



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theesmas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
ldurocher@sacredheartlynd.org

SMALL BLESSINGS DAY CARE 201-935-0506

ARCHDIOCESE OF NEWARK 973-497-4000



THE MOST HOLY BODY AND BLOOD OF CHRIST

Then taking the five loaves and the two fish, and looking up to heaven, he said the blessing over them, broke them, and gave them to the disciples to set before the crowd. They all ate and were satisfied. And when the leftover fragments were picked up, they filled twelve wicker baskets. - Lk 9:16-17

JUNE 22, 2025

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Jul. 13, Aug. 10, Sep. 7, Oct. 19, Nov. 9, Dec. 7

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

THE SOLEMNITY OF THE MOST HOLY BODY AND BLOOD OF CHRIST CORPUS CHRISTI

The Solemnity of the Most Holy Body and Blood of Christ—also known as Corpus Christi—is traditionally celebrated on the Thursday after Trinity Sunday. But in some countries and in some dioceses, it is celebrated on the following Sunday.

In a way, we have already celebrated this feast. We did so on Holy (Maundy) Thursday in Holy Week. On that occasion, the emphasis was on the institution, the gift of the Eucharist to us as one of Jesus' last acts before his suffering and death. It was, moreover, to be an enduring memorial of that great liberating act by which God's love would be forever kept before our minds.

Perhaps today we should emphasise more the community dimension of the celebration of the Eucharist, which is often missing. We tend to see 'going to Mass' very much in individual terms. If 'I' fail to 'go to Mass' through 'my own fault', 'I' have committed a mortal sin. We also tend to talk about 'hearing' Mass, or being 'at Mass'. We ask questions like: "Who said the Mass?" The priest himself may even be heard to announce: "I am saying this Mass for the repose of the soul of..." or even "I am saying this Mass for all of you here".

On reflection, these expressions are very strange. They tend to present the Eucharist as something that the priest alone does on behalf of other people. People seem to feel themselves present at a performance in which they are only expected to be physically present. This is sometimes further accentuated by a choir doing all the singing (that is, if there is singing) and a 'commentator' shouting out all the prayers over the microphone. Quite a number of people come in late and many leave before the end. These things are all so common that we hardly notice them. We may even accept these things as 'just the way they are'. But it tells us a lot about what it means to people to be present (or not present) at the Eucharist.

The Eucharist is essentially, and of its very nature, a community action in which every person present is expected to be an active participant. We are here, on the one hand, recalling what makes us Christians in the first place—our identification with the life, suffering, death and resurrection of Jesus. And that identification with Jesus is expressed not through a one-to-one relationship with him, but in a community relationship with him present in all those who call themselves Christian. We relate to him through his Risen Body, which is the whole community bearing his name. There is no place in Christianity for individualism. It is a horizontal faith: we go to God with and through those around us.

Every Sunday we come together as that Body, as a community, to say thanks to him and hence the name 'Eucharist' which means 'thanks'. It is regrettable, then, if we are only in church to 'keep the Third Commandment' on a purely private, individual, devotional basis. With that mentality, it will not be surprising if we think it does not matter if we are late or leave early. Because, with that mentality, 'going to Mass' is a private affair for me and all the others who 'happen' to be there, too.

Some even resent that there is too much going on. They wonder why they cannot be "left in peace to say their prayers". It is true some Mass celebrations can be overactive or over-intrusive, but on the other hand, it is not a time for contemplative prayer. One can do that much better at home. The whole point of being at Mass is to celebrate together with one's fellow-Christians as a community of the disciples of Jesus.

'Going to communion' is not a private 'receiving', but a sharing—an eating together of the one Bread. This one Bread is Jesus in his Risen Body; it includes not only Jesus, but the whole community present. We recognize in the sharing not just the individual Jesus coming to me, but Jesus in his Body, of which we are all part.

