



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theesmas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
ldurocher@sacredheartlynd.org

SMALL BLESSINGS DAY CARE
201-935-0506

ARCHDIOCESE OF NEWARK
973-497-4000



22nd SUNDAY IN ORDINARY TIME

September 1, 2024

"Nothing that enters one from outside can defile that person; but the things that come out from within are what defile." - Mk 7:15

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Sep. 8, Oct. 6, Nov. 10, Dec. 8

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

Twenty - Second Sunday In Ordinary Time

We tend to think of spirituality as a practice or a pursuit reserved for a very few elitist of souls. We think of the lucky ones who have the extra time (and money) to pray more, meditate daily, go to special retreats, or read books on the subject. Most of us would claim our lives are far too busy at this time for spiritual pursuits. We try to get to church and say a few extra prayers while we shave or do our hair. But as far as developing our spiritual lives, that will have to wait until we get more time - maybe after the kids leave the house, or when we retire.

All this categorizing of the notions of spirituality is unfortunate. We can't reserve spirituality to just some special folks who are able to read the latest books or take time to go to a retreat center. We all have a spiritual life. The question we ask today, in the light of the scriptural readings, concerns the health of our spiritual life. Our lives are directed or misdirected by the condition of our spirit. Our spiritual life either holds us together or is the cause of chaos and misdirection.

A healthy spirit can make us energetic and vibrant people with a hopeful outlook and a sense of life's possibilities for the good. It can energize us to face the most intractable of social ills and not be discouraged. It can prevent us from giving up when we don't get immediate results. A neglected spirit causes disintegration, sours how we look at our lives, turns us cynical, and leaves us with a narrowness of vision that isolates us from others.

The same issue comes up as Jesus confronts the religious leaders who have expressed and based their spirituality on externals. They have taken the revered law of God, about which Moses speaks in the first reading and placed more emphasis on external observances. They are concerned with what is clean and unclean and they accuse Jesus and his disciples of ignoring the traditions of their ancestors. Jesus confronted them and, in referring to Isaiah, he highlights what prophets have always attacked, the corrupting of religious practices and the oppression of the poor through burdensome religious rules.

And he reminds us that ritual is meaningless if it does not flow from an upright heart. In the biblical view, the heart is the center of our life. The heart is a figure for the spiritual life of a person. Here can be found a person's deepest truths, most tightly guarded secrets. It is the heart that reveals our true identity. Because the heart is so profoundly identified with the person, so much the seat of one's identity, it is only God who can change a person's heart.

The grace of our gospel today is to awaken our hearts from their drowsiness and distractions. When our faith community is committed only to old doctrines along with old codes of conduct that seek the approval associated with honored traditions, the whole of society is shortchanged. The soul of the community shrivels. Worship fades.

We cannot let ourselves get in the way of Christ. The Letter of James guides us in determining if our religion is true and our hearts are clean. The standard is how we treat the needy. Religion that is pure and undefiled before God and the Father is this - to care for orphans and widows in their affliction and to keep oneself unstained by the world. That's the kind of heart we wish to bring before God - hearts awakened by the Spirit and longing to be made pure by the Word we have heard and renewed by the Bread of Life.

BETHLEHEM HANDICRAFTS SEPTEMBER 14TH & 15TH

From the birthplace of our Lord Jesus Christ, the Christian community is seeking your love and support through obtaining their handmade olive wood religious articles. These items will be displayed in the main vestibule church after all Masses the weekend of September 14th and 15th. Your help can and will make a difference in the lives of your brothers and sisters in Bethlehem.



SACRED HEART HOME SCHOOL ASSOCIATION MEGA 50/50 - DRAWING SEP. 17

Only 200 tickets will be sold. Each ticket is \$50 for the chance to win up to \$5,000. Final prize will be 50% of ticket sales. Winner need not be present to win.

If you want to use a credit card to play you can request tickets online at <https://bit.ly/SHS2024MEGA>.

