



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

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www.sacredheartlynd.org

SERVED BY:

Rev. Theesmas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

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Parish Manager
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RELIGIOUS EDUCATION

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201-935-3094

SACRED HEART SCHOOL

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SMALL BLESSINGS DAY CARE 201-935-0506

ARCHDIOCESE OF NEWARK 973-497-4000



March 9, 2025

1st Sunday OF LENT

Filled with the Holy Spirit, Jesus returned from the Jordan and was led by the Spirit into the desert for forty days, to be tempted by the devil. - Lk 4:1-2a

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Apr. 19 (8:30pm), May 18, Jun. 1

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

FIRST SUNDAY OF LENT

As we begin our journey through another season of Lent, the Liturgical Readings present us with themes that bring this into focus. On the First Sunday of Lent, we hear the story of the Temptation of Jesus in the desert. The Second Sunday speaks of the Transfiguration, The Third recalls the encounter with the woman at the well. The Fourth Sunday tells of the man born blind and the importance of the light of Christ in our lives. And finally, the story of Lazarus - the symbol of hope for all of us who come to new life in Christ.

The temptation story in Luke comes at the beginning of Jesus' ministry. It is set immediately after Jesus has been baptized by John in the Jordan, where a voice from heaven identifies him as "my beloved Son." Now he is addressed by a voice from the desert which challenges and tests this identity: "If you are the Son of God..." The response to this challenge will determine how real Jesus' immersion among us will be. The temptation story is really about how Jesus sees himself and how he prepares himself, knowing full well what's ahead. It is about his conscious choice to keep to his mission.

He begins his ministry with little fanfare - alone with the Spirit, in the desert, in prayer. And when He emerges, He throws Himself totally into the humanity around Him. He chooses simple men and women to be His spokespersons - fishermen, a tax collector, sinners, prostitutes, a persecutor and a traitor. All of them are imperfectly frail in their humanness and weak in their commitment. He will remember the desert stones as He watches His disciples bicker and trip themselves up vying for "top honors" in the New Kingdom. He would see the broken promises of earthly kingdoms in the eyes and hearts of almost everyone around Him including the chosen disciple turned betrayer. And He would think of how easy it would be to throw Himself down and just give up when it seemed that no one understood what He was trying to say.

Yet he will watch them come together, grow together, laugh and cry with one another, argue and dissent with one another, and learn to love another. They become the nucleus of His ministry. And from their weaknesses and failures came strength, nourishment and victory.

Our temptations don't seem as dramatic as the ones described in this gospel scene. Ours are quiet, ordinary and frequently happen a little at a time - each day, for a long time. Yet, they threaten to do to us what they would have done to Jesus — steer us off course. We go about our daily routines. We celebrate little victories. We grieve our losses or feel overwhelmed by greater powers around us. There are more subtle powers that tempt us to small compromises, little lies, short cuts, over indulgence and waste. These too have the cumulative effect of the desert voice that, little by little, would challenge our own identity as sons and daughters of God.

Cleverly and relentlessly, the spirit of evil plays the same fatal game with each one of us. He first reminds us that we are free, and then dangles before us his empty promises of satisfaction, pleasure, wealth, and power to win our allegiance. Day in and day out we face these choices. We are always being tempted to betray, to compromise, to prefer self to others, to prefer our desires over God's promise of Life in some form or other. And in so many ways people or circumstances around us constantly challenge us to show them our God.

We, too, are faced with a choice. The season of Lent reminds us of our own temptations. It reminds us of our weakness, and our sins, and our failures. It reminds of everything that tarnishes or warps Christ's image whether in the individual or in the community.

More importantly, however, it reminds us that God really doesn't care about these things. He only cares about us, and He loves us in spite of ourselves. Lent reminds us that our participation in the Paschal Mystery is not without suffering nor death, and that within our lived experiences there is a sacred Presence and Love which constantly sustains us.

Today's passage from Deuteronomy speaks of a God who sees our affliction and misplaced affections and comes to rescue us. As we begin Lent we need to remember who we are and who God is for us. No one forces us into this Lent. We need to choose it for ourselves.

