



# Sacred Heart Church

A Roman Catholic Community

324 Ridge Road, Lyndhurst, NJ 07071  
Phone: 201-438-1147 Fax: 201-507-5861  
[www.sacredheartlynd.org](http://www.sacredheartlynd.org)

### SERVED BY:

Rev. Theemas Pankiraj  
Pastor

Rev. Cesar Chen  
Parochial Vicar

### PARISH OFFICE 615 NEW JERSEY AVE

Charles Sofio  
Parish Manager  
[sacredheartchurch@comcast.net](mailto:sacredheartchurch@comcast.net)

### RELIGIOUS EDUCATION

Ryan Tobiason  
Parish Catechetical Leader  
201-935-3094

### SACRED HEART SCHOOL

Linda Durocher  
Principal  
201-939-4277  
[ldurocher@sacredheartlynd.org](mailto:ldurocher@sacredheartlynd.org)

### SMALL BLESSINGS DAY CARE 201-935-0506

### ARCHDIOCESE OF NEWARK 973-497-4000



## 2<sup>ND</sup> SUNDAY OF EASTER

Jesus said to Thomas, "Put your finger here and see my hands, and bring your hand and put it into my side, and do not be unbelieving, but believe." - Jn 20:27

### SACRAMENT OF THE EUCHARIST - MASS SCHEDULE

Sunday: 7:30am, 9:00am, 10:30am, 12:00pm, 1:30pm(Spanish)  
Monday - Friday: 12:00pm in the church  
Saturday: 9:00am in the church,  
5:00pm in church (Anticipated Mass of Sunday)  
Holy Days & Holidays: As announced in Bulletin

### SACRAMENT OF RECONCILIATION

Saturday: 4:00pm - 4:45pm  
Daily: Upon request following the 12:00pm Mass

### SACRAMENT OF BAPTISM

Parents should contact the parish office to schedule an interview and register for the required baptismal preparation session.

**Preparation:** in the church at 7:00pm

**Sacrament:** in the church at 3:00pm  
May 15, Jun.12

### SACRAMENT OF MARRIAGE

The Common Policy for Marriage in all Catholic parishes of New Jersey requires couples to begin preparation at least one year prior to the planned wedding date. It is advisable to contact the parish office before any other arrangements are made.

### SACRAMENT OF ANOINTING OF THE SICK

The Anointing of the Sick is available for all seriously ill members of our parish family. Please call the parish office.

### R.C.I.A.

The Rite of Christian Initiation of Adults is the Church's process to prepare to receive the sacraments of Baptism, Confirmation and Eucharist. If you or someone you know is interested in learning more, please call the parish office.

### PARISH REGISTRATION / OFFICE HOURS

We invite all new members of our parish family to register at the Parish Office during regular office hours: 9:00am to 5:00pm Monday - Friday; Saturdays and Sundays Closed.

## SECOND SUNDAY OF EASTER Sunday Of Divine Mercy

Aftershocks are very disconcerting. They keep us living on the edge. They give us a radically new outlook on the permanency and security of physical things. They unclutter our lives very swiftly, effectively, and sometimes very painfully. They open our eyes and let us see how fragile we really are.

We are now invited to celebrate the Fifty days of Easter - fifty days because this one event cannot be captured in a single day - fifty days to let the aftershock of this incredible event vibrate in our minds and hearts and spirits. The aftershocks of Christ's Resurrection should loosen up the tight grip of our self-centeredness and hard-heartedness. They should shake us up, and rock the foundations of the fortress we have built for our complacency, our prejudice, our fears, our spitefulness, and our passing judgment on others. They should open our hearts and remind us once again that even after 2000 years there is so much left to do.

The impact of Easter, in the early Church, and hopefully again in our time, is for believers to gather, to be together to contemplate the mystery of the Lord's resurrection, to let it touch minds and hearts, and to reaffirm for us, once again, that we do not live - we cannot live - in isolation.

The special sense of Community brought about by the Resurrection was very tangible in the apostolic church. We read about common living, sharing of common goals and goods, and a great concern that none of the believers should be left alone or in need.

The Gospel incident with Thomas also highlights this same sense of community. The disciples gathered together, partly in fear and wonder, and partly because they needed each other's support. When Jesus appeared to them, He offered them His gift of peace, and urged them to make mutual forgiveness the very first sign of their faith in the resurrection.

Thomas was absent on that occasion, so when he joined them they shared their experience of the Risen Lord. Interestingly, Thomas not only doubted the reality of the event, but he would not accept the testimony of his brothers. Imagine how frustrating and almost insulting that must have been for the other apostles. Thomas was so sure of himself. He would not be touched by their communal witness; he insisted on personal, direct proof. Only when Jesus invited him to touch the wounds of His hands and feet, did Thomas proclaim his faith. And Jesus simply says: "Blessed are they who have not seen, yet have believed."

