



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

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www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

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Parish Manager
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RELIGIOUS EDUCATION

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201-935-3094

SACRED HEART SCHOOL

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SMALL BLESSINGS DAY CARE 201-935-0506

ARCHDIOCESE OF NEWARK 973-497-4000



March 31, 2024

EASTER SUNDAY

Then the other disciple also went in, the one who had arrived at the tomb first, and he saw and believed. - Jn 20:8

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Apr. 14, May 5, Jun. 9

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

EASTER SUNDAY - THE RESURRECTION OF THE LORD

Each year the Church invites us to bring the heart-aches of our lives, our own personal broken dreams and moments of sorrow and pain to the Risen Christ. During Holy Week we relive the final days of the Savior in order to reinforce our conviction that resurrection always follows death, that victory always crowns our failures. This is the vision that we celebrate on Easter Sunday: a way of life which continues to offer renewed vision and hope to the human family.

We believe that Jesus rose from the dead, never to die again. We believe that his resurrection brought about a whole new age. The past has been put aside. Now anything is possible for us, for we have been promised a share in this resurrection - in this new life. In the light of resurrection we can put aside the darkness of the past and change the way we think and act toward ourselves and others. This is the "Easter Faith" that we, as his disciples, profess.

But it is difficult to believe without fear and trepidation. The reality of the world around us sometimes makes it impossible to sift through the suffering, devastation and death that we experience every day. Easter faith is not based on stories or hearsay. The faith borne of resurrection is not necessarily one of tangible and physical reality. Easter faith springs from something deeper. Perhaps this is best exemplified by Mary Magdalene in the resurrection account we hear today.

Mary goes to the tomb "on the first day of the week... early in the morning." The tragic events of Jesus' death were still fresh in her mind, and she just wants to be as close as possible to the Jesus she loved - and to do so as quickly as possible. So she goes to his tomb "while it was still dark." In John's Gospel darkness suggests an absence of faith - not being able to see with clear vision. It's the dawning of a new day, but for Mary and, later, the disciples, it is still dark.

When Mary arrives at the tomb and sees it empty, she comes to the logical conclusion: "They have taken the Lord from the tomb and we don't know where they put him." She rushes back to tell Peter and John of her discovery, who now race to the tomb themselves. Unlike the resurrection story in the Synoptic gospels, in John's account there are no heavenly messengers waiting there for them when they arrive, just an empty tomb with the burial cloths neatly folded in a separate place.

But today's gospel is only half of the story. If we like mystery stories, neatly packaged with no loose ends, then we can't help but be somewhat dissatisfied with the inconclusive account that we have today: the two disciples see the empty tomb, do not fully understand, and then return home. The story actually continues in the very next passage of the Gospel. Mary will remain, meet Jesus, think he is the gardener and then discover he is the risen Lord when he calls her name. It seems a little strange that these few additional verses were not included in today's reading.

But maybe that's the point.

Mary's faith was born of love, which opened her eyes to see and recognize the risen Lord. It was different for the others. It was still difficult for them to truly believe the stories they were hearing. It was still hard to bring themselves - as much as they wanted to - to believe that the Lord had truly risen, as He said He would. Even when they saw Him, they weren't sure...

What stirred the disciples to believe? Mary Magdalene got the message - she saw with the eyes of faith and believed. The beloved disciple got the message - he saw with the eyes of faith and he believed. Later, Peter, with the other disciples, will encounter the risen Christ themselves. Then they will come to understand the Scriptures about Jesus' suffering and rising from the dead.

Maybe that is how we come to see the risen Christ. Without seeing him we believe Christ is alive and with us. We meet him when we worship with others who are witnesses to his life; we have our eyes opened to the risen Christ when the words of Scripture touch our hearts; we come to know him in the breaking of the bread and the pouring of the cup. We also meet him where he has told us he can be found -- in the needy, outcast, stranger, imprisoned, exiled and abused.

Proof of the Risen Christ lies with us. We are the proof that Christ is alive and lives with us still. Like Mary Magdalene and the first disciples, we are His witnesses to all the nations.

WHAT IS THE OCTAVE OF EASTER?

