



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theesmas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

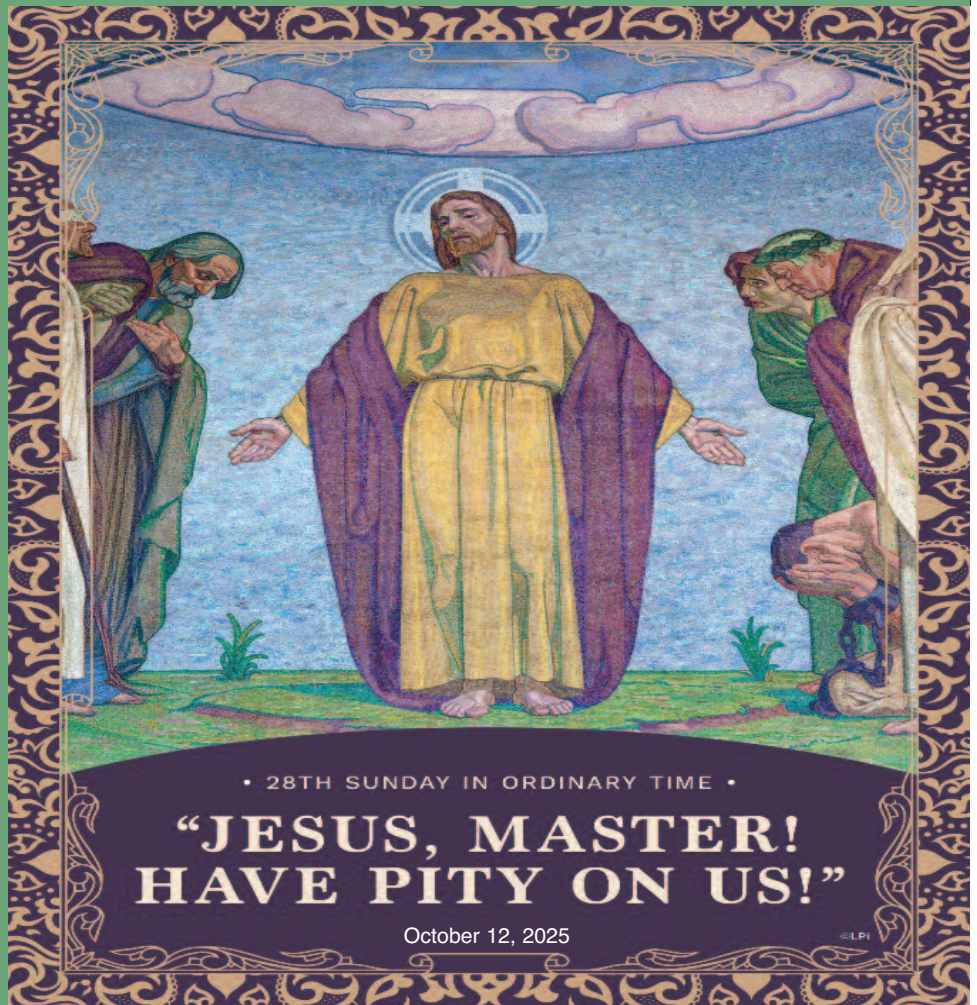
Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Rita Naviello
Principal
201-939-4277
rnaviello@sacredheartlynd.org

SMALL BLESSINGS DAY CARE
201-935-0506

ARCHDIOCESE OF NEWARK
973-497-4000



SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at at 3:00pm
Oct. 19, Nov. 9, Dec. 7

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

TWENTY-EIGHTH SUNDAY IN ORDINARY TIME

We have read the story of the Ten Lepers so often throughout our lives that we sometimes take the point of the story for granted. We often focus on the thankfulness of the one leper, in contrast to the nine others who did not return to "give glory to God." It is much easier to condemn the nine rather than understand them. Jesus knew about the ten, where they were and where they went. He knew why they were and who they were. And he healed all of them just the same.

This story rests at the very center of Jesus' teaching about discipleship and the meaning of faith. Jesus has told his disciples and the crowd: "Be on your guard! Forgive one another; heal one another. If you only had faith the size of a mustard seed..." And later on He will tell them that the Kingdom of God is at hand, that it is present in their midst.

In the middle of this, between forgiveness and the coming of the kingdom, we find this healing story. And in the middle of this story, we find one leper who returns to Jesus, praising God and giving thanks.