**ARCHDIOCESE MISSIONARY
COOPERATION PLAN
ORDER OF THE MOST HOLY TRINITY AND
OF THE CAPTIVES (OSSTMISSIONS.ORG)
SECOND COLLECTION JUN 21ST & 22ND**

On June 21st and 22nd, Fr. Edward Owens, OSsT, (Order of the Most Holy Trinity and of the Captives) will be in our parish for a mission appeal. Fr. Edward is a Trinitarian priest who taught scripture at seminaries and universities for several decades, most recently in San Antonio. He had written for Paulist, Liturgical, and other presses. He currently enjoys retirement at his community in Trenton Diocese and pastoral ministry. At each Mass Father will ask for our prayers and financial assistance as his Order works to expand its ministry of Catholic education in Kamrup (Assam) India. Most of the Christians in this secluded part of the country belong to tribal communities and are often persecuted for their faith by non-Christian tribes. In this part of the county children do not have access to a proper education due to extreme poverty and persecution. The Trinitarians in India hope to expand their ministry of Catholic education through their newly opened DeMatha English Medium School. This expansion will allow the school to add additional grade levels, dormitories for boarding students, a Monastery for the religious, a playground for the younger children, and an auditorium. The Trinitarians are hopeful that your generosity during this Mission Appeal will help them to more effectively live their school's motto, "Educate to Liberate." Please consider supporting the work of the Trinitarians in India as they continue to spread God's mercy and redemption in this remote part of the world. Checks and donations can be made out to our parish.

**ARCHDIOCESE OF NEWARK
ANNUAL APPEAL 2025**

The Archdiocese's 2025 Annual Appeal is currently underway. You may have received at home a letter from Cardinal Timothy M. Dolan. The important role the Annual Appeal plays in the Archdiocese.

To Date, 133 families have
generously supported
Our Parish's Goal
Paid To Date

****Reminder** **Goal in**
paid gifts **for the**
Appeal **can put your**
gift in **at collection**
time. **gift online at**
www.rcan.org **be sure to select**
Sacred Heart **so the parish**
receives credit.

THANK YOU!
GOAL ACHIEVED
PLEASE CONTINUE TO
MAKE THE PAYMENTS
ON YOUR PLEDGE

**SACRED HEART SCHOOL
ENROLLMENT FOR THE
2025-2026 SCHOOL YEAR**

Do you have a child or grandchild starting or changing school in September? Why not consider Sacred Heart School? We offer a safe and nurturing environment for children Pre-K3 through 8th Grade. Along with their ABCs your child will build character and learn compassion and values. New families considering enrolling in our school can call the school at 201-939-4277 for more details.

HOW TO REPORT ABUSE

The Archdiocese of Newark takes very seriously any and all complaints of sexual misconduct by members of the clergy, Religious and lay staff of the Archdiocese. We encourage anyone with knowledge of an act of sexual misconduct to inform the Archdiocese immediately so that we may take appropriate action to protect others and provide support to victims of sexual abuse. Individuals who report an allegation of sexual misconduct may do so by calling the Victim's Assistance Coordinator of the Archdiocesan Office of Child and Youth Protection at (201)407-3256.

The phone numbers for the County Prosecutors within the Archdiocese are:

Bergen - (201) 646-2300
Essex - (973) 621-4700
Hudson - (201) 795-6400
Union - (908) 527-4500

ATLANTIC CITY BUS RIDE

St. Michael the Archangel Church here in Lyndhurst is having a bus ride to Atlantic City on Sunday, June 29th at 10:30 AM. For more details or to make a reservation place call Marylou Mullins at 201-933-2186.

Food Pantry Update

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans, *Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.* Food items can be left near the shrine of the Sacred Heart in the back of the church. Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help our brothers and sisters struggling with food insecurity without you!**



**FEED THE
HUNGRY**

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Anne Montillo, Margot O'Hara, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Jamie Brown, John Santelli, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski, Felipe Agustin Breton

DECEASED: Theresa A. Stajek

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:



TUESDAY, JUNE 24TH

In Honor of: Patrick Ferrara

Donated by: Patty & Joe Pavlica

SECOND COLLECTION NEXT WEEK - PETER'S PENCE

Pope Francis called each of us to witness to charity and to show God's mercy to one another. He encouraged us to "open our eyes and see the misery of the world, the wounds of our brothers and sisters who are denied their dignity, and let us recognize that we are compelled to heed their cry for help!" (Misericordiae Vultus [MV], no. 15). The Peter's Pence Collection unites us in solidarity to the Holy See and its works of charity to those in need. Your generosity in the second collection next week allows the Pope to respond to our suffering brothers and sisters.

ONLINE GIVING AT SACRED HEART

Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.



