



# Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

[www.sacredheartlynd.org](http://www.sacredheartlynd.org)

## SERVED BY:

Rev. Theesmas Pankiraj  
Pastor

Rev. Cesar Chen  
Parochial Vicar

## PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio  
Parish Manager  
[sacredheartchurch@comcast.net](mailto:sacredheartchurch@comcast.net)

## RELIGIOUS EDUCATION

Ryan Tobiason  
Parish Catechetical Leader  
201-935-3094

## SACRED HEART SCHOOL

Rita Naviello  
Principal  
201-939-4277  
[rnaviello@sacredheartlynd.org](mailto:rnaviello@sacredheartlynd.org)

**SMALL BLESSINGS DAY CARE**  
201-935-0506

**ARCHDIOCESE OF NEWARK**  
973-497-4000



## 21<sup>st</sup> Sunday

IN ORDINARY TIME

[Jesus] answered them, "Strive to enter through the narrow gate for many, I tell you, will attempt to enter but will not be strong enough." - Lk 13:24

August 24, 2025

## SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)  
Monday - Friday: 12:00pm in the church  
Saturday: 9:00am in the church,  
5:00pm in church (Anticipated Mass of Sunday)  
Holy Days & Holidays: As announced in Bulletin

## SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm  
Daily: Upon request following the 12:00pm Mass

## SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

**Preparation:** in the church at 7:00pm

**Sacrament:** in the church at 3:00pm  
Sep. 7, Oct. 19, Nov. 9, Dec. 7

## SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

## SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

## R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

## PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

## TWENTY-FIRST SUNDAY IN ORDINARY TIME

Throughout the Gospels, we are continually accompanying Jesus on his "way to Jerusalem." As we make our way on this spiritual journey, we too must inevitably ask the question posed in today's gospel: "Lord, will we be among those who are saved? Are we among those who will make this journey successfully?" And Jesus answers our question with words that dispel any false ideas that we may have been entertaining: "Strive to enter through the narrow gate." And as he does so often, Jesus uses a parable to shake us out of our comfort zone and question our complacency.

To love and to live as He did will not be easy.

In Jesus' world, as in our own, there were "insiders" and "outsiders." A person would be an insider by their birth into a family or group. Or, one might become part of the family/group by being invited to join with others around the table. But in the parable, Jesus talks about the people who are worried that they are being excluded, those who need to "prove" they are part of the group - "we ate and drank with you, and you taught in our streets." However, more is required.

Earlier in the Gospel he says quite plainly, that repentance, a change in the direction of one's life, is required. The question back to them is, "Yes, you did all of that but did you follow my teachings and change your life?" Simply being a part of the group or calling oneself a follower of Jesus are not enough. Our lives must be marked by the life, death and resurrection of Jesus. We are given the gift of forgiveness but a subsequent change of life is expected as a response.

The voice of the parable may sound stern, but the intention is to keep us from complacency and prevent us from falling into the trap of judging others, of feeling that we are better than others. Passing judgment is a distraction for the disciple. So is complacency. Such a relaxed attitude can cause us to go into "automatic pilot" and just cruise along. Doing this we risk losing a sense of the living and energizing Spirit who feeds and nourishes the involved disciple.

The people who are most alive and energetic, those who are sensitive and responsive to the world around them are those who have rolled up their sleeves and have become fully engaged in the daily work God has given them to do. We are called to minister to all of God's people - and we must ask ourselves, through all of our activity: "Who are we? Why are we gathering, why are we teaching, why are we meeting, why are we praying, why are we serving?"

Those who don't belong, will also be asking: "Who are you? What are you about? Why do you do what you do?" Hopefully, everything we say and do will proclaim very loudly and clearly: "We are the hands, the eyes, the heart, and the body of Christ Jesus. We bring His light and truth to our world. In His name, and by His power, we are trying to remake the face of the earth, to renew our world, to overcome evil and suffering, to restore all things in Him."

People need to see us as a group of believers dedicated totally to hastening the coming of the kingdom of God. We must be recognized as peacemakers, as instruments of God's compassion and mercy. We must be known as people who not only pray together but also as people who work together for justice, who feed the poor, who are concerned about the homeless, who fight to save our young people from addiction to drugs and alcohol, who defend the sanctity of life and the dignity of all people.

