



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theesmas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

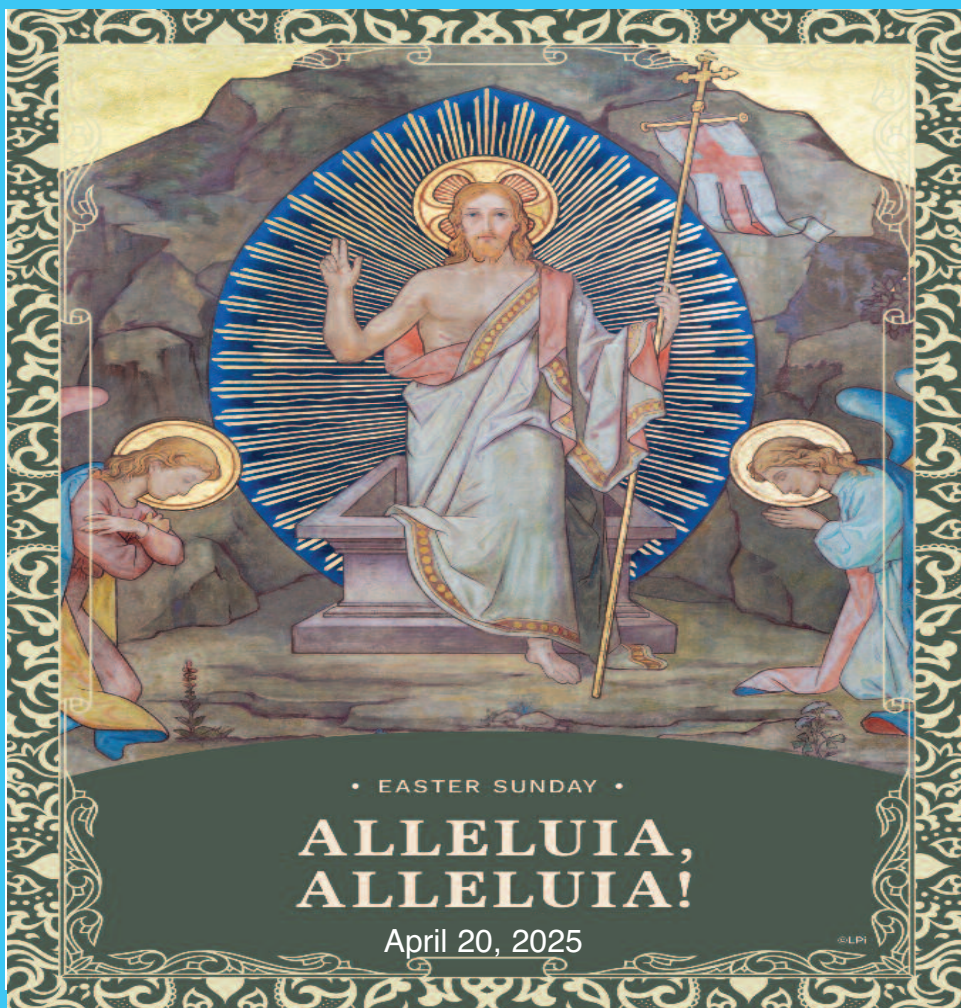
Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
ldurocher@sacredheartlynd.org

SMALL BLESSINGS DAY CARE 201-935-0506

ARCHDIOCESE OF NEWARK 973-497-4000



SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm

May 18, Jun. 1, Jul. 13, Aug. 10, Sep. 7, Oct. 19, Nov. 9, Dec. 7

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

EASTER SUNDAY OF THE RESURRECTION OF THE LORD

Easter is about rebirth. It is about re-creation. It is about new life. It is about the fact that Jesus now invites us to open our hearts to his new Easter power. Easter is about shattering tombs. Jesus wants to give us the power to rise from tombs of darkness after our hope has been washed to pieces. He wants to give us the power to rise from the tomb of discouragement after our love has been rejected. He wants to give us the power to rise from tombs of doubt after our faith has been shaken. This is the good news of Easter.

