



# Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071  
Phone: 201-438-1147 Fax: 201-507-5861  
[www.sacredheartlynd.org](http://www.sacredheartlynd.org)

### SERVED BY:

Rev. Theemas Pankiraj  
Pastor

Rev. Cesar Chen  
Parochial Vicar

### PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio  
Parish Manager  
[sacredheartchurch@comcast.net](mailto:sacredheartchurch@comcast.net)

### RELIGIOUS EDUCATION

Ryan Tobiason  
Parish Catechetical Leader  
201-935-3094

### SACRED HEART SCHOOL

Linda Durocher  
Principal  
201-939-4277  
[ldurocher@sacredheartlynd.org](mailto:ldurocher@sacredheartlynd.org)

### SMALL BLESSINGS DAY CARE 201-935-0506

### ARCHDIOCESE OF NEWARK 973-497-4000



February 25, 2024

## 2<sup>ND</sup> SUNDAY OF LENT

Then a cloud came, casting a shadow over them; from the cloud came a voice, "This is my beloved Son. Listen to him." Suddenly, looking around, they no longer saw anyone but Jesus alone with them.  
- Mk 9:7-8

### SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)  
Monday - Friday: 12:00pm in the church  
Saturday: 9:00am in the church,  
5:00pm in church (Anticipated Mass of Sunday)  
Holy Days & Holidays: As announced in Bulletin

### SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm  
Daily: Upon request following the 12:00pm Mass

### SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

**Preparation:** in the church at 7:00pm

**Sacrament:** in the church at 3:00pm  
Mar. 30 (8:30PM), Apr. 14, May 5, Jun. 9

### SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

### SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

### R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

### PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

## SECOND SUNDAY OF LENT

The story of Abraham and Issac is a focal one in Genesis and in the faith history of the Jewish people. It begins with God's command, "Go forth." But the foundation of this story is the very common story we all participate in. All these stories share the same characteristic, they contain some kind of change and conflict along the way to new life. This is the hope that this story of Abraham stirs up. The promise isn't that things will be easy; what makes the end hopeful is that God promises to "Go Forth" with Abraham and his descendants forever.

The Gospel story is also one of change and conflict. The disciples went to an out of the way place with the Lord. It is quiet and, from there, they can see for a great distance. There, things can be put into focus for them; there they can get perspective. But they get more than they expected - for on the mountain that day they had a momentary glimpse into how special Jesus is. They also realized that nothing in their lives would ever again be the same as it once was.

The Apostles witness a dazzling display of God's glory at the Transfiguration and are overwhelmed with excitement; but they are soon to experience the passion and death of Jesus. These same three will follow Jesus into the Garden of Gethsemane. They will see Him, fearful, saddened, pleading not to have to suffer and die. They will see Him on the cross, apparently abandoned by his Father and overcome by evil. This will betray all their hopes and dreams, and almost destroy their faith.

The Transfiguration story is not about a moment of spiritual illumination - but rather a story where we see Christ's attempt to rehabilitate and re-energize his disciples. The whole point of the story was not to go up the mountain and bask in God's glory, but to go back down from the mountain and do what Jesus does: heal the sick, give sight to those who are blind, open the ears of the deaf and bring the Good News to the poor. The voice from the Cloud says the same thing now as that which was heard at Jesus' baptism: "This is my beloved Son, in whom I am well pleased." But now there is an addenda, directed squarely at the disciples: "Listen to him! Listen to what HE is saying, not to what YOU think he is saying..."

On the mountain they didn't understand the meaning behind the Transfiguration. Only when He is raised from the dead will they understand. Only then will they remember the Transfiguration, only then will they remember that like Abraham, they too are told to "Go Forth" and live the promise given them. And only then will they truly understand why He sent them down from the mountain, back to the physical world, which needed - and still needs to be - transformed and transfigured.

Rehabilitation is a long process. Our belief in God and our journey of faith does not exclude the possibility of suffering and emptiness. It does not mean that we will always be able to find Him present in the ups and downs of our everyday lives. Nor does it mean that we are expected to passively sit back and "accept" all of the obstacles and roadblocks we find along the way as being part of some grand plan that He has for us.

Jesus died on the cross because he was obedient to God's will. God wanted Jesus to proclaim the beginning of a new kingdom of compassion and reconciliation with God and with one another -- a reign of peace for all -- for the least, and for sinners and outcasts as well. Jesus fulfilled God's will and stayed faithful to his preaching and healing mission. He was steadfast in the mission, even though he stirred the wrath of the earthly and religious powers. Eventually these resisting forces killed him.

As the Gospel unfolds, the dazzling brilliance of our God begins to show through the humanity of Jesus more and more clearly. Our faith tells us that our lives will gradually be re-energized and remade according to the pattern of the transfigured Christ, who is our Light, our Strength and our Salvation.

