



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

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www.sacredheartlynd.org

SERVED BY:

Rev. Theesmas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
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RELIGIOUS EDUCATION

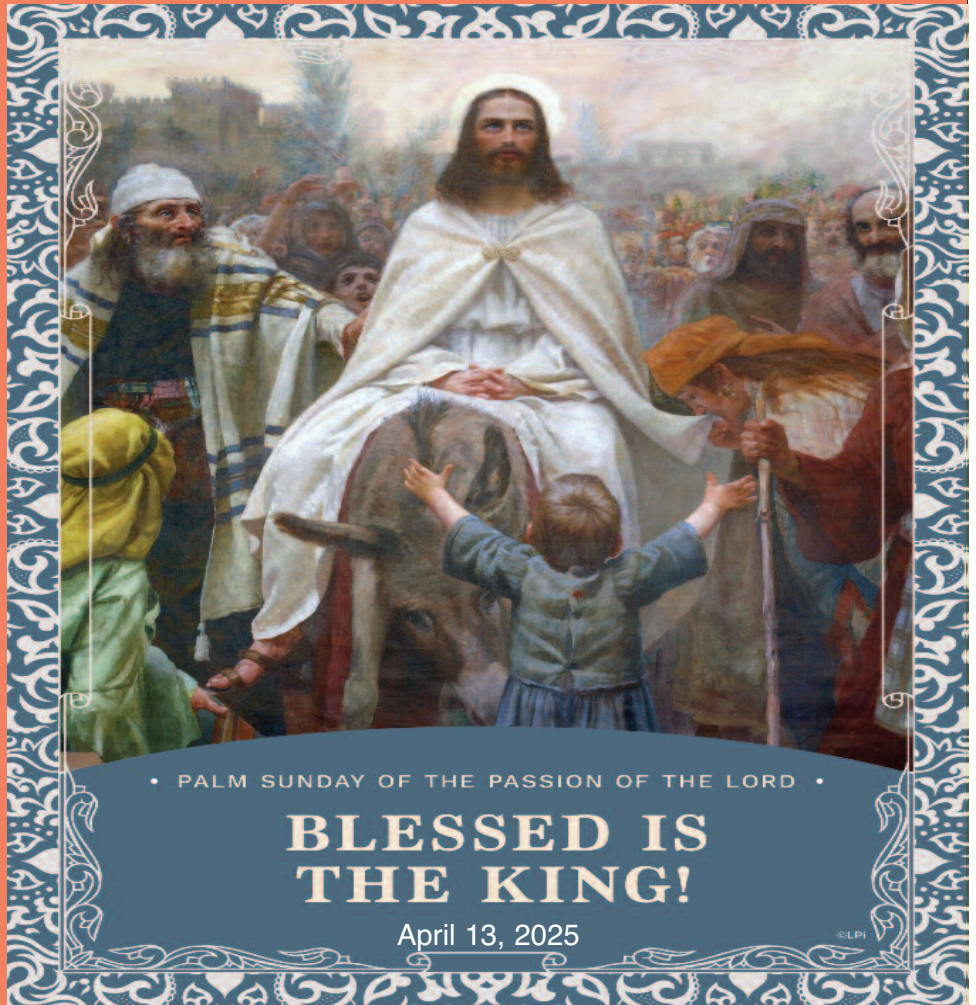
Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
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SMALL BLESSINGS DAY CARE
201-935-0506

ARCHDIOCESE OF NEWARK
973-497-4000



• PALM SUNDAY OF THE PASSION OF THE LORD •

BLESSED IS THE KING!

April 13, 2025

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
May 18, Jun. 1, Jul. 13, Aug. 10, Sep. 7, Oct. 19, Nov. 9, Dec. 7

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

PALM SUNDAY OF THE PASSION OF THE LORD

Biblical commentators tell us that the passion narratives were the first parts of the Jesus story to be proclaimed. Each evangelist approaches the narrative with his unique perspective and one would expect an opening scene in the garden of Gethsemane or in Pilate's courtroom where Jesus receives his sentence, is then tortured and taken off to Calvary for his execution. But in Luke's account that's not what we hear first.

Instead there is a long narrative about Jesus and his disciples at the Last Supper and judging from the goings-on around that table we can imagine that Jesus' passion has already begun - a passion of discouragement, frustration and failure. After being with him for three years the disciples still have questions and still don't understand what he has been teaching them about service and sacrifice for the sake of the kingdom of God.

Jesus is the "Suffering Servant" who speaks to a people enslaved. Their exile is that of weakness and failure. Jesus reaches out to them in solidarity. But they would rather stay imprisoned in their own notions of God and holiness - and of what's right and wrong. They are trapped in their own self-righteousness.

But despite the hostility he meets, Jesus is not a defenseless victim and remains faithful to his mission. His passion concretely speaks the words of Isaiah: "I gave my back to those who beat me, my cheeks to those who plucked my beard; my face I did not shield from buffets and spitting."

The word "passion" has roots in words meaning "suffering" and "being acted upon." There are many people in our world who suffer or have been victimized at the hands of others. Daily we are witnesses to brutal and unprovoked acts of war and terrorism. We see the effects of poverty, world-wide hunger and human suffering on the television screen each evening which heightens our sense of fear and helplessness.

