



Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071
Phone: 201-438-1147 Fax: 201-507-5861
www.sacredheartlynd.org

SERVED BY:

Rev. Theemas Pankiraj
Pastor

Rev. Cesar Chen
Parochial Vicar

PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio
Parish Manager
sacredheartchurch@comcast.net

RELIGIOUS EDUCATION

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

SACRED HEART SCHOOL

Linda Durocher
Principal
201-939-4277
ldurocher@sacredheartlynd.org

SMALL BLESSINGS DAY CARE 201-935-0506

ARCHDIOCESE OF NEWARK 973-497-4000



January 28, 2024

4TH SUNDAY IN ORDINARY TIME

In their synagogue was a man with an unclean spirit; he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God!" Jesus rebuked him and said, "Quiet! Come out of him!" - Mk 1:23-25

SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)
Monday - Friday: 12:00pm in the church
Saturday: 9:00am in the church,
5:00pm in church (Anticipated Mass of Sunday)
Holy Days & Holidays: As announced in Bulletin

SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm
Daily: Upon request following the 12:00pm Mass

SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at 3:00pm
Feb. 11, Mar. 30 (8:30PM), Apr. 14, May 5, Jun. 9

SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

FOURTH SUNDAY IN ORDINARY TIME

A prophet is a person who claims to have a sense of vision, a special gift of perceiving the truth, and a claim of authority to proclaim that truth publicly and courageously, especially in the face of opposition. The idea of "teaching with authority" is central to our understanding of the role of the prophet in Scripture.

Today we are beset by a host of would-be prophets who raise their voices on talk-shows, in the press and social media, and in current literature - all of them pretending to have some special gift for discerning the truth and some exclusive right to proclaim it. They tell us exactly what is wrong with modern-day society, and how precisely to cure any and all of its ills. Many of them are bigoted, pretentious, egotistical, and intolerant, especially of those who disagree with them.

So this is an appropriate moment to reflect on who are the voices that guide our lives today. An examination of conscience is necessary. Who speaks to us with authority? Whose words guide our spirits and direct our energies? Whose actions shape our minds and consciences to Jesus' word of authority?

Is it the voice of Pope Francis who expresses concern for the poor, the persecuted and the environment? Do we turn to spiritual guides in our reading? How much sway over us have political personalities, parties, blogs and editorials?

Moses was a prophet through whom God guided, strengthened and encouraged the people during their daily struggles, enabling them to survive physically and spiritually in the desert. Jesus enters the synagogue as one who teaches as well as one who heals. Initially, it was his teaching with authority which astonished the people assembled there.

The cure of the man with the unclean spirit is not the main focus of this narrative. It only serves to emphasize the power of this "new teaching with authority." And it is this that astonished them.

It isn't hard to find evidence of evil in our world. It's also hard not to become cynical. Even if intentions are the best ever, humans suffer at the hands of powerful forces. Doesn't it seem like evil is winning and even our best efforts are not enough? "Demonic" is an appropriate description of the situation.

However, the prophetic message of the Gospel will not be drowned out. It is proclaimed quietly but strongly by faith-filled men and women whose values stand in direct contrast to those of the world.

We are called to be these faith-filled people. By our baptism we have been anointed to be prophets. And we can be assured that our proclaiming of the Gospel is done with the authority that Jesus has given us. May our prophetic witness to the Gospel preserve and strengthen the gifts of faith and freedom for future generations.

And may we accept the challenge of Jesus to live our lives in a loving way that allows the world to experience the God through us and to see His face through ours.

SACRED HEART HOME SCHOOL SPRING AUCTION - FRIDAY, MARCH 22

Sacred Heart Home-School Association presents their Annual Spring Auction on Friday, March 22, 2024 at Sacred Heart School, 620 Valley Brook Ave. Tickets are \$15 per person - no one under 18 will be admitted. Doors open at 6:00 PM. Tickets includes one sheet for 1st level prizes, Coffee/Tea and dessert. If you are interested, please call the school office at 201-939-4277 or Patty at 201-803-9580. **Ticket deadline is March 11th.** No tickets available at the door.

WOMEN'S RETREAT AT SAN ALFONSO RETREAT HOUSE LONG BRANCH, N.J.

MARCH 8-10, 2024 ---- RESERVE YOUR SPOT!!!

Ladies:

Happy New Year and you are invited to attend our annual women's retreat at Sal Alfonso Retreat House. The registration for our retreat (March 8-10, 2024) is open. The cost is \$300 for the weekend. "The theme: The Eucharist and the Hungers of the Human Heart. The retreat will offer you an opportunity to get in touch with the hungers within your own heart and how an encounter with the living Christ through prayer, scripture, community and most importantly, the Eucharist satisfies those hungers." Registration is open online!! If you have any questions please call Margaret Dacchille at 201 456 2399. **Space is limited so register as soon as possible.**

YOUR HELP TO MAKE THE FUN IS NEEDED

Our parish's annual St. Patrick's celebration is a significant fundraiser but more importantly it's a fun packed evening with great food, music, and Irish dancers along with raffles and a 50/50. **We're looking for folks to help sell raffle tickets and tickets to the celebration after the Masses on the weekends as well as help in building the gift baskets and setting up the school cafeteria on the March 8th and knocking table and chairs down after the celebration on March 9th. We're also soliciting gift certificates from local vendors, e.g. Restaurants, florists, hair and nail salons, etc.** Letters acknowledging the gifts will be available at the Parish Center. Consider joining us in this endeavor and take advantage of meeting your fellow parishioners. If you are interested in helping please call the parish office at 201-438-1147.