PURGATORIAL SOCIETY

The following deceased have been enrolled in the Sacred Heart Purgatorial Society:

ELVIRA GORIS PENA-req.by-Arceli Vargas,
Dorothy Mayerchak
KAREN HABLUZELT-req.by-Violeta Y Rosela
Ostolaza
JOSE LOPEZ-req.by-Carmen Rodriguez
MOISES LOEZ RAMIREZ-req.by-Pedro Rodriguez
MARTINA O'CONNELL-req.by-John & Josephina
Roskowski
CATHERINE RULLO-req.by-MaryAnn Valente,
Anita Burgey

CHRISM MASS MARK YOUR CALENDAR

All are invited to the Chrism Mass at the Cathedral Basilica of the Sacred Heart, 89 Ridge Street, Newark on the **Monday of Holy Week, April 14 at 8:00 PM**. At this Mass Cardinal Tobin, joined by the priests of the Archdiocese, gather at the Cathedral Basilica. This Mass manifests the unity of the priests with their bishop. Here Cardinal Tobin blesses three oils which will be used in the administration of the sacraments throughout the Archdiocese for the year and the priests present renew their priestly promises.

EASTER FLOWER MEMORIAL

Your Name _____

Address _____

City/State/Zip _____

Phone _____

In Memory of: _____

\$50
\$35
\$25
\$20
\$15
\$10

Checks payable to: Sacred Heart Church

Food Pantry Update

We are stocking up our parish family food pantry to help our brothers and sisters in need for Easter and the Spring. Can you help us make this time a little more brighter for those struggling with food insecurity?

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans. *Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.* Food items can be left near the shrine of the Sacred Heart in the back of the church. Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help our brothers and sisters struggling with food insecurity without you!**

As a reminder, we are unable to package out-of-date food products for distribution to our families.

V ANNUAL
WALKING STATIONS OF THE CROSS
10 MILES WITH JESUS
"Stand at the crossroads and look. Ask for the ancient paths
and where the best road is. Walk in it." Jr 6:16
Sunday April 6 2025, 10 AM

JUBILEE YEAR 2025
FROM: ARCHDIOCESAN SHRINE OF ST. JOHN PAUL II
131 E. EDGAR RD LINDEN, NJ
TO: CATHEDRAL BASILICA OF SACRED HEART OF JESUS
89 RIDGE ST NEWARK, NJ
INFO AND REGISTRATION: 201.220.2011
WWW.10MILESWITHJESUS.ORG

PASSPORT OUTREACH SERVICES IN LYNDHURST, THURSDAY MAY 1ST

Mayor Robert Giangeruso and Bergen County Clerk John Hogan is extending Passport services to Lyndhurst residents on Thursday, May 1 from 10am to 2pm in the Caucus Room of the Lyndhurst Town Hall, 367 Valley Brook Ave. Accepting Passport Applications (Photos On-Site). Bring checks for payments. For more information email gdesantis@bergencountynj.gov or call 201-336-7057.

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Anne Montillo, Margot O'Hara, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Jacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Robert Schaefer, Marion Dietz, Jamie Brown, John Santelli, Julius Single, Jr., Tina Gentile, John Llewellyn, Patricia Anne Coughlin, Cathy Horoieski

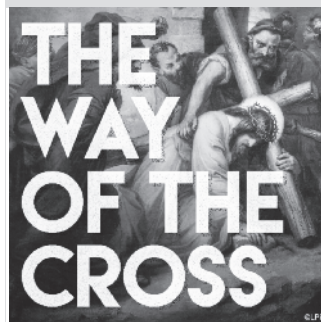
DECEASED: All those from our parish family the Lord has called home



STATIONS OF THE CROSS

Via Crucis ©LPI

**BECAUSE BY YOUR HOLY CROSS
YOU HAVE REDEEMED
THE WORLD**



Join us as we reflect on the passion and death of the Lord as a community during the Fridays of Lent. The Stations of the Cross will follow the 12:00 Mass on Friday: Mar. 14, 21, 28. Apr. 4, 11

****PLEASE NOTE THAT THE STATIONS OF THE CROSS REPLACES EUCHARISTIC ADORATION DURING THE FRIDAYS OF LENT****

ONLINE GIVING AT SACRED HEART

Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.



