



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theesmas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Jazmin Mello
Parish Catechetical Leader
201-935-3094
religioused@sacredheartlynd.org

SACRED HEART SCHOOL

Rita Naviello
Principal
201-939-4277
rnaviello@sacredheartlynd.org

SMALL BLESSINGS DAY CARE
201-935-0506

ARCHDIOCESE OF NEWARK
973-497-4000



33RD SUNDAY IN ORDINARY TIME

"It will lead to your giving testimony. Remember, you are not to prepare your defense beforehand, for I myself shall give you a wisdom in speaking that all your adversaries will be powerless to resist or refute." - Lk 21:13-15

November 16, 2025

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Dec. 7

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

THIRTY-THIRD SUNDAY IN ORDINARY TIME

November is a transitional time of year. Most all of the trees have lost their leaves, the weather is getting colder and more brisk, and we look to the rapidly approaching winter. In November, everything seems a bit quieter. It's supposed to be a good time to "take stock" - to think about being thankful for the events of the past year, and of looking forward in hope to the coming of a new year.

It doesn't always work out that way, and it certainly isn't that easy a thing to do. This November marks another year of unrest, of political division and uncertainty, a sense of powerlessness, fear and perhaps despair. Once again, it has not been the best of years for our nation and our broken world. One simply needs to turn on the television, to open the daily newspapers or check in with social media to know that it will be difficult - if not impossible - for many to find any source of joy and hope when this year comes to an end.

In the Gospel for this weekend, we are asked to think about some pretty difficult things: "Nation will rise against nation, and kingdom against kingdom. There will be powerful earthquakes, famines, and plagues from place to place and awesome sights and mighty signs will come from the sky." The readings seem to be all about terrible loss, nightmare, and calamity. The message of the Gospel has never seemed more apropos. As the reading from Malachi says: "Behold, the day is coming!"

Although it is not pleasant to reflect on all of these images, it's important for us to do so.

Being a disciple implies that one has to make hard choices. We will not always get what we want. We may find ourselves at odds with others who do not share our values. It's not easy. It's never easy to do what needs to be done, to say what needs to be said, to work things out when it bothers us to compromise.

And then again, it's not easy to wait. It's not easy to be out of control, to be without power. It's not easy to allow another, even God, to have the final word. It is not easy to forgive those who wrong us. And yet Jesus tells us: "By your perseverance you will secure your lives."

Jesus lived His life fully, celebrating each moment, each encounter, and each relationship with joy. He embraced human experience, drank deeply of human emotions, was nourished and comforted by human love. But He was always looking into the eyes of His Father. He was always conscious of the circle of His human existence, leading Him from God back to God.

This is how we are supposed to live our lives. Through all of the trials and sufferings we experience in our broken world, we are called to celebrate life with joy. We are to bear faithful witness to the Gospel by our lives of hope and unselfish love. We are pilgrims on a journey and we are not always perfect. But we are filled with hope by our faith in the Jesus who lives and breathes among us.

We should "look to the signs" not in terms of destruction and tragedy, but in the joyful hope of Christ's saving Love. We must continue to do our best to counter terror with courage, to work for peace even now at a time of war and a threat of war, to trust in God when so many good people have suffered and died. God is not asleep, nor indifferent to our world. Things may never be right with this world. But they are not hidden from God, even if God seems to be delaying in rescuing us.

As we approach the end of another event-filled year, we are again reminded that God has given us all we need to take hold of the Kingdom.