For us, the meaning of the Transfiguration is that, as Karl Rahner says: "in the dark night of hopelessness the light of God shines, and a human heart finds in God the power which turns a dying into victory."

We have been told to "Go forth." How do we respond?

**SACRED HEART HOME SCHOOL  
SPRING AUCTION - FRIDAY, MARCH 22**

Sacred Heart Home-School Association presents their Annual Spring Auction on Friday, March 22, 2024 at Sacred Heart School, 620 Valley Brook Ave. Tickets are \$15 per person - no one under 18 will be admitted. Doors open at 6:00 PM. Tickets includes one sheet for 1st level prizes, Coffee/Tea and dessert. If you are interested, please call the school office at 201-939-4277 or Patty at 201-803-9580. **Ticket deadline is March 11th.** No tickets available at the door.

**FEBRUARY 25th, 1:00-3:00 PM**

*You're invited!*

*Please, join us!*

**OPEN HOUSE**

**SACRED HEART SCHOOL**

620 Valley Brook Avenue, Lyndhurst, NJ 07071  
201-939-4277 • www.sacredheartlynd.org

**ARCHDIOCESE OF NEWARK  
ANNUAL APPEAL 2024**

The Archdiocese's 2024 Annual Appeal, is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Our Goal for 2024 \$34,720

If you haven't already done so, please prayerfully consider your gift to the 2024 Annual Appeal.

**LENTEN BIBLE STUDY**

Fr. Theesmas invites you to join him for a Lenten Bible Study during the Mondays of Lenten beginning on February 26th and ending on March 18th at 7:00PM in the Parish Center (former Convent) dining room. To register, please fill out the form and below and drop it in the collection basket or call the parish office at 201-438-1147

Lenten Bible Study, Mondays Feb. 26th - Mar. 18th  
7:00PM Parish Center Dining Room

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**SAVE THE DATE**

**SUNDAY, MARCH 17, 2024 10:30 AM**

**IV ANNUAL**

**STATIONS OF THE CROSS**

YOU MUST RETURN TO YOUR GOD  
MAINTAIN LOYALTY AND JUSTICE  
AND ALWAYS HOPE IN YOUR GOD  
HOSEA 12:7

**10 MILES WITH JESUS**  
www.10mileswithJesus.org

**WOMEN'S RETREAT AT  
SAN ALFONSO RETREAT HOUSE  
LONG BRANCH, N.J.**

**MARCH 8-10, 2024 ---- RESERVE YOUR SPOT!!!**

Ladies:

Happy New Year and you are invited to attend our annual women's retreat at Sal Alfonso Retreat House. The registration for our retreat (March 8-10, 2024) is open. The cost is \$300 for the weekend. "The theme: The Eucharist and the Hungers of the Human Heart. The retreat will offer you an opportunity to get in touch with the hungers within your own heart and how an encounter with the living Christ through prayer, scripture, community and most importantly, the Eucharist satisfies those hungers." Registration is open online!! If you have any questions please call Margaret Dacchille at 201 456 2399. **Space is limited so register as soon as possible.**

**STATIONS OF THE CROSS**

Joins us as we reflect on the passion and death of the Lord as a community during the Fridays of Lent. The Stations of the Cross will follow the 12:00 Mass on Friday: Mar. 1, 8, 15, 22. **\*\*PLEASE NOTE THAT STATIONS OF THE CROSS WILL REPLACE ADORATION DURING THE FRIDAYS OF LENT\*\***

## PLEASE PRAY FOR OUR PARISH FAMILY

**SICK:** Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspile, Anne Montillo, Margot O'Hara, Patricia Coughlin, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, Ruben Arevalo Gacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Colleen Branigan, Martina O'Connell, Michele Gilmore, Raymond Santelli, Sr., Milena Giacchi, Freddy Berrios, Maryann Sheridan, Maria Frances Naham, Rudy Rivas, Tania

**DECEASED:** Barbara Bagnuolo

### CHURCH BELLS CELEBRATE & COMMEMORATE



The Sacred Heart Church bell rings:

#### SUNDAY, FEBRUARY 25TH

**In Honor of:** The Intentions of the Cavalcante Family

**Donated by:** Jim & Isabel Cavalcante

#### WEDNESDAY, FEBRUARY 28TH

**In Honor of:** Betty Sottovia, Happy Anniversary In Heaven

**Donated by:** Jean Redner

### FOOD PANTRY UPDATE

*"Whatever you did for one of the least of these brothers and sisters of mine, you did for me" Matthew 25:40*

**We are stocking up the pantry for the cold winter season. Can you help us assist our brothers and sisters struggling with food insecurity?**

**Items needed most, at this time, are:** Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly. Food items can be left near the shrine of the Sacred Heart in the back of the church.

Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help local families without your generosity.** As a reminder, we are unable to package out-of-date food products for distribution to our families.

### GIRL SCOUT COOKIE SALE NEXT WEEKEND

The Girl Scouts will be selling cookies next weekend for \$6 a box at the entrances to the church. Indulge your sweet tooth and help the Girl Scouts too!

### YOUR HELP REQUESTED

Planning for our St. Patrick's Day fundraiser is well underway. We need your help to make it a fun and successful event. If you would like to volunteer to help with this effort, or would like to donate some desserts, please give Sabina a call at 862-249-1186.

**FEBRUARY 25, 2024**

## MASS INTENTIONS

SECOND SUNDAY OF LENT

#### Anticipated Sunday Mass

5:00pm Armando O. Pereira

#### SUNDAY - SECOND SUNDAY OF LENT

7:30am People Of Sacred Heart

9:00am Sabino Iovino

10:30 am Giovanni Antico

12:00pm Wendy Khin

1:30 pm Elcira Sanchez

#### MONDAY - Lenten Weekday

12:00pm Juliana Lara Cabrera

#### TUESDAY - Lenten Weekday/St. Gregory of Narek, Abbot and Doctor of the Church

12:00pm Julian & Lorenza Duran

#### WEDNESDAY - Lenten Weekday

12:00pm Laura Manning

#### THURSDAY - Lenten Weekday

12:00pm Jozef & Zofia Turek (Living)

#### FIRST FRIDAY - Lenten Weekday

12:00pm EWTN/USA

#### FIRST SATURDAY - Lenten Weekday

9:00am Purgatorial Society

#### Anticipated Sunday Mass

5:00pm Anna Houlihan

#### SUNDAY - THIRD SUNDAY OF LENT

7:30am People Of Sacred Heart

9:00am Rosetta Murray

10:30 am Sabatino Sammarone

12:00pm Joseph & Evelyn Famularo

1:30 pm Souls In Purgatory

### STEWARDSHIP COLLECTION TOTALS NOT AVAILABLE AT TIME OF PUBLICATION

Reminder: We need \$7,900 in the Sunday Collection to cover our budgeted expenses. Thank you for your continued generosity!!

# ST. PATRICK'S DAY FUNDRAISER

Saturday, March 9, 2024, 6:00 PM

Sacred Heart School Cafeteria

Corned Beef Dinner - Irish Music - BYOB

50/50 Raffle - Drawing at 8:00 p.m.

Gift Baskets Auction -- Tickets for the dinner

\$30 for Adults \$10 for kids 12 and under

and are on sale now.



In conjunction with this major fund raising event, the parish is requesting donations for gift baskets that will be auctioned off that night. If you're interested in donating a \$25, \$50, or \$75 basket, please drop it off at the Parish Center. If you'd like to contribute new items to make up a gift basket, you can also drop them off at the Parish Center. If you have any questions, feel free to call Sabina at 862-249-1186. Thank you for your generosity which will contribute to the success of this fund raising which will benefit Sacred Heart Parish.



Knights of  
Columbus

## JOIN US!

### WHAT IT MEANS TO BE A KNIGHT

*We are Catholic men who*  
**LEAD, SERVE**  
**PROTECT AND DEFEND**

*We share a desire to be better*  
**HUSBANDS, FATHERS, SONS**  
**NEIGHBORS AND ROLE MODELS**  
*And to put charity and community first*

**Knights of Columbus**  
**Lyndhurst Council #2396**

*Link Below For More Info*

[Linktr.ee/council2396](https://linktr.ee/council2396)

SCAN ME



*Supporting*

**Sacred Heart Church**  
**Mount Carmel Church**  
**Saint Michael Church**

## ARCHDIOCESE OF NEWARK 2024 LENTEN REGULATIONS

1. The **days of both Fast and Abstinence** during Lent are **Ash Wednesday and Good Friday**. *If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. The other Fridays of Lent are days of Abstinence.*  
**On a day of Fast**, only one (1) full meal is permitted and two (2) smaller meals, which added together, would not exceed the main meal in quantity.  
Those between the ages of 18 and 59 are obliged to fast.  
**On a day of Abstinence**, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.
2. The obligation to observe the laws of Fast and Abstinence "substantially", or as a whole, is a serious obligation.
3. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.
4. The time for fulfilling the Paschal Precept (Easter Duty\*) extends from the **First Sunday of Lent, February 18, 2024 to the Solemnity of the Holy Trinity, May 26, 2024.**

\*Canon 920, §1. *All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*