It is the good news that Jesus shattered His own tomb and rose to the fullness of life - and that He wants to help us rise from our tombs as well. It is the good news that no tomb - no tomb - can hold us anymore, not the tomb of despair, not the tomb of discouragement, not the tomb of doubt, not even the tomb of death.

The central theme of salvation history is survival - first of God's people, Israel, led from slavery to freedom in the Exodus and Passover, and then of Jesus, the God man and Messiah, overcoming sin and death through His resurrection.

We are constantly reminded that the mystery of Easter points to a very different kind of life - one that speaks not of failure but of completion, not of ending but of a new beginning. We are reminded at our Paschal celebration of the tools that God gives us for the work of this new life - fire, water, and an empty tomb. Take a few moments to look at the sanctuary in your parish church. Look at how it is decorated and highlighted. Look at the symbols: the flame of the Easter Candle, the water of the Baptismal font, and the table where the Risen Lord invites us to break bread with Him and then rediscover the meaning of His death and resurrection.

The message of Easter is that we are not dead. The Empty Tomb is not the end of the story. Rather it is the beginning of the Story of New Life. We come together as a community because we accept the responsibility for overcoming evil and for conquering death in the ways it has invaded our world. We will not stand by and watch God's handiwork be destroyed or spoiled. We will be even stronger signs of faith, hope and love for our families, for our neighbors and friends, for our co workers.

Resurrection faith is a marvelous gift if we are open to receive it. It can change our lives and lead us to become the forgiving, peace filled people that we are all meant to be.

The shattering of the Tomb should make it impossible for us to continue being comfortable and complacent. **Jesus invites us to share his new life - here and now.** He offers us the strength to crush old habits of thinking and acting and He gives us the vision to re-examine all that we do and are in the light of that Easter Dawn. It is this brilliant and undiminished light of Resurrection Faith that the Risen Lord calls us to live.

No one took Jesus from the tomb - but we do know where He is. Proof of the Risen Christ lies within us. We are the proof that Christ is alive and lives with us still. We are His witnesses to all the nations.



WHY IS THE BUTTERFLY A SYMBOL OF THE RESURRECTION?

Known for its lightness, the fluttering of its wings, and especially its metamorphosis from a caterpillar into something more beautiful and powerful, the butterfly symbolizes the resurrection of Jesus Christ. The butterfly has long been a Christian symbol of the resurrection, for it disappears into a cocoon and appears dead, but emerges later far more beautiful and powerful than before. The three stages of the butterfly's metamorphoses are symbolic of the three stages in the life cycle of Christ and the Christian. The caterpillar's non-stop eating reminds us of normal earthly life where people are often preoccupied with taking care of their physical needs. The caterpillar's life also reminds us of Jesus' life on earth. Caterpillars then "entomb" themselves in what appears to be lifeless cocoons portraying the crucifixion and burial of Jesus and the death of all humans. The third and final stage is the appearance of a butterfly with jewel-colored wings and the ability to soar, which represents the resurrection into a new and glorious life free of material concerns and restrictions. A major theme in St. Paul's teachings is that "we shall all be changed" (*Behold, I tell you a mystery. We shall not all fall asleep, but we will all be changed, in an instant, in the blink of an eye, at the last trumpet. For the trumpet will sound, the dead will be raised incorruptible, and we shall be changed.* 1 Cor. 15:51-52). The Christian hope is that what is sown in the grave as a weak mortal body will be raised an indestructible spiritual body not subject to temptation, sorrow, death, or pain. Through death the spirit will escape – not from its body but from the vulnerabilities and hardships of mortal flesh.



WHAT IS THE OCTAVE OF EASTER?

