



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071
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www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
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RELIGIOUS EDUCATION

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SACRED HEART SCHOOL

Linda Durocher
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SMALL BLESSINGS DAY CARE 201-935-0506

ARCHDIOCESE OF NEWARK 973-497-4000



March 24, 2024

PALM SUNDAY OF THE PASSION OF THE LORD

So they brought the colt to Jesus and put their cloaks over it. And he sat on it. Many people spread their cloaks on the road, and others spread leafy branches that they had cut from the fields. - Mk 11:7-8

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Mar. 30 (8:30PM), Apr. 14, May 5, Jun. 9

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

PALM SUNDAY OF THE PASSION OF THE LORD

Almost four years ago, Pope Francis presided at a special prayer service and gave his Urbi et Orbi blessing - with the faithful participating online from the safety of their homes. St. Peter's Basilica was empty, yet millions of people - Catholic and non-Catholic alike - viewed the hour-long service of prayer and worship, livestreamed via their computers, phones or tablets. A few days later, we watched as he presided over the Holy Week and Triduum services and listened as he proclaimed that the Coronavirus outbreak would be an opportunity for humanity to re-prioritize and to collectively choose that which really matters.

This was a prayerful message of hope - and it was Francis' response to the suffering of so many people throughout the world (and the suffering yet to come) and he invited us to bring the heartaches of our lives, our own personal broken dreams, and moments of suffering, sorrow and pain to the Risen Christ.

Holy Week 2024 will again remind us to reconnect with and identify with the suffering of the Savior in order to reinforce our conviction that resurrection always follows death, that victory always crowns our suffering and failure. Our hope is in the knowledge that for God to touch us, we have to allow suffering and death to wound us.

When we were in the midst of a global pandemic, we had spent more than a year in the anguished grip of suffering, death, and turmoil. In the United States alone, the Coronavirus had brought death to over 500,000 and untold suffering to countless others. One out of four small businesses permanently closed, more than 22 million persons lost their jobs and face eviction from their homes, and many others lost life savings. While there seemed to be a light at the end of the tunnel, we still had the same important questions we have been asking ourselves throughout that year: How do we maintain a true sense of human community in the midst of separation and forced solitude? Where is the balance? Do we as Christians, have anything to say about suffering? Do we have a word to say about death?

Jesus' death and resurrection speak loudly of love and God's closeness to us. Through Jesus' suffering, God chooses to come close to all who suffer illness, grief, loss, depression, and addiction. God embraces all who choose to return love for evil; who forgive past grievances; who reach out to the rejected, who are not afraid to become "first responders" in the face of suffering and death. In our suffering God's grace can transform us so that we can love others as Jesus did. Perhaps this is the lesson of Holy Week.

This truth remains: We are the Lord's. This is all that is necessary to know in order to live, and to die, and to rise; and whatever situation or circumstance that scares us does not negate this at all, but rather makes more visible the literal truth of this statement, which is the core of the whole Christian life.

It is the suffering Christ who enables us to do this. So, we join Him In mind and spirit, enter Jerusalem with Him, proclaiming Jesus Christ Is Lord! We come to be with Him on Holy Thursday, learn again the meaning of Christian service through His washing of His disciples' feet, recognize Him in the breaking of the Bread, and proclaim Jesus Christ Is Lord! We come to be with Him on Good Friday, watch with Him in the Garden, share His pain and shame on Calvary, watch Him die - and proclaim Jesus Christ Is Lord! And we will come to be with Him at the Easter Vigil or on Easter Sunday, see again the mystery of the Resurrection with the eyes of faith, and rise ourselves with Him to new holiness of life and love as we proclaim Jesus Christ Is Lord!

*You Are Invited To Celebrate With Us
The Week That Changed The World*

Paschal Triduum

*Holy Thursday - March 28th
7:30pm - Mass of the Lord's Supper*

*Good Friday - March 29th
3:00pm - Commemoration of the
Lord's Passion & Death*

*Holy Saturday - March 30th
8:30pm - Easter Vigil*

*Easter Sunday - March 31st
The Resurrection of the Lord
Mass Schedule
7:30am, 9:00am, 10:30am, 12:00pm
1:30pm Misa en Espanol (Spanish Mass)*

ST. PATRICK'S RESULTS

On March 9th our parish family and friends gathered to celebrate St. Patrick and enjoy delicious food, excellent entertainment, and the warmth and friendship of all gathered. More than 200 people attended the event. Through the hard work of many volunteers and the generosity of all who participated a total of \$11,049 was raised for our parish including the dinner, 50/50 raffle and basket auction. Many thanks to all who played a part in making this event such a huge success.