MUSIC FOR MS FUNDRAISER SAT., APRIL 20TH, REDD'S IN CARLSTADT

Rock to the sound of No Politics band performing classic rock favorites from Eagles, Doors, Grateful Dead, Allman Brothers, Tom Petty, Rolling Stones and More! Doors Open 5pm show at Approx. 8pm. Cash Bar & Kitchen

Tickets are \$20 and are limited. Please reserve yours by March 27th. Call Rosemary at 201-893-7620 for tickets and more details. Proceeds donated to MS Society Walk MS 2024, Team NJ MOM

ARCHDIOCESE OF NEWARK ANNUAL APPEAL 2024

The Archdiocese's 2024 Annual Appeal, is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Your gift will assist passing on the faith through the Office of Youth and Young Adult Ministry, the Catechetical Office, Campus Ministry at affiliated Colleges and Universities, and Catholic Schools. The Annual Appeal also supports ministries that proclaim the Gospel through Ministry to Multi-Ethnic Communities, the Office of Evangelization, the Office of Family Life, International Missions, and Pastoral Ministry with the Deaf. Your generosity to the Appeal also supports care for the Poor and Vulnerable through Catholic Charities, Hospital and Prison Chaplaincy, the Ministry with Persons with Disabilities, and the Respect Life Office. The Appeal also assists forming future priests and supporting retired clergy through Continuing Formation for priests, Seminarian Education, and Priest Health Care.

Our Goal for 2024 \$34,720

If you haven't already done so, please prayerfully consider your gift to the 2024 Annual Appeal.

PAY IT FOWARD PROGRAM

Sacred Heart Parish has partnered with BCB Bank to raise some need funds for our parish. The Pay It Forward Program gives us the opportunity to earn donations based on the number of supporters who signed up for the program. If we have 20-50 members, BCB will contribute 0.20% of the cumulative account balance, 51-75 members 0.30%, 76+ members 0.40%. **A minimum of 20 members is required**

****NO DONATIONS ARE WITHDRAWN FROM CUSTOMER'S ACCOUNTS, ALL DONATIONS COME DIRECTLY FROM BCB.**

****ALL PERSONAL AND FINANIAL INFORMATION IS KEPT STRICTLY CONFIDENTIAL BY THE BANK. THE CHURCH WILL NOT KNOW WHO HAS REGISTERED UNLESS YOU DECIDE TO SHARE THIS INFORMATION WITH US.** Contact BCB directly if you have questions about the program or want to open an account. Please remember to tell them you want to support Sacred Heart Church in Lyndhurst.

Lyndhurst - 201-728-6810,
Rutherford - 201-728-6960

PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Perpetua Aspille, Anne Montillo, Margot O'Hara, Patricia Coughlin, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano, John Du Bois, Ruben Arevalo Gacildone, Helen Dowling, Dr. Leticia Luna, Jeanette Knowlton, Colleen Branigan, Martina O'Connell, Michele Gilmore, Raymond Santelli, Sr., Milena Giacchi, Freddy Berrios, Maryann Sheridan, Joann Di Giovanna, Barbara Bagnuolo

DECEASED: Joseph Serra, John H. Du Bois, Linda G. Clemente

CHURCH BELLS CELEBRATE & COMMEMORATE



The Sacred Heart Church bell rings:

SUNDAY, JANUARY 28TH

In Honor of: The Intentions of the Cavalcante Family

Donated by: Jim & Isabel Cavalcante

Food Pantry Update

"Whatever you did for one of the least of these brothers and sisters of mine, you did for me" Matthew 25:40

We are stocking up the pantry for the cold winter season. Can you help us assist our brothers and sisters struggling with food insecurity?

Items needed most, at this time, are: Cereal, Fruit, Pasta Sauce, Pasta (including Spaghetti), Potatoes (small packages or canned), Vegetables, Coffee (regular and instant), Peanut Butter, and Jelly. Food items can be left near the shrine of the Sacred Heart in the back of the church.

Thanks to all for the donations which help keep our food pantry stocked! **We would not be able to help local families without your generosity.** As a reminder, we are unable to package out-of-date food products for distribution to our families.

ONLINE GIVING AT SACRED HEART

Online Giving at Sacred Heart has never been easier and is just a couple of clicks away.

1. You can give to the parish through the Zelle online payment system offered through most major banks. When you create the Zelle payee for the parish, please use the parish email address: sacredheartchurch@comcast.net.

