



# Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

[www.sacredheartlynd.org](http://www.sacredheartlynd.org)

## SERVED BY:

Rev. Theemas Pankiraj  
Pastor

Rev. Cesar Chen  
Parochial Vicar

## PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio  
Parish Manager  
[sacredheartchurch@comcast.net](mailto:sacredheartchurch@comcast.net)

## RELIGIOUS EDUCATION

Ryan Tobiason  
Parish Catechetical Leader  
201-935-3094

## SACRED HEART SCHOOL

Linda Durocher  
Principal  
201-939-4277  
[ldurocher@sacredheartlynd.org](mailto:ldurocher@sacredheartlynd.org)

## SMALL BLESSINGS DAY CARE

201-935-0506

## ARCHDIOCESE OF NEWARK

973-497-4000



April 7, 2024

## 2<sup>ND</sup> SUNDAY OF EASTER

Thomas answered and said to him, "My Lord and my God!" Jesus said to him, "Have you come to believe because you have seen me? Blessed are those who have not seen and have believed."  
- Jn 20:28-29

### SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)  
Monday - Friday: 12:00pm in the church  
Saturday: 9:00am in the church,  
5:00pm in church (Anticipated Mass of Sunday)  
Holy Days & Holidays: As announced in Bulletin

### SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm  
Daily: Upon request following the 12:00pm Mass

### SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

**Preparation:** in the church at 7:00pm

**Sacrament:** in the church at 3:00pm  
Apr. 14, May 5, Jun. 9

### SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

### SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

### R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

### PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

## SECOND SUNDAY OF EASTER SUNDAY OF DIVINE MERCY

Faith in the resurrection of Jesus was slow in coming even for His closest friends and followers. There were the special, fleeting moments when they saw Him again, heard Him speak, even ate fish with Him on the shore, which allowed them to become aware of His presence and power in ways that transcend the senses. But there were those who always needed, in some way, to touch the wounds of the Risen Christ or demand some physical proof in order to believe.

Today's resurrection narrative is one of those stories proclaimed **to help us** come to a deeper faith. It begins with a single word: "Shalom" – a word of peace to a dispersed and frightened band of disciples. That word changed their lives. As the story unfolds, we see the demand of Thomas for proof. We see the invitation to touch His wounds. But, most importantly, we hear that same challenge to believe without seeing: **"Blest are they who have not seen and have believed."**

The message of the Resurrection is for believers: to gather together, to contemplate together the mystery of this event and to let it touch minds and hearts. This special sense of community is very tangible in the apostolic church. In the Acts of the Apostles we read about common living, sharing of goods, and a great concern that none of the believers should be left alone or in need. The Gospel incident with Thomas also highlights this same sense of community. The disciples gathered together, partly in fear and wonder, and partly because they needed each other's support. When Jesus appeared to them, He offered them His gift of peace, and urged them to make mutual forgiveness the very first sign of their faith in the resurrection.

The Gospel tells us that Thomas was not with the others when Jesus first came to them after the Resurrection. The fact that the surviving members of the Twelve seem to have been paralyzed into inaction and are hiding together in a locked room makes us wonder where Thomas actually was. We can be certain that he must have felt totally alone. Not even the fellowship of his companions brought him comfort. Not only does he refuse to believe what they tell him, but he issues an ultimatum, indirectly aimed at Jesus. Maybe he wanted Jesus to know how angry he was and how empty he was feeling. Perhaps he was hurting so much that he just couldn't bring himself to believe that Jesus would dare return to the group in his absence.

It doesn't really matter. A week later, the disciples are together again, behind locked doors, again hiding in fear - not exactly a sign of hospitality or of a readiness to rush out and spread the good news of the Resurrection. This time, Thomas is with them. Jesus is suddenly among them and once again offers them His Peace - a peace that will finally break through their fears, bring reconciliation and make love possible again.

