



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theesmas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Rita Naviello
Principal
201-939-4277
rnaviello@sacredheartlynd.org

SMALL BLESSINGS DAY CARE
201-935-0506

ARCHDIOCESE OF NEWARK
973-497-4000



17TH SUNDAY IN ORDINARY TIME

"Suppose one of you has a friend to whom he goes at midnight and says, 'Friend, lend me three loaves of bread,' and he says in reply from within, 'Do not bother me.' I tell you, if he does not get up to give the visitor the loaves because of their friendship, he will get up to give him whatever he needs because of his persistence." - Lk 11:5b, 7a, 8

July 27, 2025

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Aug. 10, Sep. 7, Oct. 19, Nov. 9, Dec. 7

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

SEVENTEENTH SUNDAY IN ORDINARY TIME

Prayer is a theme that runs all throughout the Gospel of Luke. It is something that keeps Jesus on course through his journey. It is what focuses his vision. As we watch Jesus at prayer we observe that for him prayer acknowledges our dependence on our God in the present and for our future. Words and language are important only insofar as they lead us to understand the underlying reality. Jesus' answer to His followers about prayer is very simple. He has told us about His Father. We praise His name, we ask, we seek, and we knock at the door in full confidence knowing He will answer our needs. And we love one another and forgive one another as He has already loved and forgiven us. This is an awful lot to unpack from such a short prayer.

The Lord's Prayer offers us a glimpse of Jesus' understanding of the Father - his awe and reverence for God, his childlike, simple-yet-strong faith in his Father and his strength to go bravely through life no matter what comes. It sums up his entire teaching.

It is one of the most revered prayers in the New Testament. We learned to mouth the words in our infancy and continue to pray them throughout our adult lives. It appears everywhere in the life of the community - in liturgy and sacraments, in public and private prayer. It is a prayer that every Christian treasures and the first thing we notice is that it is communal in nature. It is a "we" prayer. "Give us," "forgive us" and "subject us not to the trial." It is a prayer of the community, for the community.

This becomes most evident in the request, "Give us each day our daily bread." This is a plea of the poor for the poor. The poor are important throughout Luke's gospel. The poor, who respond to the Lord in their daily lives, depend on God for each day's sustenance. But this request is also an awakening moment for a community that is called to share all things in common. We're invited to consider what nourishment or help we actually need - nothing more, nothing less. It's also a challenge to reflect on what we're doing to provide for the needs of others.

Our national response to the poor who cry out for daily bread is not good at all. It is disgraceful. We hear the poor and the vulnerable crying out to God for the help that we as a nation and as a Christian community should be doing something about. Our faith tradition as Christians calls us to put the needs of the poor and the vulnerable before all else.

When we pray the prayer that Jesus taught we ask that God will do the seemingly impossible – make the ordinary holy, make the reign of divine justice and peace a reality, lift up the voices of the oppressed, provide whatever is needed in the moment, forgive those who need to be forgiven (including ourselves), and save us all from the time of trial and temptation.

There is no action more fundamental to faith than prayer. Prayer is not some magical exercise. And it is never wasted. Every time we pray, we remember who we are and that we are beloved daughters and sons of God. And every time we pray, we grow more sensitive and attentive to the beauty and power of God's action among us. It takes courage to pray the Lord's Prayer, to truly believe these familiar and yet radical words.

Faith. Academics. Service.

Catholic Schools

SACRED HEART SCHOOL ENROLLMENT FOR THE 2025-2026 SCHOOL YEAR

Do you have a child or grandchild starting or changing school in September? Why not consider Sacred Heart School? We offer a safe and nurturing environment for children Pre-K3 through 8th Grade. Along with their ABCs your child will build character and learn compassion and values. New families considering enrolling in our school can call the school at 201-939-4277 for more details.

ST. ANN'S HOBOKEN FEAST - 115TH YEAR 704 JEFFERSON STREET

This year the feast will take place from Wed., July 23 to Sun., July 27. Enjoy a variety of different food options, live music, games, crafts and 50/50 raffles. 23rd & 24th 6:00 PM- 11:00 PM, 25th, 26th, 27th 1:00 PM - 11:00 PM
St. Ann Novena Masses July 17th - 25th at 7:00 PM.
Procession on July 26th following the 11:00 AM Mass

A FRIENDLY REMINDER ABOUT APPROPRIATE SUMMER ATTIRE AT MASS

Dressing for Mass is simply a matter of showing proper respect, not only for God, but for others around us and ourselves. We should keep in mind the dignity of what we celebrate when we come together for the Mass, which is nothing less than the wedding feast of the Lord, as well as the dignity of the people assembled, who are no one less than the children of God. Remember the days when we wore our "Sunday best," our finest outfits, to Mass? Dress codes at Mass have certainly relaxed over the years. With the warm weather upon us, it is particularly important that we dress appropriately and modestly for Mass, so here are some rules to follow for modest and proper Mass attire during the summer months:

- *Hemlines on dresses and skirts fall at or just slightly above the knee
- *No muscle tee-shirts
- *Hemlines on shorts fall near the knee (no short-shorts)
- *No exposed undergarments.
- *Shoulders and midriffs are covered
- *Necklines are modest - not low-cut
- *No beachwear - no swimsuits with cover-ups for females, no swim trunks for males

FIRST FRIDAY & FIRST SATURDAY

The First Friday devotion and the First Saturday devotion arose from separate private revelations. The First Friday devotion is associated with the Sacred Heart of Jesus, while the First Saturday devotion is associated with the Immaculate Heart of Mary.

The devotions are similar in that they call on the faithful to "stand in the gap" by doing penance for sinners, and both give a special promise of Divine assistance at the hour of death, that is, the promise of dying in a state of grace and therefore obtaining heaven.

FIRST FRIDAY DEVOTION:

Typically nine consecutive Fridays in reparation to the Sacred Heart of Jesus

Our Lord appeared to St. Margaret Mary Alcoque (1647-1690), a French nun in the Visitation Order, and gave her the special task to spread devotion to His Most Sacred Heart at a time when religion was growing cold in the hearts of mankind. For those who did this faithfully, he made what St. Margaret Mary referred to as the "Great Promise".

"I promise you in the unfathomable mercy of my heart that my omnipotent love will procure the grace of final penitence for all those who receive communion on nine successive first Fridays of the month; they will not die in my disfavor [the grace of final repentance], or without having received the sacraments, since my divine heart will be their sure refuge in the last moments of their life."

FIRST SATURDAY DEVOTION:

Typically the devotion is five consecutive Saturdays in reparation to the Immaculate Heart of Mary.

The practice of the First Saturday devotion was requested by Our Lady of Fatima, who appeared to three shepherd children in Fatima, Portugal, multiple times starting in 1917.

She said to Lucia, the oldest of the three children:

"I shall come to ask . . . that on the First Saturday of every month, Communions of reparation be made in atonement for the sins of the world."

Years later she repeated her request to Sr. Lucia, the only one still living of the three young Fatima seers, while she was a postulant sister living in a convent in Spain:

"Look, my daughter, at my Heart, surrounded with thorns with which ungrateful men pierce me at very moment by their blasphemies and ingratitude. You at least try to console me, and that I promise to assist at the hour of death, with the graces necessary for salvation, all those who, on the first Saturday of five consecutive months, shall confess, receive Holy Communion, recite five decades of the rosary, and keep me company for 15 minutes while meditating on the 15 mysteries of the rosary, with the intention of making reparation to me."

Here at Sacred Heart, you can attend Mass at 12 Noon on Fridays and 9:00 AM on Saturdays. Following the Mass on First Saturdays, the devotional prayers and rosary are prayed as a community. Confession is available at 4:00 PM on Saturdays.

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Anne Montillo, Margot O'Hara, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Jamie Brown, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski, Felipe Agustin Breton, Josephine Burns, Arnulfo Orozco, Assunta Santangelo

DECEASED: Joseph Francese, Patrick Marchetta

Food Pantry Update

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans.

Note that great vegetable and fruit prices can be found at Lidl's and Aldi's. Food items can be left near the shrine of the Sacred Heart in the back of the church. Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help our brothers and sisters struggling with food insecurity without you!**

As a reminder, we are unable to package out-of-date food products for distribution to our families.



FEED THE HUNGRY

ONLINE GIVING AT SACRED HEART

Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address:

sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.



JULY 27, 2025



**Seventeenth Sunday
In Ordinary Time**

Anticipated Sunday Mass

5:00pm Silvia Urena

SUNDAY - Seventeenth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Julian & Lorenza Duran

10:30 am Liliana Radicia & Caterina Guida

12:00pm David Anthony Kelly

1:30 pm Alberto Centenaro

MONDAY - Weekday

12:00pm Michael La Pollo

TUESDAY - Sts. Martha, Mary and Lazarus

12:00pm Wiktorja & Czeslaw Turek

WEDNESDAY - Weekday/St. Peter Chrysologus, Bishop and Doctor of the Church

12:00pm Sandra Rizzo

THURSDAY - St. Ignatius of Loyola, Priest

12:00pm John B. Descalzi

FIRST FRIDAY - St. Alphonsus Liguori, Bishop and Doctor of the Church

12:00pm Gabriel Ramirez

FIRST SATURDAY - Weekday/St. Eusebius of Vercelli, Bishop/ St. Peter Julian Eymard, Priest/ Blessed Virgin Mary

9:00am Purgatorial Society

Anticipated Sunday Mass

5:00pm Alice Aquino

SUNDAY - Eighteenth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Rachel A. Kearns

10:30 am Stephen Finch

12:00pm Claudia Arici Delli Santi

1:30 pm Jose & Aureliana Hijos

STEWARDSHIP

Sunday - \$5,242
Retired Priest - \$1,787



**Knights of
Columbus**

JOIN US!