Please be careful when you type in the email address because once you "Zelle" the money from your account it can not be corrected.

2. You can visit www.sacredheartlynd.org, our parish website and click the Online Giving Options link. If you want to make a direct donation to the parish with your debit or credit card, you can click the direct donation link.

JANUARY 28, 2024

MASS INTENTIONS

FOURTH SUNDAY IN
ORDINARY TIME

Anticipated Sunday Mass

5:00pm Dolores Bodnar

SUNDAY - Fourth Sunday in Ordinary Time

7:30am People Of Sacred Heart

9:00am Rosetta Murray

10:30 am Jaime Canal

12:00pm James M. Cavalcante

1:30 pm Alejandrina Ruiz

MONDAY - Weekday

12:00pm Anthony Di Lascio

TUESDAY - Weekday

12:00pm Josephine Carpino

WEDNESDAY - St. John Bosco, Priest

12:00pm Joseph Orlando

THURSDAY - Weekday

12:00pm EWTN/USA

FIRST FRIDAY - The Presentation of the Lord

12:00pm Emerita & Jeremias Rivera

FIRST SATURDAY - St. Blaise, Bishop and Martyr/ St. Ansgar, Bishop/ Blessed Virgin Mary

9:00am Purgatorial Society

Anticipated Sunday Mass

5:00pm Wendy Khin

SUNDAY - Fifth Sunday in Ordinary Time

7:30am People Of Sacred Heart

9:00am Irene & Joseph Pravetz

10:30 am Sharon Ko

12:00pm James M. Cavalcante

1:30 pm Marco & Alex (Living)

STEWARDSHIP

SUNDAY, JANUARY 14TH

SUNDAY - \$6,518

SOLEMNITY OF MARY - \$2,040

SUNDAY, JANUARY 21ST

SUNDAY - \$5,228

CHRISTMAS TO DATE - \$21,912

Reminder: We need \$7,900 in the Sunday Collection to cover our budgeted expenses. Thank you! for your continued generosity.

ST. PATRICK'S DAY FUNDRAISER

Saturday, March 9, 2024, 6:00 PM

Sacred Heart School Cafeteria

Corned Beef Dinner - Irish Music - BYOB

50/50 Raffle - Drawing at 8:00 p.m.

Gift Baskets Auction -- Tickets for the dinner
\$30 for Adults \$10 for kids 12 and under and
will go on sale shortly.



In conjunction with this major fund raising event, the parish is requesting donations for gift baskets that will be auctioned off that night. If you're interested in donating a \$25, \$50, or \$75 basket, please drop it off at the Parish Center. If you'd like to contribute new items to make up a gift basket, you can also drop them off at the Parish Center. If you have any questions, feel free to call Sabina at 862-249-1186. Thank you for your generosity which will contribute to the success of this fund raising which will benefit Sacred Heart Parish.



Knights of
Columbus

JOIN US!

WHAT IT MEANS TO BE A KNIGHT

*We are Catholic men who
LEAD, SERVE
PROTECT AND DEFEND*

*We share a desire to be better
HUSBANDS, FATHERS, SONS
NEIGHBORS AND ROLE MODELS
And to put charity and community first*

**Knights of Columbus
Lyndhurst Council #2396**

Link Below For More Info

[Linktr.ee/council2396](https://linktr.ee/council2396)

SCAN ME



Supporting

**Sacred Heart Church
Mount Carmel Church
Saint Michael Church**

THE SECOND ANNUAL ♥️ EARLY VALENTINE CELEBRATION ♥️ DOO-WOP, DINNER AND MORE!

The Lyndhurst Girls' Association and The Lyndhurst Boy Scouts Proudly Present

FOREVER YOUNG

One of NJ/NY's Premiere Golden Oldies/Doo Wop Six-Piece Bands



A FUNDRAISER FOR THE LIBBIE LINDSAY LITTLE HOUSE FOR LYNDHURST'S GIRL SCOUTS
AND FOR THE LYNDHURST CUB SCOUTS, BOY SCOUTS AND VENTURE CREW

NOW AT AN EVEN LARGER VENUE (DUE TO LAST YEAR'S SOLD-OUT SHOW!)

Saturday, February 10, 2024

7:00 PM - 10:00 PM (Doors open at 6:30 pm)

Our Lady of Mt. Carmel Parish Center

146 Copeland Avenue, Lyndhurst (Spacious Parking!)

Tickets only \$40 (Tickets will not be sold at the door)

Special Valentine's Evening 50/50!

Admission also includes a Delicious Pasta Dinner, Dessert and Beverages (BYOB).
Dancing is Welcomed! * Tables for 8 & 10 Can Be Reserved! * All Ages Invited!

For tickets, please mail your check, payable to "Lyndhurst Girls' Association"
to Donna Shinnick, 617 Lake Avenue, Lyndhurst, NJ 07071
Seating is Limited. Questions? Call Donna (201) 906-3010

Sponsored by the Italian-American Club of Lyndhurst
Printing Courtesy of Gus' Colonial Diner, 27 Orient Way, Lyndhurst, NJ