Immediately He turns to Thomas and gently challenges him to follow through with his ultimatum: "Put your finger here - reach out and touch my side - do not doubt, but believe." Now, for Thomas there is no longer a need for that. He drops to his knees and makes the simplest and yet most profound act of faith recorded in the whole of the New Testament: "My Lord and My God!"

Faith must go beyond just seeing and touching with our physical senses. Thomas is a reminder today that our journey of faith includes doubt and brokenness. The doubting Thomas reminds us that Jesus was identifiable to the disciples through his wounds, not in spite of them. It was through these same wounds that we receive our life. Our wounds – whatever they might be - do not set us apart from Jesus. Rather, they are signs of our union with him. And his wounds promise that we will never be defeated by anything that assails us.

And because of this promise, our mission to proclaim the good news of salvation to all becomes just a little easier. We can heal the broken-hearted because we first have felt the healing power of Christ in our lives. We can forgive those who have sinned against us and against the world, because we first have been forgiven. We can enable others to experience the presence of Christ in their lives, because we first have been found by Him, we are known to him and we have been loved by Him in ways that we could never imagine. We can become Christ's light to the world, knowing full well that even the smallest and most insignificant of flames is far more powerful than the darkness itself.

**SACRED HEART SCHOOL  
ENROLLMENT FOR THE  
2024-2025 SCHOOL YEAR**

Do you have a child or grandchild starting or changing school in September? Why not consider Sacred Heart School? We offer a safe and nurturing environment for children Pre-K3 through 8th Grade. Along with their ABCs your child will build character and learn compassion and values. New families considering enrolling in our school can visit Monday - Friday during the hours of 9:00 AM to 10:30 AM. Call the school at 201-939-4277 for more details.

**Friday Eucharistic Adoration  
Fridays, 12:30 - 3:00 pm**

*"Woman, why are you weeping? Whom are you looking for?" She thought it was the gardener and said to him, "Sir, if you carried him away, tell me where you laid him, and I will take him." Jn 20:15*

Like Mary Magdalene, we many times are searching for intimate communion with Jesus but fail to discern His presence in our lives, even when He is very close to us. Don't miss this opportunity to spend some intimate time in adoration *and be in the real presence of our risen Lord!*

**BI-ANNUAL ROSARY  
SUNDAY PILGRIMAGE**

The Dominican Nuns of Summit NJ will be holding their bi-annual Rosary Sunday Pilgrimage on **Sunday, May 5th at 3:00 PM. Their yearly 'May Crowning' of the Blessed Virgin Mary**, a brief homily, and Benediction will follow the recitation of the Rosary. This is an excellent opportunity to get to know the nuns! Currently the community is comprised of about 20 nuns from the ages of 26-91 with a median age of 36. It is the only cloistered community in the Archdiocese of Newark. **The Rosary Shrine is located at 543 Springfield Ave, Summit NJ. Parking will be available next door at 535 Springfield Ave. For questions: info@summitdominicans.org or 908-273-1228.**

**ONLINE GIVING AT  
SACRED HEART**

Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

**Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.**

2. You can visit [www.sacredheartlynd.org](http://www.sacredheartlynd.org), our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

**CELEBRATE THE JOY OF THE SEASON**

Easter is not just a day, it is an entire season. "The fifty days from Easter Sunday to Pentecost are celebrated in joyful exultation as one feast day, or better as on 'great Sunday' [St. Athanasius]" (Ceremonial of Bishops, n. 371). The first eight days of Easter (The Octave of Easter) are celebrated as solemnities of the Lord and the double "Alleluia" with its ancient and beautiful chant closes every liturgy. The daily Scripture readings always includes a passage from the Acts of the Apostles (as the Church relives Her early history and shares it with the newly-baptized.) and from the "Paschal Gospel," that of St. John. On the fortieth day of the Easter Season, the Ascension of the Lord is celebrated, and the nine days from the Ascension to the Vigil of Pentecost (the original "novena") are an intensive preparation for the coming of the Holy Spirit. The Easter Season comes to a close on Pentecost Sunday, which commemorates the giving of the Holy Spirit to the apostles, the birth of the Church, and Her mission to every tongue and people and nation.



