



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theesmas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Rita Naviello
Principal
201-939-4277
rnaviello@sacredheartlynd.org

SMALL BLESSINGS DAY CARE
201-935-0506

ARCHDIOCESE OF NEWARK
973-497-4000



23RD SUNDAY IN ORDINARY TIME

"Which of you wishing to construct a tower does not first sit down and calculate the cost to see if there is enough for its completion? ... In the same way, anyone of you who does not renounce all his possessions cannot be my disciple." - Lk 14:28, 33

September 7, 2025

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at at 3:00pm
Sep. 7, Oct. 19, Nov. 9, Dec. 7

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

TWENTY-THIRD SUNDAY IN ORDINARY TIME

There are demands placed on those who would join Jesus on his journey. Those who were present that day were just as confused and stunned by Jesus' words as we are today. They may have been poor, but they cherished possessions too and, like us, probably wanted or needed more of them. Family life, if anything, was even more precious to Jesus' contemporaries. While we prize individuality and being able to "go it on our own," at that time, a person's very identity depended on membership in family, clan and religious sect. Prestige and reputation were intimately linked to the social standing people had in their social network. If a person at that time packed up and decided to set out on their own they would, in effect, lose their identity.

The Gospel today sounds particularly harsh. We are challenged constantly to choose again and again to be Jesus' disciples. He makes no empty promises.. In fact, he makes it quite clear that following him will cost us. "Think it over," Jesus says. Be like a person who is about to build a tower. Will you be able to finish the job? Be like a king going to battle and "decide" if you can win the battle with the resources you have.

Disciples are called to a new family. And being a disciple gives us a new identity. As his followers we are in a new network of relationships, a new family that consists of those who have, like us, chosen to follow Jesus. In this family we will be mixing it up with a whole new set of people - those with and those without wealth and social status. Jesus has come to establish something very different from our usual ways of relating to one another, and because of Him, things can never be the same as they used to be.

As such, we are in a "process of becoming." Even though we may have already given our commitment to follow Christ, there are times in our lives when we are asked to make choices that put our discipleship on the line. Some options require us to reject what seems like the attractive or easier ways of acting. These choices may put us at odds with family, friends or our surrounding culture. But we know we must choose in ways that echo the good news that we believe.

The parables of the tower builder and the warring king are simple enough. But the sayings on discipleship that surround them are some of the most radical in the Gospel. They are not difficult to understand, but are immensely demanding to practice. The Gospel tells us today that to be a disciple of Jesus, one must be willing to let go of what one values most - familiar relationships, possessions, and even one's own life. Jesus names some of the strongest attachments that would be difficult for anyone to leave aside when called into the community of believers and to participate in his mission.

There is an urgency in Jesus' words today. The invitation to follow has been made.

Beneath the surface of our lives as Christians, this same challenge is played out again and again. We will be tested as a faith community. Jesus will ask us to walk in His footsteps, to take our place among the ranks, to follow the narrow road, to meet with opposition and misunderstanding - perhaps even from our own families and those who love us - and, in many ways, to take up our crosses and die with Him.

The choice is ours.

Faith. Academics. Service.

Catholic Schools

SACRED HEART SCHOOL ENROLLMENT FOR THE 2025-2026 SCHOOL YEAR

Do you have a child or grandchild starting or changing school in September? Why not consider Sacred Heart School? We offer a safe and nurturing environment for children Pre-K3 through 8th Grade. Along with their ABCs your child will build character and learn compassion and values. New families considering enrolling in our school can call the school at 201-939-4277 for more details.

PURGATORIAL SOCIETY

The following deceased have been enrolled in the Sacred Heart Purgatorial Society:

RIGO CARNERO-req.by-Elsa Rubio

LUCILLE CASATELLI-req.by-Nancy & Mike Foglio

FRANK D'AURIA-req.by-Danny Cappiello & Family

SACRED HEART SCHOOL MEGA 50/50

September 18, 2025 at Back to School Night

ONLY 200 TICKETS WILL SOLD

\$50 a ticket for a chance to win up \$5,000

Final prize will be 50% of tickets sold

Checks payable to Sacred Heart HSA and mail to Michelle Hering, 166 Central Lane, Secaucus, NJ

07094. Playing by credit card visit

<https://bit.ly/SHS2025MEGA>

Questions-Email Michelle at firedup151@gmail.com or call 201-615-2374

ORPHANAGE ASSISTANCE WORKS OF MERCY

You'll all recall the generosity of Fr. Reilly celebrating our parish's feast day in June. Fr. Reilly is sponsoring a fundraiser for an orphanage in the Dominican Republic on September 28 at the Chandelier in Belleville from 3 to 7. Tickets are \$60 for adults and \$45 for children. Call Sabina at 862-249-1186 for tickets if you want to attend or would like to make a contribution to the orphanage.