The joy of the initial day of Our Lord's Resurrection is celebrated in the Church for eight days, called the Octave of Easter. Liturgically, we celebrate Easter at highest pitch from Easter Sunday to Divine Mercy Sunday. Each day of the Octave is ranked as a Solemnity in the Church's liturgical calendar, the highest ranking of liturgical feasts. At Masses during the Octave of Easter, as on Sundays, the Gloria, is recited or sung. And at the end of each Mass of the Octave, the double Alleluia is sung at the dismissal. The idea of an Octave of a great feast has its roots in the Old Testament. There are many Jewish feasts that lasted for eight days, for example, the feast of Passover and the feast of Tabernacles. In the Catholic Church, we celebrate eight days of Christmas as well as eight days of Easter. If there is any time to go to daily Mass, the Easter Octave is it! The Gospel readings at Masses during the Octave of Easter include passages from the Gospels that relate various appearances of the Risen Jesus. If you can't make it to the daily Mass, reflecting on these Gospel texts is a wonderful way to prolong the celebration of Easter. Each day during the Octave, we proclaim in the Gospel Acclamation: This is the day the Lord has made; let us be glad and rejoice in it. The Octave of Easter ends on the Second Sunday of Easter, the Sunday of Divine Mercy.

WHY ARE EGGS ASSOCIATED WITH EASTER?

On that first Easter morning, Jesus came to life and walked out of the tomb, and left it, as it were, an empty shell. Thus you see that though an egg seems to be as dead as a stone, yet it really has life in it (the baby chick). This is why eggs are an Easter symbol. In time past, they used to color the eggs red, so as to show the kind of death by which Christ died, - a bloody death.

ONLINE GIVING AT SACRED HEART

Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

WHY IS THE BUTTERFLY A SYMBOL OF THE RESURRECTION?



Known for its lightness, the fluttering of its wings, and especially its metamorphosis from a caterpillar into something more beautiful and powerful, the butterfly symbolizes the resurrection of Jesus Christ. The butterfly has long been a Christian symbol of the resurrection, for it disappears into a cocoon and appears dead, but emerges later far more beautiful and powerful than before. The three stages of the butterfly's metamorphoses are symbolic of the three stages in the life cycle of Christ and the Christian. The caterpillar's non-stop eating reminds us of normal earthly life where people are often preoccupied with taking care of their physical needs. The caterpillar's life also reminds us of Jesus' life on earth. Caterpillars then "entomb" themselves in what appears to be lifeless cocoons portraying the crucifixion and burial of Jesus and the death of all humans. The third and final stage is the appearance of a butterfly with jewel-colored wings and the ability to soar, which represents the resurrection into a new and glorious life free of material concerns and restrictions. A major theme in St. Paul's teachings is that "we shall all be changed" (*Behold, I tell you a mystery. We shall not all fall asleep, but we will all be changed, in an instant, in the blink of an eye, at the last trumpet. For the trumpet will sound, the dead will be raised incorruptible, and we shall be changed.* 1 Cor. 15:51-52). The Christian hope is that what is sown in the grave as a weak mortal body will be raised an indestructible spiritual body not subject to temptation, sorrow, death, or pain. Through death the spirit will escape – not from its body but from the vulnerabilities and hardships of mortal flesh.



EASTER FLOWER MEMORIAL

Your Name _____
Address _____
City/State/Zip _____
Phone _____

In Memory of: _____

	\$50	
	\$35	
	\$25	
	\$20	
	\$15	
	\$10	

Checks payable to: Sacred Heart Church

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Anne Montillo, Margot O'Hara, Patricia Coughlin, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Gacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Colleen Branigan, Martina O'Connell, Michele Gilmore, Raymond Santelli, Sr., Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Brian Oppici, Art Elwell, Robert Schaefer

DECEASED: All from our parish family the Lord has called home.

CHURCH BELLS CELEBRATE & COMMEMORATE



The Sacred Heart Church bell rings:

SUNDAY, MARCH 31ST

In Honor of: Joseph & Evelyn Famularo

Donated by: Robert & Mary Hero

MONDAY, APRIL 1ST

In Honor of: The Memory of Marie Cavalcante & Ruth Scarpulla

Donated by: Jim & Isabel Cavalcante

FRIDAY, APRIL 5TH

In Honor of: The Memory of Kathleen (Kitty) Curran

Donated by: Brian & Carol O'Keefe

SATURDAY, APRIL 6TH

In Honor of: Elaine M. Sarubbi

Donated by: Brian & Carol O'Keefe

MEMORIAL DONATIONS

During the week of March 31st, the following items used for worship in our sanctuary were donated in the memory of a relative or friend or a special intention.

BREAD & WINE:

In Honor of: Grace Dacchille



Donated by: Charles Sofio

MASS CANDLES:

In Honor of: Linda Clemente



Donated by: Charles Sofio

MARCH 31, 2024

**EASTER SUNDAY
THE RESURRECTION OF THE LORD**



**SATURDAY - HOLY SATURDAY
THE EASTER VIGIL**

8:30pm Vito & Grace Dacchille

**SUNDAY - EASTER SUNDAY
THE RESURRECTION OF THE LORD**

7:30am People Of Sacred Heart

9:00am Ferrara & Pavlica Families

10:30 am Evelyn Earl & anna Marie Faller

12:00pm Mary & Anthony Scardino &
Anthony Pereira

1:30 pm Amador Costelo Rodriguez

**MONDAY - Monday Within The Octave Of
Easter**

12:00pm Elias Angel Pagan (Living)

**TUESDAY - Tuesday Within The Octave
Of Easter**

12:00pm Lucja & piotr Kurcon (Living)

**WEDNESDAY - Wednesday Within The
Octave Of Easter**

12:00pm EWTN/U.S.A.