There's a very important lesson here about the role of the community. Many, many people insist on personal proof; they will not learn from their brothers and sisters; they want somehow to touch the mystery of God directly. They want to "own" the mystery, to be the champions of the truth - as they see it. Jesus reaches out to all of us as he did Thomas and reminds us all: "Blessed are they who have not seen and yet believe." Jesus wants us to be together with those who share their faith, so that we can be strengthened, consoled, and nourished. *The Risen Lord clearly invites all of us to be evangelists, to give powerful, personal and communal witness to our faith, and so to lead many others out of the prison of their aloneness into the joy-filled, peace-filled, and forgiveness-filled community of faith that is the reality of Church.*

Scripture reminds us that the resurrection of Jesus brings these gifts of peace and joy; and the mission of forgiveness. It also captures the early skepticism of Thomas, and certainly that of many others with him. There are those who will always need in some way to touch the wounds of the Risen Christ in order to come to faith and understanding. They will rely on their own opinions and demand some physical proof. Others will become aware of His presence and power in ways that transcend the senses and conventional wisdom. Like Thomas, they will discover the reality of Jesus in and through the community.

Faith in the resurrection of Jesus means much more than just believing that He has come back to life. It means that He has overcome death forever; that in His humanity He has moved to a state of existence that is beyond space and time. It means that we dispense with childish, earthbound images of Jesus as having a shiny body suspended somewhere in space, floating triumphantly somewhere between heaven and earth.

It also means that we come to a deeper understanding of what Church really is - especially now, in these extraordinary times. Jesus rises to new life to bring to perfection His work of redemption. *He rises to continue to teach, to heal, to forgive, to commission until the end of time, and He does that in and through His Body the Church.* As we look toward Pentecost, let us pray that the Spirit of the Risen Lord breathe into our hearts a burning desire to be faithful witnesses to His Easter Light and Joy.

## SACRED HEART SCHOOL ENROLLMENT FOR THE 2022-2023 SCHOOL YEAR

Do you have a child or grandchild starting or changing school in September? Why not consider Sacred Heart School? We offer a safe and nurturing environment for children Pre-K3 through 8th Grade. Along with their ABCs your child will build character and learn compassion and values. New families considering enrolling in our school can visit Monday - Friday during the hours of 9:00 AM to 10:30 AM. Call the school at 201-939-4277 for more details.

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### Friday Eucharistic Adoration Fridays, 12:30 - 3:00 pm



*"Woman, why are you weeping? Whom are you looking for?" She thought it was the gardener and said to him, "Sir, if you carried him away, tell me where you laid him, and I will take him." Jn 20:15*

Like Mary Magdalene, we many times are searching for intimate communion with Jesus but fail to discern His presence in our lives, even when

He is very close to us. Don't miss this opportunity to spend some intimate time in adoration *and be in the real presence of our risen Lord!*

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## Food Pantry Update

**We are stocking up our parish family food pantry for the spring and summer months. Can you help us show the love and hope of Jesus Christ to those living with food insecurity?**

If you can donate any of these items, it would be greatly appreciated: Vegetables, Fruit, Spaghetti, Potatoes (small packages or canned), Peanut Butter, Jelly, Macaroni and Cheese, and Tea.

*Note that great vegetable and fruit prices can be found at Lidl's and Aldi's.*

Thank you for all of the generous donations. It's only with your help that we are able to keep our food pantry stocked. Thanks to your continuous and generous support we were able to help our brothers and sisters in need throughout the pandemic.

*As a reminder, we are unable to package out-of-date food products for distribution to our families.*

With the pandemic issue still being felt by many, the Sacred Heart Food Pantry is letting those in need know there is food also available at St. Micheal's Rectory, 624 Page Ave, Lyndhurst, every Wednesday 10:00AM to noon, The only information needed is name, address, phone number and I.D.

## CELEBRATE THE JOY OF THE SEASON

Easter is not just a day, it is an entire season. "The fifty days from Easter Sunday to Pentecost are celebrated in joyful exultation as one feast day, or better as on 'great Sunday' [St. Athanasius]" (Ceremonial of Bishops, n. 371). The first eight days of Easter (The Octave of Easter) are celebrated as solemnities of the Lord and the double "Alleluia" with its ancient and beautiful chant closes every liturgy. The daily Scripture readings always includes a passage from the Acts of the Apostles (as the Church relives Her early history and shares it with the newly-baptized.) and from the "Paschal Gospel," that of St. John. On the fortieth day of the Easter Season, the Ascension of the Lord is celebrated, and the nine days from the Ascension to the Vigil of Pentecost (the original "novena") are an intensive preparation for the coming of the Holy Spirit. The Easter Season comes to a close on Pentecost Sunday, which commemorates the giving of the Holy Spirit to the apostles, the birth of the Church, and Her mission to every tongue and people and nation.