If you want to use a check, please make it payable to Sacred Heart HSA and include your name, address and phone number and mail it to: Michelle Hering, 166 Central Lane, Secaucus, NJ 07094, Attention: Sacred Heart 50/50. Any questions please contact Michelle at 201-615-2374 or at firedup151@gmail.com



CALLING ALL SOCCER PLAYERS
AGES 9 TO 14!



SOCCER CHALLENGE

SUNDAY SEPT. 22nd 2024

Lyndhurst Middle School (Field)
Page Avenue & Sparta Drive
Lyndhurst, NJ 07071

Start time 6:00 pm (all ages)

Players will take part in a penalty kick competition with prizes for the local winners by age group and a chance for the overall champion to advance to regional competition.

Come try and kick your way to a championship!

Pre-Register Online linktr.ee/council2396

Pre Registration Deadline September 20, 2024
Walk-ins Welcome

We are Collecting Items for the Lyndhurst Food Pantry

- Unexpired canned goods
- Non-perishable food items
- Toiletries
- Stop & Shop and Shop Rite gift cards

All Donations Welcome!

Donations can be dropped off at registration table.

"In Service to One, In Service to All"

Knights of Columbus, Lyndhurst Council #2396



Have Questions? Feel free to contact us at (551) 587-8402 for more information.



Food Pantry Update

We are stocking up our parish family food pantry for the spring and summer months. Can you help us show the love and hope of Jesus Christ to those living with food insecurity?

If you can donate any of these items, it would be greatly appreciated: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly, Tuna, Macaroni & Cheese, Beans, Food items can be left near the shrine of the Sacred Heart in the back of the church.

Thank you for all of the generous donations. It's only with your help that we are able to keep our food pantry stocked.

As a reminder, we are unable to package out-of-date food products for distribution to our families.

FRAUD ALERT - DON'T BE FOOLED

The priests of our parish will **NEVER** send you an email or text asking you to send money or gift cards or your personal information to them. If you receive such a request purporting to be from our priest or staff members, please contact the parish office as soon as possible to alert us and **DO NOT SEND MONEY** or respond to the request.

PAY IT FORWARD PROGRAM

Sacred Heart Parish has partnered with BCB Bank to raise some need funds for our parish.

The Pay It Forward Program gives us the opportunity to earn donations based on the number of supporters who signed up for the program. If we have 20-50 members, BCB will contribute 0.20% of the cumulative account balance, 51-75 members 0.30%, 76+ members 0.40%. **A minimum of 20 members is required**

****NO DONATIONS ARE WITHDRAWN FROM CUSTOMER'S ACCOUNTS, ALL DONATIONS COME DIRECTLY FROM BCB.**

****ALL PERSONAL AND FINANCIAL INFORMATION IS KEPT STRICTLY CONFIDENTIAL BY THE BANK. THE CHURCH WILL NOT KNOW WHO HAS REGISTERED UNLESS YOU DECIDE TO SHARE THIS INFORMATION WITH US.** Contact BCB directly if you have questions about the program or want to open an account. Please remember to tell them you want to support Sacred Heart Church in Lyndhurst.
Lyndhurst - 201-728-6810,
Rutherford - 201-728-6960

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Francesco Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Anne Montillo, Margot O'Hara, Patricia Coughlin, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Gacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Martina O'Connell, Michele Gilmore, Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Brian Oppici, Art Elwell, Robert Schaefer, Eric Dietz, Marion Dietz, Jamie Brown, John Santelli, Julius Single, Jr., Tina Gentile, John Llewellyn, Joann Di Giovanna

DECEASED: All those from our parish family the Lord has called home

ATTENTION FAMILIES OF 8TH GRADE STUDENTS PLANNING TO ATTEND CATHOLIC HIGH SCHOOL IN FALL 2025!

The High School Placement Test (HSPT) administered as part of the Cooperative Admissions Exam Program for Catholic High Schools will be given on Friday, November 8, 2024. Students must be in eighth grade at the time the HSPT is administered. A makeup examination will be administered on Saturday, November 16, 2024, for any student who missed the November 8 examination for any reason. Registration will be available only online at njcoopexam.org September 1 - October 25. Students with an IEP, 504, or other documentation that grants extended time on standardized tests will be given extended time on the HSPT if approved. Students will be given one and one half the allotted time on each subtest. Extended time requests must be submitted with documentation by October 18.