JUNE 22, 2025



**SOLEMNITY OF
THE MOST HOLY
BODY & BLOOD OF CHRIST**

Anticipated Sunday Mass

5:00pm Francis Lee Prestridge

SUNDAY - THE MOST HOLY HOLY BODY AND BLOOD OF CHRIST CORPUS CHRISTI

7:30am People Of Sacred Heart

9:00am Rachel A. Kearns

10:30 am Bernadette Lynch

12:00pm Arthur Giammetta

1:30 pm Christian Porras (Living)

MONDAY - Weekday/Twelfth Week In Ordinary Time

12:00pm Arturo Ongoco

TUESDAY - THE NATIVITY OF ST. JOHN THE BAPTIST

12:00pm Patrick & Camille Ferrara

WEDNESDAY - Weekday

12:00pm Alfonso Demilio

THURSDAY - Weekday

12:00pm Violet Pagan (Living)

FRIDAY - THE MOST SACRED HEART OF JESUS

7:30pm People of Sacred Heart

SATURDAY - Weekday/The Immaculate Heart of the Blessed Virgin Mary/St. Irenaeus, Bishop, Martyr and Doctor of the Church

9:00am Mickey & Nada Carini

Anticipated Sunday Mass

5:00pm Julian & Lorenza Duran

SUNDAY - STS. PETER & PAUL, APOSTLES

7:30am People Of Sacred Heart

9:00am Jason Ayala & Fina Alvarez

10:30 am Kathleen Bonassi Fuhr

12:00pm Rosemary Marranzino

1:30 pm Accion de Gracias de
la Familia Ramirez

STEWARDSHIP

Sunday - June 15 \$6,026
Annual Appeal - \$3,699

SOLEMNITY OF THE MOST SACRED HEART OF JESUS FRIDAY, JUNE 27TH 7:30 PM

We invite all members of our parish family to attend the bilingual liturgy as well as the hospitality which will follow in the school cafeteria. **Please note that this will be the only Mass celebrated on June 27th.** Msgr. Bill Reilly will be our guest celebrant.

If you would be willing to bake for the celebration, that would be appreciated. Please call the parish office if you would be willing to do so. We're hoping all groups in the parish will join this celebration. Hope to see you then.

Celebrated on the third Friday after Pentecost, the devotion to the Sacred Heart of Jesus recognizes Jesus' great love for us as symbolized by His heart.

The devotion began in the 1670s, when Jesus appeared multiple times to St. Margaret Mary Alacoque, a Visitation nun in France. Through these visions, He told her how He wished to be honored with the symbol of His heart, asking for the faithful to make amends for any wrongdoing they had done, frequently take Communion, and observe the Holy Hour. In 1856, the devotion was added to the church calendar by Pope Pius IX.

Prayer of Trust in The Sacred Heart

In all my temptations, I place my trust in You, O Sacred Heart of Jesus.
In all my weaknesses, I place my trust in You, O Sacred Heart of Jesus.
In all my difficulties, I place my trust in You, O Sacred Heart of Jesus.
In all my trials, I place my trust in You, O Sacred Heart of Jesus.
In all my sorrows, I place my trust in You, O Sacred Heart of Jesus.
In all my work, I place my trust in You, O Sacred Heart of Jesus.
In every failure, I place my trust in You, O Sacred Heart of Jesus.
In every discouragement, I place my trust in You, O Sacred Heart of Jesus.
In life and in death, I place my trust in You, O Sacred Heart of Jesus.
In time and in eternity, I place my trust in You, O Sacred Heart of Jesus.



PAY IT FORWARD PROGRAM

Sacred Heart Parish has partnered with BCB Bank to raise some need funds for our parish. The Pay It Forward Program gives us the opportunity to earn donations based on the number of supporters who signed up for the program. If we have 20-50 members, BCB will contribute 0.20% of the cumulative account balance, 51-75 members 0.30%, 76+ members 0.40%. **A minimum of 20 members is required**

****NO DONATIONS ARE WITHDRAWN FROM CUSTOMER'S ACCOUNTS, ALL DONATIONS COME DIRECTLY FROM BCB.**

****ALL PERSONAL AND FINANCIAL INFORMATION IS KEPT STRICTLY CONFIDENTIAL BY THE BANK. THE CHURCH WILL NOT KNOW WHO HAS REGISTERED UNLESS YOU DECIDE TO SHARE THIS INFORMATION WITH US.** Contact BCB directly if you have questions about the program or want to open an account. Please remember to tell them you want to support Sacred Heart Church in Lyndhurst.

Lyndhurst - 201-728-6810,
Rutherford - 201-728-6960

LEARN MORE ABOUT THE FUTURE OF THE ARCHDIOCESE OF NEWARK

To learn more about the Archdiocese's plan for the future and to see the text of the letter from the Cardinal Tobin read at the Masses visit: WeAreHisWitnesses.org