5K WALK-RUN A SUCCESS

Our parish family was blessed with beautiful weather as **95 runners and walkers** gathered at the Recreation Center on Valley Brook Ave for Sacred Heart's Annual Family Fun 5K Walk-Run on the morning of November 1st. Everyone enjoyed a morning of fun whether it was striving for a "personal best time" running or taking a walk with family or friends. Afterwards many participants took the opportunity to socialize and catch up with others that they don't see regularly. **Thanks to the generosity of all who participated and our generous sponsors of this event the parish made a profit of \$9,058.**

We thank and bless: the Lord for giving us the perfect weather for our event, the **5K Committee: Mike DeFrancesco, John Khin, Sabina Prendergast, Lou Stellato and Patty Uykan** for giving of their time, talent, and treasure without which this event could not have been possible, **Victor Giordano** for giving his time and talent to DJ at the event, the **Lyndhurst Police Department and Emergency Squad** for their help with the race course and keeping us safe during the event, the **Lyndhurst Parks Department** for their help and hard work with coordinating the use of the Recreation Center, and **ALL who gave their time and talent to volunteer at the event. We thank and bless all who supported the 5K by coming out to run or to walk and all those who came to support a runner or walker and those who just came by to have a morning of fun with us.**

We thank and bless the sponsors listed below who helped to make this event such a success:

BCB Bank

Nazare Memorial Home, Inc.

Ippolito Stellato Funeral Homes, Inc

Kessler Rehabilitation Center of Lyndhurst

Knights of Columbus, Lyndhurst Council #2396

Villa Italia

LIV Physical Therapy

Vinnie Mootz

In Memory of Navatta & Isoldi Family

Paris Baguette Bakery Cafe of Clifton

Exclusive Stoneworks Custom Hardscapes

Art of Dance

Boost Fitness

More Group Fire Protection Engineering

Legacy Memorial Group

Plaid Motors Auto Body

Ridgehurst Auto Parts

Shop Rite of Lyndhurst

Stew Leonard's of Clifton

Stop & Shop of Lyndhurst

Thera Physical Therapy

Please patronize them and thank them when you do!

THE GIVING TREE BRING SOME CHEER TO SOMEONE IN NEED

Just before you know it Christmas will be upon us, which means it is time for the annual **Sacred Heart Giving Tree**. Please help those in need have a merrier Christmas by taking a tag and purchasing a **new gift**.

You will have between **November 22nd & November 30th** to select a tag. Please make sure the gift is wrapped and the tag is securely fastened to the gift so the contents can be easily identified. **All gifts need to be returned under the tree by no later than Sunday, December 7th** so they can be delivered on time.

Thank you again for your generosity and overwhelming response to this wonderful project.

For security reasons, we are asking that all gifts be brought to the church on Saturday evenings or Sunday mornings only so that volunteers can pick them up promptly and store them in a secure area.

WE ARE HIS WITNESSES

You can stay up to date and keep informed about the We Are His Witnesses process that is reshaping our Archdiocese and parish by visiting the website <https://rcan.org/we-are-his-witnesses>. If you didn't have any opportunity to give your feedback at one of our Listening Sessions or would like to share more information you can visit <https://form.jotform.com/252584755359168> now until Thanksgiving.

THE PARISH FAMILY OF SACRED HEART INVITES YOU TO FIESTA GUADALUPE

**Sunday, DECEMBER 7, 2025 - 3:00 PM
SACRED HEART SCHOOL CAFETERIA
620 VALLEY BROOK AVE**

Join us as we celebrate Our Lady of Guadalupe with GREAT MUSIC and FOOD with a Latin Flair, raffles and other entertainments.

**Tickets will be sold after the Sunday Masses in the Main Vestibule of the Church or call the parish office
201-438-1147**

Adult \$25.00 Children \$10

For Donations (Monetary, Raffle Items, Food) please contact: Maria & Veronica at the parish

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski, Josephine Burns, Arnulfo Orozco, Assunta Santangelo, Clementine Vocaturo, Tin Maung Khin, Monroe Madsen, Ymilce Badia, Rita Blanco

DECEASED: Victor Frangipane, Michael Tabak, Frances Rodriguez

NEXT COR MEETING

The Lyndhurst Knights of Columbus invite all Catholic men to attend the next meeting of "Cor", a new, monthly program intended to help focus men on Jesus by building Christ-centered brotherhood through a flexible framework of prayer, formation and fraternity. The **meeting will take place on Thursday, November 20th at 7:30pm at the Sacred Heart Church Convent Building, near the back of the Church's parking lot, 324 Ridge Road, Lyndhurst.** This very impactful program will include elements of prayer and the rosary, and will offer men the opportunity to pray together, and to strengthen their faith, as well as to strengthen their bonds of brotherhood. Refreshments will be served.

