



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theesmas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Jazmin Mello
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Rita Naviello
Principal
201-939-4277
rnaviello@sacredheartlynd.org

SMALL BLESSINGS DAY CARE
201-935-0506

ARCHDIOCESE OF NEWARK
973-497-4000



SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Nov. 9, Dec. 7

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

THIRTIETH SUNDAY IN ORDINARY TIME

For centuries our Church and our cultures have taught us about the "correct" way to approach God (by whatever name He is known). Different societies, ethnic groups and even different religions have come up with "standard" means of practicing prayer and ways of communicating with the transcendent. Men and women throughout history have sought different ways to "find themselves," to gain nirvana, to get to heaven. Prayer was always considered the first step in the journey.

The truth is people today are seeking, as people always have, a way of knowing and caring and living that is better, more fulfilling and more fully human. We all need to be reassured that our values and our traditions are still alive within the community of mankind despite what is blasted out upon us in our news and social media. One of these values is that of prayer.

The Gospel today gives us two examples of prayer and speaks to us all. There is a tragic flaw in the Pharisee's prayer. He seems to have practiced his religious observances beyond what was expected of a good Jew and he was proud of that fact. But he has lost a deeper sense of who God is and where God's heart lies. The parable shows where God's heart lies. It is with the repentant tax collector.

The whole point of both the Old and New Testaments is not to tell us how sinful we are or how weak we are. It is not to paint a picture of a God of wrath and judgement, but to constantly remind us that *God's explosion into our lives happens because His love cannot be contained.*

One of the reasons we pray is to be open to God's voice and stirrings in our heart. Prayer can change us, make us more aware of how God has often forgiven us and, as a result, make us more forgiving and compassionate towards others in their struggles to change their own lives.

Prayer is paying attention to the presence of God. It is tending toward the presence of God. It is intending God's presence. It is being tender with God's presence and being able to live with the tension of God's presence. It is living intensely with God's presence.

The Christian understanding of prayer is one where, even though it involves our active participation, it is an event where God has the primary role. He is the Initiator of our prayer, and prayer is always a response to His invitation. In order to respond, we first must listen, be attentive, to tune in to the power of the Spirit within us already.

Prayer, in this sense, is not so much something we do, but rather a way of seeing and hearing what in fact is already being done.

God is present to us in the most un-magnificent and most ordinary ways. We must be attentive to that presence, because that presence is elusive and fragile and easily missed. Each of us is different, and we each live different styles of life within the community of faith. What the practice of prayer means for each of us will vary also. It may all look different or take different forms, but it will be, finally, the same thing. It will be being attentive to the presence of God in our lives. It will involve being faithful to Him, to ourselves and to one another. It will be both the joy of the mountaintop and the drought of the desert.

But in the end, it will be the prayer of the Spirit who lives within us and who cries out, "Abba, Father!"

6th Annual **E**ucharistic Procession for Conversion



3pm **Sunday**, November 2, 2025

- 1st Station: St. Stephen's Roman Catholic Church
Kearny, NJ
- 2:30PM Silent Adoration at St. Stephen's
- 3:00PM Eucharistic Procession commences from St. Stephen's
- 3:45PM 2nd Station: Queen of Peace Church
North Arlington, NJ
- 4:15PM 3rd Station: Holy Cross Cemetery
North Arlington, NJ
- 4:45PM 4th Station: St. Michael the Archangel Roman Catholic Church
Lyndhurst, NJ
- 5:00PM 5th Station: Sacred Heart Church
Lyndhurst, NJ

For more information, text 201.893.2820
or email renewUS@protonmail.com

DAYLIGHT SAVINGS TIME ENDING

Daylight Savings Time will end next Sunday, November 6th at 2:00AM. **Please remember to set your clocks BACK one hour next Saturday, November 5th before going to bed.** It is also a good time to change batteries in smoke and CO2 detectors.



COMING SOON

Christmas Mega 50/50 Raffle

An Opportunity To Win \$5,000 And
Make \$5,000 For Our Parish
Just In Time For Christmas

\$50 Per Ticket

Only 200 Tickets Will Be Sold

Increasing Your Odds Of Winning

If We Are Successful In Selling ALL 200 Tickets

\$5,000 Will Go To The Winner And

\$5,000 Will Go To The Parish

ONLINE GIVING AT SACRED HEART



Did you know you can give online to our parish with Zelle, or with a debit or credit card? Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacred-heartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

ETERNAL REST GRANT UNTO THEM O, LORD . . . ALL SOULS NOVENA

Our parish's All Souls Novena for the blessed repose of the Faithful Departed will begin on Sunday, Nov. 2nd at the 9:00 AM Mass and will continue Monday, Nov. 10th. You can enroll your loved ones in this novena by using the special envelopes included in your box set. The offerings received in these envelopes will be distributed to the priests of the parish, who will offer prayers for the intentions of the loved ones for whom the offerings have been made.

