



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theesmas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Rita Naviello
Principal
201-939-4277
rnaviello@sacredheartlynd.org

SMALL BLESSINGS DAY CARE
201-935-0506

ARCHDIOCESE OF NEWARK
973-497-4000



29TH SUNDAY IN ORDINARY TIME

October 19, 2025

"Will not God then secure the rights of his chosen ones who call out to him day and night? Will he be slow to answer them? I tell you, he will see to it that justice is done for them speedily. But when the Son of Man comes, will he find faith on earth?" - Lk 18:7-8

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at at 3:00pm
Nov. 9, Dec. 7

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

TWENTY-NINTH SUNDAY IN ORDINARY TIME

Jesus was a great story-teller and people loved to listen as He taught through parables. People understood the message of the parables because these stories dealt with ordinary, day-to-day experiences that they were all familiar with. But they loved these stories for another reason as well. Most of the time these stories disturbed the comfortable and comforted the disturbed. The parables would seem to point to an obvious conclusion and then shock the listener with an unexpected ending, by continually challenging conventional wisdom.

But there is a trap which lies in our modern tendency to be too literal. We can miss the imaginative aspects of these parables and apply a strict formula to them in our interpretation. The parable in today's gospel is particularly interesting as it is itself capable of being turned upside-down and inside-out. It seems to be a parable about the need to pray constantly and never lose heart. It gives the picture of two people - an unjust judge who had neither fear of God nor respect for people, and a widow who came to him time and time again looking for justice.

To say that our petitions are answered because of our nagging God into action rather than because His is a true concern for justice just doesn't seem right. Perhaps we should see the widow as the God-like figure who persistently pursues injustice, denouncing it until justice is achieved. If this is the God in whose image we are made, then we too should tirelessly pursue justice even if it is against more powerful forces than we can muster.



Hearing the parable in this way we can hear the widow's voice differently. Now she is speaking for those in our society who are not heard despite their just and desperate need. Her plight calls to mind those who are deprived of justice in our own society. Will the voices of the poor and powerless be outshouted by individuals and special interest groups who have more financial or voting power? Will the voices of the poor, minorities, refugees, immigrants, and homeless be heard by those running for office, or those casting votes? Will the cries of those suffering from oppression and war be heard? Will the victims of gun violence in our streets, schools and campuses find justice? Will our voices mirror hers?

Like the widow, our God is persistent in His love for us. He wears us down by persistently pursuing us and constantly nagging us. God is constantly trying to break down our defenses, challenging us to a true conversion of heart. All He asks from us is everything that we are.

There is a lot that we, as Catholics, can and should do in our pursuit of justice. But this demands prayer, imagination, vision and total commitment. Above all, it requires persistence.

PARISH LISTENING SESSION REGISTER TODAY

Cardinal Tobin invites all of the faithful to participate in a parish listening session. At your parish session you will learn more about the

We Are His Witnesses initiative and your planning area and will see multiple draft model options to consider for the respective planning area. There will be small group discussion and facilitated large group feedback. If your parish has more than one Listening Session, the information presented at both is the same so you just need to register for one. **The dates for Sacred Heart, Lyndhurst are Mon. Oct. 20 and Wed., Oct. 22 at 6:00 - 8:00PM in the church.**

You are encouraged to review the planning area information and draft models in preparation for attending your parish session—they will all be available at www.WeAreHisWitnesses.org beginning October 1, 2025.

For your parish to properly plan for its sessions, please register for the session you plan to attend here. Please note that Sacred Heart is in the Southwest Bergen - Planning Area C. Please use the QR code or link below to register for the session you can attend. Your voice matters!



**Direct Link to the
Registration Site**

<https://www.catholicleaders.org/archdiocese-newark-parishsessionregistration>

If you are unable to register online, please feel free to attend the session anyway.



6th Annual **E**ucharistic Procession for Conversion



3pm Sunday, November 2, 2025

- 1st Station: St. Stephen's Roman Catholic Church
Kearny, NJ
- 2:30PM Silent Adoration at St. Stephen's
- 3:00PM Eucharistic Procession commences from St. Stephen's
- 3:45PM 2nd Station: Queen of Peace Church
North Arlington, NJ
- 4:15PM 3rd Station: Holy Cross Cemetery
North Arlington, NJ
- 4:45PM 4th Station: St. Michael the Archangel Roman Catholic Church
Lyndhurst, NJ
- 5:00PM 5th Station: Sacred Heart Church
Lyndhurst, NJ

For more information, text 201.893.2820
or email renewUS@protonmail.com

ETERNAL REST GRANT UNTO THEM O, LORD . . . ALL SOULS NOVENA

Our parish's All Souls Novena for the blessed repose of the Faithful Departed will begin on Sud. Nov. 2nd at the 9:00 AM Mass and will continue Mon., Nov. 10th. You can enroll your loved ones in this novena by using the special envelopes included in your box set. The offerings received in these envelopes will be distributed to the priests of the parish, who will offer prayers for the intentions of the loved ones for whom the offerings have been made.