But we also suffer from the pressures of political polarization, economic instability and social prejudice which drain our energy and suffocate our faith.

But "passion" in English also suggests having strong feelings. In this sense Jesus was an initiator, one who felt strongly about what he was to do and went about doing it. He was a passionate lover of God and of humanity, and this passion energized and forged his determination to continue on the path God planned for him - to preach God's love for the outsider. No opposition could prevent this passionate savior from completing his task for us, even when it meant his death.

Jesus comes to us when our hope is shattered and we want to walk away. He comes to us in the poor and the sick and the frightened and the lonely. He comes to us when we grow weak and feeble because of old age or illness, and he lifts us up with the assurance that he will stay with us through the valley of death until we, too, will rise with him to the fullness of life.

Today's narrative ends at the tomb. But as we enter Holy Week we come not to focus on the Crucified Christ in sadness and sorrow, but to worship the Risen and Living Lord with hope and joy. It is he who challenges us, who transforms us, and who enables us to be courageous witnesses of his presence to others.

DAILY MASSES DURING THE PASCHAL TRIDUUM

Here at Sacred Heart there will be **NO 12:00PM Mass this coming Thursday and Friday**, Holy Thursday and Good Friday. There will be **NO 9:00AM or 5:00PM Mass this coming Saturday**, Holy Saturday. The Paschal (Easter) Triduum is a single liturgical action that occurs over a period of three days (Holy Thursday, Good Friday, Holy Saturday). The Triduum is not part of Lent, but in its entirety celebrates the Easter event. The entire focus of the Triduum is on the Triumph of the Cross and the Resurrection. For this reason, Mother Church invites all Her children to join together and to participate in the Lord's Supper on Holy Thursday, the Lord's Passion & Death on Good Friday, and the vigil, the time of waiting, for the Lord's Resurrection on Holy Saturday. No other Masses are offered on these days because all the faithful's attention and energy needs to be focused so that these events, which are the cornerstone of our faith, can be made present again in the time we live.

GOOD FRIDAY COLLECTION

The continued existence of programs that support Christians in the Holy Land depends on the faithful financial support received from our brothers and sisters in Christ from the Good Friday collection. This year, more than ever, we ask that you pledge your assistance to the work in the land that Jesus made holy. The Holy Land Franciscans are counting on your financial help to assist them in providing presence, care and service. The Franciscans have been in the Holy Land since 1209, walking in Jesus' footsteps, caring for the poor, educating young people, providing scholarships, protecting the Holy shrines, conducting pastoral ministries and keeping Christianity alive.

EASTER FLOWER MEMORIAL

Your Name _____

Address _____

City/State/Zip _____

Phone _____

In Memory of: _____



\$50
\$35
\$25
\$20
\$15
\$10

Checks payable to: Sacred Heart Church

*You Are Invited To Celebrate With Us
The Week That Changed The World*

Paschal Triduum

*Holy Thursday - April 17th
7:30pm - Mass of the Lord's Supper*

*Good Friday - April 18th
3:00pm - Commemoration of the
Lord's Passion & Death*

*Holy Saturday - April 19th
8:30pm - Easter Vigil*

*Easter Sunday - April 20th
The Resurrection of the Lord
Mass Schedule*

*7:30am, 9:00am, 10:30am, 12:00pm
1:30pm Misa en Espanol (Spanish Mass)*

CHRISM MASS

All are invited to the Chrism Mass at the Cathedral Basilica of the Sacred Heart, 89 Ridge Street, Newark on the **Monday of Holy Week, April 14 at 8:00 PM**. At this Mass Cardinal Tobin, joined by the priests of the Archdiocese, gather at the Cathedral Basilica. This Mass manifests the unity of the priests with their bishop. Here Cardinal Tobin blesses three oils which will be used in the administration of the sacraments throughout the Archdiocese for the year and the priests present renew their priestly promises.



Food Pantry Update

**"Whatever you did for these least brothers
and sisters of mine, you did for me."**

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans. *Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.* Food items can be left near the shrine of the Sacred Heart in the back of the church. Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help our brothers and sisters struggling with food insecurity without you!** *As a reminder, we are unable to package out-of-date food products for distribution to our families.*

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Anne Montillo, Margot O'Hara, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Robert Schaefer, Marion Dietz, Jamie Brown, John Santelli, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski

DECEASED: Mary Juliette Duca, Samuel Barbagallo, Pilar Ramos

PARISH OFFICE EASTER HOURS

In observance of the Easter Holy Days, the parish office will be **closed Holy Thursday, April 17th, through Easter Monday, April 21st**. The office will reopen on Easter Tuesday, April 22nd at 9:00am. The priests and staff of Sacred Heart wish all our parish a holy and happy Easter Season!

