

## SERVED BY:

Rev. Theesmas Pankiraj

Pastor

Rev. Cesar Chen Parochial Vicar

## Parish Office 615 New Jersey Ave

Charles Sofio
Parish Manager
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## **RELIGIOUS EDUCATION**

Ryan Tobiason
Parish Catechetical Leader
201-935-3094

## SACRED HEART SCHOOL

Linda Durocher
Principal
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Small Blessings Day Care 201-935-0506

ARCHDIOCESE OF NEWARK 973-497-4000

## SacredHeartChurch

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071 Phone: 201-438-1147 Fax:201-507-5861 www.sacredheartlynd.org



# PALM SUNDAY OF THE PASSION OF THE LORD

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"Blessed is he who comes in the name of the Lord." - Mt 21:9

## SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)

Monday - Friday: 12:00pm in the church Saturday: 9:00am in the church,

5:00pm in church (Anticipated Mass of Sunday)

Holy Days & Holidays: As announced in Bulletin

## SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm

Daily: Upon request following the 12:00pm Mass

## SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

Preparation: in the church at 7:00pm

Sacrament: in the church at at 3:00pm Apr. 8 - 8:30 PM, May 14, June 18

#### SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

## SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

## R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

## Parish Registration / Office Hours

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

## PALM SUNDAY OF THE PASSION OF THE LORD

We approach Holy Week - that special and solemn moment which defines and dramatizes what it means to be Christian. It marks the great festival celebration of the central mysteries of our faith. We tend to look upon this week as a re-enactment of the final events in the human life and journey of Jesus Christ. We move from His triumphal entry into Jerusalem, through the Last Supper, the betrayal the agony in the garden, the trial, the way of the cross, the crucifixion, to His burial and resurrection.

But our Holy Week is so much more. Christian communities across the world gather to proclaim their faith in the saving mystery of Christ's death and resurrection. They listen to the Word and celebrate ancient rituals in order to be renewed in their commitment to live and die as faithful disciples of Jesus. They pass slowly through the solemn days of this Holy Week praying to be cleansed, healed and transformed by the spirit of the Risen Christ.

We used to call the first day of Holy Week "Palm Sunday"; now it is better named Passion Sunday. The very first Reading, immediately preceding the Entrance Procession recalls the triumphal entry of Jesus into Jerusalem. The crowds, and His close followers, all felt that something extraordinary was about to happen. His miracles and His message had a tremendous impact on so many. Now, here in the center of power, He was acclaimed as king and Messiah.

Then, quite suddenly, the mood of the Liturgy shifts to the Passion. The "power people" did not acclaim Him. They had mistrusted Him for a long time, and realized that the time had come to get rid of Him. Conveniently Judas, one of His own, was willing to set up His capture, in the safety and solitude of the Garden of Olives.

So, on Thursday night, the trap is sprung. He is arrested and put through a rigged trial, then handed over to the Romans for the death of crucifixion. Friday morning, the residents of Jerusalem woke to the word of His arrest and condemnation. Many of them who had welcomed Him on Sunday with the palm branches of victory and cries of "Hosanna" now gather to see Him paraded before them by Pilate, bloodied, bruised and naked, apparently a total failure.

It was so easy then to reject Him, to disown Him, to cry out: "Crucify Him!" For so many, who wanted merely to ride on the wave of His popularity, the tide was turned. The triumph of the preceding Sunday had vanished, and they wanted no part of Him. And so, in a way, they condemned themselves to a death far worse than what awaited Him.

Holy Week and the Sacred Triduum present each of us with the opportunity to re-examine our faith commitment to Jesus, and the Church. This holy time allows us to ask ourselves some pretty important questions:

Do we see our association with Jesus and the Catholic Church as triumph or failure?

Do we embrace the Gospel totally?

Are we willing to share in the "apparent defeat" of Jesus represented by His Cross, by the inevitable pain and suffering of our lives, so that we can share in the total victory of His resurrection?

Does our faith and trust persist even in the darkest moments?

There is an added meaning to our celebration of Passion Sunday, Holy Week and Easter. Each year the Church invites us to bring the heart-aches of our lives, our own personal broken dreams and moments of sorrow and pain to the Risen Christ. We relive the final days of the Savior in order to reinforce our conviction that resurrection always follows death, that victory always crowns our failures.

We can make the power of the Resurrection real. But we can only do this if we draw near to Jesus in a special way during this sacred time. We have to make time for prayer, for Liturgy, for the sacramental encounters that will allow these timeless mysteries to touch us, heal us, and renew us. These are days when the entire Community is called to be present - when we should make every effort to put other things aside to share in the Liturgical celebrations of these events.