A NEW FAITH OPPORTUNITY FOR MEN

The Lyndhurst Knights of Columbus invite all Catholic men to attend the first meeting of "Cor", a new, monthly program intended to help focus men on Jesus by building Christ-centered brotherhood through a flexible framework of prayer, formation and fraternity. This **first meeting will take place on Thursday, October 23rd at 7:30pm at the Sacred Heart Church Convent Building, near the back of the Church's parking lot, 324 Ridge Road, Lyndhurst.** This very impactful program, which will then continue on the fourth Thursday of each month, will include elements of prayer and the rosary, and will offer men the opportunity to pray together, and to strengthen their faith, as well as to strengthen their bonds of brotherhood. Refreshments will be served. The Knights invite all Catholic men to attend this inspirational first meeting.

To learn more about COR, please visit: <https://www.kofc.org/en/who-we-are/our-faith/cor.html>

If you do wish to attend, please fill out the registration with this link: <http://linktr.ee/council2396>

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Margot O'Hara, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Jamie Brown, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski, Josephine Burns, Arnulfo Orozco, Assunta Santangelo, Clementine Vocaturo, Tin Maung Khin, Monroe Madsen

DECEASED: All those from our parish family the Lord has called home

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:

SUNDAY, OCTOBER 19TH

In Honor of: David Cuce

Donated by: Rosemary & Andy Palelogos



FIESTA GUADALUPE SUNDAY, DECEMBER 7

Our parish's very popular fundraiser, Fiesta Guadalupe will be back again this year on **Sunday, Dec. 7, at 3:00 PM**. Be sure to put it in your calendar now. Tickets will go on sale shortly.

Food Pantry Update

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans. *Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.* Food items can be left near the shrine of the Sacred Heart in the back of the church. Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help our brothers and sisters struggling with food insecurity without you!**

As a reminder, we are unable to package out-of-date food products for distribution to our families.

CASINO NIGHT FUNDRAISER

CBH Care, which originated in Lyndhurst, a provider of mental health treatment and services, is having a CASINO NIGHT Fundraiser at The Graycliff in Moonachie on Thursday, November 20, 2025.

Tickets are \$200 which includes Dinner, Dessert, Play Money and a Tricky Tray. If you would like to purchase a ticket please contact Denise Morelli at (201) 775-6335.

OCTOBER 19, 2025



TWENTY-NINTH SUNDAY IN ORDINARY TIME

Anticipated Sunday Mass

:00pm Armando Pereira

SUNDAY - Twenty-Ninth Sunday In Ordinary Time

7:30am People Of Sacred Heart
9:00am Rodeline Trinidad
10:30 am Salvatore A. Catena, Jr.
12:00pm Albanese Family
1:30 pm El Senor de los Milagros

MONDAY - Weekday/St. Paul of the Cross, Priest

12:00pm John & Arminda Valente

TUESDAY - Weekday

12:00pm Beatriz Mangaliman

WEDNESDAY - Weekday/St. John Paul, II, Pope

12:00pm Thomas James Albinski

THURSDAY - Weekday/St. John of Capistrano, Priest

12:00pm Lucja & Piotr Kurcon (Living)

FRIDAY - Weekday/St. Anthony Mary Claret, Bishop

12:00pm Gertrude Wormke

SATURDAY - Weekday/Blessed Virgin Mary

9:00am Laura Manning

Anticipated Sunday Mass

5:00pm Mary Paolazzi

SUNDAY - Thirtieth Sunday In Ordinary Time

7:30am People Of Sacred Heart
9:00am Loretta & Joseph Dietz
10:30 am Rosemary Marranzino
12:00pm Antoinette & Michael Di Preta
1:30 pm Francisco Lino

STEWARDSHIP

Collection Totals Not Available At Time of Publication

Reminder: We need \$7,900 in the Sunday Collection to cover our budgeted expenses. Thank you for your continued generosity!!



FUN
MUSIC
GAMES
PRIZES

SACRED HEART CHURCH

11.25 5K RUN WALK

SPONSORED BY
 **BCB Bank**
Lyndhurst Recreation Center
862 Valley Brook Avenue
Lyndhurst, NJ US 07071

Registration at 9:00am
Run starts at 10:00am
(comes with a shirt)
Rain or Shine
Open to All Ages!

**FOR INFO AND
TO REGISTER ONLINE:**
<http://bit.ly/shc5k2025>



Questions?
Email Charlie Sofio at:
sacredheartchurch@comcast.net

OR REGISTER BY MAIL/BASKET

Fill out the attached ticket request form and return
with your **check made payable to Sacred Heart Church**

Place in the **basket** or **mail** to:
Sacred Heart Church
324 Ridge Road • Lyndhurst, NJ 07071
Attention: 2025 5K

☐ **I am interested in
volunteering at this event.**

of People Registering (\$40 each)*: _____ Total amount of money enclosed*: \$ _____

Indicate a shirt size for each entrant (ADULT: S / M / L / XL)*: _____

Full Name*: _____

Address*: _____

Zip Code*: _____

Phone*: _____

Email address*: _____

Name on Credit Card*: _____ Exp Date*: _____

Credit Card #*: _____ Security (CVV) Code*: _____

*Fields MUST be filled out