



# Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

[www.sacredheartlynd.org](http://www.sacredheartlynd.org)

## SERVED BY:

Rev. Theesmas Pankiraj  
Pastor

Rev. Cesar Chen  
Parochial Vicar

## PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio  
Parish Manager  
[sacredheartchurch@comcast.net](mailto:sacredheartchurch@comcast.net)

## RELIGIOUS EDUCATION

Ryan Tobiason  
Parish Catechetical Leader  
201-935-3094

## SACRED HEART SCHOOL

Linda Durocher  
Principal  
201-939-4277  
[ldurocher@sacredheartlynd.org](mailto:ldurocher@sacredheartlynd.org)

## SMALL BLESSINGS DAY CARE 201-935-0506

## ARCHDIOCESE OF NEWARK 973-497-4000



## 14<sup>TH</sup> SUNDAY IN ORDINARY TIME

"Whatever town you enter and they welcome you, eat what is set before you, cure the sick in it and say to them, 'The kingdom of God is at hand for you.'" - Lk 10:8-9

July 6, 2025

## SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)  
Monday - Friday: 12:00pm in the church  
Saturday: 9:00am in the church,  
5:00pm in church (Anticipated Mass of Sunday)  
Holy Days & Holidays: As announced in Bulletin

## SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm  
Daily: Upon request following the 12:00pm Mass

## SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

**Preparation:** in the church at 7:00pm

**Sacrament:** in the church at 3:00pm  
Jul. 13, Aug. 10, Sep. 7, Oct. 19, Nov. 9, Dec. 7

## SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

## SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

## R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

## PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

## FOURTEENTH SUNDAY IN ORDINARY TIME

God's kingdom is often compared to a "harvest" in the Scriptures. It is an image that perhaps meant more to other cultures, in other ages than our own. Traditionally, today's Gospel is used to preach for an increase in the response to the vocation to the priesthood and religious life. And while that idea is very much valid, there is a much more important message for all of us in the narrative. If we substitute the word "church" for "harvest" we can hear the Lord reminding us that it is by God's favor that we belong to this chosen community.

A harvest just doesn't happen . It requires work. "Church" doesn't just happen. It doesn't just pop up out of the ground. All of the different components which make up our community of faith require work, support, planning, tender care, patience and yes, honest dialog.

The Gospel today tells us that the seventy-two returned "rejoicing" that their mission was successful. It says nothing about them being rejected or chased out of the towns to which they were sent. It could very well be that they were. But Luke chooses to focus on the success of the mission and on the fact that the Gospel is proclaimed by the very ones who desperately need it.

The church of Jesus Christ must be a community of responsible leadership and commitments. It must be a community of shared leadership between clergy and laity and shared commitment to the work of the harvest. If we are to witness to the Good News of Christ, we must do so because together we are the Church. We need to cooperate and to respond. And we must not be afraid to speak out whenever anyone gives evidence of attitudes that do not reflect the spirit of Jesus. That doesn't mean grumbling and complaining in private, but rather to speak sincerely and constructively. It means taking ownership of the Gospel. It means remembering that as baptized and sacramental people we are empowered to be alive in the Holy Spirit and to transform the world.

Jesus told the seventy-two to "travel light," not to carry a money bag, or a sack or sandals. He told them to enter each household and greet those within with peace. Traveling light means speaking the word of peace not of violence. It means leaving behind all the excess baggage of our own petty prejudices and preferences. It means living out the words we speak with sincerity and brutal honesty. It is not enough for us as human beings just to live. We also must give words to what we are living.

But just speaking words of peace is not enough. Talking about "love" or "praying for peace" is not enough. We must transform those words into action. And when we do that we become healthy and effective laborers in the harvest.