Congratulations to Mary Roughneen, the winner of our St. Patrick's 50/50 raffle. The winning ticket is was #0234 and Mary received a check for \$2,672.50

**DAILY MASSES DURING
THE PASCHAL TRIDUUM**

Here at Sacred Heart there will be **NO 12:00PM Mass this coming Thursday and Friday**, Holy Thursday and Good Friday. There will be **NO 9:00AM or 5:00PM Mass this coming Saturday**, Holy Saturday. The Paschal (Easter) Triduum is a single liturgical action that occurs over a period of three days (Holy Thursday, Good Friday, Holy Saturday). The Triduum is not part of Lent, but in its entirety celebrates the Easter event. The entire focus of the Triduum is on the Triumph of the Cross and the Resurrection. For this reason, Mother Church invites all Her children to join together and to participate in the Lord's Supper on Holy Thursday, the Lord's Passion & Death on Good Friday, and the vigil, the time of waiting, for the Lord's Resurrection on Holy Saturday. No other Masses are offered on these days because all the faithful's attention and energy needs to be focused so that these events, which are the cornerstone of our faith, can be made present again in the time we live.

EMPTY TOMB AT MOUNT CARMEL

Our Lady of Mt Carmel Church has erected a replica of the Empty Tomb in the Church and invites you to join them for the Adoration of the Blessed Sacrament during the evening of Holy Thursday and in prayer all day on Good Friday. The Church is located at 149 Copeland Ave., Lyndhurst, NJ

FOOD PANTRY MOST NEEDED ITEMS

Our Parish Family Food Pantry is stocking up for the Spring Season. Can you help our brothers and sisters struggling with food insecurity? Items needed most, at this time, are: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly. Food items can be left near the shrine of the Sacred Heart in the back of the church.

CHRISM MASS

All are invited to the Chrism Mass at the Cathedral Basilica of the Sacred Heart, 89 Ridge Street, Newark on the **Monday of Holy Week, March 25 at 8:00 PM.** At this Mass Cardinal Tobin, joined by the priests of the Archdiocese, gather at the Cathedral Basilica. This Mass manifests the unity of the priests with their bishop. Here Cardinal Tobin blesses three oils which will be used in the administration of the sacraments throughout the Archdiocese for the year and the priests present renew their priestly promises.

ANNUAL APPEAL SPECIAL COLLECTION

March 23 & 24

Your generous support in this collection will help our parish achieve our Annual Appeal goal. The Annual Appeal is a great way to give alms during Lent as it supports many ministries for our brothers and sisters in need across the Archdiocese. Envelopes are available in the pews.

EASTER FLOWER MEMORIAL

Your Name _____

Address _____

City/State/Zip _____

Phone _____

In Memory of:



\$50

\$35

\$25

\$20

\$15

\$10



Checks payable to: Sacred Heart Church

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Anne Montillo, Margot O'Hara, Patricia Coughlin, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Gacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Colleen Branigan, Martina O'Connell, Michele Gilmore, Raymond Santelli, Sr., Milena Giacchi, Freddy Berrios, Maryann Sheridan, Naham, Rudy Rivas, Tania, Jaime Diaz, Romile Diaz, Brian Oppici, Art Elwell, Robert Schaefer

DECEASED: Alicia Espiritu

MEMORIAL DONATIONS

During the week of March 24th, the following items used for worship in our sanctuary were donated in the memory of a relative or friend or a special intention.

BREAD & WINE:

In Honor of: Francis Donald Wynne



Donated by: Jean Kimak

MASS CANDLES:

In Honor of: Francis Donald Wynne



Donated by: Jean Kimak

GOOD FRIDAY COLLECTION

The continued existence of programs that support Christians in the Holy Land depends on the faithful financial support received from our brothers and sisters in Christ from the Good Friday collection. This year, more than ever, we ask that you pledge your assistance to the work in the land that Jesus made holy. The Holy Land Franciscans are counting on your financial help to assist them in providing presence, care and service. The Franciscans have been in the Holy Land since 1209, walking in Jesus' footsteps, caring for the poor, educating young people, providing scholarships, protecting the Holy shrines, conducting pastoral ministries and keeping Christianity alive.

PARISH OFFICE EASTER HOURS

In observance of the Easter Holy Days, the parish office will be **closed Holy Thursday, March 28th, through Easter Monday, April 1st.** The office will reopen on Easter Tuesday, April 2nd at 9:00am. The priests and staff of Sacred Heart wish all our parish a holy and happy Easter Season!

UPPER ROOM FELLOWSHIP DINNER

The Ichthus Society is hosting a festive Catholic family gathering celebrating the glorious resurrection of our Lord Jesus Christ on Thu., April 4th 6:30 - 10:30 at Michael's Riverside in Lyndhurst. \$50 adults, \$35 young adults, \$20 children for buffet dinner, soda, beer and wine. Please call the parish office 201-438-1147 to reserve. Deadline is Wed., March 27th.