The experience of our Holy Week should be profound for each of us individually and for our community. We want, especially during these sacred days, to pour ourselves out, to be humble, obedient servants of God, so that we, like Jesus, will be exalted, lifted up, and deserve the name "faithful Christian."

# ARCHDIOCESE OF NEWARK 2023 LENTEN REGULATIONS

1. The days of both Fast and Abstinence during Lent are Ash Wednesday and Good Friday. If posible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. The other Fridays of Lent are days of Abstinence.

On a day of Fast, only one (1) full meal is permitted and two (2) smaller meals, which added together, would not exceed the main meal in quantity.

Those between the ages of 18 and 59 are obliged to fast

On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.

- 2. The obligation to observe the laws of Fast and Abstinence "substantially", or as a whole, is a serious obligation.
- 3. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.
- The time for fulfilling the Paschal Precept (Easter Duty\*) extends from the First Sunday of Lent, February 26, 2023 to the Solemnity of the Holy Trinity, June 4, 2023.

\*Canon 920, §1. All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.

## DAILY MASSES DURING THE PASCHAL TRIDUUM

Here at Sacred Heart there will be **NO 12:00PM Mass this coming Thursday and Friday**, Holy Thursday and Good Friday. There will be **NO 9:00AM or 5:00PM Mass this coming Saturday**, Holy Saturday. The Paschal (Easter) Triduum is a single liturgical action that occurs over a period of three days (Holy Thursday, Good Friday, Holy Saturday). The Triduum is not part of Lent, but in its entirety celebrates the Easter event. The entire focus of the Triduum is on the Triumph of the Cross and the Resurrection. For this reason, Mother Church invites all Her children to join together and to participate in the Lord's Supper on Holy Thursday, the Lord's Passion & Death on Good Friday, and the vigil, the time of waiting, for the Lord's Resurrection on Holy Saturday. No other Masses are offered on these days.

You Are Invited To Celebrate With Us The Week That Changed The World Paschal Triduum

Holy Thursday - April 6th 7:30pm - Mass of the Lord's Supper

Good Friday - April 7th 3:00pm - Commemoration of the Lord's Passion & Death

Holy Saturday - Apríl 8th 8:30pm - Easter Vígíl

Easter Sunday - April 9th
The Resurrection of the Lord
Mass Schedule
7:30am, 9:00am, 10:30am, 12:00pm
1:30pm Misa en Espanol (Spanish Mass)

## **CHRISM MASS**

All are invited to the Chrism Mass at the Cathedral Basilica of the Sacred Heart, 89 Ridge Street, Newark on the **Monday of Holy Week, April 3rd at 8:00 PM**. At this Mass Cardinal Tobin, joined by the priests of the Archdiocese, gather at the Cathedral Basilica. This Mass manifests the unity of the priests with their bishop. Here Cardinal Tobin blesses three oils which will be used in the administration of the sacraments throughout the Archdiocese for the year and the priests present renew their priestly promises.

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## PLEASE PRAY FOR OUR PARISH FAMILY

SICK: Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Buco, Sr., Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Ken Stone, Timothy Yushak, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Norma Altreche, Linda Vasquez, Joelle Montillo, Vincent Russo, Nenita A. Jacildone, Anthony Scorre, Fely Czeslowski, Ely Ongoco, Camen Yangco, Lea Aspile, Perpetua Aspile, Anne Montillo, Christopher Di Giovanna, Jamie Canal, Margot O'Hara, Maureen Branigan, Patricia Coughlin, Andrea Globis, Laura MacDonald, Ava Romano, Fr. Anthony Di Stefano. Hector Cruz

**DECEASED:** All from our parish family the Lord has called home.

## FOOD PANTRY UPDATE

"Whatever you did for one of the least of theses brothers and sisters of mine, you did for me" Matthew 25:40





We are stocking up our Parish Family Food Pantry for Easter and the Spring Season. Can you help us assist our brothers and sisters struggling with food insecurity? Items needed most, at this time, are: Fruit, Pasta Sauce, NEIGHBORS Pasta (including Spaghetti), Potatoes (small packages or PING canned), Vegetables, Coffee (regular and instant), Peanut EIGHBORS Butter, Jelly, Cereal, and beans. Food items can be left near the shrine of the Sacred Heart in the back of the church.