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## OUR LADY OF FATIMA

### FIRST SATURDAYS DEVOTION

The elements of this devotion consist of four points, all of which must be offered in reparation to the Immaculate Heart of Mary. One should make this intention before carrying out Our Lady's request, *on the First Saturday of five successive months,*

1. go to confession, 2. receive Holy Communion, 3. say five decades of the Rosary, and 4. keep Our Lady company for a quarter of an hour, meditating on the twenty mysteries of the Rosary.

**Here at Sacred Heart, the devotion continues Sat., May. 7th.** You are invited to *attend the 9:00 AM Mass and receive Holy Communion. After the Mass the Most Holy Rosary will be recited with Fatima Prayers. After, you are invited to spend 15 minutes in silent meditation on the mysteries of the rosary. The sacrament of Reconciliation will also be available on Saturday, 4:00 - 4:45PM*

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## ANNIVERSARY CELEBRATIONS

Preparations are underway for the annual tradition of honoring those couples in our Archdiocese who will be celebrating and fifty years of Christian marriage in the year 2022. These anniversary liturgy will be celebrated by Joseph Cardinal Tobin in the Cathedral Basilica of the Sacred Heart in Newark. Since there were no celebrations in 2020 and 2021 any couple who would have celebrated their Gold Anniversary in those years can participate as well.

For fifty year anniversaries the liturgy will be celebrated on May 15th at 3:00PM (must register by May 6th) Please call the parish office to register.





## PLEASE PRAY FOR OUR PARISH FAMILY

**SICK:** Betty Tynan, Baby Ryan Joseph Lomuscio, Sal Russo, Charles Klimkowsky, Nancy Namoviez, Giovanna Muscara, Al & Joan Viscuso, Lea Pappas, Anita Barcia, Denise Swanteck, Maureen F. Coughlin, John Smith, Julius Single, Dave Tzrepla, Frank Bucu, Sr., John Stemkowski, Christopher N. Coughlin, Vladimir Pudoff, Isabella Lugo, Tess, Franceso Giacchi, Mario Alongi, Sr., Grace Dacchille, John Scivetti, Joseph Caramanico, Ken Stone, Timothy Yushak, Corazon Santos, Jaxson Rivera, Marilyn Loughran, Luca Ataide, Donald Tetreault, Mario Diaz, Jeanne Dziencio, Norma Altreche, Joseph M. Diaz, Patrick H. Diaz, Kim Stefani, Linda Vasquez, Joelle Montillo, Colleen Branigan, Vincent Russo, Nenita A. Jacildone, Anthony Scorre

**DECEASED:** All those from our parish family the Lord has called home.



AmazonSmile is a simple and automatic way for you to give a little support to our parish every time you shop, at **NO COST TO YOU**. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a half of one percent of the purchase price to our parish.

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  - 4.) If you are already an AmazonSmile user and want to switch your selected charity to be our parish, on the top of the screen you will see your current charity listed. Click the down arrow next to the charity name and follow the directions in step 3.
  - 5.) Please remember to shop our smile.amazon.com link every time. Purchases made on the main Amazon.com site do not support our parish.
- \*\*If you have friends or family members who are Amazon shoppers, why not ask them if they would help our parish too?!\*\***

## BI-ANNUAL ROSARY SUNDAY PILGRIMAGE

The Dominican Nuns of Summit NJ will be holding their bi-annual Rosary Sunday Pilgrimage on **Sunday, May 1st at 3:00 PM**. Their yearly 'May Crowning' of the Blessed Virgin Mary, a brief homily, and Benediction will follow the recitation of the Rosary. This is an excellent opportunity to get to know the nuns! Currently the community is comprised of about 20 nuns from the ages of 26-91 with a median age of 36. It is the only cloistered community in the Archdiocese of Newark. **The Rosary Shrine is located at 543 Springfield Ave, Summit NJ. Parking will be available next door at 535 Springfield Ave. For questions: info@summitdominicans.org or 908-273-1228.**

**APRIL 24, 2022**  
SECOND SUNDAY OF EASTER  
SUNDAY OF DIVINE MERCY



**Anticipated Mass for Sunday**  
5:00pm Andrew Henry Stoma

### SUNDAY - SECOND SUNDAY OF EASTER SUNDAY OF DIVINE MERCY

7:30am People Of Sacred Heart  
9:00am Loretta Dietz  
10:30 am James M. Cavalcante  
12:00pm Walter Kozdemba  
1:30 pm Maria Ubaldina Elias

### MONDAY - St. Mark, Evangelist

12:00pm Ignacio Espiritu &  
Roberto Lumbang

### TUESDAY - Easter Weekday

12:00pm Phyllis Salerno

### WEDNESDAY - Easter Weekday

12:00pm Lucja, Piotr & Family (Living)

