



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071

Phone: 201-438-1147 Fax: 201-507-5861

www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE
615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

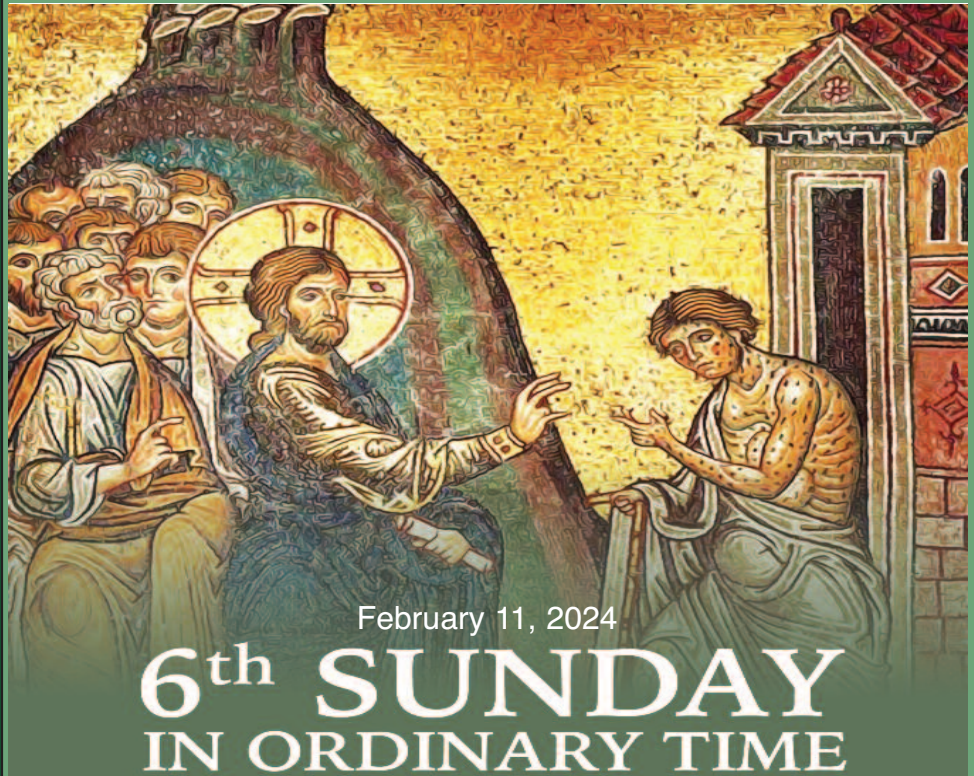
Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
ldurocher@sacredheartlynd.org

SMALL BLESSINGS DAY CARE
201-935-0506

ARCHDIOCESE OF NEWARK
973-497-4000



February 11, 2024

6th SUNDAY IN ORDINARY TIME

A leper came to Jesus and kneeling down begged him and said, "If you wish, you can make me clean." Moved with pity, he stretched out his hand, touched him, and said to him, "I do will it. Be made clean." - Mk 1:40-41

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Feb. 11, Mar. 30 (8:30PM), Apr. 14, May 5, Jun. 9

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

SIXTH SUNDAY IN ORDINARY TIME

Why is it that despite our faith and trust in God, we continue to link goodness and holiness with health and associate fault and sin with sickness? People certainly did that in Jesus' time. If you were sick, you must have sinned and you were receiving just punishment. The worse off you were the more sinful you must be. In fact, not only would you experience expulsion from human society, but you would feel as an outcast before God. So there was an extra burden placed on someone with leprosy - or what was believed to be leprosy. Not only did lepers have to suffer the torments of this terrible disease but they were also set aside as outcasts and forced to live outside the family and community. In ancient times such expulsion was the equivalent to a death sentence.

This is why the Gospel story today is more than just an account of one individual being healed. The cure has social implications. Broken relationships, isolation and exclusion are now healed. The man can return to his family and the community. He not only has been made a whole person again, but the community itself is again fully restored.

Maybe one reason Jesus responded to the leper in today's Gospel story is that he identified in some way with the man's condition. He too would be an outcast from his family and people. He would, in effect, be declared "unclean" and cast out of the city to be executed. When "examined" by the priests, he would be found unclean, not a true member of the community nor of the people's religion.

Jesus cures the leper with a word and a touch. In many of his other miracles a simple word is sufficient. But here Jesus does the unthinkable. He touches the leper, making himself ritually unclean along with the leper. Jesus is "touched" by the leper's need, but Jesus too is like the leper and the touch identifies him with all lepers.

Jesus wanted to bridge the gap between himself and the leper. And there is a lesson for his disciples here. Whatever has been broken and torn apart in human life, Jesus reaches out to touch.

He does that now through us. So we cannot be uninvolved in the broken world around us where many are kept at a distance because of their race, national origin, lack of education, poverty, physical condition, gender and sexual orientation.