Faith. Academics. Service.

# Catholic Schools

## SACRED HEART SCHOOL ENROLLMENT FOR THE 2025-2026 SCHOOL YEAR

Do you have a child or grandchild starting or changing school in September? Why not consider Sacred Heart School? We offer a safe and nurturing environment for children Pre-K3 through 8th Grade. Along with their ABCs your child will build character and learn compassion and values. New families considering enrolling in our school can call the school at 201-939-4277 for more details.

### ARE YOU WILLING TO SHARE OUR FAITH WITH THE YOUTH OF OUR PARISH FAMILY?



Our Religious Education program is always in need of teachers, aides, substitute teachers, hall monitors, and office helpers. Are you willing to help our children learn more about the love that Jesus Christ has for them in the 2025-2026 school year? No

special religious education training is required, just the desire to help our children learn more about the love Jesus Christ has for them. Call Ryan Tobiason at 201-935-3094 for more information or if you would like to volunteer.

### SACRED HEART SCHOOL MEGA 50/50

September 18, 2025 at Back to School Night

**ONLY 200 TICKETS WILL SOLD**

**\$50 a ticket for a chance to win up \$5,000**

Final prize will be 50% of tickets sold

Checks payable to Sacred Heart HSA and mail to Michelle Hering, 166 Central Lane, Secaucus, NJ

07094. Playing by credit card visit

<https://bit.ly/SHS2025MEGA>

Questions-Email Michelle at [firedup151@gmail.com](mailto:firedup151@gmail.com)

or call 201-615-2374

## SAVE THE DATE KNIGHTS OF COLUMBUS BILINGUAL SILVER ROSE PRAYER SERVICE TUESDAY, SEP. 16TH 7:30 PM ALL ARE INVITED

The Silver Rose Prayer Program is an annual Prayer service in honor of Our Lady Of Guadalupe, Patroness of the Americas and the Unborn, which demonstrates the unity and confraternity of Knights of Columbus from Canada, the United States, and Mexico and our devotion to the Blessed Virgin Mary, the Mother of God, and to Pro-Life causes.

## ANNUAL SENIOR CITIZENS FESTIVAL THU., SEP. 18, 10:00 AM - 2:00 PM RAIN DATE SEP. 25

If you are 60+ years old, join us at Van Sausan County Park for a special day including lunch, craft fair, music & entertainment and information tables. Registration is required. Register online at <https://forms.office.com/g/xbwhU7XCzX> Transportation is available call 201-368-5955

## Labor Day Holiday Observance

Monday, September 1st is the Labor Day Holiday. In observance of the holiday the **Mass will be celebrated at 9:00 AM on Labor Day** as we give thanks to God for the fruits of our labor. This will be only Mass celebrated on Labor Day. The **parish office will close at 2:00 PM on Friday, August 29th and reopen on Tuesday, September 2nd at 9:00 AM.**

## FRAUD ALERT - DON'T BE FOOLED

The priests of our parish will **NEVER** send you an email or text asking you to send money or gift cards or your personal information to them. If you receive such a request purporting to be from our priest or staff members, please contact the parish office as soon as possible and **DO NOT SEND MONEY** or respond to the request.

## NATIONAL MAKE A WILL MONTH

Whenever we contribute to the parish we are mindful and respectful of our Catholic teaching to support the Church. Our parish is blessed by so many who support us. A meaningful way to continue this support is by considering a gift to the parish in your will or trust. Even a small percentage of your residual estate would go a long way in the maintenance of our church. Please remember Sacred Heart in your will or trust. This will help future generations to experience the love of Jesus Christ in our community. If you have any questions about this planning please contact the parish office.



## PLEASE PRAY FOR OUR PARISH FAMILY

**SICK:** Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Anne Montillo, Margot O'Hara, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Jamie Brown, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski, Josephine Burns, Arnulfo Orozco, Assunta Santangelo, Clementine Vocaturo

**DECEASED:** All those from our parish family the Lord has called home

## FREE CANCER SCREENINGS

Free Cancer Screenings are provided to Bergen County residents. For women screenings for Breast, Cervical & Colorectal. For men screenings for Prostate & Colorectal. Services provided at Englewood Health, Valley Hospital and Bergen Imaging Center. Call 201-634-2660 for details and to see if you qualify.

