



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theesmas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Rita Naviello
Principal
201-939-4277
rnaviello@sacredheartlynd.org

SMALL BLESSINGS DAY CARE
201-935-0506

ARCHDIOCESE OF NEWARK
973-497-4000



19TH SUNDAY IN ORDINARY TIME

"Be sure of this: if the master of the house had known the hour when the thief was coming, he would not have let his house be broken into. You also must be prepared, for at an hour you do not expect, the Son of Man will come." - Lk 12:39-40

August 10, 2025

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Aug. 10, Sep. 7, Oct. 19, Nov. 9, Dec. 7

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

NINETEENTH SUNDAY IN ORDINARY TIME

The first disciples were mired in the present moment. Most were poor. Like their contemporaries, they were living from day to day in a harsh world. The community faced daily struggle, fear and persecution. They needed to be reminded. Though Jesus seems to be gone and things were going poorly for his community, nevertheless, he is with us now and he will return. In the light of this hope, early Christians could look at their lives through the lens of expectation. He will soon come again.

As time passed, and Jesus did not in fact return, the sense of urgency passed. It was easier to become complacent, to grow comfortable with compromise, and to put off real conversion. All of the Gospel messages about being prepared had to be reinterpreted. Very often, the motivation for authentic Christian living became the inevitability and the unpredictability of death. Christians must live good and holy lives every single day in order to be ready to meet the Lord at the moment of death.

But being prepared has to take on a different meaning. Jesus called his disciples to "roll up their sleeves" for the hard work ahead (his image is, "Gird your loins....") and to light their lamps. In what kind of darkness will we need to light the way?

The seeming victories in modern society, especially in the first world, its pride, accomplishments and privileges for the few, are illusionary and temporary. The powerful and rich seem triumphant. Nevertheless the community of Jesus is called to be less anxious about its own welfare and more concerned about those in need. The comfortable and the competent are the ones who are really on shaky and insecure footing. For with the Lord's return, their powerful rule, will be revealed for the illusion it is. Jesus likens his return to a thief's breaking into a house. It will come as a complete surprise to those not prepared for it, to those living in false security and distracted about other things.

Being prepared means being ready for a spot check on our Christianity at any time. We cannot shirk our responsibility as disciples with our gaze fixed on some future reward in heaven. Rather, we are called to tend to what is not well in this life. Jesus' strong reminder that he will return like a thief who catches the householder unprepared, should keep us on our toes, focused on what occupied Jesus' attention while he walked among us - healing the sick, welcoming strangers, eating with outcasts and forgiving wrongs done against us. We cannot accept a dualism that focuses on our destiny with God, while the current distress of the world God created in love goes unaddressed.

We are the people of the promise, the people of God's choice. We are the "evidence of things not seen." At the most unexpected times and in the most surprising of ways, the Lord knocks on the door of our lives and asks to be let in.

Faith. Academics. Service.

Catholic Schools

SACRED HEART SCHOOL ENROLLMENT FOR THE 2025-2026 SCHOOL YEAR

Do you have a child or grandchild starting or changing school in September? Why not consider Sacred Heart School? We offer a safe and nurturing environment for children Pre-K3 through 8th Grade. Along with their ABCs your child will build character and learn compassion and values. New families considering enrolling in our school can call the school at 201-939-4277 for more details.

ARE YOU WILLING TO SHARE OUR FAITH WITH THE YOUTH OF OUR PARISH FAMILY?



Our Religious Education program is always in need of teachers, aides, substitute teachers, hall monitors, and office helpers. Are you willing to help our children learn more about the love that Jesus Christ has for them in the 2025-2026 school year? No

special religious education training is required, just the desire to help our children learn more about the love Jesus Christ has for them. Call Ryan Tobiason at 201-935-3094 for more information or if you would like to volunteer.

