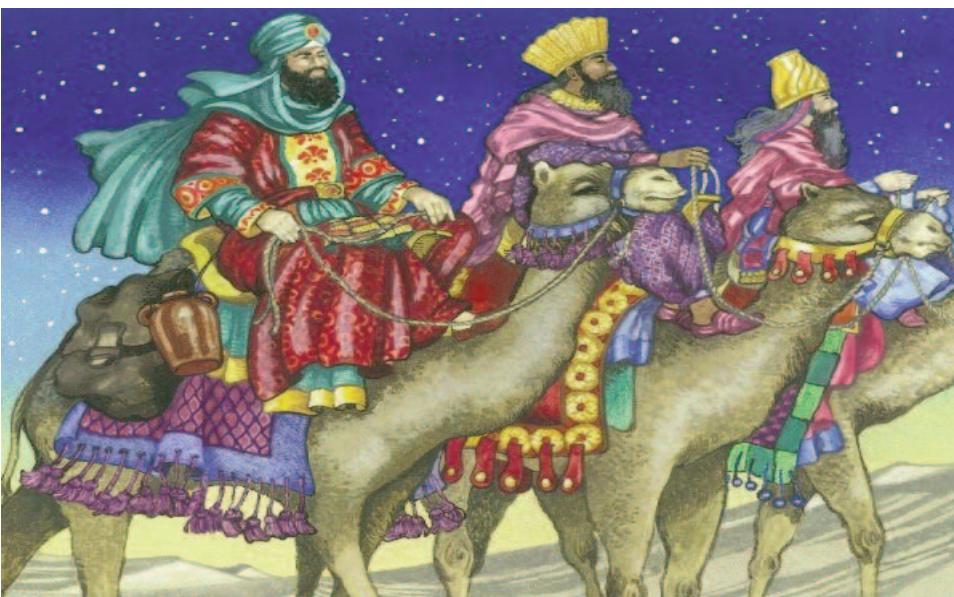


*O come let us adore Him,  
Christ the Lord!*

*Weekly Eucharistic Adoration  
Fridays after the 12:00 PM Mass*

"And the Word was made flesh. This became reality in the stable of Bethlehem. But it has also been fulfilled in another form. "He who eats my flesh and drinks my blood has eternal life." The Savior, knowing that we are and remain people who have daily to struggle with our weaknesses, aids our humanity in a manner truly divine. Just as our earthly body needs its daily bread, so the divine life in us must be constantly fed. This is the living bread that came down from heaven. If we make it truly our daily bread, the mystery of Christmas, the incarnation of the Word, will daily be re-enacted in us. And this, it seems, is the surest way to remain in constant union with God, and to grow every day more securely and more deeply into the mystical Body of Christ. The Christian mysteries are an indivisible whole. If we become immersed in one, we are led to all the others. Thus the way from Bethlehem leads inevitably to Golgotha, from the crib to the cross. The way of the incarnate Son of God leads through the cross and passion to the glory of the resurrection. In his company the way of every one of us, indeed of all the human race, leads through suffering and death to this same glorious goal."

-St. Teresa Benedicta (Edith Stein)



**SAVE THE DATE**  
**Special Visitors**  
**Coming To Our Parish**  
**Sunday, January 4th**  
**At 3:00 PM**

The Three Kings will stop by our church on their way to adore the Christ Child on Sunday, January 4th at 3:00 PM. All are invited to come and greet them. The children of our parish family are encouraged to write letters to Kings and to give them to the kings when they visit and they will receive a gift from the kings.