To learn more about COR, please visit:

<https://www.kofc.org/en/who-we-are/our-faith/cor.html>

If you do wish to attend, please fill out the registration with this link:
<http://linktr.ee/council2396>

Food Pantry Update

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans. *Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.* Food items can be left near the shrine of the Sacred Heart in the back of the church. Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help our brothers and sisters struggling with food insecurity without you!**

As a reminder, we are unable to package out-of-date food products for distribution to our families.

CASINO NIGHT FUNDRAISER

CBH Care, which originated in Lyndhurst, a provider of mental health treatment and services, is having a CASINO NIGHT Fundraiser at The Graycliff in Moonachie on Thursday, November 20, 2025.

Tickets are \$200 which includes Dinner, Dessert, Play Money and a Tricky Tray. If you would like to purchase a ticket please contact Denise Morelli at (201) 775-6335.

NOVEMBER 16, 2025



THIRTY-THIRD SUNDAY IN ORDINARY TIME

Anticipated Sunday Mass

5:00pm Natalina, Jack & Joseph Navatta

SUNDAY - Thirty-Third Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am George Dowling

10:30 am Marita Carucci

12:00pm Teresita Aquino

1:30 pm Rusbel Mendez

MONDAY - St. Elizabeth of Hungary, Religious

12:00pm James Francis Monaghan

TUESDAY - Weekday/The Dedication of the Basilicas of Sts. Peter and Paul, Apostles/ St. Rose Philippine Duchesne, Virgin

12:00pm Donna & Paquale Accola

WEDNESDAY - Weekday

12:00pm Pina Episcopo

THURSDAY - Weekday

12:00pm Alfonso Demilio

FRIDAY - The Presentation of the Blessed Virgin Mary

12:00pm Anna & Joseph Bambo

SATURDAY - St. Cecilia Virgin and Martyr

9:00am Emma Maldonado

Anticipated Sunday Mass

5:00pm Beatriz R. Arcos & Norman G. Arcos

SUNDAY - OUR LORD JESUS CHRIST, KING OF THE UNIVERSE

7:30am People Of Sacred Heart

9:00am Franco Piccirillo

10:30 am Domingo Rivera

12:00pm John Valente & Al Alberti

1:30 pm Amador Castelo Rodriguez

STEWARDSHIP

Sunday - \$6,224

Diocese of Military - \$1,509

Add'l Assessment Saints - \$311

Sacred Heart Church

CHRISTMAS

MEGA 50/50

WIN
UP TO
\$5,000!*

All Proceeds Benefit Sacred Heart Church

Only 200 tickets will be sold.
Each ticket is \$50.00 for the
chance to win up to \$5,000*.

Drawing will be held on December 12, 2025
in the Parish Center at 7pm.
Winner need not be present to win.

*Final Prize will be 50% of ticket sales

ID #273-1-1033 • RL #-2624

2 WAYS TO PLAY!



1. BY MAIL/BASKET

Fill out the attached ticket request form and return
with your check made payable to Sacred Heart Church

Place in the **basket** or **mail** to:

Sacred Heart Church
324 Ridge Road • Lyndhurst, NJ 07071
Attention: MEGA 50/50 Raffle

2. ONLINE (Credit Card Only)

Visit https://bit.ly/SHC_CHRISTMAS_MEGA



or Scan this code on your
smart phone to order online!

Your tickets will be mailed to you.

Any questions please email Charlie Sofio at: sacredheartchurch@comcast.net

Full Name*: _____

Address*: _____

Zip Code*: _____

Phone*: _____

Email address*: _____

Name and Phone Number to be put on each ticket if different than above. (please print clearly)

1. _____

2. _____

3. _____

of Tickets Requested: _____ Total amount of money enclosed: _____

Name on Credit Card*: _____ Exp Date*: _____

Credit Card #: _____ Security (CVV) Code*: _____

*Fields MUST be filled out