The joy of the initial day of Our Lord's Resurrection is celebrated in the Church for eight days, called the Octave of Easter. Liturgically, we celebrate Easter at highest pitch from Easter Sunday to Divine Mercy Sunday. Each day of the Octave is ranked as a Solemnity in the Church's liturgical calendar, the highest ranking of liturgical feasts. At Masses during the Octave of Easter, as on Sundays, the Gloria, is recited or sung. And at the end of each Mass of the Octave, the double Alleluia is sung at the dismissal. The idea of an Octave of a great feast has its roots in the Old Testament. There are many Jewish feasts that lasted for eight days, for example, the feast of Passover and the feast of Tabernacles. In the Catholic Church, we celebrate eight days of Christmas as well as eight days of Easter. If there is any time to go to daily Mass, the Easter Octave is it! The Gospel readings at Masses during the Octave of Easter include passages from the Gospels that relate various appearances of the Risen Jesus. If you can't make it to the daily Mass, reflecting on these Gospel texts is a wonderful way to prolong the celebration of Easter. Each day during the Octave, we proclaim in the Gospel Acclamation: This is the day the Lord has made; let us be glad and rejoice in it. The Octave of Easter ends on the Second Sunday of Easter, the Sunday of Divine Mercy.

WHY ARE EGGS ASSOCIATED WITH EASTER?

On that first Easter morning, Jesus came to life and walked out of the tomb, and left it, as it were, an empty shell. Thus you see that though an egg seems to be as dead as a stone, yet it really has life in it (the baby chick). This is why eggs are an Easter symbol. In time past, they used to color the eggs red, so as to show the kind of death by which Christ died, - a bloody death.



EASTER FLOWER MEMORIAL

Your Name _____

Address _____

City/State/Zip _____

Phone _____

In Memory of: _____



\$50
 \$35
 \$25
 \$20
 \$15
 \$10

Checks payable to: Sacred Heart Church

Food Pantry Update

"Whatever you did for these least brothers and sisters of mine, you did for me."

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans. *Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.* Food items can be left near the shrine of the Sacred Heart in the back of the church. Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help our brothers and sisters struggling with food insecurity without you!**

As a reminder, we are unable to package out-of-date food products for distribution to our families.

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Anne Montillo, Margot O'Hara, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Robert Schaefer, Marion Dietz, Jamie Brown, John Santelli, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski

DECEASED: Mary Ellen Mango, Sara Ann DiNapoli, Rudolph Esposito

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:

SUNDAY, APRIL 20TH

In Honor of: Joseph & Evelyn Famularo

Donated by: Robert & Mary Hero



MEMORIAL DONATIONS

During the week of April 20th, the following items used for worship in our sanctuary were donated in the memory of a relative or friend or a special intention.

SANCTUARY LAMP:

In Honor of: James M. Cavalcante

Donated by: Isabel & Jim Cavalcante



BREAD & WINE:

In Honor of: James M. Cavalcante

Donated by: Isabel & Jim Cavalcante



MASS CANDLES:

In Honor of: James M. Cavalcante

Donated by: Isabel & Jim Cavalcante



DISCIPLE MAKER SURVEY

Sacred Heart along with the other parishes of the Archdiocese, is on a journey know, love, and serve Christ in our parish community. Together we must embrace Christ's vision for missionary discipleship so our parish can thrive and be a place for others to grow together in faith. The very first step in this process involves assessing our greatest strengths and opportunities, and that is where the Disciple Maker Index (DMI) comes in! The DMI is an important survey tool that invites you to reflect on your discipleship journey. This online survey will be available starting next weekend and will take 10-15 minutes to complete. See next week's bulletin for more details.

APRIL 20, 2025



**EASTER SUNDAY OF THE
RESURRECTION OF THE LORD**

**SATURDAY - HOLY SATURDAY
THE EASTER VIGIL**

8:30pm Nemesia Rosal

**SUNDAY - EASTER SUNDAY
THE RESURRECTION OF THE LORD**

7:30am People Of Sacred Heart

9:00am Joseph Pavlica, Jr.