Henri Nouwen reminds us of something very significant about the use of words:

*"Words are important. Without them our actions lose meaning. And without meaning we cannot live. Words can offer perspective, insight, understanding, and vision. Words can bring consolation, comfort, encouragement and hope. Words can take away fear, isolation, shame, and guilt. Words can reconcile, unite, forgive, and heal. Words can bring peace and joy, inner freedom and deep gratitude. Words, in short, can carry love on their wings. A word of love can be the greatest act of love. That is because when our words become flesh in our own lives and the lives of others, we can change the world. Jesus is the word made flesh. In him speaking and acting were one."*



### EXCERPTS FROM POPE LEO XIV'S ANGELUS ADDRESS JUNE 22, 2025

"Every member of the international community has a moral responsibility: Stop the tragedy of war before it becomes an irreparable abyss,"

"War does not solve problems, but rather it amplifies them and produces deep wounds in the history of people that take generations to heal,"

"Let diplomacy silence the weapons,"

"Let nations chart their future with works of peace, not with violence and bloody conflicts!"

### A FRIENDLY REMINDER ABOUT APPROPRIATE SUMMER ATTIRE AT MASS

Dressing for Mass is simply a matter of showing proper respect, not only for God, but for others around us and ourselves. We should keep in mind the dignity of what we celebrate when we come together for the Mass, which is nothing less than the wedding feast of the Lord, as well as the dignity of the people assembled, who are no one less than the children of God. Remember the days when we wore our "Sunday best," our finest outfits, to Mass? Dress codes at Mass have certainly relaxed over the years. With the warm weather upon us, it is particularly important that we dress appropriately and modestly for Mass, so here are some rules to follow for modest and proper Mass attire during the summer months:

\*Hemlines on dresses and skirts fall at or just slightly above the knee

\*No muscle tee-shirts

\*Hemlines on shorts fall near the knee (no short-shorts)

\*No exposed undergarments.

\*Shoulders and midriffs are covered

\*Necklines are modest - not low-cut

\*No beachwear - no swimsuits with cover-ups for females, no swim trunks for males

## Faith. Academics. Service.

# Catholic Schools

### SACRED HEART SCHOOL ENROLLMENT FOR THE 2025-2026 SCHOOL YEAR

Do you have a child or grandchild starting or changing school in September? Why not consider Sacred Heart School? We offer a safe and nurturing environment for children Pre-K3 through 8th Grade. Along with their ABCs your child will build character and learn compassion and values. New families considering enrolling in our school can call the school at 201-939-4277 for more details.

### HOW TO REPORT ABUSE

The Archdiocese of Newark takes very seriously any and all complaints of sexual misconduct by members of the clergy, Religious and lay staff of the Archdiocese. We encourage anyone with knowledge of an act of sexual misconduct to inform the Archdiocese immediately so that we may take appropriate action to protect others and provide support to victims of sexual abuse. Individuals who report an allegation of sexual misconduct may do so by calling the Victim's Assistance Coordinator of the Archdiocesan Office of Child and Youth Protection at (201)407-3256.

The phone numbers for the County Prosecutors within the Archdiocese are:

Bergen - (201) 646-2300

Essex - (973) 621-4700

Hudson - (201) 795-6400

Union - (908) 527-4500

## Food Pantry Update

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans. *Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.* Food items can be left near the shrine of the Sacred Heart in the back of the church. Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help our brothers and sisters struggling with food insecurity without you!**



**FEED THE  
HUNGRY**

## PLEASE PRAY FOR OUR PARISH FAMILY

**SICK:** Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Anne Montillo, Margot O'Hara, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Jamie Brown, John Santelli, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski, Felipe Agustin Breton, Josephine Burns, Arnulfo Orozco

**DECEASED:** All those from our parish family the Lord has called home

## MEMORIAL DONATIONS

During the week of July 5th, the following items used for worship in our sanctuary were donated in the memory of a relative or friend or a special intention.

### SANCTUARY LAMP:



In Honor of: Philip Coiro

Donated by: Nilde Coiro & Family

## OUR LADY OF MT. CARMEL LYNDHURST PARISH FEAST

We are happy to announce that our Parish Feast will once again be at the Town Hall Park.