Thanks to all for the donations which help keep our food pantry stocked! We would not be able to help local families without your generosity. As a reminder, we are unable to package out-of-date food products for distribution

## **GOOD FRIDAY COLLECTION**

The continued existence of programs that support Christians in the Holy Land depends on the faithful financial support received from our brothers and sisters in Christ from the Good Friday collection. This year, more than ever, we ask that you pledge your assistance to the work in the land that Jesus made holy. The Holy Land Franciscans are counting on your financial help to assist them in providing presence, care and service. The Franciscans have been in the Holy Land since 1209, walking in Jesus' footsteps, caring for the poor, educating young people, providing scholarships, protecting the Holy shrines, conducting pastoral ministries and keeping Christianity alive.

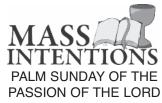
## PARISH OFFICE EASTER HOURS

In observance of the Easter Holy Days, the parish office will be closed Holy Thursday, April 6th, through Easter Monday, April 10th. The office will reopen on Easter Tuesday, April 11th at 9:00am. The priests and staff of Sacred Heart wish all our parish a holy and happy Easter Season!

## THE PASCHAL CANDLE

The Paschal Candle, a symbol of the light and the hope that the risen Christ brings to the world, is the focus of the Lucernarium, the Service of Light, that begins the Easter Vigil celebration. It burns brightly in our sanctuary during all the liturgies celebrated in the Easter Season. After Pentecost, it is positioned at the Baptismal Font where it brings the light of Christ to our Baptismal and Funeral Liturgies, underscoring our belief that in baptism we die with Christ so that we may rise with Him into eternal life. If you would like to donate this year's Paschal Candle in memory of a deceased loved one, please contact the parish office at 201-438-1147.

## **APRIL 2, 2023**



5:00pm James & Eleanor Scotti

## **SUNDAY - PALM SUNDAY OF THE** PASSION OF THE LORD

7:30am People Of Sacred Heart

9:00am Josephine Fescoe

10:30 am Anna Marie Faller & Anthony Michael Silver

12:00pm James M. Cavalcante

1:30 pm Manuel Noya Gude

**MONDAY - Monday of Holy Week** 

12:00pm Sally Monaco

**TUESDAY - Tuesday of Holy Week** 

12:00pm William Sibiski

**WEDNESDAY - Wednesday of Holy Week** 

12:00pm James & Rita Owens

Paschal Triduum

THURSDAY - HOLY THURSDAY MASS OF THE LORD'S SUPPER

7:30pm U.S.A.

## FRIDAY - GOOD FRIDAY THE PASSION OF THE LORD

3:00pm Commemoration of the Lord's Passion & Death

## **SATURDAY - HOLY SATURDAY** THE EASTER VIGIL

8:30pm Margaret Castiglione

## **SUNDAY - EASTER SUNDAY** THE RESURRECTION OF THE LORD

7:30am People Of Sacred Heart

9:00am Mr. & Mrs. Jeremiah Hallahan

10:30 am Lorenza & Julian Duran

12:00pm Scardino, Pereira &

Alongi Families

1:30 pm Maria Isabel

## STEWARDSHIP

Sunday - March 26th

Sunday Collection - \$5,726 Annual Appeal - \$758 Add'l Assessemt - \$150 Early Easter - \$100

Add'l Catholic Camp. Human Dev - \$74

Reminder: We need \$6,600 in the Sunday Collection to cover our budgeted expenses. Thank you!

## ARCHDIOCESE OF NEWARK - ANNUAL APPEAL 2023

The Archdiocese's 2023 Annual Appeal is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Your gift will assist passing on the faith, ministries that proclaim the Gospel, care for the Poor and Vulnerable, forming future priests and supporting retired clergy.

To Date, 88 families from our parish family have generously supported the Appeal: Our Parish's Goal - \$34,700 -- Paid To Date - \$16,990 (48.96% of Goal)

Your generosity not only supports all the ministries listed above but can also be a direct support for our parish as well. If we exceed our parish goal in paid pledges by June 30th, like we did last year thanks to your generosity, we will receive from the Archdiocese a 2% reduction in our parish assessment expense for the fiscal year. This 2% reduction saved the parish more than \$7,500 in assessment expense last year. The Archdiocese will also rebate back to the parish 50% of the funds received from our parish that exceeds our goal! It's a great way for our parish family to "fund raise" and help others at the same time. Thank you so much to all who have supported the Annual Appeal by giving a gift!!

\*\*Reminder, we must collect our Parish's Goal in paid gifts by June 30th. If we don't accomplish this, the shortfall will be added as an expense to our budget and must be paid to the Archdiocese and we will not receive the 2% reduction in our assessment expense.\*\*

If you haven't already done so, please prayerfully consider your gift to the 2023 Annual Appeal. Envelopes for the Appeal are available in the pews. You can also make your gift online at www.rcan.org/sharing. Please be sure to select Sacred Heart Church, Lyndhurst so the parish receives credit.