LABOR DAY HOLIDAY OBSERVANCE

Monday, September 2nd is the Labor Day Holiday. In observance of the holiday the **Mass will be celebrated at 9:00 AM on Labor Day** as we give thanks to God for the fruits of our labor. This will be only Mass celebrated on Labor Day. The **parish office will close at 2:00 PM on Friday, August 30th and reopen on Tuesday, September 3rd at 9:00 AM.**

ASSISTANCE TO AN ORPHANAGE

Msrgr. Reilly has been supporting an orphanage in the Dominican Republic for years. The sisters who run it have a presence at the Sacred Heart of Jesus Convent in Newark. On September 22, the 28th annual fundraiser will be held at the Chandelier, 340 Franklin Avenue, Belleville, from 3 p.m. to 7 p.m. An invitation is being extended to all parish family members who may be interested in supporting this endeavor. No tickets will be sold at door.

Tickets are \$60 for adults and \$40 for children 12 and under. If you would like to make a reservation, please call 973-204-5514 and leave your name and number. Or you can call, 201-675-5981 and leave your information. Alternatively you can email reillywilliam99@gmail.com.

If you can't attend, you might consider donating to a gift basket which we will be putting together from the Sacred Heart Parish Community.

SEPTEMBER 1, 2024



Twenty-Second Sunday
In Ordinary Time

Anticipated Sunday Mass

5:00pm Rita Salhandy

SUNDAY - Twenty-Second Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Betty Tynan

10:30 am Thomas C. Purwin

12:00pm James M. Cavalcante

1:30 pm Karen Habluzelt (Living)

MONDAY - Weekday/Labor Day

9:00am Barbara Bagnuolo

TUESDAY - St. Gregory the Great, Pope and Doctor of the Church

12:00pm Peter Amato

WEDNESDAY - Weekday

12:00pm Zdzislaw Razkiewicz

THURSDAY - Weekday

12:00pm Gene Nagler

FIRST FRIDAY - Weekday

12:00pm Diane Perrone

FIRST SATURDAY - Weekday/Blessed Virgin Mary

9:00am Purgatorial Society

Anticipated Sunday Mass

5:00pm Joseph & Phyllis Salerno

SUNDAY - Twenty-Third Sunday In Ordinary Time

7:30am People Of Sacred Heart

9:00am Elizabeth Tynan

10:30 am Charles Dilkes

12:00pm Joseph & Evelyn Famularo

1:30 pm Mabel Machuca

STEWARDSHIP

Sunday - August 25th

Sunday - \$5,854

Add'l Church In Africa - \$30

Add'l Assumption - \$30

Reminder: We need \$7,900 in the Sunday Collection to cover our budgeted expenses. Thank you for your continued generosity!!

FUN
MUSIC
GAMES
PRIZES

SACRED HEART CHURCH

10.26.24 5K RUN WALK

Open to All Ages!
Lyndhurst Recreation Center
862 Valley Brook Avenue
Lyndhurst, NJ US 07071

Registration at 9:00am
Run starts at 10:00am
(comes with a shirt)
Rain or Shine

FOR INFO AND
TO REGISTER ONLINE:
<http://bit.ly/shc5k2024>



Questions?
Email Charlie Sofio at:
sacredheartchurch@comcast.net

OR REGISTER BY MAIL/BASKET

Fill out the attached ticket request form and return
with your **check made payable to Sacred Heart Church**

Place in the **basket** or **mail** to:
Sacred Heart Church
324 Ridge Road • Lyndhurst, NJ 07071
Attention: 2024 5K

☐ I am interested in
volunteering at this event.

of People Registering (\$40 each)*: _____ Total amount of money enclosed*: \$ _____

Indicate a shirt size for each entrant (ADULT: S / M / L / XL)*: _____

Full Name*: _____

Address*: _____

_____ Zip Code*: _____

Phone*: _____

Email address*: _____

Name on Credit Card*: _____ Exp Date*: _____

Credit Card #: _____ Security (CVV) Code*: _____

*Fields MUST be filled out