## Food Pantry Update

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans. *Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.* Food items can be left near the shrine of the Sacred Heart in the back of the church. Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help our brothers and sisters struggling with food insecurity without you!**

*As a reminder, we are unable to package out-of-date food products for distribution to our families.*

## ONLINE GIVING AT SACRED HEART

Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: [sacredheartchurch@comcast.net](mailto:sacredheartchurch@comcast.net).

**Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.**

2. You can visit [www.sacredheartlynd.org](http://www.sacredheartlynd.org), our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

AUGUST 24, 2025



**Twenty-First Sunday  
In Ordinary Time**

### Anticipated Sunday Mass

5:00pm Robert Snow

### SUNDAY - Twenty-First Sunday In Ordinary Time

7:30am People Of Sacred Heart  
9:00am Gahum & Vanessa Garcia  
10:30 am Gloria Jean Morton  
12:00pm Marcelino Samartino  
1:30 pm Maria Luiza De Risco

### MONDAY - Weekday/St. Louis/St. Joseph Calasanz, Priest

12:00pm Julian & Lorenza Duran

### TUESDAY - Weekday

12:00pm Gabriel & Amalia Vivas

### WEDNESDAY - St. Monica

12:00pm Frank De Serio

### THURSDAY - St. Augustine, Bishop and Doctor of the Church

12:00pm Vincent & Margot Carini

### FRIDAY - The Passion of St. John the Baptist

12:00pm Eleanor Derby

### SATURDAY - Weekday/Blessed Virgin Mary

9:00am Rudy & Ador Vargas

### Anticipated Sunday Mass

5:00pm Rose Violante

### SUNDAY - Twenty-Second Sunday In Ordinary Time

7:30am People Of Sacred Heart  
9:00am Russ Prokop  
10:30 am Francis Don Wynne  
12:00pm Rosemary & Michael Carlucci & Michael Carlucci, Jr.  
1:30 pm Jorge Lozada

## STEWARDSHIP

Sunday - \$6,522

Assumption - \$1,355

Church In Africa - \$1,296



**Knights of  
Columbus**

**JOIN US!**

**WHAT IT MEANS  
TO BE A KNIGHT**

*We are Catholic men who  
**LEAD, SERVE  
PROTECT AND DEFEND***

*We share a desire to be better  
**HUSBANDS, FATHERS, SONS  
NEIGHBORS AND ROLE MODELS**  
And to put charity and community first*

**Knights of Columbus  
Lyndhurst Council #2396**

*Link Below For More Info*  
**[Linktr.ee/council2396](https://linktr.ee/council2396)**

SCAN ME



*Supporting*

**Sacred Heart Church  
Mount Carmel Church  
Saint Michael Church**



**Positions Available**

Sacred Heart School is  
seeking upper elementary  
educators and a  
school nurse  
to join their dedicated  
and faith-based learning  
community!

For more information  
on available teaching  
positions, please call the  
school's main office at  
201-939-4277.

Resumes may be sent to  
[rnaviello@sacredheartlynd.org](mailto:rnaviello@sacredheartlynd.org)

**CATHOLICISM SERIES  
JOIN US**

Journey with acclaimed author, speaker and theologian Bishop Robert Barron to more than 50 locations throughout 15 countries. Be illuminated by the spiritual and artistic treasures of this global culture that claims more than one billion of the earth's people.

From the sacred lands of Israel to the beating heart of Uganda... from the glorious shrines of Italy, France, and Spain, to the streets of Mexico, Kolkata, and New York City, the fullness of CATHOLICISM is revealed. Journey deep into the Faith as you watch each episode.

We will be viewing episodes from this series and discussing them on **Wednesday Aug. 27th at 7:00 PM** in the parish center.



**SAVE THE DATE!**

**LYNDHURST**

**KNIGHTS OF COLUMBUS**

**BEEFSTEAK DINNER!**

**TRICKY TRAY!**

**SPECIAL 50/50!**

**OLMC PARISH HALL**

**SAT. OCTOBER 11, 2025**

**MORE INFO TO COME!**