SAVE THE DATE KNIGHTS OF COLUMBUS BILINGUAL SILVER ROSE PRAYER SERVICE TUESDAY, SEP. 16TH 7:30 PM ALL ARE INVITED

The Silver Rose Prayer Program is an annual Prayer service in honor of Our Lady Of Guadalupe, Patroness of the Americas and the Unborn, which demonstrates the unity and confraternity of Knights of Columbus from Canada, the United States, and Mexico and our devotion to the Blessed Virgin Mary, the Mother of God, and to Pro-Life causes.

ANNUAL SENIOR CITIZENS FESTIVAL THU., SEP. 18, 10:00 AM - 2:00 PM RAIN DATE SEP. 25

If you are 60+ years old, join us at Van Sausan County Park for a special day including lunch, craft fair, music & entertainment and information tables. Registration is required. Register online at <https://forms.office.com/g/xbwhU7XCzX> Transportation is available call 201-368-5955



BETHLEHEM HANDICRAFTS SEPTEMBER 20TH & 21ST

From the birthplace of our Lord Jesus Christ, the Christian community is seeking your love and support through obtaining their handmade olive wood religious articles. These items will be displayed in the main vestibule church after all

Masses the weekend of September 20th and 21st. Your help can and will make a difference in the lives of your brothers and sisters in Bethlehem.

NJSAVE PRESCRIPTION SAVINGS

Are you taking prescription medication and Are 65 or older and have a limited income or are you 18 to 64 years old receiving Social Security Disability benefits? You may be qualify to save money on your prescriptions. For more information and see if you qualify call the Bergen County Division of Senior Services at 201-346-7400

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Anne Montillo, Margot O'Hara, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Jamie Brown, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski, Josephine Burns, Arnulfo Orozco, Assunta Santangelo, Clementine Vocaturo

DECEASED: All those from our parish family the Lord has called home

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:

FRIDAY, SEPTEMBER 12TH

In Honor of: Camille Ferrara

Donated by: Patty & Joe Pavlica



Food Pantry Update

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans. *Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.* Food items can be left near the shrine of the Sacred Heart in the back of the church. Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help our brothers and sisters struggling with food insecurity without you!**

As a reminder, we are unable to package out-of-date food products for distribution to our families.

ONLINE GIVING AT SACRED HEART

Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

SEPTEMBER 7, 2025



**Twenty-Third Sunday
In Ordinary Time**

Anticipated Sunday Mass

5:00pm Maria & Peter Amato

SUNDAY - Twenty-Third Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Marla Ewart & Family

10:30 am Aya Schlacter & Family

12:00pm Arthur Giammetta

1:30 pm Pedro & Costanza Porras (Living)

MONDAY - Nativity of the Blessed Virgin Mary

12:00pm Kinga & Greg Skora (Living)

TUESDAY - St. Peter Claver, Priest

12:00pm Julian & Lorenza Duran

WEDNESDAY - Weekday

12:00pm Edgardo P. Diaz

THURSDAY - Weekday

12:00pm Lucy La Pollo

FRIDAY - Weekday/Most Holy Name of Mary

12:00pm Carmela M. Ferrara

SATURDAY - St. John Chrysostom, Bishop and Doctor of the Church

9:00am Pierina & Lino Pretto

Anticipated Sunday Mass

5:00pm Joseph & Phyllis Salerno

SUNDAY - The Exaltation Of The Holy Cross

7:30am People Of Sacred Heart

9:00am Rina Vasquez

10:30 am Ginny Purta

12:00pm Joseph Mayerchak

1:30 pm Giselle Caro (Living)

NO ADORATION THIS FRIDAY

Please note that there will be **NO EUCHARISTIC ADORATION THIS FRIDAY, SEPTEMBER 12th** following the 12 Noon Mass due to an afternoon wedding.



**Knights of
Columbus**

JOIN US!

**WHAT IT MEANS
TO BE A KNIGHT**

*We are Catholic men who
LEAD, SERVE
PROTECT AND DEFEND*

*We share a desire to be better
HUSBANDS, FATHERS, SONS
NEIGHBORS AND ROLE MODELS
And to put charity and community first*

**Knights of Columbus
Lyndhurst Council #2396**

Link Below For More Info
Linktr.ee/council2396

SCAN ME



Supporting

**Sacred Heart Church
Mount Carmel Church
Saint Michael Church**



Positions Available

Sacred Heart School is
seeking upper elementary
educators and a
school nurse

to join their dedicated
and faith-based learning
community!

For more information
on available teaching
positions, please call the
school's main office at
201-939-4277.

Resumes may be sent to
rnaviello@sacredheartlynd.org

Sunday, October 5th
In Honor of St. Francis of Assisi



**All are invited to bring their pets to the Sacred Heart
Church Parking Lot after the 1:30 PM Mass(2:15 - 2:30)
on the Sunday, October 5th to receive
a special blessing**