ONLINE GIVING AT SACRED HEART

Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address:
sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

ANNUAL CALENDAR PARTY SACRED HEART HOME SCHOOL ASSOCIATION SACRED HEART SCHOOL, 620 VALLEY BROOK AVE MAY 2ND DOORS OPEN AT 6:00 PM

Tickets are Non-refundable, NO ALCOHOLIC Beverages Will Be Allowed

Raffles are scheduled to begin approximately 8:00 PM

Ticket Includes: Sandwich, Potato Salad, Beverage, Coffee, Tea, Dessert

Donation: \$25 per person No One Under 18 Will Be Admitted

Call Patty at 201-803-9580 for tickets

DEADLINE IS APRIL 18th

APRIL 13, 2025



PALM SUNDAY OF THE PASSION OF THE LORD

Anticipated Sunday Mass

5:00pm Joan Cassidy

SUNDAY - PALM SUNDAY OF THE PASSION OF THE LORD

7:30am People Of Sacred Heart

9:00am Arsenio Aromando

10:30 am James & Eleanor Scotti

12:00pm John & Lulu Scardino

1:30 pm Elvira Goris Pena

MONDAY - Monday of Holy Week

12:00pm Rolando T. Coson, Sr.

TUESDAY - Tuesday of Holy Week

12:00pm Pilar Cantos & Saturnino Cantos

WEDNESDAY - Wednesday of Holy Week

12:00pm Alfonso Demilio

Paschal Triduum

THURSDAY - HOLY THURSDAY MASS OF THE LORD'S SUPPER

7:30pm Elvira Goris Pena

FRIDAY - GOOD FRIDAY THE PASSION OF THE LORD

3:00pm Commemoration of the Lord's
Passion & Death

SATURDAY - HOLY SATURDAY THE EASTER VIGIL

8:30pm Nemesia Rosal

SUNDAY - EASTER SUNDAY THE RESURRECTION OF THE LORD

7:30am People Of Sacred Heart

9:00am Joseph Pavlica, Jr.

10:30 am Catherine & Jeremiah Hallahan

12:00pm Scardino, Pereira &
Alongi Families

1:30 pm Josefina Castro

STEWARDSHIP

Sunday Collection - \$5,898

Catholic Camp. Hum. Dev - \$2,695

Reminder: We need \$7,900 in the
Sunday Collection to cover our
budgeted expenses. Thank you

ARCHDIOCESE OF NEWARK - ANNUAL APPEAL 2025

The Archdiocese's 2025 Annual Appeal is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Your gift will assist passing on the faith, ministries that proclaim the Gospel, care for the poor and vulnerable, forming future priests and supporting retired clergy.

**To Date, 75 families from our parish family have generously supported the Appeal:
Our Parish's Goal - \$40,551 -- Paid To Date - \$17,104 (42.18% of Goal)**

****Reminder, we must collect our Parish's Goal in paid gifts by June 30th. If we don't accomplish this, the shortfall will be added as an expense to our budget and must be paid to the Archdiocese.**

If you haven't already done so, please prayerfully consider your gift to the 2025 Annual Appeal. Envelopes for the Appeal are available in the pews. You can put your gift in them and drop them in the basket at collection time. You can also make your gift online at www.rcan.org/sharing. Please be sure to select Sacred Heart Church, Lyndhurst so the parish receives credit.

We will have a **special collection the weekend of May 10 & 11** to help us close the gap on our goal.

THE EVENTS OF HOLY WEEK ARE AS REAL TODAY AS THEY WERE 2,000 YEARS AGO

Beginning with the Easter Triduum as its source of light, the new age of the Resurrection fills the whole liturgical year with its brilliance.¹ The Eastern Churches call Holy Week "the Great Week." The mystery of the Resurrection, in which Christ crushed death, permeates with its powerful energy our old time, until all is subjected to him.² In Christ, time takes on a sacramental quality of memorial, actuation and prophecy. Time thus becomes a pressing sign of salvation, "the day of the Lord", his ever-present "hour of salvation." Anamnesis, memorial, is the Jewish principle behind this Christian celebration of time. What is remembered is not merely celebrated, but relived or made present again, re-presented or replayed. God's past events are present in our events, refashioning our lives in the continuous process of conversion to Christ. Those events are made present here and now as offers of grace. **This week is Holy not only because of what we remember but because of what it can accomplish within each one of us as we give our voluntary "Yes" to its invitation.**³

1.CCC#1168

2.CCC#1169

3.Msgr. Peter J. Elliot, *Ceremonies of the Liturgical Year*. Introduction

ARCHDIOCESE OF NEWARK 2025 LENTEN REGULATIONS

1. The days of both Fast and Abstinence during Lent are Ash Wednesday and Good Friday. *If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection.*
The other Fridays of Lent are days of Abstinence.
On a day of Fast, only one (1) full meal is permitted and two (2) smaller meals, which added together, would not exceed the main meal in quantity.
Those between the ages of 18 and 59 are obliged to fast.
On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.
2. The obligation to observe the laws of Fast and Abstinence "substantially", or as a whole, is a serious obligation.
3. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.
4. The time for fulfilling the Paschal Precept (Easter Duty*) extends from the **First Sunday of Lent, March 9, 2025 to the Solemnity of the Holy Trinity, June 15, 2025.**

*Canon 920, §1. *All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a*