10:30 am Catherine & Jerimiah Hallahan

12:00pm Scardino, Pereira &
Alongi Families

1:30 pm Josefina Castro

**MONDAY - Monday within the Octave of
Easter**

12:00pm Irineo P. Diaz, Jr.

**TUESDAY - Tuesday within the Octave of
Easter**

12:00pm Jean Prestridge

**WEDNESDAY - Wednesday within the
Octave of Easter**

12:00pm Michele Dagostino

**THURSDAY - Thursday within the Octave
of Easter**

12:00pm Cecilia Sanchez

**FRIDAY - Friday within the Octave of
Easter**

12:00pm Ignacio "Boy" Espiritu &
Roberto Lumbang

**SATURDAY - Saturday within the Octave
of Easter**

9:00am Joseph & Phyllis Salerno

Anticipated Sunday Mass

5:00pm Josefina Castro & Julia Romerp

**SUNDAY - SECOND SUNDAY OF EASTER
SUNDAY OF DIVINE MERCY**

7:30am People Of Sacred Heart

9:00am Julian & Lorenza Duran

10:30 am Madeline & Gennaro Ferrara

12:00pm Rosemary Marranzino

1:30 pm Souls In Purgatory

STEWARDSHIP

Reminder: We need \$7,900 in the Sunday Collection to cover our budgeted expenses. Thank you for your continued generosity!!

ARCHDIOCESE OF NEWARK - ANNUAL APPEAL 2025

The Archdiocese's 2025 Annual Appeal is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Your gift will assist passing on the faith, ministries that proclaim the Gospel, care for the poor and vulnerable, forming future priests and supporting retired clergy.

**To Date, 78 families from our parish family have generously supported the Appeal:
Our Parish's Goal - \$40,551 -- Paid To Date - \$18,369 (45.30% of Goal)**

****Reminder, we must collect our Parish's Goal in paid gifts by June 30th. If we don't accomplish this, the shortfall will be added as an expense to our budget and must be paid to the Archdiocese.**

If you haven't already done so, please prayerfully consider your gift to the 2025 Annual Appeal. Envelopes for the Appeal are available in the pews. You can put your gift in them and drop them in the basket at collection time. You can also make your gift online at www.rcan.org/sharing. Please be sure to select Sacred Heart Church, Lyndhurst so the parish receives credit.

We will have a **special collection the weekend of May 10 & 11** to help us close the gap on our goal.

PARISH OFFICE EASTER HOURS

In observance of the Easter Holy Days, the parish office will be **closed Holy Thursday, April 17th, through Easter Monday, April 21st**. The office will reopen on Easter Tuesday, April 22nd at 9:00am. The priests and staff of Sacred Heart wish all our parish a holy and happy Easter Season!

ONLINE GIVING AT SACRED HEART

Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

THE PASCHAL CANDLE THE LIGHT OF CHRIST THANKS BE TO GOD

The Paschal Candle, a symbol of the light and the hope that the risen Christ brings to the world, *has been generously given to our parish family this year In Loving Memory Of John Valente, Albert Alberti, JoAnn Fescue, Meagan Valente, and all members of the Naviello and Valente families by Mary Ann Valente.* The Candle burns brightly in our sanctuary during all the liturgies celebrated in the Easter Season. After Pentecost, it is positioned at the Baptismal Font where it brings the light of Christ to our Baptismal and Funeral Liturgies, underscoring our belief that in baptism we die with Christ so that we may rise with Him into eternal life.



SACRED HEART SCHOOL ENROLLMENT FOR THE 2025-2026 SCHOOL YEAR

Do you have a child or grandchild starting or changing school in September? Why not consider Sacred Heart School? We offer a safe and nurturing environment for children Pre-K3 through 8th Grade. Along with their ABCs your child will build character and learn compassion and values. New families considering enrolling in our school can arrange to make a visit. Call the school at 201-939-4277 for more details.

*Christ Is Risen!
He Is Truly Risen!*