### THURSDAY - Easter Weekday/St. Peter Chanel, Priest & Martyr/St. Louis Grignion de Montfort, Priest

12:00pm James Leary

### FRIDAY - St. Catherine of Siena, Virgin & Doctor of the Church

12:00pm Mary Anne Torino

### SATURDAY - Easter Weekday/St. Pius V, Pope

9:00am Dawn Whiteman

### Anticipated Mass for Sunday

5:00pm Howard Tiffner

### SUNDAY - THIRD SUNDAY OF EASTER

7:30am People Of Sacred Heart  
9:00am Leon E. Lejda  
10:30 am James M. Cavalcante  
12:00pm Jerry Agresti, Sr.  
1:30 pm Jose Lopes

## STEWARDSHIP

April 10th

Sunday - \$7,665

Annual Appeal - \$1,880

Add'l Assessment - \$463

Early Holy Land - \$56

## ARCHDIOCESE OF NEWARK - ANNUAL APPEAL 2022

The Archdiocese's 2022 Annual Appeal is currently underway. You may have already received at home a letter from Cardinal Tobin explaining the important role the Annual Appeal plays for our Archdiocese. Gifts to the Annual Appeal play a critical role in the delivery of programs and ministries provided by the Archdiocese that are at the heart of the mission of our local Church.

Your gift will assist passing on the faith, ministries that proclaim the Gospel, care for the Poor and Vulnerable, forming future priests and supporting retired clergy.

**To Date, 131 families from our parish family have generously supported the Appeal:  
Our Parish's Goal - \$34,000 -- Paid To Date - \$25,869 (76.09% of Goal)**

*Your generosity not only supports all the ministries listed above but can also be a direct support for our parish as well. If we exceed our parish goal in paid pledges by June 30th, like we did last year thanks to your generosity, we will receive a rebate from the Archdiocese of all the excess funds and a 2% reduction in our parish assessment expense for the fiscal year. This 2% reduction saved the parish more than \$6,900 in assessment expense last year. The Archdiocese also rebated back to the parish \$9,848.70 in excess funds received from our parish! It's a great way for our parish family to "fund raise" and help others at the same time. Thank you so much to all who have supported the Annual Appeal by giving a gift!!*

**\*\*Reminder, we must collect our Parish's Goal in paid gifts by June 30th. If we don't accomplish this, the shortfall will be added as an expense to our budget and must be paid to the Archdiocese and we will not receive the 2% reduction in our assessment expense.\*\***

If you haven't already done so, please prayerfully consider your gift to the 2022 Annual Appeal. Envelopes for the Appeal are available in the pews. You can also make your gift online at [www.rcan.org/sharing](http://www.rcan.org/sharing). Please be sure to select Sacred Heart Church, Lyndhurst so the parish receives credit.

### *Celebrate God's Gracious Mercy!*

Christ reaches out with all of the love He bore for Man as He hung – agonized and brutalized – on the cross. This Calvary love – this love that knows no containment or perimeter – is freely offered to every living soul. Freely, without price, without strings attached, without condition. His Calvary love is mercy and grace united and personified in the person, the Godhead of Jesus, whose singular longing is to flood the world with His love. Imagine how the world would change if every living soul on the planet were given the opportunity to encounter the fullness of Christ's Calvary love through the Chaplet of Divine Mercy!

Our Lord said to Blessed Faustina:

"Unceasingly recite this chaplet that I have taught you. Whoever will recite it will receive great mercy at the hour of death ... Priest will recommend it to sinners as their last hope of salvation. Even the most hardened sinner, if he recites this chaplet even once, will receive grace from My infinite mercy (687) ... Oh, what great graces I will grant to souls who will recite this chaplet (848) ... Through the chaplet you will obtain anything, if what you ask for is compatible with My will (1731) ... I want the whole world to know My infinite mercy. I want to give unimaginable graces to those who trust in My mercy (687)."

**Pray the Chaplet of Divine Mercy**

**On Ordinary Rosary Beads.**

1. Begin with the Sign of the Cross, say 1 Our Father, 1 Hail Mary and The Apostles Creed.

2. Then on the Our Father Beads say the following:

Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world.

3. On the 10 Hail Mary Beads say the following:

For the sake of His sorrowful Passion, have mercy on us and on the whole world.

(Repeat step 2 and 3 for all five decades).

4. Conclude with (three times):

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

If possible, pray the Chaplet at 3:00pm, the hour of Divine Mercy.

\* \* \* \*

*"My daughter, write down these words: All those souls who will glorify My mercy and spread its worship, encouraging others to trust in My mercy, will not experience terror at the hour of death. My mercy will shield them in that final battle..." (1540)- Words of the Lord as recorded by St. Faustina*

