



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theesmas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Jazmin Mello
Parish Catechetical Leader
201-935-3094
religioused@sacredheartlynd.org

SACRED HEART SCHOOL

Rita Naviello
Principal
201-939-4277
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SMALL BLESSINGS DAY CARE
201-935-0506

ARCHDIOCESE OF NEWARK
973-497-4000



3RD SUNDAY OF ADVENT

"Among those born of women there has been none greater than John the Baptist; yet the least in the kingdom of heaven is greater than he." - Mt 11:11

December 14, 2025

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Jan. 11, Feb. 8, Apr. 4, May 17, Jun. 14, Jul. 12

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

THIRD SUNDAY OF ADVENT GAUDETE SUNDAY

We are an Advent people who live in hope and trust in God's promises. The spirit of the Advent season is filled with images of some of the most powerful examples of this hope and trust. Two of the most important are the prophet Isaiah and John the Baptist.

Isaiah was witness to one of the most turbulent periods in the history of Israel, from both the religious and the political standpoint. Yet he was a beacon of hope for his people. He speaks of the nearness of God. He proclaims the truth about a God who takes an active part in the daily lives of his people - a God who comes to save. He opens the eyes of the blind, he clears the ears of the deaf, makes the lame walk and the mute speak.

Many years later the Baptist is full of questions. He wants to know who Jesus is and so he sends his followers to find out and to ask what can be expected from him.

Jesus proclaimed a vision of God's truth as it applies to human activity and relationships, proclaiming this truth publicly and courageously and in the face of constant threat and opposition. His mission was one of service to the poor and the desolate and of comforting His people. It was a proclamation that their slavery to sin and death had come to an end. It was a call to rejoice, for like a shepherd feeding his flock, the glory of the Lord was truly revealed.

He sends John's disciples back to report about what they saw. Isaiah's prophecy was fulfilled when people met Christ, "Here is your God... who comes to save you." And like them, we too are to "go and tell" what we have seen and heard in Christ. We do this by: giving sight to those who cannot see; by enabling the physical and emotional crippled, communicating with those who are disenfranchised by church and society and by finding ways to give value to human life.

People will never believe us until they can see our lives as authentic sign of Jesus' on-going presence in the world, until they see us guiding the footsteps of the blind, carrying the crippled to places where they can receive help, and finding ways to help the voices of the poor be heard.

We are, indeed, an Advent people. But we are also a messianic people who pray today to be faithful signs to the world that the ancient longings of an exiled people have been fulfilled in Jesus Christ. The Advent scriptures challenge us to live the mystery of Christ in our time as we too "Go and tell others."

Advent calls each of us to transformation, to contribute to a critical mass which might just tip the balance of the global scales towards harmony and peace rather than discord, division and irretrievable destruction.

Our God is the God of life, abundance, deliverance and joy. That's the Good News that consoles us, gives meaning to our lives and challenges us to cry out: "Be strong, fear not; Here is your God."



Christmas Memorial Flowers

Your Name _____

Address _____

City/State/Zip _____

Phone _____

In Memory of: _____ Other:\$ _____

_____ \$50

_____ \$35

_____ \$25

_____ \$20

_____ \$15

_____ \$10

PURGATORIAL SOCIETY

*The following deceased have been enrolled in the
Sacred Heart Purgatorial Society:*

LENORE ALONSO-req.by-Evelyn Principato

MARK ESPOSITO-req.by-Tobiason Family

DAGMAR MENDOZA-req.by-Gloria Sanchez

ARCELI VARGAS-req.by-Nilde Coiro &

Family, Rose Di Lalla, Luis & Joselina

Hernandez, Bill & Barbara Whitford

GERTRUDE WUNDER-req.by-Nancy, Janice,

Maryann, Barbara, Pam & Al

NEXT COR MEETING

The Lyndhurst Knights of Columbus invite all Catholic men to attend the next meeting of "Cor", a new, monthly program intended to help focus men on Jesus by building Christ-centered brotherhood through a flexible framework of prayer, formation and fraternity. The next meeting will take place on **Thursday, December 18th at 7:30pm** at the Sacred Heart Church Convent Building, near the back of the Church's parking lot, 324 Ridge Road, Lyndhurst. Refreshments will be served. The Knights invite all Catholic men to attend this inspirational meeting. Knights of Columbus membership not required!

