



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

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www.sacredheartlynd.org

SERVED BY:

Rev. Theesmas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

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RELIGIOUS EDUCATION

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Parish Catechetical Leader
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SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
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SMALL BLESSINGS DAY CARE 201-935-0506

ARCHDIOCESE OF NEWARK 973-497-4000



SAINTS PETER AND PAUL, APOSTLES

"You are Peter, and upon this rock I will build my Church, and the gates of the netherworld shall not prevail against it. I will give you the keys to the Kingdom of heaven. Whatever you bind on earth shall be bound in heaven; and whatever you loose on earth shall be loosed in heaven." - Mt 16:18-19

JUNE 29, 2025

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Jul. 13, Aug. 10, Sep. 7, Oct. 19, Nov. 9, Dec. 7

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

THE SOLEMNITY OF SAINTS PETER AND PAUL, APOSTLES

We remember today Saints Peter and Paul who guided the early Church just after the time of Jesus. Both died as martyrs for the faith in Rome, in the early 60s, just thirty years after the death of Jesus. Peter was crucified upside down in the courtyard to the left of St. Peter's Basilica (in the courtyard behind the arch where the Swiss Guards stand on duty) and Paul was beheaded between Rome and the sea, in a place now called Tre Fontane (Italian for "three fountains" after the legend that the three springs in the spot mark the three places where Paul's head bounced after being beheaded). Peter was buried in the nearest cemetery which was on top of Vatican Hill and St. Peter's Basilica was later built on top of Peter's tomb, with the main altar being directly on top of his tomb. Paul was also buried in the nearest cemetery and the Basilica of St. Paul's outside the Walls was later built on top of his tomb, with the main altar being directly on top of his tomb.

Each of these two saints is important for different reasons. Peter was the first Pope and kept the Church united as it grew very rapidly in the years following Pentecost. In the first years after Pentecost, it was the Jewish people who accepted Jesus as the Savior and so the early Church was a very Jewish Church. But as time went on, Paul began to preach also to non-Jewish people, the Gentiles as they were called. All of us are Gentiles. His preaching was very successful, and he brought huge numbers of non-Jewish people into the Church, so much so that the number of Jewish people in the Church was greatly outnumbered by non-Jewish people. It is because of Paul that we are now in the Church. So both Peter and Paul had very important tasks in the early Church: Peter maintaining the unity in the Church which during his lifetime had already spread throughout the Middle East and Europe, and Paul who taught the Jewish people that Jesus is the fulfillment of their Old Testament hopes and taught the Gentiles that Jesus is the Savior. Whenever you see statues of Peter and Paul, usually Peter is holding a key symbolizing his duty as head of the Church, and Paul is holding the Bible symbolizing his preaching.

It is interesting to note the personalities of both Peter and Paul. Peter was impetuous—on Holy Thursday night telling Jesus that he would die with him if necessary (John 13:37) but later that night he denied he knew him. We also remember Peter's objection to Jesus' prediction that he would suffer and die in Jerusalem and Jesus said, "Get behind me Satan because the way you think is man's way and not God's way." (Matt 16:23) Yet what made Peter a suitable candidate for Jesus' call was his love for Jesus, so three times Jesus asked him if he loved him and asked him to look after the flock (John 21:15-19).

Paul was a controversial character in his own way. He had a fiery personality. In his early life he channeled that fire towards persecuting the Christians in Jerusalem, even witnessing the death of Stephen, the first martyr for Jesus (Acts 8:1). After his conversion, Paul's preaching was fiery and upset the Churches. In Acts we read that Paul then returned to Tarsus, and the next sentence says it all: "the churches throughout Judea, Galilee and Samaria were left in peace." (9:31) Paul spent 10 years back in Tarsus before he began his preaching. It was a time for him to cool down and learn what the death and resurrection of Jesus meant for us all. Why did God call Paul? Paul was a highly educated Pharisee (Acts 22:3), and it would be only someone like him who could see that the Jewish expectations were fulfilled in Jesus. Paul had the strong personality needed for that daring challenge.