ALL SAINTS DAY IS IT A HOLY DAY OF OBLIGATION?

This Saturday, Nov. 1st, is the Solemnity of All Saints, and is usually considered a Holy Day of Obligation meaning the faithful are obliged to attend Mass. However since Nov. 1st falls on a Saturday this year, it remains a holy day but the obligation to attend Mass has been abrogated by the United States Conference of Catholic Bishops meaning **attendance at Mass is NOT an obligation.**

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski, Josephine Burns, Arnulfo Orozco, Assunta Santangelo, Clementine Vocaturo, Tin Maung Khin, Monroe Madsen, Ymilce Badia, Rita Blanco

DECEASED: All those from our parish family the Lord has called home

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:

SUNDAY, OCTOBER 19TH

In Honor of: David Cuce

Donated by: Rosemary & Andy Palelogos



FIESTA GUADALUPE SUNDAY, DECEMBER 7

Our parish's very popular fundraiser, Fiesta Guadalupe will be back again this year on **Sunday, Dec. 7, at 3:00 PM.** Be sure to put it in your calendar now. Tickets will go on sale shortly.

Food Pantry Update

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans. *Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.* Food items can be left near the shrine of the Sacred Heart in the back of the church. Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help our brothers and sisters struggling with food insecurity without you!**

As a reminder, we are unable to package out-of-date food products for distribution to our families.

CASINO NIGHT FUNDRAISER

CBH Care, which originated in Lyndhurst, a provider of mental health treatment and services, is having a CASINO NIGHT Fundraiser at The Graycliff in Moonachie on Thursday, November 20, 2025.

Tickets are \$200 which includes Dinner, Dessert, Play Money and a Tricky Tray. If you would like to purchase a ticket please contact Denise Morelli at (201) 775-6335.

OCTOBER 26, 2025



THIRTIETH SUNDAY IN ORDINARY TIME

Anticipated Sunday Mass

5:00pm Mary Paolazzi

SUNDAY - Thirtieth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Loretta & Joseph Dietz

10:30 am Rosemary Marranzino

12:00pm Antoinette & Michael Di Preta

1:30 pm Francisco Lino

MONDAY - Weekday

12:00pm Julian & Lorenza Duran

TUESDAY - Sts. Simon and Jude, Apostles

12:00pm Adam, Dorothy, & Art Hambach

WEDNESDAY - Weekday

12:00pm John Manzo

THURSDAY - Weekday

12:00pm Mary Petti

FRIDAY - Weekday

12:00pm Amalia de Vivas

FIRST SATURDAY - All Saints

9:00am Purgatorial Society

Anticipated Sunday Mass

5:00pm Mary Paolazzi

SUNDAY - All Souls Day

7:30am People Of Sacred Heart

9:00am Faithful Departed

10:30 am Theresa & John Simonak

12:00pm Salvatore A. Catena, Jr.

1:30 pm Alfonso Lino

STEWARDSHIP

Sunday - \$5,890

World Mission - \$1,493

Reminder: We need \$7,900 in the Sunday Collection to cover our budgeted expenses. Thank you for your continued generosity!!



FUN
MUSIC
GAMES
PRIZES

SACRED HEART CHURCH

11.25 5K RUN WALK

SPONSORED BY
BCB Bank
Lyndhurst Recreation Center
862 Valley Brook Avenue
Lyndhurst, NJ US 07071

Registration at 9:00am
Run starts at 10:00am
(comes with a shirt)
Rain or Shine
Open to All Ages!



FOR INFO AND
TO REGISTER ONLINE:
<http://bit.ly/shc5k2025>



Questions?
Email Charlie Sofio at:
sacredheartchurch@comcast.net

OR REGISTER BY MAIL/BASKET

Fill out the attached ticket request form and return
with your **check made payable to Sacred Heart Church**

Place in the **basket** or **mail** to:
Sacred Heart Church
324 Ridge Road • Lyndhurst, NJ 07071
Attention: 2025 5K

☐ **I am interested in
volunteering at this event.**

of People Registering (\$40 each)*: _____ Total amount of money enclosed*: \$ _____

Indicate a shirt size for each entrant (ADULT: S / M / L / XL)*: _____

Full Name*: _____

Address*: _____

Zip Code*: _____

Phone*: _____

Email address*: _____

Name on Credit Card*: _____ Exp Date*: _____

Credit Card #*: _____ Security (CVV) Code*: _____

*Fields MUST be filled out