Ten lepers called out to Jesus that day. Ten obediently kept their distance, living their own identity. Ten were invited to return to life. Ten were made clean and were healed. Ten were cured not just physically but now becoming socially acceptable again. Ten were restored to the community amid the challenging, even troubling teaching of Jesus about the life of faith, the call to discipleship and living in response to that call.

But only one returned, threw himself at the feet of Jesus and said thanks. Only one turned back. And he was a Samaritan. He was an outcast even among the lepers - a leper of the lepers. Yet he was the only one who turned back and gave thanks. He knew Jesus by name, but they all knew this. He begged for mercy, but they all begged. He was healed, but they were all healed. And then Jesus asks: "where are the other nine?"

In each of our lives there are moments when we are confronted by the difficult challenges of trying to live our faith and of trying to understand what it means to witness to the kingdom of God in our lives. There are moments when everything around us tells us to keep moving along with the other nine. These are moments when we can be tempted to do just enough to satisfy what's expected of us. These are moments when we are too preoccupied celebrating our own lives to think of anything or anyone else.

Even so, these are also the moments when we, too, have the opportunity to stop and turn back, to find ourselves at the feet of the Lord, in thanksgiving and praise, offering ourselves as disciples and witnesses.

The Lord has healed us all and we, too, have received an invitation - an invitation, not to go show ourselves to the priests but to live life in its fullness. So, in all that we do, individually and communally, we should be life-givers, life-enhancers.

All of us who have been touched, cleansed and healed are invited by the Lord to act on our own faith, to turn back, to change direction a little, and be as approachable and welcoming to the outsider as He was.

PARISH LISTENING SESSION REGISTER TODAY

Cardinal Tobin invites all of the faithful to participate in a parish listening session. At your parish session you will learn more about the

We Are His Witnesses initiative and your planning area and will see multiple draft model options to consider for the respective planning area. There will be small group discussion and facilitated large group feedback. If your parish has more than one Listening Session, the information presented at both is the same so you just need to register for one. **The dates for Sacred Heart, Lyndhurst are Mon. Oct. 20 and Wed., Oct. 22 at 6:00 - 8:00PM in the church.**

You are encouraged to review the planning area information and draft models in preparation for attending your parish session-they will all be available at www.WeAreHisWitnesses.org beginning October 1, 2025.

For your parish to properly plan for its sessions, please register for the session you plan to attend here. Please note that Sacred Heart is in the Southwest Bergen - Planning Area C. Please use the QR code or link below to register for the session you can attend. Your voice matters!



**Direct Link to the
Registration Site**

<https://www.catholicleaders.org/archdiocese-newark-parishsessionregistration>

If you are unable to register online, please feel free to attend the session anyway.

HELP FOR CANCER PATIENTS

If you or someone in your family is currently undergoing cancer treatments, or if you know of someone in Lyndhurst who is going through treatments, a local resident and some volunteers have established a charity in which they will cook a home cooked dinner for the patient and the family and deliver it to your home upon return on treatment day. Please contact WeRcooking4Cancer@gmail.com and they will reply with the information and the menu.



LYNDHURST COUNCIL KNIGHTS OF COLUMBUS INSTALLATION OF OFFICERS

Front Row (l to r): 3 Year Trustee and Past Grand Knight John Khin, District Deputy Antonio Artola, Deputy Grand Knight Michael Cox, Inside Guard and Counsel Director of Public Relations Joseph Shinnick, One Year Trustee Sal Russo and Advocate Joe DiMasi

Back Row (l to r): Warden Joe Naviello, Outside Guard Peter Petronzio, Two Year Trustee Mark Fiume, Council Chaplin and Pastor of Mt. Carmel Fr. Ernie Rush, Grand Knight Sergio DeRuvo, Recorder John Egan and Treasurer Rob Potozney.

Not pictured: Chancellor Michael DeMarco, Financial Secretary Nick Garafolo and Lecturer Ron Grillo.

The Lyndhurst Knights are always looking for dedicated Catholic men to join their Council. Consider becoming a Knight and help your community.

For more information email Council2396@gmail.com or visit <https://linktr.ee/council2396>.

ETERNAL REST GRANT UNTO THEM O, LORD . . . ALL SOULS NOVENA

Our parish's All Souls Novena for the blessed repose of the Faithful Departed will begin on Sud. Nov. 2nd at the 9:00 AM Mass and will continue Mon., Nov. 10th. You can enroll your loved ones in this novena by using the special envelopes included in your box set. The offerings received in these envelopes will be distributed to the priests of the parish, who will offer prayers for the intentions of the loved ones for whom the offerings have been made.