**THURSDAY - Thursday Within The
Octave Of Easter**

12:00pm John A. Balwierczak

**FIRST FRIDAY - Friday Within The
Octave Of Easter**

12:00pm James & Rita Owens

**FIRST SATURDAY - Saturday Within
The Octave Of Easter**

9:00am Purgatorial Society

Anticipated Sunday Mass

5:00pm Loretta Barbara Magrini

**SUNDAY - SECOND SUNDAY OF EASTER
SUNDAY OF DIVINE MERCY**

7:30am People Of Sacred Heart

9:00am Doris & Paul Giordano

10:30 am Geraldine Verniero

12:00pm Krizan Peros

1:30 pm Unborn Babies

STEWARDSHIP

Reminder: We need \$7,900 in the Sunday Collection to cover our budgeted expenses. Thank you for your continued generosity!!

ARCHDIOCESE OF NEWARK - ANNUAL APPEAL 2024

The Archdiocese's 2024 Annual Appeal is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Your gift will assist passing on the faith, ministries that proclaim the Gospel, care for the Poor and Vulnerable, forming future priests and supporting retired clergy.

**To Date, 80 families from our parish family have generously supported the Appeal:
Our Parish's Goal - \$34,720 -- Paid To Date - \$15,425.30 (44.42% of Goal)**

****Reminder, we must collect our Parish's Goal in paid gifts by June 30th. If we don't accomplish this, the shortfall will be added as an expense to our budget and must be paid to the Archdiocese.**

If you haven't already done so, please prayerfully consider your gift to the 2024 Annual Appeal. Envelopes for the Appeal are available in the pews. You can put your gift in them and drop them in the basket at collection time. You can also make your gift online at www.rcan.org/sharing. Please be sure to select Sacred Heart Church, Lyndhurst so the parish receives credit.

We will have a **special collection the weekend of April 20 & 21** to help us close the gap on our goal.

*Knights of Columbus,
Lyndhurst Council #2396*

Takeout Breakfast



linktr.ee/council2396

Order Online to Reserve your Pickup Time

Order Deadline April 3rd, 2024

Orders can be picked up at the requested designated time on April 7th at:

**Our Lady of Mt. Carmel Parish Center
146 Copeland Avenue Lyndhurst, NJ 07071**

Please consider all neighbors, friends, shut-ins, those without transportation, and add them to your order.



Lyndhurst
COUNCIL #2396
1922 - 2022

**SUNDAY
April 7th**

Pickup times from
8:30 am - 11:00 am

Each Breakfast Box
contains scrambled
eggs, sausage,
taylor ham, potatoes,
and a roll.

\$10 per
Breakfast Box

THE PASCHAL CANDLE THE LIGHT OF CHRIST THANKS BE TO GOD

The Paschal Candle, a symbol of the light and the hope that the risen Christ brings to the world, *has been generously given to our parish family this year In Loving Memory Of John Valente, Albert Alberti, Meagan Valente, JoAnn Fescoc, and all members of the Naviello and Valente families by Mary Ann Valente.* The Candle burns brightly in our sanctuary during all the liturgies celebrated in the Easter Season. After Pentecost, it is positioned at the Baptismal Font where it brings the light of Christ to our Baptismal and Funeral Liturgies, underscoring our belief that in baptism we die with Christ so that we may rise with Him into eternal life.



PARISH OFFICE EASTER HOURS

In observance of the Easter Holy Days, the parish office will be **closed Holy Thursday, March 28th, through Easter Monday, April 1st.** The office will reopen on Easter Tuesday, April 2nd at 9:00am. The priests and staff of Sacred Heart wish all our parish family a holy and happy Easter Season!

FOOD PANTRY MOST NEEDED ITEMS

Our Parish Family Food Pantry is stocking up for the Spring Season. Can you help our brothers and sisters struggling with food insecurity? Items needed most, at this time, are: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly. Food items can be left near the shrine of the Sacred Heart in the back of the church.

*In Honor
and Loving
Memory of
SK Tim Suter,
PGK*



All proceeds raised will be used towards the K of C, Council 2396 Academic Scholarship, for one 8th grade girl & one boy student who plans to attend a Catholic High School, along with the Sir Knight Tim Suter Catholic Living Award. Each Scholarship is valued at \$1,000 each.

"In Service to One, In Service to All"