SACRED HEART SCHOOL MEGA 50/50

September 18, 2025 at Back to School Night

ONLY 200 TICKETS WILL SOLD

\$50 a ticket for a chance to win up \$5,000

Final prize will be 50% of tickets sold

Checks payable to Sacred Heart HSA and mail to Michelle Hering, 166 Central Lane, Secaucus, NJ 07094. Playing by credit card visit

<https://bit.ly/SHS2025MEGA>

Questions-Email Michelle at firedup151@gmail.com or call 201-615-2374

ASSUMPTION OF THE BLESSED VIRGIN MARY

Friday, August 15th is the Solemnity of the Assumption of the Blessed Virgin Mary, a **Holy Day of Obligation**. Masses for the holy day **begin on Thursday evening, August 14th** at 5:00 PM and continues on **Friday** at 7:00 AM, 12 Noon and 7:00 PM.

Community Blood Drive You Can Save A Life!



You are invited to join the Lyndhurst Blood Drive on **Thursday, August 21, 2025** at the Lyndhurst Community Center, 255 Riverside Ave. from 9 AM to 2 PM. Please **call 1-800-RED-CROSS** (1-800-733-2767) or **visit RedCrossBlood.org** and enter Lyndhurst to **schedule an appointment**.

Friday Eucharistic Adoration Fridays, 12:30 - 3:00 pm



"In a world where there is so much noise, so much bewilderment, there is a need for silent adoration of Jesus concealed in the Host. Be assiduous in the prayer of adoration and teach it to the faithful. It is a source of comfort and light, particularly to those who are suffering."

- Pope Benedict XVI

During Eucharistic Adoration, the faithful pray to Jesus Christ, who is present in the Eucharist. The

Eucharist, also referred to as the Blessed Sacrament, is typically kept in the tabernacle in our church.

While it is true that you can pray to God anywhere and that He is always within you, it is especially powerful to adore Jesus in the Eucharist. In the presence of the Eucharist, we pray to the power and sacrifice that it represents — the body of Jesus, who gave His life so that we may live. It is His Body, Blood, Soul and Divinity that is really, truly, and substantially present in the Eucharist.

REMEMBER OUR PARISH

Whenever we contribute to the parish we are mindful and respectful of our Catholic teaching to support the Church. Our parish is blessed by so many who support us. A meaningful way to continue this support is by considering a gift to the parish in your will or trust. Even a small percentage of your residual estate would go a long way in the maintenance of our church. Please remember Sacred Heart in your will or trust. This will help future generations to experience the love of Jesus Christ in our community. If you have any questions about this planning please contact the parish office.

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Anne Montillo, Margot O'Hara, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Jamie Brown, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski, Josephine Burns, Arnulfo Orozco, Assunta Santangelo, Clementine Vocaturo

DECEASED: All those from our parish family the Lord has called home

Food Pantry Update

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans. *Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.* Food items can be left near the shrine of the Sacred Heart in the back of the church. Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help our brothers and sisters struggling with food insecurity without you!**

As a reminder, we are unable to package out-of-date food products for distribution to our families.



FEED THE HUNGRY

ONLINE GIVING AT SACRED HEART

Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address:

sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.



AUGUST 10, 2025



**Nineteenth Sunday
In Ordinary Time**

Anticipated Sunday Mass

5:00pm Julian & Lorenza Duran

SUNDAY - Nineteenth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Julian & Lorenza Duran

10:30 am Arthur Giammetta

12:00pm Marie De Serio

1:30 pm Yasmeri & Jonathan

MONDAY - St. Clare, Virgin

12:00pm Patrick R. Ferrara

TUESDAY - Weekday/St. Jane Frances de Chantal, Religious

12:00pm Norma V. Coson

WEDNESDAY - Sts. Pontian, Pope and Hippolytus, Priest, Martyrs

12:00pm Bob Callahan

THURSDAY - St. Maximilian Kobe, Priest and Martyr

12:00pm Florence Moderelli

Anticipated Holy Day Mass

5:00pm Mario P. Diaz

FRIDAY - THE ASSUMPTION OF THE BLESSED VIRGIN MARY

7:00am Fr. Justino Cornejo (Living)

12:00pm Dowling Family

7:00pm Carson & Paige Tucker (Living)

SATURDAY - Weekday/St. Stephen of Hungary/Blessed Virign Mary

9:00am Adela Arrunategui

Anticipated Sunday Mass

5:00pm Samantha Faith Mele

SUNDAY - Twentieth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Valentine McHale, Sr.