MARCH 9, 2025

MASS INTENTIONS

FIRST SUNDAY OF LENT

Anticipated Sunday Mass

5:00pm Veronica Mulligan

SUNDAY - FIRST SUNDAY OF LENT

7:30am People Of Sacred Heart

9:00am Julian & Lorenza Duran

10:30 am William Feeney

12:00pm Thomas Roberts, Jr.

1:30 pm Elvira Goris Pena

MONDAY - Lenten Weekday

12:00pm Pat & Mary Sabino

TUESDAY - Lenten Weekday

12:00pm Camille Ferrara

WEDNESDAY - Lenten Weekday

12:00pm Amalia Vivas (Living)

THURSDAY - Lenten Weekday

12:00pm Thomas Roberts

FRIDAY - Lenten Weekday

12:00pm Carol Kowalski

SATURDAY - Lenten Weekday

9:00am David Vaccari

Anticipated Sunday Mass

5:00pm Ann Chiaro

SUNDAY - SECOND SUNDAY OF LENT

7:30am People Of Sacred Heart

9:00am Howard Wartel

10:30 am William Feeney

12:00pm James M. Cavalcante

1:30 pm Maria Lucia Urgiles

STEWARDSHIP

Sunday Collection - \$5,969

Assessmnt - \$2,496

Early Central & Eastern Europe - \$60

Reminder: We need \$7,900 in the Sunday Collection to cover our budgeted expenses. Thank you for your continued generosity!!

ARCHDIOCESE OF NEWARK - ANNUAL APPEAL 2025

The Archdiocese's 2024 Annual Appeal is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Your gift will assist passing on the faith, ministries that proclaim the Gospel, care for the Poor and Vulnerable, forming future priests and supporting retired clergy.

**To Date, 66 families from our parish family have generously supported the Appeal:
Our Parish's Goal - \$40,551 -- Paid To Date - \$7,797 (19.23% of Goal)**

****Reminder, we must collect our Parish's Goal in paid gifts by June 30th. If we don't accomplish this, the shortfall will be added as an expense to our budget and must be paid to the Archdiocese.**

If you haven't already done so, please prayerfully consider your gift to the 2024 Annual Appeal. Envelopes for the Appeal are available in the pews. You can put your gift in them and drop them in the basket at collection time. You can also make your gift online at www.rcan.org/sharing. Please be sure to select Sacred Heart Church, Lyndhurst so the parish receives credit.

We will have a **special collection the weekend of March 23 & 24** to help us close the gap on our goal.



**Knights of
Columbus**

JOIN US!

**WHAT IT MEANS
TO BE A KNIGHT**

*We are Catholic men who
**LEAD, SERVE
PROTECT AND DEFEND***

*We share a desire to be better
**HUSBANDS, FATHERS, SONS
NEIGHBORS AND ROLE MODELS**
And to put charity and community first*

**Knights of Columbus
Lyndhurst Council #2396**

Link Below For More Info
Linktr.ee/council2396

SCAN ME



Supporting

**Sacred Heart Church
Mount Carmel Church
Saint Michael Church**

ARCHDIOCESE OF NEWARK 2025 LENTEN REGULATIONS

1. The days of both Fast and Abstinence during Lent are **Ash Wednesday and Good Friday**. *If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection.*
The other Fridays of Lent are days of Abstinence.
On a day of Fast, only one (1) full meal is permitted and two (2) smaller meals, which added together, would not exceed the main meal in quantity.
Those between the ages of 18 and 59 are obliged to fast.
On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.
2. The obligation to observe the laws of Fast and Abstinence "substantially", or as a whole, is a serious obligation.
3. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.
4. The time for fulfilling the Paschal Precept (Easter Duty*) extends from the **First Sunday of Lent, March 9, 2025 to the Solemnity of the Holy Trinity, June 15, 2025.**

*Canon 920, §1. *All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*