**ANNIVERSARY CELEBRATIONS**



The annual tradition continues this year of honoring couples married 5, or 25, or 50 years with Mass at the Cathedral Basilica in Newark on **May 5th at 12:00 PM for 5 and 25 year Anniversaries** of Catholic Marriage and on **June 2nd at 12:00 PM for 50 year Anniversaries**. Cardinal Joseph Tobin will celebrate the Masses. **Deadline to register for the May 5th Mass is April 25th and for June 2nd Mass is May 23rd.** To register, please call the parish office at 201-438-1147.

**EASTER FLOWER MEMORIAL**

**Your Name** \_\_\_\_\_  
**Address** \_\_\_\_\_  
**City/State/Zip** \_\_\_\_\_  
**Phone** \_\_\_\_\_

**In Memory of:**

\_\_\_\_\_  
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 \_\_\_\_\_

	\$50	
	\$35	
	\$25	
	\$20	
	\$15	
	\$10	

**Checks payable to: Sacred Heart Church**

## PLEASE PRAY FOR OUR PARISH FAMILY

**SICK:** Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Anne Montillo, Margot O'Hara, Patricia Coughlin, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Gacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Colleen Branigan, Martina O'Connell, Michele Gilmore, Raymond Santelli, Sr., Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Brian Oppici, Art Elwell, Robert Schaefer

**DECEASED:** Joan Kliemisch. Barbara Ann D'Agosta, Juan M. Fernandez

### CHURCH BELLS CELEBRATE & COMMEMORATE



The Sacred Heart Church bell rings:

#### SUNDAY, APRIL 7TH

**In Honor of:** David Vaccari

**Donated by:** The Vaccari Family

#### FRIDAY, APRIL 12TH

**In Honor of:** The Intentions of Susan Kimball

**Donated by:** Isabel & Jim Cavalcante

## WHY ARE WE CELEBRATING THE SOLEMNITY OF THE ANNUNCIATION OF THE LORD ON APRIL 8TH THIS YEAR?

The Solemnity of the Annunciation of the Lord, celebrated nine months before Christmas, is assigned to March 25 on the church's General Calendar. But, on occasion, March 25 might fall on a day that would trigger a transfer of the solemnity. The General Norms for the Liturgical Year and the Calendar, promulgated by Pope St. Paul VI in 1969, ranks various liturgical celebrations according to an established precedence or order of importance and significance. The General Norms states that the Sundays of Lent and the days of Holy Week take precedence liturgically, even over feasts of the Lord — which is the type of feast the Annunciation is classified as.



Accordingly, then, if March 25 is on a Sunday of Lent, then the solemnity is observed on the following date applicable, which would most often be on March 26.

If March 25 lands during Holy Week or during the Easter octave (the week following Easter), however, then the Annunciation is transferred to the first Monday after the Easter octave. Therefore, this year, since March 25 was Holy Monday on the Roman calendar, the liturgical celebration of the Annunciation will be observed on Monday, April 8.

This year the total solar eclipse coincides with the liturgical celebration of the Annunciation of the Lord leading us to contemplate even deeper the "woman clothed with the sun."