As we look at the personalities of Peter and Paul, we see that God called them to use their personalities to spread the Gospel—Peter to use his impetuous love to look after the flock, and Paul to use his training as a Pharisee and his strength of character to ensure that the non-Jewish people would be welcomed into the Church. It is a reminder to us that our talents and our weaknesses too can become God's means of helping others, if we allow. We don't have to be perfect for God to work through us; God can work through us, faults and all, as he did with Peter and Paul.

Lyndhurst's Celebration of the Fourth of July

The Department of Parks & Recreation will be celebrating Independence Day with food trucks, novelty vendors, music with DJ Bobby G. and spectacular fireworks on **Monday, June 30th**. All are invited to celebrate our country's independence! **Festivities start at 6:00 PM behind the Little League fields at 255 Riverside Avenue.** There will be Patriotic Exercises at 8:30



INDEPENDENCE DAY HOLIDAY OBERVANCE

Friday, July 4th is the Independence Day Holiday. The parish office will close on Thursday, July 3rd at 2:00PM and reopen on Monday, July 7th at 9:00 AM. The Mass will be celebrated on 9:00 AM on July 4th. This will be the only Mass celebrated. The priests and staff of Sacred Heart wish all our parish family a happy and safe holiday celebration.

A FRIENDLY REMINDER ABOUT APPROPRIATE SUMMER ATTIRE AT MASS

Dressing for Mass is simply a matter of showing proper respect, not only for God, but for others around us and ourselves. We should keep in mind the dignity of what we celebrate when we come together for the Mass, which is nothing less than the wedding feast of the Lord, as well as the dignity of the people assembled, who are no one less than the children of God. Remember the days when we wore our "Sunday best," our finest outfits, to Mass? Dress codes at Mass have certainly relaxed over the years. With the warm weather upon us, it is particularly important that we dress appropriately and modestly for Mass, so here are some rules to follow for modest and proper Mass attire during the summer months:

- *Hemlines on dresses and skirts fall at or just slightly above the knee
- *No muscle tee-shirts
- *Hemlines on shorts fall near the knee (no short-shorts)
- *No exposed undergarments.
- *Shoulders and midriffs are covered
- *Necklines are modest - not low-cut
- *No beachwear - no swimsuits with cover-ups for females, no swim trunks for males

Faith. Academics. Service.

Catholic Schools

SACRED HEART SCHOOL ENROLLMENT FOR THE 2025-2026 SCHOOL YEAR

Do you have a child or grandchild starting or changing school in September? Why not consider Sacred Heart School? We offer a safe and nurturing environment for children Pre-K3 through 8th Grade. Along with their ABCs your child will build character and learn compassion and values. New families considering enrolling in our school can call the school at 201-939-4277 for more details.

HOW TO REPORT ABUSE

The Archdiocese of Newark takes very seriously any and all complaints of sexual misconduct by members of the clergy, Religious and lay staff of the Archdiocese. We encourage anyone with knowledge of an act of sexual misconduct to inform the Archdiocese immediately so that we may take appropriate action to protect others and provide support to victims of sexual abuse. Individuals who report an allegation of sexual misconduct may do so by calling the Victim's Assistance Coordinator of the Archdiocesan Office of Child and Youth Protection at (201)407-3256.

The phone numbers for the County Prosecutors within the Archdiocese are:

- Bergen - (201) 646-2300
- Essex - (973) 621-4700
- Hudson - (201) 795-6400
- Union - (908) 527-4500

Food Pantry Update

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans. *Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.* Food items can be left near the shrine of the Sacred Heart in the back of the church. Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help our brothers and sisters struggling with food insecurity without you!**



PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Anne Montillo, Margot O'Hara, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Jamie Brown, John Santelli, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski, Felipe Agustin Breton

DECEASED: Rodalyn Trinidad

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:



FRIDAY, JULY 4TH

In Honor of: Jose Alves Da Silva

Donated by: Andrew & Rosemary Paleologos

SECOND COLLECTION THIS WEEK - PETER'S PENCE

Pope Francis called each of us to witness to charity and to show God's mercy to one another. He encouraged us to "open our eyes and see the misery of the world, the wounds of our brothers and sisters who are denied their dignity, and let us recognize that we are compelled to heed their cry for help!" (Misericordiae Vultus [MV], no. 15). The Peter's Pence Collection unites us in solidarity to the Holy See and its works of charity to those in need. Your generosity in the second collection this week allows the Pope to respond to our suffering brothers and sisters.