The Gospel today reminds us that through Jesus, we have all been made whole. The parts of our lives we and others would consider untouchable have been touched by Jesus. His compassion for us prompts him to reach out to touch and heal us. What has happened to us, we pass on to others. We must not be afraid to reach out and touch those in need of our compassion, understanding and forgiveness.

We are disciples on a journey of hope. Along the way, we often stumble and sometimes we wander off along the wrong paths, only to be brought back onto track by His gentle tug on our shirtsleeves... and most of the time, we're kicking and screaming and complaining that we should going in the "other direction." It is a journey of growth, and of learning - learning that being Christian, being Catholic, is not just something we do, it's what we are; learning that the Eucharist is not just something we participate in each week, but rather that which we must always strive to become.

It is - and always will be - a constant struggle.

SACRED HEART HOME SCHOOL SPRING AUCTION - FRIDAY, MARCH 22

Sacred Heart Home-School Association presents their Annual Spring Auction on Friday, March 22, 2024 at Sacred Heart School, 620 Valley Brook Ave. Tickets are \$15 per person - no one under 18 will be admitted. Doors open at 6:00 PM. Tickets includes one sheet for 1st level prizes, Coffee/Tea and dessert. If you are interested, please call the school office at 201-939-4277 or Patty at 201-803-9580. **Ticket deadline is March 11th.** No tickets available at the door.

WOMEN'S RETREAT AT SAN ALFONSO RETREAT HOUSE LONG BRANCH, N.J.

MARCH 8-10, 2024 ---- RESERVE YOUR SPOT!!!

Ladies:

Happy New Year and you are invited to attend our annual women's retreat at Sal Alfonso Retreat House. The registration for our retreat (March 8-10, 2024) is open. The cost is \$300 for the weekend. "The theme: The Eucharist and the Hungers of the Human Heart. The retreat will offer you an opportunity to get in touch with the hungers within your own heart and how an encounter with the living Christ through prayer, scripture, community and most importantly, the Eucharist satisfies those hungers." Registration is open online!! If you have any questions please call Margaret Dacchille at 201 456 2399. **Space is limited so register as soon as possible.**



ASH WEDNESDAY FEBRUARY 14, 2024

Begin your Lenten Journey towards Easter with your parish family. Ashes will be imposed this year on Ash Wednesday, February 22, by the minister using a Q-Tip. **Blessed Ashes will be imposed at Mass only.**

MASS SCHEDULE

7:00 AM in English, **9:00 AM** in English
12:00 PM in English, **5:30 PM** in Spanish
7:00 PM in English

ARCHDIOCESE OF NEWARK ANNUAL APPEAL 2024

The Archdiocese's 2024 Annual Appeal, is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Your gift will assist passing on the faith through the Office of Youth and Young Adult Ministry, the Catechetical Office, Campus Ministry at affiliated Colleges and Universities, and Catholic Schools. The Annual Appeal also supports ministries that proclaim the Gospel through Ministry to Multi-Ethnic Communities, the Office of Evangelization, the Office of Family Life, International Missions, and Pastoral Ministry with the Deaf. Your generosity to the Appeal also supports care for the Poor and Vulnerable through Catholic Charities, Hospital and Prison Chaplaincy, the Ministry with Persons with Disabilities, and the Respect Life Office. The Appeal also assists forming future priests and supporting retired clergy through Continuing Formation for priests, Seminarian Education, and Priest Health Care.

Our Goal for 2024 \$34,720

If you haven't already done so, please prayerfully consider your gift to the 2024 Annual Appeal.

Food Pantry Update

"Whatever you did for one of the least of these brothers and sisters of mine, you did for me" Matthew 25:40

We are stocking up the pantry for the cold winter season. Can you help us assist our brothers and sisters struggling with food insecurity?

Items needed most, at this time, are: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly. Food items can be left near the shrine of the Sacred Heart in the back of the church.

Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help local families without your generosity.** As a reminder, we are unable to package out-of-date food products for distribution to our families.

STATIONS OF THE CROSS

Joins us as we reflect on the passion and death of the Lord as a community during the Fridays of Lent. The Stations of the Cross will follow the 12:00 Mass on Friday: Feb. 16, 23. Mar. 1, 8, 15, 22. ****PLEASE NOTE THAT STATIONS OF THE CROSS WILL REPLACE ADORATION DURING THE FRIDAYS OF LENT****

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspille, Anne Montillo, Margot O'Hara, Patricia Coughlin, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, John Du Bois, Ruben Arevalo Gacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Colleen Branigan, Martina O'Connell, Michele Gilmore, Raymond Santelli, Sr., Milena Giacchi, Freddy Berrios, Maryann Sheridan, Barbara Bagnuolo, Maria Frances Naham, Rudy Rivas, Tania

DECEASED: Philip Coiro

CHURCH BELLS CELEBRATE & COMMEMORATE

The Sacred Heart Church bell rings:



SUNDAY, FEBRUARY 11TH

In Honor of: The Intentions of the Cavalcante Family

Donated by: Jim & Isabel Cavalcante

WEDNESDAY, FEBRUARY 14TH

In Honor of: Joseph & Evelyn Famularo

Donated by: Robert & Mary Hero

FRIDAY, FEBRUARY 16TH

In Honor of: The Memory of James M. Cavalcante

Donated by: Jim & Isabel Cavalcante

MEMORIAL DONATIONS

During the week of February 11th, the following items used for worship in our sanctuary were donated in the memory of a relative or friend or a special intention.

