



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theesmas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Rita Naviello
Principal
201-939-4277
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SMALL BLESSINGS DAY CARE 201-935-0506

ARCHDIOCESE OF NEWARK 973-497-4000



16th Sunday IN ORDINARY TIME

Jesus entered a village where a woman whose name was Martha welcomed him. She had a sister named Mary who sat beside the Lord at his feet listening to him speak. - Lk 10:38-39

July 20, 2025

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Aug. 10, Sep. 7, Oct. 19, Nov. 9, Dec. 7

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

SIXTEENTH SUNDAY IN ORDINARY TIME

Sometimes when reading the Scriptures, we are confronted with a number of questions that need to be answered. "What does this have to do with us today? What does this have to do with our faith? What does this have to do with family or parish life? More importantly, what does this have to do with the larger issue of our global responsibility of welcoming one another?"

Today, we see examples of age-old values: service, stewardship, contemplation - all of which are key components of "hospitality." Abraham drops everything and welcomes three strangers into his home, while his wife Sarah is unexpectedly forced to prepare an elaborate meal for them. Mary of Bethany sits at the feet of the Lord, clinging to His every word. Her sister Martha occupies her time with the business "playing the perfect hostess" with a little resentment thrown in for good measure.

Hospitality - making others feel welcomed and at home - is a gift freely given. But it is much more than simply being "hospitable." Hospitality is being present to the moment, being present to one another in ways that go beyond mere service.

Most times, the "guests" that wander into and out of our lives are not the usual people we find on our guest lists. They may not be those of equal social and economic ranking to our own. Abraham showed his hospitality by enthusiastically welcoming strangers, and by doing so, he welcomed the Lord himself. Mary's is an example of a deep hospitality. She gave what mattered most. She recognized Jesus as a person. She sat with him, opened her heart to him and she listened to him.

We can learn a lesson from Abraham, Sarah, Mary, and Martha. There are times when we need to be busy - to be engrossed in our duties. Both in the family and in our community, we can let our activities become the driving force in our lives. We can become so wrapped up in our duties that we lose sight of the reason we are ministering in the first place.

It has never been easy being a Christian in our world. It is an act of faith and trust in the Spirit to pay attention to what we hear and see, and then reflect on its application to our lives. We must make daily choices that set us against the grain of our contemporaries.

The answers to our original questions can sometimes cause friction and conflict – and they are painful.

Listening and service go hand in hand, and we need to make the time to communicate with each other – listening, recognizing, and appreciating one another. Like Abraham and Sarah, we are called to act graciously towards the many strangers that may cross our paths. And as we discover in the Gospel, we are a Mary/Martha community. Balanced alongside the constant busy-ness of Martha is Mary's need for being still and listening.

Our challenge is to see how these integral parts of the Christian life complement each other.

RETIRED PRIEST COLLECTION JULY 19TH & 20TH

"Let us pray for all good and faithful priests who dedicate themselves to their people with generosity and unknown sacrifices."

-Pope Francis

Our priests enrich our lives in many ways: they baptize our children, comfort us in the confessional, witness our marriage vows and hold our loved ones hands as the Lord calls them home. Let's join together to help provide care and housing for our retired priests so they can live their retirement in dignity. Your generosity in the second collection next weekend will assist the retired priests of the Archdiocese of Newark that have selflessly served the faithful and the community to continue Christ's mission for decades, and in some cases, more than a half century.

ST. ANN'S HOBOKEN FEAST - 115TH YEAR 704 JEFFERSON STREET

This year the feast will take place from Wed., July 23 to Sun., July 27. Enjoy a variety of different food options, live music, games, crafts and 50/50 raffles. 23rd & 24th 6:00 PM- 11:00 PM, 25th, 26th, 27th 1:00 PM - 11:00 PM
St. Ann Novena Masses July 17th - 25th at 7:00 PM.
Procession on July 26th following the 11:00 AM Mass