ONLINE GIVING AT SACRED HEART

Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.



JUNE 29, 2025



SOLEMNITY OF
SAINTS PETER & PAUL, APOSTLES

Anticipated Sunday Mass

5:00pm Julian & Lorenza Duran

SUNDAY - STS. PETER & PAUL, APOSTLES

7:30am People Of Sacred Heart
9:00am Jason Ayala & Fina Alvarez
10:30 am Kathleen Bonassi Fuhr
12:00pm Rosemary Marranzino
1:30 pm Accion de Gracias de la Familia Ramirez

MONDAY - Weekday/Thirteenth Week In Ordinary Time

12:00pm Lopuise & Anthony Radice

TUESDAY - Weekday/St. Junipero Serra, Priest

12:00pm Rudy Esposito

WEDNESDAY - Weekday

12:00pm Joanna & Adam Kwapniewski

THURSDAY - St. Thomas, Apostle

12:00pm Felizaeda Gallagher & Maria & Jose Rendeiro

FIRST FRIDAY - Weekday/Independence Day

9:00am Maria Caterina Megale

FIRST SATURDAY - Weekday/St. Anthony Zaccaria, Priest/St. Elizabeth of Portugal/Blessed Virgin Mary

9:00am Purgatorial Society

Anticipated Sunday Mass

5:00pm Norman G. Arcos

SUNDAY - Fourteenth Sunday In Ordinary Time

7:30am People Of Sacred Heart
9:00am Michael Stephen Maleczkowicz
10:30 am Florence & John Pavlica
12:00pm Leonel Morocho
1:30 pm Carmela & Joseph Polma

STEWARDSHIP

Sunday - June 23 \$4,737
Missionary Cooperation - \$2,491

LYNDHURST TOWN HALL PARK



FOUR EVENINGS OF AMAZING MUSIC!

Wednesday, July 9th
to

Saturday, July 12th
6:00pm - 10:00pm

July 9th - LIGHTS OUT

Tribute to Frankie Valli & The Four
Season

AMERICAN SOUL

July 10th - SUPER 70'S ROCK SHOW

RUBIX KUBE - 80' Band

July 11th - THE MAGIC OF HEART

STEVIE MAC - A Fleetwood Mac &
Stevie Nicks Experience

5:00pm - 11:00pm

July 12th - U2TOPIA

CONSTANTINE MAROULIS

PAY IT FORWARD PROGRAM

Sacred Heart Parish has partnered with BCB Bank to raise some need funds for our parish. The Pay It Forward Program gives us the opportunity to earn donations based on the number of supporters who signed up for the program. If we have 20-50 members, BCB will contribute 0.20% of the cumulative account balance, 51-75 members 0.30%, 76+ members 0.40%. **A minimum of 20 members is required**

****NO DONATIONS ARE WITHDRAWN FROM CUSTOMER'S ACCOUNTS, ALL DONATIONS COME DIRECTLY FROM BCB.**

****ALL PERSONAL AND FINANCIAL INFORMATION IS KEPT STRICTLY CONFIDENTIAL BY THE BANK. THE CHURCH WILL NOT KNOW WHO HAS REGISTERED UNLESS YOU DECIDE TO SHARE THIS INFORMATION WITH US.** Contact BCB directly if you have questions about the program or want to open an account. Please remember to tell them you want to support Sacred Heart Church in Lyndhurst.

Lyndhurst - 201-728-6810,
Rutherford - 201-728-6960

LEARN MORE ABOUT THE FUTURE OF THE ARCHDIOCESE OF NEWARK

To learn more about the Archdiocese's plan for the future and to see the text of the letter from the Cardinal Tobin read at the Masses visit: WeAreHisWitnesses.org