Please plan to join us for Rides, Games, Food, and Live Music on:

Wed., Jul. 9 at 6:00pm Thu., Jul. 10 at 6:00pm

Fri., Jul. 11 at 6:00pm Sat., Jul. 12 at 5:00pm

### PROCESSION IN HONOR OF OUR LADY

Join us for our opening procession in honor of our patroness, Wednesday, July 9 at 5:15 PM at the corner of Pine Street and Valley Brook Ave. The procession will go east on Valley Brook Ave then left on Delafield Ave. into the Feast.

## ONLINE GIVING AT SACRED HEART

Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: [sacredheartchurch@comcast.net](mailto:sacredheartchurch@comcast.net).

**Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.**

2. You can visit [www.sacredheartlynd.org](http://www.sacredheartlynd.org), our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

**JULY 6, 2025**



## Fourteenth Sunday In Ordinary Time

### Anticipated Sunday Mass

5:00pm Norman G. Arcos

### SUNDAY - Fourteenth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Michael Stephen Maleczkiewicz

10:30 am Florence & John Pavlica

12:00pm Leonel Morocho

1:30 pm Carmela & Joseph Polma

### MONDAY - Weekday

12:00pm Angela Meister (Living)

### TUESDAY - Weekday

12:00pm Marita Carucci

### WEDNESDAY - Weekday/St. Augustine Zhao Rong, Priest and Companions, Martyrs

12:00pm Julian & Lorenza Duran

### THURSDAY - Weekday

12:00pm Ann Michna

### FRIDAY - St. Benedict, Abbot

12:00pm Philip Coiro

### SATURDAY - Weekday/Blessed Virgin Mary

9:00am Amalia de Vivas

### Anticipated Sunday Mass

5:00pm Arthur Klein

### SUNDAY - Fifteenth Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Arthur Giammetta

10:30 am Bob Callahan

12:00pm Silvio Cinquino

1:30 pm Aureliana Rodriguez & Familia

## STEWARDSHIP

Collection Totals Not Available  
At Time Of Publication

Reminder: We need \$7,900 in the Sunday Collection to cover our budgeted expenses. Thank you for your continued generosity!!

# LYNDHURST TOWN HALL PARK



## FOUR EVENINGS OF AMAZING MUSIC!

Wednesday, July 9th  
to

Saturday, July 12th  
6:00pm - 10:00pm

July 9th - LIGHTS OUT

Tribute to Frankie Valli & The Four  
Season

AMERICAN SOUL

July 10th - SUPER 70'S ROCK SHOW

RUBIX KUBE - 80' Band

July 11th - THE MAGIC OF HEART

STEVIE MAC - A Fleetwood Mac &  
Stevie Nicks Experience

5:00pm - 11:00pm

July 12th - U2TOPIA

CONSTANTINE MAROULIS

## PAY IT FORWARD PROGRAM

**Sacred Heart Parish has partnered with BCB Bank to raise some need funds for our parish.** The Pay It Forward Program gives us the opportunity to earn donations based on the number of supporters who signed up for the program. If we have 20-50 members, BCB will contribute 0.20% of the cumulative account balance, 51-75 members 0.30%, 76+ members 0.40%. **A minimum of 20 members is required**

**\*\*NO DONATIONS ARE WITHDRAWN FROM CUSTOMER'S ACCOUNTS, ALL DONATIONS COME DIRECTLY FROM BCB.**

**\*\*ALL PERSONAL AND FINANCIAL INFORMATION IS KEPT STRICTLY CONFIDENTIAL BY THE BANK. THE CHURCH WILL NOT KNOW WHO HAS REGISTERED UNLESS YOU DECIDE TO SHARE THIS INFORMATION WITH US.** Contact BCB directly if you have questions about the program or want to open an account. Please remember to tell them you want to support Sacred Heart Church in Lyndhurst.

Lyndhurst - 201-728-6810,  
Rutherford - 201-728-6960

## LEARN MORE ABOUT THE FUTURE OF THE ARCHDIOCESE OF NEWARK

**To learn more about the Archdiocese's plan for the future and to see the text of the letter from the Cardinal Tobin read at the Masses visit: [WeAreHisWitnesses.org](http://WeAreHisWitnesses.org)**