A FRIENDLY REMINDER ABOUT APPROPRIATE SUMMER ATTIRE AT MASS

Dressing for Mass is simply a matter of showing proper respect, not only for God, but for others around us and ourselves. We should keep in mind the dignity of what we celebrate when we come together for the Mass, which is nothing less than the wedding feast of the Lord, as well as the dignity of the people assembled, who are no one less than the children of God. Remember the days when we wore our "Sunday best," our finest outfits, to Mass? Dress codes at Mass have certainly relaxed over the years. With the warm weather upon us, it is particularly important that we dress appropriately and modestly for Mass, so here are some rules to follow for modest and proper Mass attire during the summer months:

- *Hemlines on dresses and skirts fall at or just slightly above the knee
- *No muscle tee-shirts
- *Hemlines on shorts fall near the knee (no short-shorts)
- *No exposed undergarments.
- *Shoulders and midriffs are covered
- *Necklines are modest - not low-cut
- *No beachwear - no swimsuits with cover-ups for females, no swim trunks for males

Faith. Academics. Service.

Catholic Schools

SACRED HEART SCHOOL ENROLLMENT FOR THE 2025-2026 SCHOOL YEAR

Do you have a child or grandchild starting or changing school in September? Why not consider Sacred Heart School? We offer a safe and nurturing environment for children Pre-K3 through 8th Grade. Along with their ABCs your child will build character and learn compassion and values. New families considering enrolling in our school can call the school at 201-939-4277 for more details.

HOW TO REPORT ABUSE

The Archdiocese of Newark takes very seriously any and all complaints of sexual misconduct by members of the clergy, Religious and lay staff of the Archdiocese. We encourage anyone with knowledge of an act of sexual misconduct to inform the Archdiocese immediately so that we may take appropriate action to protect others and provide support to victims of sexual abuse. Individuals who report an allegation of sexual misconduct may do so by calling the Victim's Assistance Coordinator of the Archdiocesan Office of Child and Youth Protection at (201)407-3256.

The phone numbers for the County Prosecutors within the Archdiocese are:

Bergen - (201) 646-2300 Essex - (973) 621-4700
Hudson - (201) 795-6400 Union - (908) 527-4500

Food Pantry Update

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans. *Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.* Food items can be left near the shrine of the Sacred Heart in the back of the church. Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help our brothers and sisters struggling with food insecurity without you!**

As a reminder, we are unable to package out-of-date food products for distribution to our families.

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:

SATURDAY, JULY 26TH

In Honor of: Donald A. Wernes

Donated by: Joe & Patty Pavlica



PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Anne Montillo, Margot O'Hara, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Jamie Brown, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski, Felipe Agustin Breton, Josephine Burns, Arnulfo Orozco, Assunta Santangelo

DECEASED: Peter Lavell, Anne Montillo

MEMORIAL DONATIONS

During the week of July 20th, the following items used for worship in our sanctuary were donated in the memory of a relative or friend or a special intention.

SANCTUARY LAMP:



In Honor of: James M. Cavalcante

Donated by: Isabel & Jim Cavalcante

BREAD & WINE:



In Honor of: James M. Cavalcante

Donated by: Isabel & Jim Cavalcante

MASS CANDLES:



In Honor of: James M. Cavalcante

Donated by: Isabel & Jim Cavalcante

ONLINE GIVING AT SACRED HEART

Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address:

sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.



JULY 20, 2025



Sixteenth Sunday In Ordinary Time

Anticipated Sunday Mass

5:00pm James M. Cavalcante

SUNDAY - Sixteenth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Marcos Cruz

10:30 am Aldo Virginio

12:00pm Ralph Zocco, III

1:30 pm Ramon Sanchez

MONDAY - Weekday/St. Lawrence of Brindisi, Priest and Doctor of the Church

12:00pm Pureza Sanchez

TUESDAY - St. Mary Magdalene

12:00pm Ann Michna

WEDNESDAY - Weekday/St. Bridget, Religious

12:00pm Salvatore A. Catene, Jr.

THURSDAY - Weekday/St. Sharbel Makluf, Priest

12:00pm Philip Picone

FRIDAY - St. James, Apostle

12:00pm Gabriel & Amalia Vivas

SATURDAY - Sts. Joachim and Anne, Parents of the Blessed Virgin Mary

9:00am Patrick Roberts

Anticipated Sunday Mass

5:00pm Silvia Urena

SUNDAY - Seventeenth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Julian & Lorenza Duran

10:30 am Liliana Radicia & Caterina Guida

12:00pm David Anthony Kelly

1:30 pm Alberto Centenaro

STEWARDSHIP

Sunday - \$5,419

Reminder: We need \$7,900 in the Sunday Collection to cover our budgeted expenses. Thank you



**Knights of
Columbus**

JOIN US!