SANCTUARY LAMP:

In Honor of: James M. Cavalcante



Donated by: Jim & Isabel Cavalcante

BREAD & WINE:

In Honor of: James M. Cavalcante



Donated by: Jim & Isabel Cavalcante

MASS CANDLES:

In Honor of: James M. Cavalcante



Donated by: Jim & Isabel Cavalcante

FEBRUARY 11, 2024

SIXTH SUNDAY IN
ORDINARY TIME

Anticipated Sunday Mass

5:00pm Frank DeSerio

SUNDAY - Sixth Sunday in Ordinary Time

7:30am People Of Sacred Heart

9:00am Frank & Pauline Ingrassia

10:30 am Rosetta Murray

12:00pm James M. Cavalcante

1:30 pm Magalena Tinoco Manzo

MONDAY - Weekday

12:00pm Sabatina Leone

TUESDAY - Weekday

12:00pm David Vincent Vaccari, III

WEDNESDAY - Ash Weekday

7:00am Marie Costantino

9:00am Lorenza & Julian Duran

12:00pm Joanna & Adam Kwapniewski

5:30 pm Magalena Tinoco Manzo

7:00 pm Cynthia Messina

THURSDAY - Thursday after Ash Wednesday

12:00pm EWTN/USA

FRIDAY - Friday after Ash Wednesday

12:00pm Carol Petrillo Lintz

SATURDAY - Saturday after Ash Wednesday

9:00am Jaime Canal

Anticipated Sunday Mass

5:00pm Charles Tighe

SUNDAY - FIRST SUNDAY OF LENT

7:30am People Of Sacred Heart

9:00am June Conzo

10:30 am Antonio Jose Simones

12:00pm James M. Cavalcante

1:30 pm Alejandrina & Carlos Ruiz

PRESIDENTS' DAY HOLIDAY

Mon., Feb.19 is the Presidents' Day Holiday. The Mass will be celebrated at it's usual time of 12:00PM in the church. The Parish office will close on Fri. at 2:00 PM and reopen at 9:00AM on Tue. Feb. 20

STEWARDSHIP

**Collections totals not available at
time of publication**

Reminder: We need \$7,900 in the
Sunday Collection to cover our
budgeted expenses. Thank you!

ST. PATRICK'S DAY FUNDRAISER

Saturday, March 9, 2024, 6:00 PM

Sacred Heart School Cafeteria

Corned Beef Dinner - Irish Music - BYOB

50/50 Raffle - Drawing at 8:00 p.m.

Gift Baskets Auction -- Tickets for the dinner

\$30 for Adults \$10 for kids 12 and under

and are on sale now.



In conjunction with this major fund raising event, the parish is requesting donations for gift baskets that will be auctioned off that night. If you're interested in donating a \$25, \$50, or \$75 basket, please drop it off at the Parish Center. If you'd like to contribute new items to make up a gift basket, you can also drop them off at the Parish Center. If you have any questions, feel free to call Sabina at 862-249-1186. Thank you for your generosity which will contribute to the success of this fund raising which will benefit Sacred Heart Parish.



Knights of
Columbus

JOIN US!

WHAT IT MEANS TO BE A KNIGHT

We are Catholic men who
LEAD, SERVE
PROTECT AND DEFEND

We share a desire to be better
HUSBANDS, FATHERS, SONS
NEIGHBORS AND ROLE MODELS
And to put charity and community first

Knights of Columbus
Lyndhurst Council #2396

Link Below For More Info

[Linktr.ee/council2396](https://linktr.ee/council2396)

SCAN ME



Supporting

Sacred Heart Church
Mount Carmel Church
Saint Michael Church

ARCHDIOCESE OF NEWARK 2024 LENTEN REGULATIONS

1. The **days of both Fast and Abstinence** during Lent are **Ash Wednesday and Good Friday**. *If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. The other Fridays of Lent are days of Abstinence.*
On a day of Fast, only one (1) full meal is permitted and two (2) smaller meals, which added together, would not exceed the main meal in quantity.
Those between the ages of 18 and 59 are obliged to fast.
On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.
2. The obligation to observe the laws of Fast and Abstinence "substantially", or as a whole, is a serious obligation.
3. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.
4. The time for fulfilling the Paschal Precept (Easter Duty*) extends from the **First Sunday of Lent, February 18, 2024 to the Solemnity of the Holy Trinity, May 26, 2024.**

*Canon 920, §1. *All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*