In order to understand more about COR, please visit:

<https://www.kofc.org/en/who-we-are/our-faith/cor.html>

We ask that if you do wish to attend, please fill out the registration link: <http://linktr.ee/council2396>

AN ANCIENT ADVENT TRADITION THE "O ANTIPHONS"

During the final days of Advent, the anticipation increases as the birth of the Savior draws nearer and nearer. In the final eight days (octave) before Christmas, this anticipation is marked by something special that happens in the prayers of the Liturgy of the Hours.

The antiphons of the Evening Prayers (Vespers) during the week before Christmas all welcome the birth of the Savior by heralding one of His resplendent Biblical titles along with a special petition in light of that title. It is a liturgical tradition started in the earliest centuries of the Church and continues in monasteries and convents today, and even in homes of the Catholic faithful who make the Liturgy of the Hours a part of their daily prayers.

The O Antiphons are special because each one emphasizes a different prophetic title of the soon-to-be-born King of Kings as foreshadowed in the Old Testament by the prophet Isaiah: Wisdom, Lord of Israel, Root of Jesse, Key of David, Radiant Dawn, King of All Nations, and Emmanuel. Additionally, the ancient monks who first assembled the O Antiphons were very creative with the order in which they are prayed. If one takes the first letter of each antiphon (in the Latin) starting from the last to the first, the word ERO CRAS is formed which translates, "Tomorrow I will come." The last antiphon is prayed on the final day before the Christmas Eve Vigil.

December 17

O Wisdom, O holy Word of God, you govern all creation with your strong tender care. Come and show your people the way to salvation.

December 18

O sacred Lord of ancient Israel, who showed yourself to Moses in the burning bush, who gave him the holy law on Sinai mountain: come, stretch out your mighty hand to set us free.

December 19

O Flower of Jesse's stem, you have been raised up as a sign for all peoples; kings stand silent in your presense; the nations bow down in worship before you. Come, let nothing keep you from coming to our aid.

December 20

O Key of David, O royal Power of Israel controlling at your will the gate of heaven: come, break down the prison walls of death; and lead your captive people into freedom.

December 21

O Radiant Dawn, splendor of eternal light, sun of justice: come, shine on those who dwell in darkness and the shadow of death.

December 22

O King of all the nations, the only joy of every human heart; O Keystone of the mighty arch of man, come and save the creature you fashioned from the dust.

December 23

O Emmanuel, king and lawgiver, desire of the nations, Savior of all people, come and set us free, Lord our God.

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski, Josephine Burns, Arnulfo Orozco, Assunta Santangelo, Clementine Vocaturo, Tin Maung Khin, Monroe Madsen, Ymilce Badia, Rita Blanco, Jeanette Tucci, Linda Kost

DECEASED: All those from our parish family the Lord has called home

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:



TUESDAY, DECEMBER 16TH

In Honor of: Ida Stathis

Donated by: Rosemary & Andrew Paleologos

HOLIDAY FAVORITES AT THE CATHEDRAL BASILICA IN NEWARK

The 53rd Candlelight Carol Sing - Wed. Dec. 17 & Thu. Dec. 18 at 8:00 PM

The ambiance of candle light and seasonal decor, along the Cathedral Choir, organ, instrumentalists and thousands of participants combine to create an event not to be missed. [Free Will Offering](#)

SACRED HEART HOME-SCHOOL ANNUAL TRICKY TRAY FRIDAY, JANUARY 16, 2026

Sacred Heart Home -School Association presents their Annual Tricky Tray on Friday, January 16, 2026 at Sacred Heart School, 620 Valley Brook Ave, Lyndhurst. Tickets are **\$20 per person - no one under 18** will be admitted. **Tickets are non-refundable.** Doors open at 5:30 pm. Tickets includes ticket for 1st level prizes, coffee/tea and dessert. If you are interested, please call the school office at 201-939-4277 or Patty at 201-803-9580. **Ticket deadline is January 4. No tickets available at the door. No alcoholic beverages.**



SAVE THE DATE SUNDAY, JAN. 4TH 3:00 PM

The Three Kings will visit our parish on their way to adore the Christ Child. Bring the kids and grandkids to meet them!