MARCH 24, 2024

MASS INTENTIONS

PALM SUNDAY OF THE PASSION OF THE LORD

Anticipated Sunday Mass

5:00pm Joanne Bevacqua Owens

SUNDAY - PALM SUNDAY OF THE PASSION OF THE LORD

7:30am People Of Sacred Heart

9:00am Catherine & Jerimah Hallahan

10:30 am James & Eleanor Scotti

12:00pm James M. Cavalcante

1:30 pm Cristina Yagual

MONDAY - Monday of Holy Week

12:00pm Howard Wartel

TUESDAY - Tuesday of Holy Week

12:00pm Joseph Di Lascio

WEDNESDAY - Lenten Weekday

12:00pm Thompson & Tierney Family

Paschal Triduum

THURSDAY - HOLY THURSDAY MASS OF THE LORD'S SUPPER

7:30pm John O'Brian

FRIDAY - GOOD FRIDAY THE PASSION OF THE LORD

3:00pm Commemoration of the Lord's Passion & Death

SATURDAY - HOLY SATURDAY THE EASTER VIGIL

8:30pm Vito & Grace Dacchille

SUNDAY - EASTER SUNDAY THE RESURRECTION OF THE LORD

7:30am People Of Sacred Heart

9:00am Ferrara & Pavlica Families

10:30 am Evelyn Earl & Anna Marie Faller

12:00pm Mary & Anthony Scardino & Anthony Pereira

1:30 pm Amador Costelo Rodriguez

STEWARDSHIP

MAR 17 COLLECTION

Sunday - \$6,392

Add'l Assessment - \$260

Add'l Human Dev - \$82

Reminder: We need \$7,900 in the Sunday Collection to cover our budgeted expenses. Thank you for your continued generosity!!

ARCHDIOCESE OF NEWARK - ANNUAL APPEAL 2024

The Archdiocese's 2024 Annual Appeal is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Your gift will assist passing on the faith, ministries that proclaim the Gospel, care for the Poor and Vulnerable, forming future priests and supporting retired clergy.

**To Date, 74 families from our parish family have generously supported the Appeal:
Our Parish's Goal - \$34,720 -- Paid To Date - \$14,001 (40.32% of Goal)**

****Reminder, we must collect our Parish's Goal in paid gifts by June 30th. If we don't accomplish this, the shortfall will be added as an expense to our budget and must be paid to the Archdiocese.**

If you haven't already done so, please prayerfully consider your gift to the 2024 Annual Appeal. Envelopes for the Appeal are available in the pews. You can put your gift in them and drop them in the basket at collection time. You can also make your gift online at www.rcan.org/sharing. Please be sure to select Sacred Heart Church, Lyndhurst so the parish receives credit.

We will have a **special collection the weekend of March 23 & 24** to help us close the gap on our goal.

*Knights of Columbus,
Lyndhurst Council #2396*

Takeout Breakfast



linktr.ee/council2396

Order Online to Reserve your Pickup Time

Order Deadline April 3rd, 2024

Orders can be picked up at the requested designated time on April 7th at:

**Our Lady of Mt. Carmel Parish Center
146 Copeland Avenue Lyndhurst, NJ 07071**

Please consider all neighbors, friends, shut-ins, those without transportation, and add them to your order.



Lyndhurst
COUNCIL #2396
1922 - 2022

**SUNDAY
April 7th**

Pickup times from
8:30 am - 11:00 am

Each Breakfast Box
contains scrambled
eggs, sausage,
taylor ham, potatoes,
and a roll.

\$10 per
Breakfast Box

ARCHDIOCESE OF NEWARK 2024 LENTEN REGULATIONS

1. The **days of both Fast and Abstinence** during Lent are **Ash Wednesday and Good Friday**. *If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. The other Fridays of Lent are days of Abstinence.*
On a day of Fast, only one (1) full meal is permitted and two (2) smaller meals, which added together, would not exceed the main meal in quantity.
Those between the ages of 18 and 59 are obliged to fast.
On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.
2. The obligation to observe the laws of Fast and Abstinence "substantially", or as a whole, is a serious obligation.
3. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.
4. The time for fulfilling the Paschal Precept (Easter Duty*) extends from the **First Sunday of Lent, February 18, 2024 to the Solemnity of the Holy Trinity, May 26, 2024.**

*Canon 920, §1. *All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*

*In Honor
and Loving
Memory of
SK Tim Suter,
PGK*



*All proceeds raised will be used towards
the K of C, Council 2396 Academic
Scholarship, for one 8th grade girl & one
boy student who plans to attend a Catholic
High School, along with the Sir Knight
Tim Suter Catholic Living Award.
Each Scholarship is valued at \$1,000 each.*

"In Service to One, In Service to All"