10:30 am Horgan Family Relatives & Friends

12:00pm Joann Bencivenga

1:30 pm Norma Azuero



**Knights of
Columbus**

JOIN US!

**WHAT IT MEANS
TO BE A KNIGHT**

*We are Catholic men who
**LEAD, SERVE
PROTECT AND DEFEND***

*We share a desire to be better
**HUSBANDS, FATHERS, SONS
NEIGHBORS AND ROLE MODELS**
And to put charity and community first*

**Knights of Columbus
Lyndhurst Council #2396**

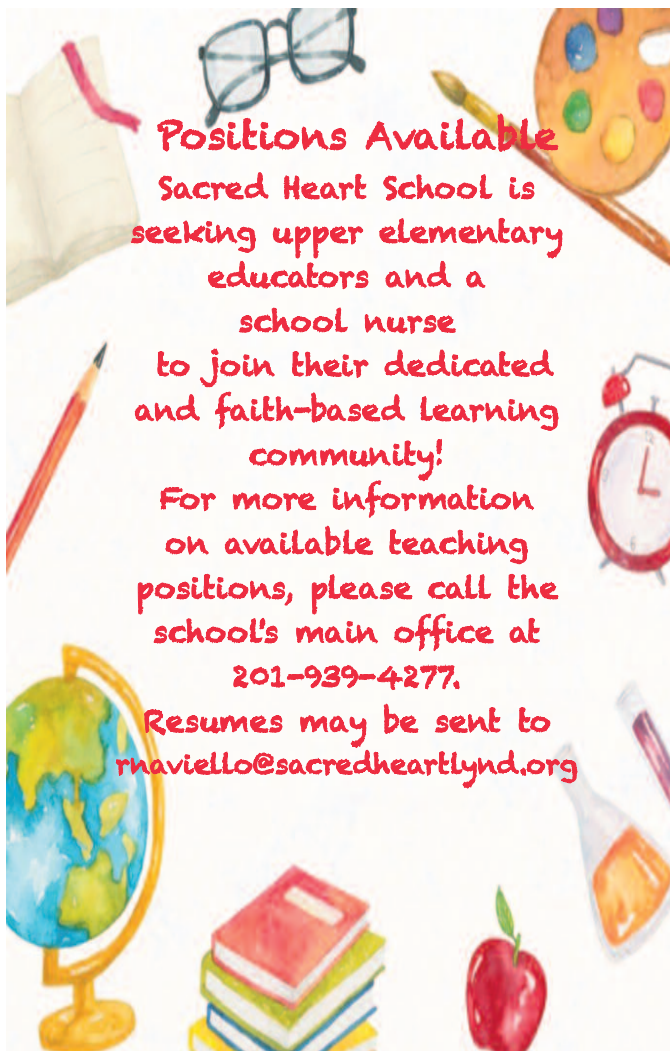
Link Below For More Info
[Linktr.ee/council2396](https://linktr.ee/council2396)

SCAN ME



Supporting

**Sacred Heart Church
Mount Carmel Church
Saint Michael Church**



Positions Available

Sacred Heart School is
seeking upper elementary
educators and a
school nurse

to join their dedicated
and faith-based learning
community!

For more information
on available teaching
positions, please call the
school's main office at
201-939-4277.

Resumes may be sent to
rhaviello@sacredheartlynd.org

CATHOLICISM SERIES JOIN US

Journey with acclaimed author, speaker and theologian Bishop Robert Barron to more than 50 locations throughout 15 countries. Be illuminated by the spiritual and artistic treasures of this global culture that claims more than one billion of the earth's people.

From the sacred lands of Israel to the beating heart of Uganda... from the glorious shrines of Italy, France, and Spain, to the streets of Mexico, Kolkata, and New York City, the fullness of CATHOLICISM is revealed. Journey deep into the Faith as you watch each episode.

We will be viewing episodes from this series and discussing them on **Wednesday: Aug. 13th, and Aug. 27th at 7:00 PM** in the parish center.



SAVE THE DATE!

LYNDHURST

KNIGHTS OF COLUMBUS

BEEFSTEAK DINNER!

TRICKY TRAY!

SPECIAL 50/50!

OLMC PARISH HALL

SAT. OCTOBER 11, 2025

MORE INFO TO COME!