**WHAT IT MEANS
TO BE A KNIGHT**

*We are Catholic men who
**LEAD, SERVE
PROTECT AND DEFEND***

*We share a desire to be better
**HUSBANDS, FATHERS, SONS
NEIGHBORS AND ROLE MODELS**
And to put charity and community first*

**Knights of Columbus
Lyndhurst Council #2396**

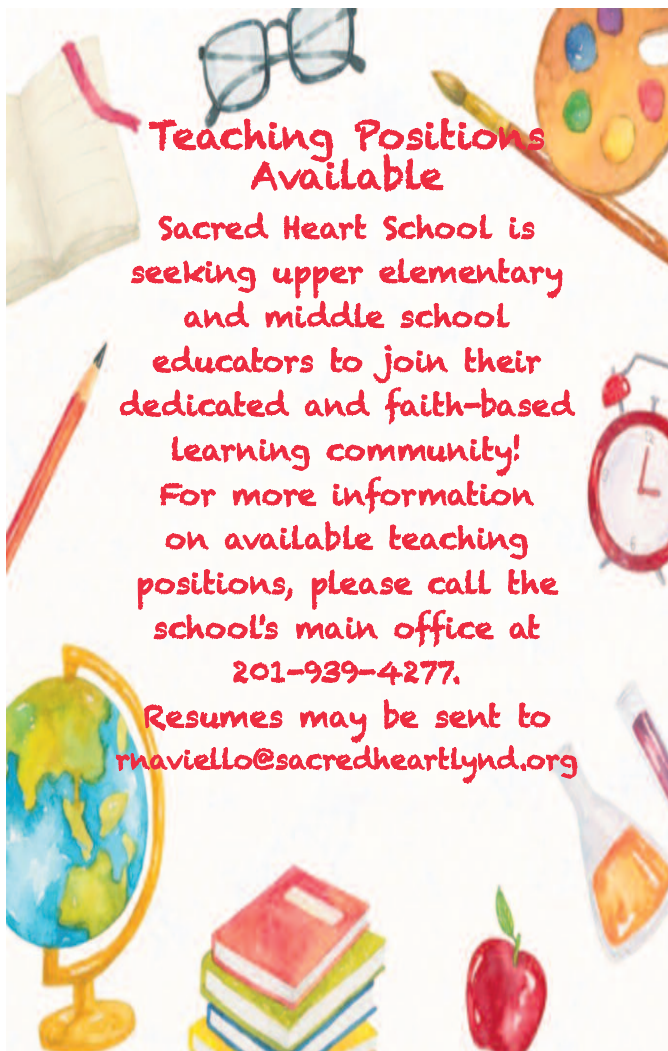
Link Below For More Info
[Linktr.ee/council2396](https://linktr.ee/council2396)

SCAN ME



Supporting

**Sacred Heart Church
Mount Carmel Church
Saint Michael Church**



**Teaching Positions
Available**

Sacred Heart School is seeking upper elementary and middle school educators to join their dedicated and faith-based learning community! For more information on available teaching positions, please call the school's main office at 201-939-4277.

Resumes may be sent to rnaviello@sacredheartlynd.org

CATHOLICISM SERIES JOIN US

Journey with acclaimed author, speaker and theologian Bishop Robert Barron to more than 50 locations throughout 15 countries. Be illuminated by the spiritual and artistic treasures of this global culture that claims more than one billion of the earth's people.

From the sacred lands of Israel to the beating heart of Uganda... from the glorious shrines of Italy, France, and Spain, to the streets of Mexico, Kolkata, and New York City, the fullness of CATHOLICISM is revealed. Journey deep into the Faith as you watch each episode.

We will be viewing episodes from this series and discussing them on **Wednesday: Aug. 13th, and Aug. 27th at 7:00 PM** in the parish center.



SAVE THE DATE!

LYNDHURST

KNIGHTS OF COLUMBUS

BEEFSTEAK DINNER!

TRICKY TRAY!

SPECIAL 50/50!

OLMC PARISH HALL

SAT. OCTOBER 11, 2025

MORE INFO TO COME!