**WHAT IT MEANS
TO BE A KNIGHT**

*We are Catholic men who
**LEAD, SERVE
PROTECT AND DEFEND***

*We share a desire to be better
**HUSBANDS, FATHERS, SONS
NEIGHBORS AND ROLE MODELS**
And to put charity and community first*

**Knights of Columbus
Lyndhurst Council #2396**

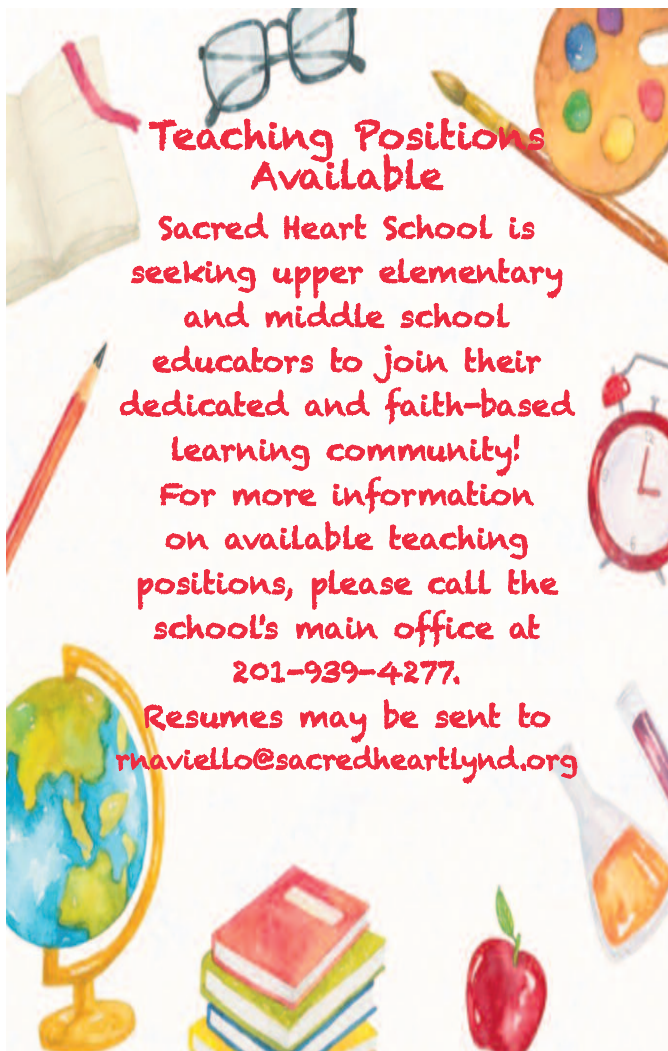
Link Below For More Info
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SCAN ME



Supporting

**Sacred Heart Church
Mount Carmel Church
Saint Michael Church**

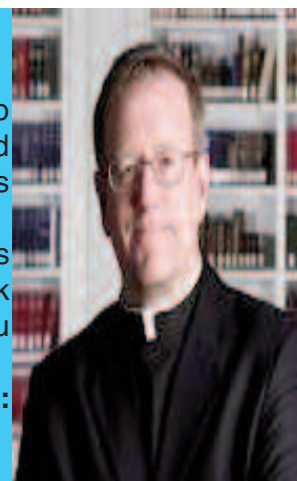


CATHOLICISM SERIES JOIN US

Journey with acclaimed author, speaker and theologian Bishop Robert Barron to more than 50 locations throughout 15 countries. Be illuminated by the spiritual and artistic treasures of this global culture that claims more than one billion of the earth's people.

From the sacred lands of Israel to the beating heart of Uganda... from the glorious shrines of Italy, France, and Spain, to the streets of Mexico, Kolkata, and New York City, the fullness of CATHOLICISM is revealed. Journey deep into the Faith as you watch each episode.

We will be viewing episodes from this series and discussing them on **Wednesday: Aug. 13th, and Aug. 27th at 7:00 PM in the parish center.**



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