COLUMBUS DAY HOLIDAY MONDAY, OCTOBER 13

The Mass on Columbus Day, Mon., Oct. 13 will be celebrated at the usual time of 12 Noon in the church. In observance of the holiday, the parish office will close at 2:00 PM on this Friday, Oct. 10 and reopen on Tue., Oct. 14 at 9:00 AM



PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Margot O'Hara, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Jamie Brown, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski, Josephine Burns, Arnulfo Orozco, Assunta Santangelo, Clementine Vocaturo, Tin Maung Khin, Monroe Madsen

DECEASED: Sean G. Hughes, Maria Manzo, Anne M. DeLoy

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:

SUNDAY, OCTOBER 12TH

In Honor of: Gerard Frank

Donated by: Brian & Carol O'Keeffe



FIESTA GUADALUPE SUNDAY, DECEMBER 7

Our parish's very popular fundraiser, Fiesta Guadalupe will be back again this year on **Sunday, Dec. 7, at 3:00 PM.** Be sure to put it in your calendar now. Tickets will go on sale shortly.

Food Pantry Update

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans. *Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.* Food items can be left near the shrine of the Sacred Heart in the back of the church. Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help our brothers and sisters struggling with food insecurity without you!**

As a reminder, we are unable to package out-of-date food products for distribution to our families.

CASINO NIGHT FUNDRAISER

CBH Care, which originated in Lyndhurst, a provider of mental health treatment and services, is having a CASINO NIGHT Fundraiser at The Graycliff in Moonachie on Thursday, November 20, 2025.

Tickets are \$200 which includes Dinner, Dessert, Play Money and a Tricky Tray. If you would like to purchase a ticket please contact Denise Morelli at (201) 775-6335.

OCTOBER 12, 2025



TWENTY-SEVENTH SUNDAY IN ORDINARY TIME

Anticipated Sunday Mass

5:00pm Julian & Lorenza Duran

SUNDAY - Twenty-Eighth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Paquale Cedola

10:30 am Arthur Giammetta

12:00pm Rickey Ferriola

1:30 pm Olinda Cruz

MONDAY - Weekday/Columbus Day

12:00pm Meister & Vivas Family

TUESDAY - Weekday/St. Callistus I, Pope and Martyr

12:00pm Donald Tetreault

WEDNESDAY - St. Teresa of Jesus, Virgin and Doctor of the Church

12:00pm Anthony Di Lascio

THURSDAY - Weekday/St. Hedwig, Religious/St. Margaret Mary Alacoque, Virgin

12:00pm Joseph Bambo, Jr. & Robert Bambo

FRIDAY - St. Ignatius of Antioch, Bishop and Martyr

12:00pm John F. Costa

SATURDAY - St. Luke, Evangelist

9:00am Rusbel Mendez

Anticipated Sunday Mass

5:00pm Armando Pereira

SUNDAY - Twenty-Ninth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Rodeline Trinidad

10:30 am Salvatore A. Catena, Jr.

12:00pm Albanese Family

1:30 pm El Senor de los Milagros

STEWARDSHIP

Sunday - \$6,131

Assessment - \$2,975

Reminder: We need \$7,900 in the Sunday Collection to cover our budgeted expenses. Thank you



FUN
MUSIC
GAMES
PRIZES

SACRED HEART CHURCH

11.25 5K RUN WALK

SPONSORED BY
 **BCB Bank**
Lyndhurst Recreation Center
862 Valley Brook Avenue
Lyndhurst, NJ US 07071

Registration at 9:00am
Run starts at 10:00am
(comes with a shirt)
Rain or Shine
Open to All Ages!

**FOR INFO AND
TO REGISTER ONLINE:**
<http://bit.ly/shc5k2025>



Questions?
Email Charlie Sofio at:
sacredheartchurch@comcast.net

OR REGISTER BY MAIL/BASKET

Fill out the attached ticket request form and return
with your **check made payable to Sacred Heart Church**

Place in the **basket** or **mail** to:
Sacred Heart Church
324 Ridge Road • Lyndhurst, NJ 07071
Attention: 2025 5K

☐ **I am interested in
volunteering at this event.**

of People Registering (\$40 each)*: _____ Total amount of money enclosed*: \$ _____

Indicate a shirt size for each entrant (ADULT: S / M / L / XL)*: _____

Full Name*: _____

Address*: _____

_____ Zip Code*: _____

Phone*: _____

Email address*: _____

Name on Credit Card*: _____ Exp Date*: _____

Credit Card #*: _____ Security (CVV) Code*: _____

*Fields MUST be filled out