DECEMBER 14, 2025



THIRD SUNDAY OF ADVENT

Anticipated Sunday Mass

5:00pm Frank Carucci

SUNDAY - THIRD SUNDAY OF ADVENT

7:30am People Of Sacred Heart

9:00am Anne Montillo

10:30 am Anne Montillo

12:00pm Mr. & Mrs. Fred Giordano (Living)

1:30 pm Brian Garcia (Living)

MONDAY - Advent Weekday

12:00pm Renee Rao

TUESDAY - Advent Weekday

12:00pm Julian & Lorenza Duran

WEDNESDAY - Late Advent Weekday

12:00pm Angel Pagan (Living) &

Perry Cerf (Living)

THURSDAY - Late Advent Weekday

12:00pm Meagan Valente

FRIDAY - Late Advent Weekday

12:00pm Meister & Vivas Families

SATURDAY - Late Advent Weekday

9:00am Geraldine Guidetti - Riley

Anticipated Sunday Mass

5:00pm Mr. & Mrs. Fred Giordano (Living)

SUNDAY - FOURTH SUNDAY OF ADVENT

7:30am People Of Sacred Heart

9:00am Anne Montillo

10:30 am Marcos Urena

12:00pm Lejda & O'Mara Families

1:30 pm Pablo Rodriguez

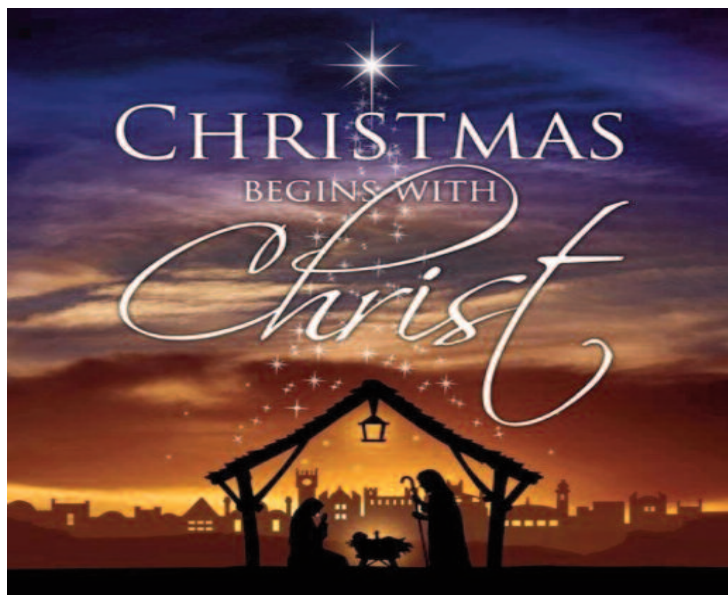
STEWARDSHIP

November 30th

Sunday - \$5,869

Nat'l Shrine Imm. Concep - \$787

Reminder: We need \$7,900 in the Sunday Collection to cover our budgeted expenses. Thank you for your continued generosity!!



Christmas Mass Schedule

Wednesday, December 24th

5:00 PM - Vigil Mass

12:00 AM - Midnight Mass

(The Mass at 9:00 AM on December 24th is for the last day of Advent. It IS NOT a Christmas Mass and does not fulfill the obligation to attend Mass on Christmas)

Thursday, December 25th

7:30 AM, 9:00 AM

10:30 AM, 12:00 PM, 1:30 PM (Spanish)



Food Pantry Update

"Whatever you did for one of the least of these brothers and sisters of mine, you did for me" Matthew 25:40

Our Parish Family Food Pantry food distribution date for Christmas is December 20th.

We are stocking up the pantry for Christmas and the winter season. Can you help us assist our brothers and sisters struggling with food insecurity to have a merrier Christmas?

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans. *Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.* Food items can be left near the shrine of the Sacred Heart in the back of the church. Thanks to all for the donations which help keep our food pantry stocked!

We would not be able to help our brothers and sisters struggling with food insecurity without you! Thanks to ALL for the donations which help keep our food pantry stocked all year round! *As a reminder, we are unable to package out-of-date food products for distribution to our families.*

CANDLELIGHT CAROL SING - CATHEDRAL BASILICA IN NEWARK BUS RESERVATION

Wednesday, December 17th, 5:30 PM Deadline December 14th

The ambiance of candle light and seasonal decor, along with the Cathedral Choir, organ, instrumentalists and thousands of participants combine to create an event not to be missed.

If you would like to attend and would like to take a bus from the parish instead of driving to Newark, please complete the form below. Completed forms can be placed in an envelope and marked Bus Reservation and put in the collection basket by Dec. 14th. **Please be at the parish by 5:30 PM.** For questions or more information call Marge 201-981-6734. **The bus fee: \$20 Adult \$10 Children 12 and Younger**

Bus Reservation for Carol Sing Dec. 17th

Name _____

Phone _____

of Adults _____ x \$20 #of Children _____ x \$10

Cash or Checks payable to Sacred Heart Church