APRIL 7, 2024

## MASS INTENTIONS

SECOND SUNDAY OF EASTER  
SUNDAY OF DIVINE MERCY

### Anticipated Sunday Mass

5:00pm Loretta Barbara Magrin

### SUNDAY - SECOND SUNDAY OF EASTER SUNDAY OF DIVINE MERCY

7:30am People Of Sacred Heart

9:00am Doris & Paul Giordano

10:30 am Geraldine Verniero

12:00pm Krizan Peros

1:30 pm Unborn Babies

### MONDAY - THE ANNUNCIATION OF THE LORD

12:00pm Jaime Canal

### TUESDAY - Easter Weekday

12:00pm Julian & Lorenza Duran

### WEDNESDAY - Easter Weekday

12:00pm Mary M. Ronayne

### THURSDAY - St. Stanislaus, Bishop and Martyr

12:00pm Mike Fiore, Vince Iturbe & Ron Solari

### FRIDAY - Easter Weekday

12:00pm Jane Valenti

### SATURDAY - Easter Weekday/St. Martin I, Pope and Martyr

9:00am Jaime Canal

### Anticipated Sunday Mass

5:00pm George Delnevo

### SUNDAY - THIRD SUNDAY OF EASTER

7:30am People Of Sacred Heart

9:00am June Conzo

10:30 am Mary English Mc Dede

12:00pm James M. Cavalcante

1:30 pm Celeste Knipe

## STEWARDSHIP

March 24th - \$8,334

Reminder: We need \$7,900 in the Sunday Collection to cover our budgeted expenses. Thank you for your continued generosity!!

## ARCHDIOCESE OF NEWARK - ANNUAL APPEAL 2024

The Archdiocese's 2024 Annual Appeal is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Your gift will assist passing on the faith, ministries that proclaim the Gospel, care for the Poor and Vulnerable, forming future priests and supporting retired clergy.

**To Date, 81 families from our parish family have generously supported the Appeal:  
Our Parish's Goal - \$34,720 -- Paid To Date - \$16,425.30 (47.30% of Goal)**

**\*\*Reminder, we must collect our Parish's Goal in paid gifts by June 30th. If we don't accomplish this, the shortfall will be added as an expense to our budget and must be paid to the Archdiocese.**

If you haven't already done so, please prayerfully consider your gift to the 2024 Annual Appeal. Envelopes for the Appeal are available in the pews. You can put your gift in them and drop them in the basket at collection time. You can also make your gift online at [www.rcan.org/sharing](http://www.rcan.org/sharing). Please be sure to select Sacred Heart Church, Lyndhurst so the parish receives credit.

We will have a **special collection the weekend of April 20 & 21** to help us close the gap on our goal.

## Celebrate God's Gracious Mercy!

Christ reaches out with all of the love He bore for Man as He hung – agonized and brutalized – on the cross. This Calvary love – this love that knows no containment or perimeter – is freely offered to every living soul. Freely, without price, without strings attached, without condition. His Calvary love is mercy and grace united and personified in the person, the Godhead of Jesus, whose singular longing is to flood the world with His love. Imagine how the world would change if every living soul on the planet were given the opportunity to encounter the fullness of Christ's Calvary love through the Chaplet of Divine Mercy!

Our Lord said to Blessed Faustina:

"Unceasingly recite this chaplet that I have taught you. Whoever will recite it will receive great mercy at the hour of death ... Priest will recommend it to sinners as their last hope of salvation. Even the most hardened sinner, if he recites this chaplet even once, will receive grace from My infinite mercy (687) ... Oh, what great graces I will grant to souls who will recite this chaplet (848) ... Through the chaplet you will obtain anything, if what you ask for is compatible with My will (1731) ... I want the whole world to know My infinite mercy. I want to give unimaginable graces to those who trust in My mercy (687)."

*Pray the Chaplet of Divine Mercy*

*On Ordinary Rosary Beads.*

1. Begin with the Sign of the Cross, say 1 Our Father, 1 Hail Mary and The Apostles Creed.
2. Then on the Our Father Beads say the following:  
Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world.
3. On the 10 Hail Mary Beads say the following:  
For the sake of His sorrowful Passion, have mercy on us and on the whole world.  
(Repeat step 2 and 3 for all five decades).
4. Conclude with (three times):  
Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.  
If possible, pray the Chaplet at 3:00pm, the hour of Divine Mercy.

\* \* \* \*

*"My daughter, write down these words: All those souls who will glorify My mercy and spread its worship, encouraging others to trust in My mercy, will not experience terror at the hour of death. My mercy will shield them in that final battle..."(1540)- Words of the Lord as recorded by St. Faustina*

